

Charitable Funds

Mon 18 September 2023, 10:00 - 13:00

Via Microsoft Teams

Agenda

10:00 - 10:00

0 min

1. PRELIMINARY MATTERS

CF Committee Agenda 180923.pdf (2 pages)

1.1. Welcome and apologies

1.2. Declarations of interest

1.3. Minutes from the previous meeting held on 5th June 2023 for approval

CF_Item_1.3_Charitable Funds Unconfirmed Minutes_05June2023.pdf (13 pages)

1.4. Charitable Funds Action Log

CF_Item_1.4_Action Log.pdf (1 pages)

10:00 - 10:00

0 min

2. ITEMS FOR APPROVAL/RATIFICATION/DECISION

2.1. Powys general purposes and local funds bids for Approval

- CF_Item_2.1_Bids for Approval.pdf (10 pages)
- CF_Item_2.1a_SMALL GRANT SCHEME TO PROMOTE HEALTH AND WELLBEING AUG 2023.pdf (4 pages)
- CF_Item_2.1b_Vestibular assessment pathway.pdf (7 pages)
- CF_Item_2.1c_WOD Wellbeing Hub Resources.pdf (6 pages)
- CF_Item_2.1d_Application Dementia Garden .pdf (4 pages)
- CF_Item_2.1e_CF bid for C2C May 2023.pdf (5 pages)
- CF_Item_2.1f_Charitable Funds Request pottery 2023 180923.pdf (3 pages)

2.2. Expenditure approved under delegated authority since the last meeting for ratification

CF_Item_2.2_Ratification of expenditure approved by those with relevant delegations May 23 to Jul 23.pdf (5 pages)

2.3. Reserves policy for approval

CF_Item_2.3_Draft Reserves Policy.pdf (6 pages)

10:00 - 10:00

0 min

3. ITEMS for DISCUSSION

3.1. Charity activity (communications and engagement report)

- CF_Item_3.1_Charity Activity Report.pdf (4 pages)
- CF_Item_3.1a_Activity report (1).pdf (4 pages)
- CF_Item_3.1b_Communications report May-Aug 23 v2.pdf (5 pages)
- CF_Item_3.1c_Workplan tracker.pdf (6 pages)

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3.2. Charitable funds financial summary report

 CF_Item_3.2_Financial Summary Report as at 310723.pdf (11 pages)


10:00 - 10:00
0 min


4. ITEMS FOR INFORMATION/ASSURANCE

4.1. Investment manager report (for assurance)

 CF_Item_4.1_23 Q2 IM Report-unlocked.pdf (31 pages)

4.2. Project evaluations (for information)

 CF_Item_4.2a_NHS 75 grant scheme evaluation report.pdf (9 pages)

 CF_Item_4.2b_Research Midwife evaluation report.pdf (13 pages)

10:00 - 10:00
0 min

5. OTHER MATTERS

5.1. Any other urgent business

5.2. Date of next meeting:

7th December 2023, 10am via Microsoft Teams

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**POWYS TEACHING HEALTH BOARD
CHARITABLE FUNDS COMMITTEE
MONDAY 18 SEPTEMBER 2023
10.00AM - 12.00PM
VIRTUAL MEETING**



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

AGENDA

Item	Title	Timing	Presenter
1	PRELIMINARY MATTERS -		
1.1	Welcome and apologies	N/A	Chair
1.2	Declarations of interest	N/A	All
1.3	Minutes from the previous meeting held on 5 th June 2023		Chair
1.4	Action log from previous meetings		Chair / Charity Manager
2	ITEMS FOR APPROVAL/RATIFICATION/DECISION -		
2.1	Powys general purposes and local funds bids for Approval <ul style="list-style-type: none"> - PAVO small grant scheme - PTHB audiology vestibular assessment pathway - WOD wellbeing hub resources - Llanidloes dementia garden - Chat to Change request - Felindre ward pottery sessions 		Charity Manager
2.2	Expenditure approved under delegated authority since the last meeting (for ratification)		Head of Financial Services
2.3	Reserves policy		Head of Financial Services
3	ITEMS FOR DISCUSSION -		
3.1	Charity activity (communications and engagement report)		Charity Manager

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3.2	Charitable funds financial summary report		Head of Financial Services
4	ITEMS FOR INFORMATION/ASSURANCE –		
4.1	Investment manager report (for assurance)		Head of Financial Services / Charity Manager
4.2	Project evaluations (for information) <ul style="list-style-type: none"> - NHS 75 grant scheme report - Research midwife evaluation report 		Charity Manager
5	OTHER MATTERS –		
5.1	Any other urgent business	Oral	Chair
5.2	Date of the next meeting: <ul style="list-style-type: none"> - 7th December 2023, 10am 		

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UNCONFIRMED

**MINUTES OF THE CHARITABLE FUNDS COMMITTEE MEETING
HELD ON WEDNESDAY 05 JUNE 2023
VIA MICROSOFT TEAMS**

Present:

Carl Cooper	Chair (Committee Chair)
Rhobert Lewis	Independent Member (Committee Vice Chair)
Pete Hopgood	Director of Finance and IT
Cathie Poynton	Independent Member

In Attendance:

Abe Sampson	Charity Manager
Paula Walters	Associate Director of Corporate Business
Sarah Pritchard	Head of Financial Services
Shania Jones	Charity Administrative Support Officer

Apologies

Hayley Thomas	Interim Chief Executive Officer
Claire Madsen	Director of Therapies and Health Science
Helen Bushell	Director of Corporate Governance and Board Secretary

CF/23/01	WELCOME & APOLOGIES FOR ABSENCE The Chair welcomed members to the meeting. Apologies for absence were noted as recorded above.
CF/23/02	DECLARATIONS OF INTEREST The Chair INVITED any declarations of interest in relation to items on the agenda.
CF/23/03	MINUTES OF PREVIOUS MEETING HELD ON 01 March 2023 The minutes of the previous meeting held on 01 MARCH 2023 were received. The Committee discussed and the following amendment to CF/22/69 was made:

	<p><i>'An unrealised gain on investments of £744,175 is included within the balance of General Funds. This is the increase in investment valuation from the initial sum invested, as of 31st March 2022.'</i></p> <p>The Committee APPROVED the minutes.</p>
CF/23/04	<p>ACTION LOG</p> <p>The Committee received the action log, and the following updates were provided.</p> <ul style="list-style-type: none"> • CF/22/67 – Presented to committee and action was closed. • CF/22/65 – This action is still outstanding for the Charity team. The Charity Manager provided an update which highlighted progress made since March 2023 meeting following the introduction of the NHS 75 grant scheme and other improvements. There have been over 50 Charitable Funds applications made since the last meeting. It was proposed that this action remains on the action log until at least the next meeting, to allow for the engagement plan to be implemented.
ITEMS FOR APPROVAL, RATIFICATION OR DECISION	
CF/23/05	<p>GENERAL BIDS FOR APPROVAL</p> <p>The Charity Manager presented the general bids to Committee for approval.</p> <ul style="list-style-type: none"> • Staff Excellence Awards 2023 (£19,750) This bid was previously reviewed and supported by the Executive Committee. <p><i>Have Charitable Funds previously funded the Staff Excellence Awards? And how much was awarded?</i></p> <p>The Charitable Funds Manager explained in previous years, Charitable Funds has supported the staff excellence awards. However, it was for a considerably lower amount, as it was a smaller event. The staff excellence awards has not taken place since 2019 and the Charitable Funds Committee had agreed to support</p>

	<p>an iteration of the wards for 2020 (for a cost of up to £8k), which could not take place due to the pandemic.</p> <p>The reason this current bid is for a higher amount is because the communication team wanted to provide the staff with a special event following the lack of events for four years and to also provide a celebration opportunity to mark the NHS 75th birthday. A large portion of this budget is for catering and the team have also budgeted for a contingency to ensure that all expenses are covered.</p> <p><i>The nominations have already been advertised, what would happen if this does not get approved?</i></p> <p>The Director of Finance and IT explained that there are contingencies in place such as the event moving to a virtual platform.</p> <p><i>Would Charitable Funds be required to approve the same amount next year?</i></p> <p>The Charity Manager explained that this year's planned event is larger and would not be expected to be repeated at this scale. All feedback from the Committee will be taken back to the planning team and will be considered for future planning. It was noted that the Charity's support for the staff awards would be part of a wider programme to support staff wellbeing in Powys, with potential links to many other bids such as the wellbeing packs for staff proposal (see below).</p> <p>The Director of Finance and IT provided further insight from previous discussions with the Executive Committee that an evening event had been suggested from staff feedback and had been preferred to ensure there would be less disruption to the day-to-day running of services. It was also noted that many attendees are making their own way to the event and the Executive Committee thought it would be unreasonable to ask attendees to pay for catering.</p>
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	<p>The Charitable Funds Committee noted that the overall costs were high, however, the Committee recognised the relevant factors that had influenced this:</p> <ul style="list-style-type: none"> • There have been significant cost increases for catering/event hire in the four years since the previous staff awards request. • The format and scale of the event has been changed to accommodate staff feedback, ensure the event is more accessible for staff and help distinguish the event from others which take place during the working day. • The 2023 event would be a unique opportunity to recognise staff contributions from the last 3-4 years during the Covid-19 pandemic. The event will also commemorate a significant milestone in NHS 75. <p>The Charitable Funds Committee was therefore happy to support on this occasion but noting that any similarly costed requests in future would be unlikely to be supported.</p> <p>The Committee SUPPORTED the 2023 Staff Excellence Awards proposal.</p> <ul style="list-style-type: none"> • Llanidloes Hospital Palliative Care Room AV Upgrades (£12,753.16) This bid was previously reviewed and supported by the Executive Committee. The application has been submitted to the South and Mid Powys Palliative Care Legacy Fund and has been supported by the local fund manager. <p><i>Was this facility previously paid for by Llanidloes League of Friends?</i></p> <p>The Charity Manager confirmed that it was previously funded by League of Friends.</p> <p><i>Are there any contingencies in cost to ensure the applicants will not have to return to Charitable Funds if they overspend?</i></p>
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	<p>The Director of Finance and IT explained that it would depend on the variation and there would be a reasonable allowance. If it was under the threshold of £5,000 it can be signed off locally. However, if it exceeds that it would have to return to Charitable Funds.</p> <p>The Charity Manager also assured the Committee that this application should be an accurate and reasonable estimate of the cost, therefore, it should not need to return.</p> <p>The Committee SUPPORTED the Llanidloes Hospital Palliative Care Room AV upgrades.</p> <ul style="list-style-type: none"> Digital Screen Licenses (£3,498) This proposal was for the purchase of new three-year digital licenses to support the use of digital screens for staff communications which had been previously funded by the Charitable Funds Committee in 2020. The request was for the purchase of licenses for a new software to what had previously been used for the screens. The new software is cheaper and would bring the screens in line with other Health Board systems. <p><i>Should this be supported by the Health Board itself? These screens are particularly helpful for staff who are unable to get to a computer to receive updates from the Health Board.</i></p> <p>The Committee noted that should the proposal be supported, it should be with a view to the project lead securing the long sustainability of the software and the screens without Charitable Funds, following the end of the three-year period.</p> <p><i>Are all the screens up and running?</i></p> <p>ACTION: The Associate Director of Corporate Business is to discuss this with the Head of Communications and support services to ensure that all screens provided by Charitable Funds are installed and are currently working.</p>
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	<p>The Committee SUPPORTED the digital screen licenses request.</p> <ul style="list-style-type: none"> Hearing Assessment Equipment (£3,291) This proposal was for the purchase of one additional audiometer and one additional otoscope for the Audiology team. It was noted this would have a positive impact on Powys waiting times and how the service operates. <i>Could this be something Charitable Funds can provide to North Powys as well?</i> The Charity Manager explained that the reason this bid came to Charitable Funds is due to it being located in Bronllys. Other areas would be able to apply via local funds however, as the Bronllys local fund is low, it required submission to the general purposes fund. The Committee SUPPORTED the hearing assessment equipment. Occupational health request - wellbeing Bags for Staff (£1,900) This proposal was seeking funding for wellbeing bags or packs for staff who are nominated by their colleagues. The Charity Manager noted that if supported, this will be linked to the previous application for the staff excellence awards to help secure nominations for staff. It was discussed that the wellbeing bags should also be gender neutral. <i>What's the criteria for who will receive a bag?</i> The Charity Manager explained that the reason behind linking with the Staff Excellence awards is due them already having a process and criteria in place to determine who should receive a wellbeing bag. <i>There is very little information on how the project will be implemented, can this be clarified?</i>
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	<p>The Charity Manager explained there would be an opportunity for staff to nominate colleagues for going over and above their work, making a positive impact on patients, staff and the community.</p> <p>The Committee SUPPORTED the staff wellbeing bags.</p> <p>The Committee DISCUSSED and APPROVED the above proposals.</p>
CF/23/06	<p>COVID RESPONSE FUND APPLICATIONS</p> <p>The aim of the COVID Response Funding were to distribute the funds on projects which directly support staff and patients impacted by COVID-19 in 2020 and 2021. With over £150,000 received and allocated, some of the projects were indefinitely delayed and NHS Charities Together subsequently provided more flexibility for the funding to enable it to be allocated towards projects which are related to addressing the impacts and disruptions of COVID and the pandemic on staff and patients, and to support their general wellbeing.</p> <p>The Committee was requested to APPROVE ten bids with a combined value of up to £4,880 to the fund.</p> <p>It included:</p> <ul style="list-style-type: none"> • NHS 75 Local Powys Hero / Town Community Council request (up to £2,180) - This has been made as a request related to NHS 75 which has activity across Powys to fund a memento gift for each town and community council in Powys to present to a Powys Local NHS Hero, to build community participation in the recognition and celebration of NHS staff as we approach the 75th anniversary of the founding of the NHS. <p>In addition, nine NHS 75 celebration event requests (all designated as requests for £300 unless otherwise stated) for the following areas and/or services:</p> <ul style="list-style-type: none"> • Bronllys Hospital Psychology Team • Bronllys Hospital Learning Disabilities Team • Powys Living Well Staff • Powys Information Governance Team

	<ul style="list-style-type: none"> • Powys Complex Trauma Team • Health volunteers at Bronllys, Llandrindod, Newtown • Powys Library Service • Bronllys Royston Hall, community event • Bronllys Integrated Autism Team <p>Each of these is for a maximum of £300 and are being utilised to support a wide variety of projects which include: staff team building, patient and community engagement, wellbeing activities, etc.</p> <p><i>Can it be clarified how the local councils participate?</i> The Charity Manager explained the local councils will be responsible to enlist nominations from their local communities and would then get to present the award.</p> <p><i>The NHS 75 celebrations applications are mainly Bronllys is this the same issue as before?</i> The Charity Manager explained that this is similar to the hearing assessment equipment. These requests are for services or teams located in Bronllys.</p> <p>36 applications were funded through their local fund but due to Bronllys local fund being low, the submission must be made to the general-purpose fund.</p> <p>The Committee DISCUSSED and RATIFIED the COVID response fund application.</p>
CF/23/07	<p>EXPENDITURE APPROVED UNDER DELEGATED AUTHORITY SINCE THE LAST MEETING (FOR RATIFICATION)</p> <p>The Head of Financial Services presented a summary of the projects approved under delegated authority during the period of February 2023 – April 2023. A number of requests from various local funds with a combined value of £32,315. Local fund managers can approve individual requests of up to £5,000.</p> <p>The Committee DISCUSSED and RATIFIED the expenditure.</p>
CF/23/08	<p>CHARITY BRAND IDENTITY & GUIDELINES</p> <p>The Charity Manager presented the paper to Committee which outlined the new brand identity and guidelines for the Charity.</p>

	<p>The brand identity guidelines document presents an overview of the rationale and inspiration for the branding, the brand values, visual logo marks and examples of how the branding will be applied and used on various media/content.</p> <p>Crucially, it also outlined the proposed new name for the Charity, which would be: Powys Health Charity / Elusen Iechyd Powys, with the tagline or sub-heading of 'Taking Care of Powys'. The Committee will note that the colour palate for the Charity's logo is heavily influenced by Powys' geography and landscape.</p> <p>The new branding has been developed over the past twelve months in partnership with the external marketing agency jamjar pr. Its development has been informed by feedback and input from the Charity's various stakeholders. This iterative process to establish core values and a compelling narrative has led to the brand identity which is set out in the Brand Guidelines.</p> <p>The Plan is to have a 'soft launch' to tie into the NHS 75 celebrations and continue with a more extensive promotional campaign later in the year.</p> <p>The Committee DISCUSSED and APPROVED the Charity Brand and guidelines.</p>
CF/23/09	<p>STAKEHOLDER ENGAGEMENT PLAN</p> <p>The Charity Manager presented the stakeholder engagement plan to the Committee. This plan is to provide a working framework for the Charity's future communications and engagement activity over the next 18 months.</p> <p>It was explained that the plan will map out the existing engagement activity of the Powys Teaching Health Board Charity and to establish a pathway to retaining, expanding and diversifying the audiences which engage with the Charity.</p> <p>The plan aims to address two key engagement issues:</p> <ul style="list-style-type: none"> • The Charity does not have an established brand identity or presence in the Powys community. • The relationship and connection between the Charity and the Health Board/NHS/local hospitals is often unclear to stakeholders.

	<p>The plan is divided into sections which provide some context, map out stakeholders and how the Charity wants them to think and feel about the Charity which will inform communications. There is also a SWOT analysis and finally some actions to improve engagement and the indicators by which to measure progress.</p> <p><i>In SWOT analysis it references a good relationship in connection with other Welsh NHS Charities, what about English NHS Charities?</i></p> <p>The Charity Manager explained the reason the Welsh charities were noted in the report is due to the established connection. However, it is important to note that the charity has connections within England, Scotland and Ireland due to NHS Charities Together membership. Our charity is able to connect through tools such as members connect and conference events. There are also regional and special interest groups which allows for opportunities to establish networks with other charities.</p> <p><i>How will this be reported?</i></p> <p>The Charity Manager confirmed this will be reported back to Committee via the Charity activity report.</p> <p>The Committee DISCUSSED and APPROVED the stakeholder engagement plan.</p>
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ITEMS FOR DISCUSSION

CF/23/10	<p>CHARITY ACTIVITY REPORT</p> <p>The Charity Manager presented that charity activity report for the period between February – May 2023.</p> <p>Key items to highlight are:</p> <ul style="list-style-type: none"> • NHS 75 – since the Committee last meet the team launched the NHS 75 grant scheme to engage staff members and has been hugely successful. In addition to this the Charity team is hosting an afternoon tea for League of Friends members on 10th July. • NHS Charities Together National Conference – The Charity Manager attended the Conference in May to represent Powys and more broadly Welsh NHS charities, having been appointed as a co-chair of the Wales Regional Group of NHS Charity members in early May.
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	<ul style="list-style-type: none"> • NHS Charities Together Development Grant - Following a successful grant application to NHS Charities Together, the Charity has been awarded a development grant of £30,000 to help support the Charity in its operational aims. The Charity plans on using this funding to develop, launch and promote its own website. • Fund Planning - A key workplan objective for the Charity team in 2023 is the more equitable distribution of funding requests, proportionate to the balance of various funds (particularly those outside of the Powys General Purposes Fund). • Social Media report <p>It was noted that for future reports that the social media statistics to be presented by graphs as it will be easier to read and analyse.</p> <p>The Committee DISCUSSED and NOTED the Charity activity report.</p>
CF/23/11	<p>CHARITABLE FUNDS FINANCIAL SUMMARY REPORT</p> <p>The Head of Financial Services presented the financial summary report. The key messages included:</p> <ul style="list-style-type: none"> • GENERAL FUNDS = From an amount of £2,943,551 held within General Purposes or designated funds at the 1st April 2022, income of £228,689 has been received and £138,326 of expenditure has been paid. This equates to 5% of funds held at 1st April 2022 have actually been spent. • A loss in valuation of the Investment portfolio of £230,000 has been indicated over the past 12 months. Within the balance of General funds is an unrealised gain on investments of £514,175 which is the amount the investment valuation above the amount invested as at 31st March 2023. • LEGACY FUNDS = From an amount of £1,653,295 of funds held within legacies at the 1st April 2022, £6,490 income has been received and £14,790 of expenditure has been paid. This equates to 0.89% of funds held at 1st April 2022 have actually been spent. • BANK BALANCE - The Balance held within the bank account at 31st March 2023 is just over £0.927M.

	<p>Discussions with the Charity's investment advisors have taken place to determine whether a short-term investment option was available but they advised that they could not guarantee any short-term investments would repay the amount invested. A minimum term of investment of 3 years is advised to minimise risk. Therefore, they advised the Charity to retain these funds within its bank account over the short term. There are some larger items of expenditure expected in the coming months which should reduce the balance to approximately £0.7M but this will still be slightly above the target cash balance of £0.5M.</p> <p>The Committee DISCUSSED and NOTED the report.</p>
ITEMS FOR INFORMATION	
CF/23/12	<p>INVESTMENT MANAGER REPORT</p> <p>The investment manager report was DISCUSSED and NOTED by the Committee.</p>
CF/23/13	<p>PROJECT EVALUATION UPDATES</p> <p>The project evaluation update was taken as read.</p> <p>The Committee RECEIVED and NOTED the project evaluation updates.</p>
OTHER MATTERS	
CF/23/14	<p>ANY OTHER URGENT BUSINESS</p> <p>The Head of Financial services brought to the attention of the Committee an update in regard to the one third ownership of a property in the Charitable Funds investment portfolio. It was noted that changes to the lease contract had been proposed by the property management company which would see the rental income for the property will increase and additional flexibility built into the lease which would allow for a break clause after a period of three years. Some additional minor repairs to the property are required but these will be paid from the rental income.</p> <p>The internal property team are content with the approach suggested by the property management company and the Committee was asked to Approve this approach.</p>

	The Committee DISCUSSED and APPROVED the proposed changes outlined by the Head of Financial Services.
CF/23/15	DATE OF NEXT MEETING 18 September 2023, 10:00-12:00, Via Microsoft Teams

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RAG Status:

At risk	Red - action date passed or revised date needed
On track	Yellow - action on target to be completed by agreed/revised date
Completed	Green - action complete
No longer needed	Blue - action to be removed and/or replaced by new action
Transferred	Grey - Transferred to another group

Charitable Funds Committee								
Meeting Date	Item Reference	Lead	Meeting Item Title	Details of Action	Update on Progress	Original target date	Revised Target Date	RAG status
OPEN ACTIONS FOR REVIEW								
05-Jun-23	CF/23/05	Associate Director of Corporate Governance	General bids for approval	To contact the Communications Manager and support services to ensure that all screens provided by Charitable Funds are installed and are currently working.	The Communications Manager has confirmed that all screens are installed and working but that there have been a number of instances of screen being switched off by support services staff, which has led to issues. Additional messaging/signage is being implemented to help avoid this in future.	18-Sep-23		On track
OPEN ACTIONS - IN PROGRESS BUT NOT YET DUE								
ACTIONS RECOMMENDED FOR CLOSURE (MEETING 18 September 2023)								
01-Mar-23	CF/22/65	Charity Manager	Expenditure approved under delegated authority since the last meeting	The Charity Manager and Charity Administrative Support Officer to create an effective way to publicise local funds available to staff and raise awareness of the Charity itself.	The framework of the planned stakeholder engagement document, if implemented will help to support the Charity in this aim. Since the Committee last met, the Charity team have also launched the NHS 75 grant scheme, to engage staff members, particularly those who have not previously access charitable funds. The grant scheme was a more targeted version of the existing local funds application model, with more specific structure around the objective, resources, timeframe and expectations of this scheme for applicants. This, coupled with timely, relevant nature of NHS 75 has been hugely successful. Drawing in 45 applications in 8 weeks to host staff wellbeing and engagement events from every single PTHB site and a wide array of services. This successful model will help to inform future activity.	05-Jun-23	18-Sep-23	Completed

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AGENDA ITEM: 2.1

Charitable Funds Committee		DATE OF MEETING: 18 September 2023
Subject:	Bids for Approval	
Approved and Presented by:	Charity Manager	
Prepared by:	Charity Manager	
Considered by Executive Committee on:	<p>The Wellbeing Hubs proposal was reviewed and supported by the Executive Committee on the 21 June 2023.</p> <p>PAVO Small Health Grants Scheme and Vestibular Assessment Pathway proposals reviewed and supported by the Executive Committee on 6 September 2023</p>	
Other Committees and meetings considered at:	<p>Wellbeing Hubs proposal considered at the Workforce Steering Group.</p> <p>Llanidloes Dementia Garden request reviewed and supported by the Community Services Group Operations Meeting in August 2023.</p>	

PURPOSE:

Receive items for approval which are applying to the Powys General Purposes Fund, and any items from Local Funds over **£5,000** in total value.

RECOMMENDATION(S):

The Charitable Funds Committee is requested to APPROVE requests for funding for the following:

- **PAVO Small Health Grants Scheme (£82,500)**
- **Vestibular assessment pathway (£29,532)**

<ul style="list-style-type: none"> • Wellbeing Hub Supplies and Staff Development (£26,000) • Llanidloes Dementia Garden (£9,800) • Chat to Change Promotional Budget (£6,000) • Pottery Sessions at Felindre Ward (£7,000) 		
Approval/Ratification/Decision¹	Discussion	Information
✓	x	x

THE PAPER IS ALIGNED TO THE DELIVERY OF THE FOLLOWING STRATEGIC OBJECTIVE(S) AND HEALTH AND CARE STANDARD(S):

Strategic Objectives:		
	1. Provide Early Help and Support	
	2. Tackle the Big Four	
	3. Enable Joined up Care	✓
	4. Develop Workforce Futures	✓
	5. Promote Innovative Environments	✓
	6. Put Digital First	
	7. Transforming in Partnership	✓
Health and Care Standards:	1. Staying Healthy	✓
	2. Safe Care	✓
	3. Effective Care	✓
	4. Dignified Care	✓
	5. Timely Care	✓
	6. Individual Care	✓
	7. Staff and Resources	✓
	8. Governance, Leadership & Accountability	✓

EXECUTIVE SUMMARY:

This paper is to request the Charitable Funds Committee approve the following applications to Powys General Purposes Funds:

- **PAVO Small Health Grants Scheme (£82,500)**
- **Vestibular assessment pathway (£29,532)**
- **Wellbeing Hub Supplies and Staff Development (£26,000)**
- **Llanidloes Dementia Garden (£9,800)***
- **Chat to Change Promotional Budget (£6,000)**

*Staff at Llanidloes Hospital have raised £2,000 specifically for the dementia garden project and the ask from the General Purposes Fund is £7,800.

¹Equality Impact Assessment (EiA) must be undertaken to support all organisational decision making at a strategic level

In addition to the following request which has been made to the AMI Legacy Fund:

- **Felindre Ward Pottery Sessions for 2023/24 (£7,000)**

The proposal has received support from the relevant Fund Manager but as it is above the delegated approval level of £5,000, it requires support from the Charitable Funds Committee for final approval.

DETAILED BACKGROUND AND ASSESSMENT:

All items of expenditure from Charitable Funds must not be committed prior to the approval of expenditure from either the Charitable Funds Committee or the Assistant /Directorate Managers delegated with this responsibility in line with the Charitable Funds Strategy and Policy document. Items requesting funding from the Powys General Purposes Fund can only be approved by the Charitable Funds Committee.

Proposals with a value over **£5,000** from local funds and from the COVID Response Fund must also receive approval from the Charitable Funds Committee as it is above the delegated limit set by the Committee.

PAVO Small Health Grants Scheme

The request is for £25,000 to be distributed in grants for a period of three years (beginning in 2024), along with an additional admin fee of £2,500 per year for PAVO to administer and evaluate the programme. This is a total of £82,500. The proposal aims to build from the previous iteration of the Small Health Grants Scheme for 2018-2022, which funded 74 individual projects of between £200 - £1,500.

The scheme will aim to provide funding to enable voluntary sector groups, community groups and communities of interest to buy equipment and / or to set up / extend or sustain small scale innovative activities that address the specific objectives of the scheme in relation to health and well-being.

This new iteration of the grant scheme has established the following priorities, which have been influenced by both the strategic objectives of the Charity and the emerging priorities for third-sector organisations in Powys:

1. **Cost of living - health and wellbeing interventions**
2. **Transport to wellbeing (not including journeys to health-related appointments)**
3. **Wellbeing at home - supporting independent living**
4. **Loneliness and isolation - health and wellbeing interventions**

In addition to supporting an area which is typically a gap in the Charity's provision through internal PTHB projects (early intervention), the new grant scheme can also help to support the following strategic objectives for the Charity:

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- Better outcomes for communities struggling with socio economic deprivation in Powys (lack of access to services, a lack of adequate digital infrastructure or geographic disparity).
- Smarter and more effective use of combined resources through new collaborations with public and voluntary sector partners in the community.

One criticism of the first iteration of the Small Health Grants Scheme was the difficulty in evaluating the longer-term impacts of projects, due to the limited funding offered and the shorter time horizon for the grants (up to 12 months). There was also a larger focus on South Powys for the grants that were funded.

Recommendations for the new scheme to remedy this would be to:

- Allow and encourage applicants to apply for funding across multiple years for their projects (up to 3 years of funding).
- Establish a monitoring and evaluation process that tracks all project participants across the three years of the programme. Setting participant expectations for a longer evaluation period at the project outset.
- The addition of one of the Charity Team as a member of the grants panel.
- An even allocation of funding for South, Mid, and North Powys (circa £8,000 per year).

Timescale for rollout of year one:

3 January 2024 - Scheme goes live with a 6-week application window.

16 February 2024 - Deadline for applications.

23 February 2024 - Grants panel to meet.

14 March 2024 - Charitable Funds Committee to meet.

18 March 2024 - Applicants to be notified.

Full details of the proposed new scheme can be found at 2.1a.

Vestibular assessment pathway

This proposal is seeking £29,532 in order to purchase of equipment to enable the PTHB Audiology service to carry out vestibular assessment and improve the patient experience for South Powys patients. Vestibular assessment is currently outsourced to neighbouring Health Boards in the South. The PTHB Audiology service is looking to implement their own audiology-led vestibular pathway to improve the current service, but also to repatriate patients to PTHB. This will create equity across Powys, improve (reduce) the patient pathway and provide care closer to home and introduce cost-savings for the Health Board.

As part of the Investment Benefit Group-approved First Point of Contact access to Advanced Practice Audiology Services in Primary and Community sites in Powys,

Audiology proposed to deliver a self-referral Benign Paroxysmal Positional Vertigo (BPPV) pathway, whereby an Advanced Audiology Practitioner could assess patients for BPPV within a first point of contact clinic and treat with repositioning manoeuvres on the same day, negating the need for GP Appointments and ENT referrals. To further develop this vestibular assessment pathway and service, the Audiology service proposes to develop a full vestibular assessment pathway which will work with ENT and Physiotherapy to provide a vestibular assessment and rehabilitation service.

Currently, across South Powys, the commissioned ENT services refer these patients out of county for the vestibular assessments to support their diagnosis; a PTHB Audiology vestibular pathway will require initial spending to purchase the equipment, but will recoup that cost by repatriating these patients, preventing the need to refer these patients out of PTHB for their assessments.

It has not been possible to quantify the number of these assessments being carried out across neighbouring HBs and at what cost to PTHB, however, ENT consultants attending Brecon War Memorial Hospital and Llandrindod Wells Hospital have confirmed that they are currently referring these patients to Aneurin Bevan UHB, Wye Valley NHS Trust, and Cardiff and Vale UHB. Swansea UHB carried out 18 90-minute vestibular assessments and 11 rehabilitation appointments (average appointment length of 30minutes) for PTHB patients in 2022/3.

ENT consultants are currently carrying out the initial bedside vestibular tests and positioning tests to diagnose or rule out BPPV. An audiology vestibular pathway would mean that an audiologist would carry out these tests instead of an ENT consultant, allowing for a more prudent service. Patients who are diagnosed and treated with BPPV will not need to see an ENT consultant at all. Where a diagnosis of BPPV has been ruled out, the patient will be referred to ENT with much of the assessment already completed and will then require fewer ENT appointments.

Once the equipment is received and the pathway is up and running, a Band 6 and Band 5 audiologist will be trained to support the clinics to ensure that there are multiple members of staff ready to step into the pathway as they progress in their career. A Band 7 North position that is currently going through visa application is also trained to provide this service and will be expected to support the Llandrindod clinic. The funding for staffing of two Band 7 Advanced Audiology Practitioners requested in the previous Investment Benefit Group application for the self-referral Advanced Audiology pathway allowed for the predicted demand for vestibular referrals, but the assessment that was planned for these clinics included only the bedside tests which don't require specialist equipment. This equipment would allow for that same patient to have more advanced assessment and therefore earlier management/earlier referral to ENT with a complete set of results. It is estimated that the 2.0 WTE Band 7s recruited will be sustainable for the Self-referral pathway and the new proposed vestibular pathway.

The project aligns with the Charity's strategic aims to enhance services and facilities for patients. Improving patient experience, was a key strategic priority for the Charity identified by Board Members and other stakeholders as part of its latest

Charity Strategy in 2022. The project will also aim to address the equitable access to services for patients across Powys, which is another important aspect of the Charity's civic mission, in addition to meeting much of the criteria for being a collaboration with an existing PTHB services to ensure they are sustainable.

Full details of the proposal can be found at item 2.1b.

Wellbeing Hub Supplies and Staff Training & Development Support

This proposal is aiming to re-introduce the refreshment provision for staff that existed during the Covid-19 pandemic. PTHB has seen an increase in vacancies, especially in clinical roles, and continued high workloads. This has been compounded in 2022/2023 by extended winter pressures and ongoing pay disputes, which added significant stresses. All these lead to increased anxiety, stress, and burnout amongst staff. The wellbeing hubs have been welcomed by staff, improving morale and giving staff a sense of purpose and belonging.

It is proposed that this support is delivered in three areas:

- 1. Providing refreshments (tea, coffee, water and biscuits) to all of the wellbeing hubs (see below).**
- 2. Providing tea and coffee making facilities during face-to-face training.**
- 3. Manage a small pot of funding accessible by Assistant and Deputy Directors, and Heads of Profession, to help buy refreshments when running team away days.**

Those who will benefit from the grant are PTHB Staff in all 9 hospital sites who will access the wellbeing hubs, as well as those accessing face-to-face training through WOD and Health and Safety, and those undertaking team away days.

The 9 hospital sites with wellbeing hubs are:

• Ystradgynlais	• Llanidloes
• Brecon	• Newtown
• Bronllys	• Welshpool
• Llandrindod-Wells	• Machynlleth
• Knighton	

In addition to this, 24 smaller outreach centres (Approximately 500 staff) where a lot of PTHB Mental Health (MH) / Learning Disabilities (LD)/ Dentists(D) /Specialist nurses (SN)/ Health Visitors (HV)/Patient Services (PS) /Community and District nurses (DN)Psychology / Womens and Children services(W&C) are based.

The impact of the cost-of-living crisis is clearly going to be felt long into future, both in terms of staff and services. These wellbeing hubs will become an important place for staff for the future, as we look beyond the pandemic and present crisis.

It is also important for staff to feel valued at training events and away days and therefore the small act of providing refreshments – which has largely been stopped,

is an important part of this. All of this ultimately helps improve staff wellbeing, which has a direct impact on the quality of patient care.

The total amount requested per year for the wellbeing hub and satellite site supplies is **£8,000**. In addition, the bid seeks to have a pot of funding managed by the OD team to provide refreshments for face-to-face training, and for team away days. The amount requested for this is **£5,000** per year. The total bid for the 2-year project is therefore **£16,000** for the Wellbeing Hub supplies, and **£10,000** for the training and development support.

The project links to the following Charity strategic objectives:

- An additional programme of support for NHS staff wellbeing.
- A commitment to equitable support and investment for all services and service areas.

The full details of the proposal can be found at item 2.1c.

Llanidloes Dementia Garden

This proposal is seeking funding to develop the garden space at Llanidloes Hospital to create a dedicated dementia garden for patients. Part of the work would also be to create a staff wellbeing area, that can be utilised by all hospital staff. often unable to support time outside due to staffing and time constraints. Currently the ground at the hospital outdoor space is uneven, there is no path through the garden, and there is no fencing to make it a secure area.

By carrying this work out, the staff hope to be able to open the garden for patients, allowing them some freedom and fresh air to support rehabilitation. Families and relatives will also be welcome to use the dementia garden, and spend time outside with their loved ones. The project funds include a specially designed items to support dementia patients such as a phone box, a bus stop, and a post box, which have proven links to improving dementia care and reducing agitation and distressful situations for patients.

The staff team at Llanidloes Hospital have already raised £2,000 for the project. Due to the low fund value for Llanidloes General Purposes, this project is applying to the Powys Wide General Purposes Fund for the remaining £7,800.

The project links to the following Charity strategic objectives:

- A commitment to embed proactive environment and sustainability initiatives in all Charity activity.
- An enhanced patient experience, particularly for those undergoing long stays in community hospitals.
- A commitment to equitable support and investment for all services and service areas.

It would clearly provide a benefit to staff, patients, and their families. The garden would also be a very visible improvement and a use of Charitable Funds that can benefit all three groups. It would be recommended that staff agree an ongoing

maintenance plan for assurance the garden space will be maintained, should be the project be supported.

The full details of the proposal can be found at item 2.1d.

Chat to Change Promotional Budget

This proposal is seeking funding to procure equipment and items to support the Chat to Change programme for staff wellbeing. This includes:

- C2C Values Lanyards
- Activity Development games (digital software)
- Supporting engagement roadshows

The Chat to Change service would like to purchase the above in order to improve performance by encouraging discussions and sharing of ideas. Prior to the pandemic, board games as an example were beneficial for staff development but technology has now moved on and these games can be used now via an online platform, similar to Microsoft Teams. Games make learning effective and affordable and without the need for staff to travel, which can make engagement difficult across Powys.

The team also want to raise the profile and awareness of the C2C group through wellbeing roadshows, so would like to purchase some promotional materials that can be handed out. Examples of these are the 'Our Values and Behaviours' lanyards. Participating staff will be requested to complete feedback questionnaires in order to assess the usefulness and benefits to their teams' members; this would inform Chat to Change as to what has/has not been successful and be reported back as part of the project evaluation.

The project is linked with the following strategic objectives of the Charity and would complement the wider programme of support for staff wellbeing:

- More digitally enabled NHS services through the provision of additional kit and equipment.
- An additional programme of support for NHS staff wellbeing.
- Collaboration with existing PTHB services to ensure they are sustainable.

The full details of the proposal can be found at item 2.1e.

Felindre Ward Pottery Sessions for 2023/24

This request is for the continuation of twice weekly, therapeutic pottery sessions taking place on Felindre Ward (Bronllys Hospital) in addition to a small materials budget for the year. This request has been made to the AMI Legacy Fund which was designated for the use of mental health services at Bronllys and Llandrindod.

Using creative tasks, OTs are able to assess a patient's mental state, ability to follow instructions and concentration. The versatility of creative activity allows it to

be used effectively in 1:1 and group interventions (Griffiths and Corr, 2007) as well as aiding OTs to assess functional performance (Mitchell and Neish, 2007).

The application is aligned to the following Charity strategic priorities:

- **An enhanced patient experience, particularly for those undergoing long stays in community hospitals.**
- An innovative approach to health and wellbeing engagement by leveraging the expertise of the STEAM (science, technology, engineering, arts, mathematics) sector to engage staff and patients.

The full details of the proposal can be found at item 2.1f.

Further details on all the above proposals can be found at items 2.1a-f.

NEXT STEPS:

If approved, the Charity team will liaise with the project leads for feedback on the staff wellbeing initiatives and enhanced facilities from staff, patients and patient families. All Charity funded project improvements/enhancements and their impacts will be captured and included in the Charity's communication channels (monthly newsletters, Sharepoint site and news posts, social media channels, press releases, annual report).

The following Impact Assessment must be completed for all reports requesting Approval, Ratification or Decision, in-line with the Health Board's Equality Impact Assessment Policy (HR075):

IMPACT ASSESSMENT				
Equality Act 2010, Protected Characteristics:				
	No impact	Adverse	Differential	Positive
Age				✓
Disability				✓
Gender reassignment	✓			
Pregnancy and maternity	✓			
Race	✓			
<p style="text-align: center;">Statement</p> <p><i>Please provide supporting narrative for any adverse, differential or positive impact that may arise from a decision being taken</i></p>				

Religion/ Belief	✓								
Sex	✓								
Sexual Orientation	✓								
Marriage and civil partnership	✓								
Welsh Language	✓								
Risk Assessment:									
	Level of risk identified <table border="1"> <tr> <td>None</td> <td>Low</td> <td>Moderate</td> <td>High</td> </tr> </table>				None	Low	Moderate	High	<p align="center">Statement</p> <p align="center"><i>Please provide supporting narrative for any risks identified that may occur if a decision is taken</i></p>
None	Low	Moderate	High						
Clinical	✓								
Financial	✓								
Corporate	✓								
Operational	✓								
Reputational	✓								

July 2023



July 2023

Proposed Funding:

The request includes funding for allocation as well as an annual administration fee which covers all grant administration and evaluation requirements:

	Annual Funding Amount	Total funding for three years
Grant Pot	£25,000	£75000
Admin Fee	£2500	£7500
TOTAL	£27250	£82500

Proposed priorities:

1. Cost of living - health and wellbeing interventions
2. Transport to wellbeing - not including journeys to health related appointments
3. Wellbeing at home - supporting independent living
4. Loneliness and isolation - health and wellbeing interventions

The scheme will encourage applications that are:

- Accessible to all third sector organisations that deliver health and wellbeing activities to their local communities.
- Collaborative in their approach, encouraging groups to work together to deliver projects, and encouraging groups to engage with their users to assess what they need.
- Inclusive to all groups within the communities of Powys - both geographical and communities of interest.
- Innovative in their nature, encouraging organisations to think differently and deliver in a different way.
- Sustainable in looking at the long term impact, and utilising funds to the best possible benefit of organisations and the Charitable Trust.

Health and Wellbeing Outcomes linked to the priorities:

- No of beneficiaries reporting satisfaction with their life
- No of beneficiaries reporting that the things they do in their life are worthwhile
- No of beneficiaries reporting increased happiness
- No of beneficiaries reporting reduced feelings of anxiety
- No of beneficiaries accessing services / activities

Measurement of outcomes and evaluation

The measurement of outcome and the evaluation will focus on:

- Effectiveness - did it work?
- Efficiency - was it worth it?
- Impact - what difference did it make in the long term?

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In order to monitor beneficiary wellbeing, any group being funded will be asked to undertake a short baseline survey of beneficiaries, and to ensure that the requirements are proportionate to the amount of funding received:

- At the commencement of the project
- At the end of the project / funded year

The survey will include the following questions and the questions will be provided by PAVO, and are based on the ONS4 measures for subjective well being in the UK:

- Overall, how satisfied are you with your life nowadays?
 - (0 = fully satisfied; 5 = fully unsatisfied)
- Overall, to what extent do you feel that the things you do in your life are worthwhile?
 - (0 = fully worthwhile; 5 = not at all worthwhile)
- Overall, how happy did you feel yesterday?
 - (0 = extremely happy; 5 = extremely unhappy)
- Overall, how anxious did you feel yesterday?
 - (0 = not at all anxious; 5 = extremely anxious)
- At the end of the funded year/s projects will also report specifically on:
 - Number of people reporting the initiative has helped to improve their health & well-being
 - Number of people reporting initiative has delayed / reduced their need for statutory care & support services

We will also ensure that the funded organisations record any unexpected outcomes and provide qualitative stories to illustrate the quantitative data. We will also ask about the impact the funding has had on the organisation.

Application Process:

The process will be as follows :

- A 'Meet the Funder' event/s will be held to promote the scheme and give the opportunity for organisations to find out more about the process and the scheme.
- The form will only be available on request, at that point, groups will be offered the assistance of the development team.
- Every application will undergo due diligence before going to panel. If issues arise, PAVO will support the organisation with what it needs.
- Each application will be assessed by a small internal PAVO (panel including a PAVO trustee, Head of Third Sector Development and Head of Health, Wellbeing and Partnerships). The meeting will be facilitated by the Senior Officer, Third Sector Development.
- Recommendation for funding will be sent to PTHB Charitable Funds Committee for ratification.
 - If necessary we will hold a second round.

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- Groups will be notified of the decision making process and timescales of the scheme in order to manage their expectations. They will have a full calendar year to deliver their projects.

The application form will focus on:

- Necessary admin and due diligence requirements
- How the project meets the priority chosen
- Who the beneficiaries will be
- Whether it is a new project or a continuation
- Evidence of need
- What the project impact will be
- Volunteer involvement in the project

Proposed timeframe for applications:

- Scheme goes live Monday 3rd January
- 6 week application window - deadline for application Wednesday 16th February 2024
- Panel due to meet in late February in order that recommendations go to the March meeting of the Charitable Trust.
- Groups to be notified by the end of March/early April.

Upfront payment would be beneficial so that it is ready for payments to be made to groups upon receipt of the signed funding agreements.

Evaluation of the funding

PAVO will provide yearly evaluation reports to progress the impact that the charitable funds are having. The report will include:

- Collated baseline survey results
- Qualitative stories of the journeys beneficiaries are on or have made
- Impact on the organisation and any unexpected outcomes

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PTHB Charitable Funds - Full Application Form

Please choose who will benefit from this proposal (select all that apply):

PTHB Staff and Volunteers	<input checked="" type="checkbox"/>
PTHB Patients	<input checked="" type="checkbox"/>
Community	<input checked="" type="checkbox"/>
Other (specify below)	<input type="checkbox"/>

Please note which locality will benefit from this proposal (select all that apply):

North Powys	<input checked="" type="checkbox"/>
Mid Powys	<input checked="" type="checkbox"/>
South Powys	<input checked="" type="checkbox"/>
Other (specify below)	<input type="checkbox"/>

Please note the most relevant health and wellbeing area for this proposal (e.g. mental health, recovery from COVID-19, physiotherapy, cancer care, etc.)

Audiology and ENT

Project summary – Provide a brief summary of the proposal and outline what it aims to address.

Audiology PTHB would like to provide an Audiology-led vestibular pathway across South Powys to replace the services which are currently commissioned out under various SLAs. This will create equity across Powys, improve (reduce) the patient pathway and provide care closer to home and introduce cost-savings for the Health Board.

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Please email this completed form to abe.sampson@wales.nhs.uk

Background – Outline any relevant information that will provide context for the proposal, including the need and any previous proposals or projects.

As part of the IBG-approved First Point of Contact access to Advanced Practice Audiology Services in Primary and Community sites in Powys, Audiology proposed to deliver a self-referral Benign Paroxysmal Positional Vertigo (BPPV) pathway, whereby an Advanced Audiology Practitioner could assess patients for BPPV within a first point of contact clinic and treat with repositioning manoeuvres on the same day, negating the need for GP Appointments and ENT referrals.

To further develop this vestibular assessment pathway and service, Audiology propose to develop a full vestibular assessment pathway which will work with ENT and Physiotherapy to provide a vestibular assessment and rehabilitation service.

Repatriation of services

Currently, across South Powys, the commissioned ENT services refer these patients out of county for the vestibular assessments to support their diagnosis; a PTHB Audiology vestibular pathway will require initial spending to purchase the equipment, but will recoup that cost by repatriating these patients, preventing the need to refer these patients out of PTHB for their assessments.

It has not been possible to quantify the number of these assessments being carried out across neighbouring HBs and at what cost to PTHB, however, ENT consultants attending Brecon War Memorial Hospital and Llandrindod Wells Hospital have confirmed that they are currently referring these patients to Aneurin Bevan UHB, Wye Valley NHS Trust, and Cardiff and Vale UHB. Swansea UHB carried out 18 90-minute vestibular assessments and 11 rehabilitation appointments (average appointment length of 30minutes) for PTHB patients in 2022/3. With provision of a PTHB vestibular pathway, these patients would be repatriated.

Value-based health care

ENT consultants are currently carrying out the initial bedside vestibular tests and positioning tests to diagnose or rule out BPPV. An audiology vestibular pathway would mean that an audiologist would carry out these tests instead of an ENT consultant, allowing for a more prudent service. Patients who are diagnosed and treated with BPPV will not need to see an ENT consultant at all. Where a diagnosis of BPPV has been ruled out, the patient will be referred to ENT with much of the assessment already completed, and will then require fewer ENT appointments.

Care closer to home

Please email this completed form to abe.sampson@wales.nhs.uk

Patients who are currently travelling to neighbouring health boards for these assessments will be able to have their assessment and treatment closer to home.

Equity of Service across Powys.

Betsi Cadwaladr UHB provide an Audiology service for people living in North Powys. Therefore, patients living in North Powys are receiving a superior audiology service to those patients living in South Powys. They carried out 16 vestibular assessments (average appointment length 45 minutes) and 82 vestibular Follow ups (average appointment length 30 minutes) for PTHB in 2022/23. Implementation of an audiology vestibular service in South Powys would provide equity of service across Powys.

Workforce

Delivering a new service and new type of assessment in the Audiology service will allow for other members of the Audiology team to get involved and gain experience in vestibular assessment and rehabilitation. This could help with staff retention and could also provide a more attractive offer when recruiting to audiology vacancies.

Collaborative Working

An Audiology vestibular pathway will allow for collaboration with PTHB physiotherapy, and a closer working with ENT to provide joined-up care for patients.

Project plan – Please provide a detailed breakdown of the project, how it will address need and a timeline for delivery.

Action	Target date for Action	Completed by ... who
Determine referral criteria within the self-referral form for the First point of contact Advanced Audiology pathway.	31/05/2023	Professional Head of Audiology & Advanced Audiology Practitioner Completed.
Determine referral criteria for referral from GP, Physiotherapy and ENT. Including liaison with ENT and Physiotherapy	30/09/2023	Professional Head of Audiology & Advanced Audiology Practitioner

Please email this completed form to abe.sampson@wales.nhs.uk

Obtain equipment and arrange practical training from the manufacturer	31/10/2023	Professional Head of Audiology & Advanced Audiology Practitioner
Determine assessment protocol and onward referral criteria to ENT and Physiotherapy. Confirm in a service SOP	31/10/2023	Professional Head of Audiology & Advanced Audiology Practitioner
Notify ENT, GPs and ECNs of new referral processes	31/10/2023	Advanced Audiology Practitioner
Implement vestibular pathway	01/11/2023	Professional Head of Audiology & Advanced Audiology Practitioner
Implement Primary care pathway including self-referral for dizziness symptoms	Tba	Professional Head of Audiology & Advanced Audiology Practitioner

Evaluation & Legacy – Detail your plans for evaluating the project and explain the project's sustainability.

Audiology will keep a spreadsheet recording details of

- Patient Number
- Date of referral and Date seen for assessment
- Diagnosis of BPPV Yes/No
- BPPV discharged at 1st Follow UP Yes/No
- VHIT testing required?
- Calorics required?
- Referral to Physiotherapy required Yes/No

Please email this completed form to abe.sampson@wales.nhs.uk

Data will be analysed quarterly in the first year, and then annually. This will allow for the service and the pathway to be assessed for any need for adjustments.

Resources - Try to provide a detailed breakdown of the budget and resources required, including quantities and cost per item.

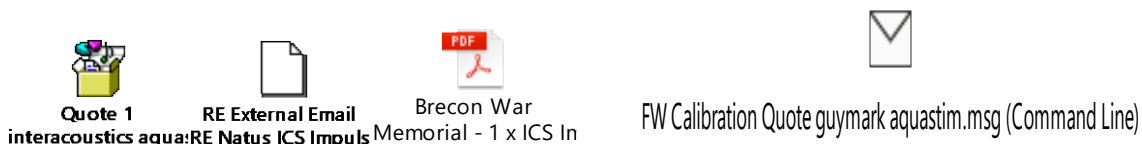
Total cost of equipment - £29,531.62

Aqua Stim 220V Complete Water Caloric System - £7,320 (inc VAT)

Natus Vestibular Assessment Kit - £22,161.89

Ongoing Annual servicing/calibration of Aquastim calorics - £310

see attached quotes:



The equipment is portable, and therefore all that is required is for a patient couch and a sink to be present in the clinic room. The appointments will be carried out within the Advanced Audiology Practitioner's clinics and will therefore not require additional travel costs. Other than standard infection control and PPE requirements, no consumables are required for the assessments. An additional Audiologist will be trained in the vestibular assessments, and this will involve an application to HEIW for funding for the appropriate MSc module when open to applications.

The Aquastim caloric requires annual calibration, the quote for this is £310 pa. The quote for the Impulse equipment from Natus includes the 5 year service plan, further cost would be required should the equipment require repair.

Contact details

Name: Rachel Duprey

Email address: Rachel.Duprey@wales.nhs.uk

Phone number: 07815 929065


Delivery address (if applicable):

Declaration

I have read the PTHB Charitable Funds staff guidance document.




Please email this completed form to abe.sampson@wales.nhs.uk

I have read the FCP (INTERIM) – COVID 19 Decision Making & Financial Governance document found here .	<input checked="" type="checkbox"/>
I confirm that this funding will only be used for the purposes specified in this application.	<input checked="" type="checkbox"/>
Applicant	
Name: Rachel Duprey Role: Professional Head of Audiology	
Signature: RDuprey	Date: 18/04/2023
Approving manager	
Name:	Role:
Signature:	Date:
Approving Fund manager	
Name: DAVID FARNSWORTH DIRECTOR, CSG	Role: ASSISTANT
Signature: 	Date: 22.06.2023

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Please email this completed form to abe.sampson@wales.nhs.uk

TO BE COMPLETED BY THE CHARITY TEAM.

Strategic priorities (<i>tick the relevant priorities</i>)			
Demonstrating Responsible Leadership			<input type="checkbox"/>
Upholding Our Civic Mission			<input checked="" type="checkbox"/>
Enhancing NHS Services			<input checked="" type="checkbox"/>
Establishing a Culture of Collaboration			<input type="checkbox"/>
Additional comments			
<p>The project would clearly be able to have a positive and clear, demonstrable impact for Powys patients, by addressing the issues of patients having to travel further for access to services and also address an imbalance in equitable access to services, with BCUHB already delivering a similar service for patients in North Powys.</p> <p>The project fits with the Charity's strategic aims to enhance the patient experience, ensure an equitable offer for Powys and to provide additional opportunities for upskilling and training PTHB staff.</p> <p>There is potential for this project to also be cost neutral and demonstrate sustainability through the reduction in consultant referrals (although this is also difficult to measure accurately).</p> <p>If there are no suitable ways to fund this project via core funding then there should be no issues with eligibility.</p>			
Print name:	Abe Sampson	Date signed:	11.08.2023
Signature:			

Jones, Shania
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Please email this completed form to abe.sampson@wales.nhs.uk

CF Item 2.1c Wellbeing Hub Resources

PTHB Charitable Funds COVID-19 Response

Please choose which category this request falls under:

Improving staff wellbeing	<input checked="" type="checkbox"/>
Improving patient wellbeing	<input checked="" type="checkbox"/>
Other (please specify below)	<input type="checkbox"/>

Who will benefit from this funding? (max 150 words)

PTHB staff (the beneficiaries) still experience the impact of the Covid-19 pandemic, which has seen an increase in vacancies, especially in clinical roles, and continued high workloads. This has been compounded in 2022/2023 by extended winter pressures and ongoing pay disputes, which added significant stresses. All these lead to increased anxiety, stress, and burnout and therefore, it is vital that activity is undertaken to support staff wellbeing, even if it is the smallest of gestures.

The aim of this project is to re-introduce the refreshment provision for staff that existed during the Covid-19 pandemic. It is proposed that this is in three areas:

- 1. Providing refreshments (tea, coffee, water and biscuits) to all of the wellbeing hubs (see below).**
- 2. Providing tea and coffee making facilities during face-to-face training**
- 3. Manage a small pot of funding accessible by Assistant and Deputy Directors, and Heads of Profession, to help buy refreshments when running team away days.**

Those who will benefit from the grant are PTHB Staff in all 9 hospital sites who will access the wellbeing hubs, as well as those accessing face-to-face training through WOD and Health and Safety, and those undertaking team away days.

The 9 hospital sites with wellbeing hubs are:

• Ystradgynlais	• Llanidloes
• Brecon	• Newtown
• Bronllys	• Welshpool
• Llandrindod-Wells	• Machynlleth
• Knighton	

and 24 smaller outreach centres (Approximately 500 staff) where a lot of our Mental Health (MH) / Learning Disabilities (LD)/ Dentists(D) /Specialist nurses (SN)/ Health Visitors

(HV)/Patient Services (PS) /Community and District nurses (DN)Psychology / Womens and Children services(W&C) are based.

Antur Gwy (CAMHS & HVs)	Glan Irfon (DNs and Admin)	Llanfyllin & Llanfair (DNs)	Old College, Newtown(LD)
Ty Illtyd (CAMHS)	Childrens centre, Brecon	Felindre Ward (MH)	Mass Vacc, Bronllys
Ty Henry Vaughn (DNs)	Talgarth & Hay MC (DNs)	Montgomery HC (DNs)	Mass Vacc, Llandrindod-Wells
Hazels (MH)	Maldwyn ward, Welshpool hospital	Ynys-Y-Plant (CAMHS/W&C)	Childrens Centre, Brecon (W & C)
Merlins (MH)	Annexe, Welshpool (MH/SNs/DNs)	Presteigne GP practice	Defynnog Ward, Bronllys
Waterloo road (PS/W &C)	Parc Street Clinic (LD, D, Psychology, LPMHSS))	Brohafren (MHAS and LD)	Felindre Ward, Bronllys

How will this funding enhance service provision? (max 150 words)

Wellbeing Hubs were identified and established by WOD and C2C champions in all 9 hospital sites and 24 outreach centres during Covid 19. Thanks to previous funding the hubs were kept well stocked during this time but discontinued in November 2022.

We would now like to continue with these goodwill small gestures by giving the staff the opportunity to take their wellbeing break, being able to pick up a drink, biscuit and de-stress. These hubs have been welcomed by staff, improving morale and giving staff a sense of purpose and belonging.

The large display screens (TV monitors) supported by Charitable Funds have been a valuable source for up to date information, especially for those that may not access their emails on a daily basis; Chat2Change champions, continue to help manage the individual hubs capturing any feedback/comments/questions or concerns on the 'Thought Boards' .

The impact of the cost-of-living crisis is clearly going to be felt long into future, both in terms of staff and services. These wellbeing hubs will become an important place for staff for the future, as we look beyond the pandemic and present crisis.

It is also important for staff to feel valued at training events and away days and therefore the small act of providing refreshments – which has largely been stopped, is an important part of this.

All of this ultimately helps improve staff wellbeing, which has a direct impact on the quality of patient care.

What items are you requesting? Try to provide a detailed breakdown of the funding required, including quantities and cost per item. (max 100 words)

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The aim of this bid is to secure **£26,000** to be able to continue the provision of refreshments for the 9 main sites and 24 outreach centres for the next 2 years and refreshments for staff when attending face to face training events and team away days.

Costing Breakdown

Wellbeing Hubs: For the 9 main hospital sites, the intention will be to provide the items in the table below over a 2-month period.

Item	Cost per Item	Total Quantity per year	Total Cost per year
Tea Bags	£8.26 (420 bags)	54 Boxes	£446.04
Sugar	£4.43 (100 sachets)	54 Boxes	£239.22
Coffee	£10.28 (750g)	54 Tubs	£555.12
Biscuits	£8.49 (100 packets)	54 Boxes	£458.46
Water	£4.09 (slab of 24)	216 Slabs	£888.44
Milk Pots	£2.86 (120 pots)	216 Boxes	£617.76
		Total Per Year	£3200

For the satellite sites with less staff present, supply will be over a quarterly period and include the following:

Item	Cost per Item	Total Quantity per year	Total Cost per year
Tea Bags	£8.26 (420 bags)	96 Boxes	£792.96
Sugar	£4.43 (100 sachets)	96 Boxes	£425.28
Coffee	£10.28 (750g)	96 Tubs	£986.88
Biscuits	£8.49 (100 packets)	96 Boxes	£815.04

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Water	£4.09 (slab of 24)	288 Slabs	£1177.92
Milk Pots	£2.86 (120 pots)	288 Boxes	£823.68
		Total Per Year	£5021

The total amount requested per year for the wellbeing hubs is **£8,000**

Training and Development Support: In addition, the bid seeks to have a pot of funding managed by the OD team to provide refreshments for face-to-face training, and for team away days. The amount requested for this is **£5,000** per year.

Total Bid. The total bid for the 2-year project is therefore **£16,000** for the Wellbeing Hub supplies, and **£10,000** for the training and development support. Totalling **£26,000**

How will you evaluate the success of this project? Try to think of ways that you might record the number of beneficiaries or capture photos or stories that showcase its impact.

We will continue to evaluate the project through staff feedback and photos co-ordinated through the C2C staff engagement group champions.

By showcasing some of the stories via Powys announcements/ PTHB TV Monitors / PTHB SharePoint and PTHB Stay Well Facebook page.

The summary below provides a snapshot of feedback received over the past few months.

Contact details

Name: Rhys Brown

Email address: rhys.brown@wales.nhs.uk

Phone number: 07884491109

Delivery address (if applicable):

Declaration

I have read the PTHB Charitable Funds COVID-19 response fund criteria and guidance document.



I have read the FCP (INTERIM) – COVID 19 Decision Making & Financial Governance document found here .	<input checked="" type="checkbox"/>
I confirm that this funding will only be used for the purposes specified in this application.	<input checked="" type="checkbox"/>
Applicant	
Name: Rhys Brown	Role: Head of OD
Signature:	Date:
Authorising manager/executive	
Name: Sarah Powell	Role: Assistant WOD Director
Signature:	Date:

Please email this completed form to abe.sampson@wales.nhs.uk

FEEDBACK FROM AROUND THE SITES

'Absolutely beneficial to staff at challenging and busy times, brings teams together and promotes positivity within the workplace.' From a Clinical nurse specialist.

'For us as a team, having some items sent us through the hubs, help us feel valued especially as we are quite isolated from the main hospitals and settings, and it helps us feel connected, as sometimes we feel the community don't recognise our service with the Big thank you, that some other services seem to get' From Staff in Waterloo Road, Llandrindod-Wells

YCH staff miss the hub, it was very much appreciated, and staff felt they were having something for themselves. It was well used, and it has been missed since it stopped. YCH staff would love for this to start again.

"I found the refreshments that were available during the Covid period were very good for morale. Sometimes working in the office and then someone offering/or going to make a cup of tea/coffee and a biscuit was a great pick me up in the afternoon. I think that this was used as part of the wellbeing and taking that 10 minutes out to speak to other staff or just time out. Also makes staff feel valued and appreciated." W & C, Brecon

For me this has been very warmly welcomed. It has taken pressure off remembering to bring in tea bags and for us busy souls (community staff) that

just need to stop for a drink, having that teabag or coffee to hand will remind us to have a drink.

Having refreshments provided in the past has been a real bonus and is a has been used for us all to have a cup of tea during our team meetings, wellbeing breaks and it is also a welcoming gesture to offer a cup of tea to visiting staff. Milk carton would be a bonus as they do not have to be stored in a fridge.

'I miss the refreshments they have been a bonus. When working in the community you often skip a meal time driving or visiting so it was great to have a cuppa when you get back to the office.' District nurse.

'We think it will be beneficial for the funds for the hub to continue, because the citizens who become unwell or require a little bit of sugar following a vaccine, the biscuits and a sugary drink like tea really do help. The staff also benefit from this, as their wellbeing is imperative and we must ensure we are able to look after them and their wellbeing also'. Mass Vaccination centre, staff member.

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CF Item 2.1d Llanidloes Dementia Garden

PTHB Charity – Local Funds Application

What is the title of this project/request?

Dementia Garden

Please state which fund you are applying to:

Local – Llanidloes Hospital & Powys General Purposes Fund

Who will benefit from this funding?

Patients, staff, relatives and the wider community

How will this funding enhance service provision? Consider the need and expected impact.

We have a wonderful outside space here at Llanidloes that is not being used to its full potential. We have a large number of dementia patients on the ward, but we are often unable to support time outside due to staffing and time constraints. Currently the ground is uneven, there is no path through the garden, and there is no fencing to make it a secure area.

By carrying this work out, we would hope to be able to have our doors open to the garden for all of our patients, allowing them some freedom and fresh air. This would be hugely beneficial to their wellbeing and can aid in their rehabilitation.

Furthermore, there is currently no space for staff to sit outside for their lunch or wellbeing breaks. Part of this work would be to fence off a small area of our garden to enable a staff only garden. This would be for all staff in the hospital, not just for the ward team.

Families and relatives will also be welcome to use the dementia garden, and spend time outside with their loved ones, or to spend time remembering their loved ones.

What items are you requesting? Try to provide a detailed breakdown of the funding required, including quantities and cost per item or whether there are any ongoing costs.

There are two quotes, one will be to carry out the work for the dementia aspect of the garden. The second will be to provide secure fencing and to even out the ground.

Price for, earth excavation and removal

Laying of a compacted layer of stone to form a foundation

Laying of 600 x 600 slabs to construct footpath, approx. 20m long and 1200 wide.

£4165 + VAT

Total £4998

Price for, constructing new fencing approx. 12m long and 900 high

Construct 2 risen planters out of sleepers

Put surrounds around 3 trees

£2335.00 + VAT

Total £2802.00

We have also fundraised around £2,000 ourselves for additional aspects of the garden. This will include a specially designed dementia phone box, a bus stop and a post box which have proven links to improving dementia care and reducing agitation and distressful situations. We will also purchase a staff bench and the plants with this money.

Total being requested to complete the project is therefore: £9,800

How will you evaluate the success of this project? Consider any opportunities there may be to capture feedback from beneficiaries.

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We will continue to use our project board to share our upcoming projects with staff, patients and relatives. Furthermore, we will do some evaluation questionnaires for how much of a positive impact it is having on both patient and staff wellbeing.

Contact details

Name: Ellie Jolley-Dawson

Email address: ellie.jolley@wales.nhs.uk

Phone number: 01686414222

Location: Llanidloes Hospital, Graham Davies Ward

Declaration

I confirm that I have attained approval from the appropriate director/authorising executive for this request.



I confirm that this funding will only be used for the purposes specified in this application.



I confirm that no items or services will be ordered before receiving authorisation to do so from the Finance team.



Applicant

Name: Ellie Jolley-Dawson

Role: Senior Sister

Signature: E JDawson

Date: 06/07/2023

Authorising executive

Name: DAVID FARNSWORTH

Role: AD, CSG

Signature:




Date: 31.08.2023

Please email this completed form to pthb.charity@wales.nhs.uk

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TO BE COMPLETED BY THE CHARITY TEAM.

Strategic priorities (<i>tick the relevant priorities</i>)			
Demonstrating Responsible Leadership			<input type="checkbox"/>
Upholding Our Civic Mission			<input checked="" type="checkbox"/>
Enhancing NHS Services			<input checked="" type="checkbox"/>
Establishing a Culture of Collaboration			<input type="checkbox"/>
Additional comments			
<p>The project links to the following Charity strategic objectives:</p> <ul style="list-style-type: none"> - A commitment to embed proactive environment and sustainability initiatives in all Charity activity. - An enhanced patient experience, particularly for those undergoing long stays in community hospitals. - A commitment to equitable support and investment for all services and service areas. <p>It would clearly provide a benefit to staff, patients, and their families. The garden would also be a very visible improvement and a use of Charitable Funds that can benefit all three of the aforementioned groups.</p> <p>The applicant has confirmed that the Health Board Capital and Estates team are supportive of the project plans as outlined in the application.</p> <p>Accessibility of the space should also be factored into the plans if not already (pathways, lighting, etc).</p> <p>There is also still a question with regards to ongoing maintenance of the space, who will be responsible for that and whether any additional costs are needed for any additional work required for that. However, it's clear the team are dedicated to the project as evidenced by the additional fundraising to support the project.</p> <p>As with previously supported applications of this nature, then can be a risk of projects running overbudget, which should also be noted.</p>			
Print name:	Abe Sampson	Date signed:	04.08.2023
Signature:			

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CF Item 2.1e – Chat to Change Request

SBAR for the Charitable Funds Committee: Bid to support Staff Engagement and Development

SITUATION

Retaining a positive and motivated staff is vital to an organisation's success. High employee turnover increases expenses, such as time to recruit and train, and also can have a negative effect on morale. Implementing an employee retention program is an effective way of making sure that key workers remain employed whilst maintaining job performance thus enhancing patient care.

"Employees are a company's greatest asset – they're your competitive advantage. You want to attract and retain the best; provide them with encouragement, stimulus, and make them feel that they are an integral part of the company's mission." – Anne. M. Mulcahy

Following feedback via the Chat to Change meetings from Shapers and Champions we would like to support the development and delivery of a number of key areas including:

- Health and Well-being
- Recruitment and Retention
- Communications and Engagement Values and Behaviours
- Celebrating Success

Evidence suggests that a highly engaged and empowered staff not only generate better outcomes for patients but there are further benefits such as:

- Improved quality of services
- Improved staff health and well-being
- Lower levels of sickness absence

BACKGROUND

The Chat to Change – Turning Talk into Action programme was launched in 2015 with the aim of shaping and supporting organisational strategy, structure and culture through positive and effective workforce engagement.

The programme is supported by Shapers and Champions who are visible leads for embedding the Values and Behaviours and engagement.

ASSESSMENT

Teamwork involves different people and different groups across the Organisation who work together to maximize their efficiency and achieve the PTHB vision. Having an engaged workforce benefits the Organisation:

- Improved Morale
- Enhanced working relationships
- Greater flexibility
- Increased innovation

Having a fully engaged workforce ultimately leads to enhanced patient care.

Chat to Change would like to purchase some games in order to improve performance by encouraging discussions and sharing of ideas. Prior to Covid we purchased board games that were beneficial for staffs development but technology has now moved on and these games can be used now via an online platform similar to Teams. Games make learning effective and affordable and without the need for staff to travel.

We also want to raise the profile and awareness of the C2C group through wellbeing roadshows, so would like to purchase some promotional materials that can be handed out. Examples of these are Our Values and Behaviours lanyards.

Chat to Change wish to request a sum of £6,000 from Charitable funds to procure the equipment and experiences. Below are some examples of the costings for the things we will be purchasing:

- C2C Values Lanyards (as shown on page 4)
- Activity Development games (as shown on page 4)
- Supporting engagement roadshows

Teams will be requested to complete feedback questionnaires in order to assess the usefulness and benefits to teams' members; this would inform Chat to Change as to what has/ has not been successful.

Chat to Change will report its findings back to the Organisation and Charitable Funds Committee.

RECOMMENDATIONS

It is recommended that the Charitable Funds Committee consider and **approve** the bid for an allocation of funds to be administered by the staff engagement group (known as Chat 2 Change). This would promote staff engagement and development opportunities across the organisation.

Report prepared by:

Treena Davies: Project Lead for C2C / OD Facilitator

Wayne Tannahill: Joint Chair C2C / Assistant Director Estates & Property

Hayley Grigg: Joint Chair C2C / Project Support Officer, North Powys Wellbeing Programme

Date: 31/5/2023

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Appendix 1



1000 lanyards @ 29.50 each = £ 2950 + £55 delivery. = £3,005

Examples below of the ZEST Games

Working Stress - Single annual licence: £45.00 + VAT

Online for socially distanced learning.

Digital board game replicates the intensity of face-to-face on Zoom, Skype & Teams.

Can be used for remote learning or socially distanced face-to-face sessions. Just share your screen with the group, wherever they are.



Hydration Game:

Recognise and minimise dehydration for patients, residents and staff.

Single annual licence: £45.00 + VAT

Leadership Game (Workplace):

An educational discussion and group learning tool, which supports individuals and teams, to discuss and participate in collective leadership.

Single annual licence: £60.00 + VAT





Mental Health Awareness Game:

Encourages discussion and reflection about mental health. The Mental Health Awareness game encourages a safe space for players to explore and discuss mental health issues..

Single annual licence: £45.00 + VAT

Board game licenses – 5 games for 4 years @ 60 = £1,200

Branded promotional materials – Pens, stationary etc £1,500

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CF Item 2.1f Pottery Session for Felindre Ward

Charitable Funds – Request for Approval to commit Charitable Funds Expenditure

APPLICATION FOR CHARITABLE FUNDS APPROVAL
For completion by person requesting funding:
Location: Felindre Ward
Hospital / Clinic: Bronllys Hospital
Requested By: Millie Griffiths
Fund Account No/Description: Charitable funds
Date: 10.05.2023
Demonstrate how this request will improve the patient and patient support environment within the tHB and complies with the Charitable Funds Strategy (Please include a statement on need and expected impact): We currently have a potter who attends the ward twice a week (budget code;8140-2223-04). This application is to continue these sessions. Pottery is a session/group which has been popular amongst patients for many years and has had been well attended by those on the ward. By having 2 sessions it has enabled people to start and finish projects quicker which is better for those who have short admissions. There has been research into mental health benefits and pottery and some of the outcomes found the following; <ul style="list-style-type: none">• Creative outlet – There are both physical and mental benefits from expressing yourself by creating something. Art offers an outlet and a release from all of that. With pottery, you can produce something and express yourself in some way.• Increase optimistic outlook – Pottery enables for improvements in flow and spontaneity, provides an outlet for grief, and helps you with self-identification and self-expression, bolstering confidence and self-esteem.• Improve focus – Pottery allows you to escape the worries of life and shift your focus toward your creation. During the process, outside influences don't affect your work so you dedicate your time to your creation. Being able to fully focus something helps the mind relax and expand, which will help you focus on other tasks in your daily life as well.• Exploring and experimentation – Pottery helps you to express your creativity, which is essential to expand who we are and how we connect to ourselves and our environment. It's a good way for people of all ages to explore the things they can do. You may be more creative than you think, besides there's no right or wrong way to participate in pottery.• Can help reduce pain and discomfort from arthritis – The movement of making pottery

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is gentle yet strengthening to the hands, wrists, and arms. This can be beneficial to those prone to arthritis in the hands, as it promotes joint movement and dexterity.

- **Encourage sociability** – Pottery rouses mental activity as much as physical and is often the perfect hobby for those who prefer to expend their energy internally. While partaking in group pottery. The usually casual atmosphere helps people relax and can help start a conversation. Plus there is community pottery groups which can be signposted too.

<https://www.healthfitnessrevolution.com/top-10-health-benefits-pottery/>

All the above points enable us to further assess patients in a calm, structured, relaxed manner which also links to recovery through activity program which we are trying to further implement on the ward however sessions such as pottery require a trained potter. Creative activity is part of everyday life involving risk taking, problem solving and therefore has the power to foster autonomy and competence (Schmid, 2005). Through the use of creative tasks, we are able to assess a patient's mental state, ability to follow instructions and concentration. The versatility of creative activity allows it to be used effectively in 1:1 and group interventions (Griffiths and Corr, 2007) as well aiding OTs to assess functional performance (Mitchell and Neish, 2007).

In the last charitable funds strategy, there's an allocation which includes £10,000 p/a for therapeutic activities on Felindre Ward. The detail of the entry states: *It is important to offer patients constructive activities to enhance their therapeutic experience when on our in-patient units. This leads to a meaningful day, reduces boredom, enhances skills and promotes recovery. Activities include continuing with the pottery and cookery classes on Felindre as well as looking to develop similar occupational opportunities. These will be commissioned throughout the year following consultation with patients.*

Description of item requested (please attach supporting documentation eg EDOF form/quotes:

Please find previous invoice from other sessions attached.

Estimated Cost (If known):

£60 a session – **2 sessions a week totalling £120**

Plus, an additional £750 a year for materials.

Has assistance been obtained from the Procurement Department No
(Please delete)

Ongoing Revenue Costs (if Applicable)

For completion by Fund Manager:

Comments on Proposal:

Signed:

Date:

For completion by appropriate Director/Locality Manager (or designated deputy):

Funding request supported / not supported (delete as appropriate)

Signed:



Date: 17/05/2023

When completed by all parties please forward to:
Charitable Funds, Finance Department, Bronllys Hospital

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Agenda item:

Charitable Funds Committee		Date of Meeting: 18th September 2023
Subject :	RATIFICATION OF EXPENDITURE APPROVED BY THOSE WITH RELEVANT DELEGATIONS	
Approved and Presented by:	Head of Financial Services	
Prepared by:	Head of Financial Services	
Other Committees and meetings considered at:	None	

PURPOSE:

To receive for information items of expenditure approved by those with relevant delegations during May 2023 to August 2023.

RECOMMENDATION(S):

The Charitable Funds Committee is requested to NOTE items with a combined value of £20,733 attached that have been approved for expenditure during May 2023 to August 2023.

Approval/Ratification/Decision¹	Discussion	Information
✓		

¹ Equality Impact Assessment (EiA) must be undertaken to support all organisational decision making at a strategic level

THE PAPER IS ALIGNED TO THE DELIVERY OF THE FOLLOWING STRATEGIC OBJECTIVE(S) AND HEALTH AND CARE STANDARD(S):

Strategic Objectives:	1. Focus on Wellbeing	✓
	2. Provide Early Help and Support	✗
	3. Tackle the Big Four	✗
	4. Enable Joined up Care	✗
	5. Develop Workforce Futures	✗
	6. Promote Innovative Environments	✗
	7. Put Digital First	✗
	8. Transforming in Partnership	✗
Health and Care Standards:	1. Staying Healthy	✓
	2. Safe Care	✓
	3. Effective Care	✓
	4. Dignified Care	✓
	5. Timely Care	✓
	6. Individual Care	✓
	7. Staff and Resources	✓
	8. Governance, Leadership & Accountability	✓

EXECUTIVE SUMMARY:

All items of expenditure from Charitable Funds must not be committed prior to the approval of expenditure from either the Charitable Funds Committee or the Executive Directors/Assistant Directors delegated with this responsibility in line with the Charitable Funds Strategy and Policy document.

DETAILED BACKGROUND AND ASSESSMENT:

It is a requirement that all items of expenditure are notified to the committee for information at its next available committee meeting. Items with a combined value of £20,733 attached have been approved for expenditure during May 2023 to August 2023.

This listing is provided at Appendix A.

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This excludes expenditure approved against the Covid Fund which is subject to a separate reporting to the committee.

Delegated managers are Assistant Directors/Executive Directors in line with the Charitable Funds revised Financial Control Procedure approved at the December 2022 meeting.

NEXT STEPS:

There are no next steps required as a result of this paper.

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Appendix A

Fund	Item	Reason for purchase	£	Approved
Items Approved May 2023				
General Purposes Welshpool	NHS 75 Celebrations - CMHT	Lunch, cakes, tea & Coffee and accessories for CMHT team from Newtown and Welshpool.	300	D Farnsworth
Newtown General Purposes	NHS 75 Celebrations - Old College Newtown Psychology	Afternoon tea and activities for staff and services users	300	D Farnsworth
General Purposes Glan Irfon	NHS 75 Celebrations - Community Office	Lunch, cakes, tea & Coffee and accessories for team bonding	300	D Farnsworth
Newtown General Purposes	NHS 75 Celebrations - Old College Newtown Primary MH	To provide wellbeing session with External Practitioner, to all staff in the Old college	300	D Farnsworth
Llandrindod General Purposes	NHS 75 Celebrations - Front Garden	To purchase bedding plants/bulbs for front garden	300	D Farnsworth
General Purposes Glan Irfon	NHS 75 Celebrations - Brynhyfryd Residential Home	Cakes, tea & Coffee and accessories for residents, and singing entertainment	300	D Farnsworth
Llandrindod General Purposes	NHS 75 Celebrations - School Nursing	Afternoon tea celebration to meet new member of the team, and boost morale of the team after a challenging few years.	300	D Farnsworth
AMI Legacy	Fridge for OT cookery room	To replace fridge in OT cookery kitchen as old one is no longer working.	301	J Garfitt
Palliative Care	UK Oncology Nursing Society Annual Conference Nov-23	This will expand the staff CPD, patients, the wider MDT and the Specialist Palliative Care Team conference to highlight the work of the Improving Cancer Journey Programme in Powys	890	D Farnsworth
Ystradgynlais General Purposes	NHS 75 Celebrations - Nurses YCH Hospital	Beverages/food for staff and patients who attend clinic to strengthen relationships	300	D Farnsworth
Newtown General Purposes	Learning Disability Awareness Week	To provide opportunity to meet face to face in an informal setting and open communication to help promote team building and relationships with Health and Social Care	100	D Farnsworth
AMI Legacy	Newspaper AMI Ward	Renewals of inpatients newspapers this will enable patients to keep up to date with the outside world. This will also provide a subject of communication within the ward. The paper will be collected through the morning walk with OT staff, this will also provide a meaning healthy /living exercise	270	J Garfitt
AMI Legacy	OT Cookery sessions @ £30 per week & ward activities	Renewal - To improve facilitation of cooking group, and purchase essential resources for art & crafts and gardening.	1,560	J Garfitt
Machynlleth General Purposes	Daily/weekly newspapers 23-24	The provision of local newspapers will reduce boredom and help to maintain and regain both physical mental functions. This will aid health and wellbeing in hospital.	572	D Farnsworth

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Fund	Item	Reason for purchase	£	Approved
Items Approved June 2023				
COVID	NHS 75 Celebrations - BRO Adult Psychology	Buffet, accessories and token memories for all the team	300	D Farnsworth
COVID	NHS 75 Celebrations - BRO LD	Buffet, accessories form the all team to meet	300	D Farnsworth
COVID	NHS 75 Celebrations - BRO Powys Living Well	Buffet, accessories, team building, , activities, form the all team to meet	300	D Farnsworth
COVID	NHS 75 Celebrations - BRO IG	Afternoon tea and accessories for the team to go to a local venue	300	D Farnsworth
COVID	NHS 75 Celebrations - Complex Trauma Team	Canoes on River Usk for the team with small party afterwards	300	D Farnsworth
COVID	NHS 75 Celebrations - Health Volunteers accrsos Powys	Celebrations events organised with PAVO to showcase the Health Vounteers played in supporting the services	300	D Farnsworth
COVID	NHS 75 Celebrations - PTHB Library Service	Quizzes, anniversary cake and promotional resources	300	D Farnsworth
COVID	NHS 75 Celebrations - BRO Royston Hall Community Event	Picnic type food event for the Local Community supported by Local Community Council. Competitions with Prizes, and open gardens with prizes for displays relating to NHS 75	300	D Farnsworth
COVID	NHS 75 Celebrations - BRO IAS	Food for the team, and a "pamper day" alongside the Psychology team	300	D Farnsworth
General Purposes Brecon	NHS 75 Celebrations - Mural	Added funds for planning permission, re-mural outside Brecon Hospital	230	D Farnsworth
General Purposes Newtown	Commemorative NHS75 bandanas ParkRun - Newtown	Commemorative NHS75 Neck tube bandanas for participant of "parkrun for the NHS" In Newtown	490	D Farnsworth
General Purposes Builth Wells	Commemorative NHS75 bandanas ParkRun - Builth Wells	Commemorative NHS75 Neck tube bandanas for participant of "parkrun for the NHS" in Builth Wells	490	D Farnsworth
Newtown General Purposes	Learning Disability Awareness Week	To provide opportunity to meet face to face in an informal setting and open communication to help promote team building and relationships with Health and Social Care	100	D Farnsworth
Haygarth District Nurses	Automated ABPI Doppler Machine	Patient will be able to have more efficient and more often treatment, this equipment will lead to more treatment per week with 1 nurse required instead of 2 based on current machines. Specific donation received funding this item	4,650	D Farnsworth
Items Approved July 2023				
Bronllys General Purpose	Fridge	Fridge for staff area for staff use to keep beverages and food prior to consumption	130	D Farnsworth
Items Approved August 2023				
AMI Legacy	Suicide Bereavement Conference 2023	the increased knowledge gained by PTHB staff following attendance at the conference. Postvention is a relatively new field, opportunities to learn from current international research, network with practitioners and share expertise are rare	900	J Garfitt
Ystradgynlais Children's Charity	Table Top Display Boards	To display informations while visiting schools and running Health Promotion sessions	475	L Turner
Palliative Care	2023 MND professional community of practice networking event	It will develop CPD and benefit the wider team with sharing the knowledge and for the benefits of patients.	35	D Farnsworth
Brecon General Purpose	Plusoptix vision screening device outpatients department	The vision screening device will allow the detection of prevalent vision disorders in children as early as possible. The earlier a vision disorder is detected the better it can be treated. This equipment is new to the health board	4,440	D Farnsworth
TOTAL			20,733	

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Agenda item: 2.3

Charitable Funds Committee		Date of Meeting: 18th September 2023
Subject:	APPROVAL OF RESERVES POLICY	
Approved and Presented by:	Head of Financial Services	
Prepared by:	Head of Financial Services	
Other Committees and meetings considered at:	None	

PURPOSE:

To present a reviewed Charitable Funds reserves policy for approval.

RECOMMENDATION(S):

The Charitable Funds Committee is requested to APPROVE the reviewed Reserves policy for Charitable Funds.

Approval/Ratification/Decision¹	Discussion	Information
✓		

¹ Equality Impact Assessment (EiA) must be undertaken to support all organisational decision making at a strategic level

THE PAPER IS ALIGNED TO THE DELIVERY OF THE FOLLOWING STRATEGIC OBJECTIVE(S) AND HEALTH AND CARE STANDARD(S):

Strategic Objectives:	1. Focus on Wellbeing	✓
	2. Provide Early Help and Support	✗
	3. Tackle the Big Four	✗
	4. Enable Joined up Care	✗
	5. Develop Workforce Futures	✗
	6. Promote Innovative Environments	✗
	7. Put Digital First	✗
	8. Transforming in Partnership	✗
Health and Care Standards:	1. Staying Healthy	✓
	2. Safe Care	✓
	3. Effective Care	✓
	4. Dignified Care	✓
	5. Timely Care	✓
	6. Individual Care	✓
	7. Staff and Resources	✓
	8. Governance, Leadership & Accountability	✓

EXECUTIVE SUMMARY:

The Charitable Funds Committee at its December 2020 meeting approved its reserves policy. This has been reviewed and is presented again for approval by the Charitable Funds Committee.

DETAILED BACKGROUND AND ASSESSMENT:

The Charity to date has provided a Reserves declaration within the annual report and accounts each year. The Committee have a formal Reserves policy and this has been reviewed and is provided for approval. Upon approval this will be attached as an appendix to the Charitable Funds Policy and uploaded to the charity section of the PTHB website.

The available unrestricted reserves as at the 31st March 2022 totalled £4.594M. Compared to the target level of reserves within the policy of £0.850M, the Charity is holding significantly in excess of the target reserves but the workplan of the Charity Manager and Charity Administrator and strategy of the charity is to ensure the expenditure of available funds within a timely manner of receipt.

NEXT STEPS:

The approved policy is to be added as an appendix to the current Charitable Funds Policy and included within the Charity Section of the PTHB website.

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Charitable Funds Reserves Policy

1.0 Introduction

Reserves are that part of a charity's unrestricted income funds which are freely available to spend on any of the charity's purposes. The reserves policy explains to existing and potential fundraisers, donors and other stakeholders why a charity is holding a particular amount of reserves. A good reserves policy gives confidence to stakeholders that the charity's finances are being managed and can also provide an indicator of future funding needs.

The reserves policy of a charity must be set out in its Annual Report. It should consider the charity's financial circumstances and other relevant factors. It is good practice to keep the reserves policy under review to ensure it meets the changing needs and circumstances of the charity.

Deciding on the level of reserves that a charity needs to hold is an important part of financial management and forward financial planning. Reserves levels which are higher than needed may tie up money unnecessarily. However, if reserves are too low then the charity's solvency and its future activities can be put at risk.

2.0 Policy

The Charity's current reserves policy is as follows:

'The reserves policy has the objective of ensuring that the Charity has sufficient funds available to maintain liquidity, cover unforeseen risks and provide for future opportunities.

The Charity relies heavily on income from donations, fundraising and legacies. These are unpredictable sources that can vary year to year. Therefore, the Charity needs sufficient reserves to be able to continue its activities in the event of fluctuations in its income.

The Charity has a target level of reserves of £0.850M. This is based on the following calculation, with average figures taken from the last three years of audited accounts:

- *One year's administration cost (support costs, fundraising costs and investment management costs).*
- *20% of the value of investments held.*
- *25% of the grant funded activity expenditure.*

The target level of reserves will be reassessed on an bi-annual basis.

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The Trustee will review the actual reserves held against the target at least annually, to ensure that sufficient funds are held within the Charity, whilst also continuing to utilise funds within a reasonable period of receipt.'

3.0 Target Level of Reserves

To establish the target level of reserves, a number of factors were considered:

- Anticipated levels of income for the current and future years;
- Anticipated levels of expenditure for the current and future years;
- Future needs, opportunities, commitments and risks. This includes looking at future plans, projects or other spending needs that cannot be met from the income of a single year's budget.

The vast majority of the Charity's income is from donations, fundraising and legacies. These are unreliable and unpredictable sources that can vary year to year. The Charity Manager is working on diversifying and broadening the sources of income through identifying new potential donors and raising awareness of the Charity in different spheres of influence. This should help provide more security of income; however, there can still be no guaranteed level of income for any year.

The Charity's expenditure is primarily driven by delegated funding approvals and those approved by the Charitable Funds Committee. These are entirely within the Charity's control and the level of approvals can be reduced or increased depending on the reserves available.

The Charity does have ongoing expenditure arising from the costs of the Charity Manager and Finance staff, the Investment Manager fee and Audit fees. The Committee can have little influence over these in the short term and so they should be considered when considering the reserves requirement.

The other large influence on the Charity's reserves is fluctuations in the investments, which can rise or fall in value on a monthly basis.

Taking the above into account and using average figures from the last three years of audited accounts, the calculation of the target level of reserves is as follows:

- The reserves should include one year's administration costs (support costs, fundraising costs and investment management costs), which would allow the Charity to continue to run for this period even if no income was received. The three-year rolling average together with the addition of annual funding for the Charity Manager and Charity Administrator Role is £0.097M.
- To insure against the risk of a large fall in the investments, the reserves should include 20% of the three-year rolling average value of the investments. This would allow for a significant fall in value and is based on the fact that during 2008/09, the investments of the charities fell by 27%. The amount included in the target is £0.667M.
- To allow the Charity to support larger projects that cannot be paid for with one year's worth of income and also to allow the Charity to continue to support

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projects if income was severely reduced, 25% of the grant funded activity expenditure should be included in reserves. Should income cease this would allow the Charity to continue to fund projects at its current rate for three months, or at a reduced rate for six months. The three-year rolling average is £0.085M.

Based on the above figures, the target level of reserves for the Charity would be £0.850M.

4.0 Management of Reserves

In order to maintain as low a level of reserves, it is important that:

- Expenditure plans are formulated for all the relevant funds.
- Monthly financial reports are produced for all funds and in this way overall expenditure is currently monitored.
- The value of fixed asset investments performance reviewed on a quarterly basis.
- Financial Performance reports are to be provided to the Charitable Funds Committee at each meeting

5.0 Review of Reserves Policy

The Charitable funds Committee will review the Reserves Policy on a bi-annual basis to reflect the most recent financial information to update target reserves amount on a three-year rolling assessment.

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AGENDA ITEM: 3.1

Charitable Funds Committee		DATE OF MEETING: 18 September 2023
Subject:	Charity Activity Report	
Approved and Presented by:	Charity Manager	
Prepared by:	Charity Administrative Support Officer & Charity Manager	
Considered by Executive Committee on:	N/A	
Other Committees and meetings considered at:	N/A	

PURPOSE:

To present a summary of key Charity engagement activity.

RECOMMENDATION(S):

The Charitable Funds Committee is requested to NOTE the summary of activity for the Charity in the period since the last Committee meeting.

Approval/Ratification/Decision ¹	Discussion	Information
x	✓	x

THE PAPER IS ALIGNED TO THE DELIVERY OF THE FOLLOWING STRATEGIC OBJECTIVE(S) AND HEALTH AND CARE STANDARD(S):

¹ Equality Impact Assessment (EiA) must be undertaken to support all organisational decision making at a strategic level

Strategic Objectives:	1. Provide Early Help and Support	✓
	2. Tackle the Big Four	✓
	3. Enable Joined up Care	✓
	4. Develop Workforce Futures	✓
	5. Promote Innovative Environments	✓
	6. Put Digital First	✓
	7. Transforming in Partnership	✓
Health and Care Standards:	1. Staying Healthy	✓
	2. Safe Care	✓
	3. Effective Care	✓
	4. Dignified Care	✓
	5. Timely Care	✓
	6. Individual Care	✓
	7. Staff and Resources	✓
	8. Governance, Leadership & Accountability	✓

EXECUTIVE SUMMARY:

The report highlights key activities and provides context for the period including:

- **Ongoing projects and partnerships**
- **Communications, campaigns and fundraising**
- **Engagement report**

The detailed summary of activity can be found at Appendix a-c.

DETAILED BACKGROUND AND ASSESSMENT:

The report (3.1a-b) has been compiled to summarise the key areas of development for PTHB Charity during the period. 3.1c summarises the progress on the Charity actions as outlined in the 2023 Charity workplan, as part of the Charity strategy 2022-2025.

NEXT STEPS:

There are no next steps as a result of this paper.

The following Impact Assessment must be completed for all reports requesting Approval, Ratification or Decision, in-line with the Health Board's Equality Impact Assessment Policy (HR075):

IMPACT ASSESSMENT

Equality Act 2010, Protected Characteristics:					
	No impact	Adverse	Differential	Positive	<p align="center">Statement</p> <p align="center"><i>Please provide supporting narrative for any adverse, differential or positive impact that may arise from a decision being taken</i></p>
Age	✓				
Disability	✓				
Gender reassignment	✓				
Pregnancy and maternity	✓				
Race	✓				
Religion/ Belief	✓				
Sex	✓				
Sexual Orientation	✓				
Marriage and civil partnership	✓				
Welsh Language	✓				

Risk Assessment:					
	Level of risk identified				<p align="center">Statement</p> <p align="center"><i>Please provide supporting narrative for any risks identified that may occur if a decision is taken</i></p>
	None	Low	Moderate	High	
Clinical	✓				
Financial	✓				
Corporate	✓				
Operational	✓				
Reputational	✓				

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Charity Activity Report (June 2023 – August 2023)

NHS 75 Programme

Since the Committee last met, NHS 75 celebrations and events have taken place across Powys with many activities funded via the dedicated NHS 75 small grant scheme established by the Charity and Finance teams. The Charity funded 48 different celebratory projects which included a variety of events and activities taking place across Powys. These events ranged from tea parties and music evenings to outdoor walks and team-building sessions. Old College, Newtown for example, organised a range of events across the birthday week (3-7 July) which included a music night with a local band, mindfulness sessions where staff and patients could learn mindfulness techniques and practices, as well as a celebration event for staff and patients. Some other fantastic events included a party at Llanidloes hospital on the 1st July, where they also used the opportunity to raise £2,000 from the community towards a new dementia garden for staff and patients. Keen eyed members may have also noticed the specially designed post box toppers which popped up in Newtown, Builth and Brecon, which were supported through the grant scheme and created by local knitting groups in each area. In addition to Health Board events, there were also two parkrun events held for NHS 75 in Builth and Newtown on the 1st and 8th July which saw record numbers in attendance and also helped to raise money for the Charity.

The Charity team hosted an afternoon tea style event for the Powys Leagues of Friends groups on the 10th July at the Llandrindod Metropole which was hosted by the Chair and attended by the Charity team, Charitable Funds Committee members and PTHB staff members. Seven of the ten Powys organisations attended the event, with only the Llanidloes, Brecon and Welshpool Leagues of Friends unable to attend for various reasons. An opportunity to thank the Leagues for their contributions, we were able to present each organisation with commemorative coins to mark the occasion and show

our gratitude for their efforts. The event was well-received by those in attendance with the Charity team and PTHB staff members able to establish closer connections to the members and League of Friends projects thanks to the event. Based on the success of this event, another event for a similar time of the year in 2024 will be planned.

Powys Health Charity Brand Launch

The Charity officially revealed its new branding on 29th June, ahead of the NHS 75 celebration on July 5th. The branding was very warmly received by stakeholders and the newsletter which made the announcement received over 580 views from staff and community members. Since the announcement, we have shared more information on how the brand was developed as well as the aims and ambitions of Powys Health Charity. A host of new materials have been developed in partnership with jamjar to begin the rollout of donations support for staff and patients and to help increase the Charity's presence at hospital sites over the coming months.

Donations & Fundraising

Two significant donations have been received from members of the community since the last Committee meeting, with £10,029 being donated from the Leg Club Severn group in Welshpool, which was made to the Welshpool District Nursing team. Made on the 21st August, this donation comes as the club winds down its activity. The Charity was also notified of a legacy donation left from a resident of Sheffield, who recently left a donation of £10,000 to the Charity in their will. This was made via the Powys Living Well service and the centre for long term condition management.

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Key Project Updates

The planned event to celebrate the staff awards in Powys has been significantly reimagined following internal review and considering the challenging financial context for NHS Wales. The scope of the event as a single, in-person celebration has been scaled back with planned activity now including weekly announcements of shortlisted nominees and categories and a series of virtual events to host and celebrate the winners of each category. This will be supplemented with some small in-person recognition of achievement for the winners, with senior staff meeting with those individuals to acknowledge their contributions. The impact will be that there will be much lower costs than the Charity had initially planned with the project and it also means that any similar types of celebration or all-Powys events, are unlikely to be presented as proposals, particularly in the near future. A package of support is also being developed as a way to offer a reward for the winners and the Charity team will liaise directly with winners and winning teams to identify whether they have any proposals for service development which might be suitable for a Charitable Funds application.

The previously funded End of Life Care Charitable Funds project steering group (Eirlys project) is in the process of choosing its new branding, which will be used on all end-of-life care materials in Powys moving forwards. The branding will be shared widely with staff and community members invited to choose between a selection of designs. The project has also revealed the finalised packs developed in conjunction with the National Museum of Wales. The arts in health project was co-funded by the museum and Arts Council for Wales, with projects across Wales and Powys' project uniquely linked to palliative care. Through collaboration with museum staff, special packs have been developed with pieces of art and an accompanying material which help support people in engaging with the art and artists. The pieces chosen along with the accompanying materials have been thoughtfully designed with end-of-life care patients and family members in mind, with reflections on life and death. We will be sharing images and more information on the packs in upcoming newsletters as the finished packs make their way to Powys over the coming weeks.

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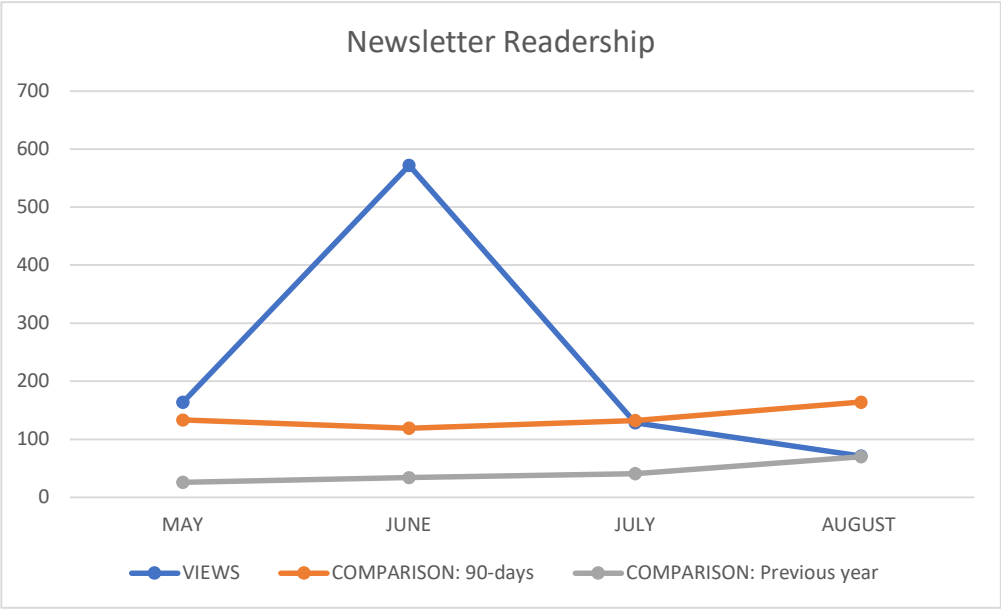
A brief has been finalised for the development of the Charity's new public website. The project is now entering the procurement process to choose a suitable supplier to develop and deliver the new website as part of the Charity's £30,000 development grant awarded through its membership in NHS Charities Together. The project is targeting a launch of April for the new website and new marketing resources are being developed and produced with a view to supporting and promoting both the rollout of new Charity materials across Powys hospitals and the rollout of the new website. This work will support donations, fundraising, and the recognition of donor contributions amongst the Charity's other work.

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Communications Report

This communication report covers the period between June 2023 to August 2023.
This report compares data from the same time last year and 90-day previously.

NEWSLETTER	MAY	JUNE	JULY	AUGUST	
VIEWS		164	572	128	71
COMPARISON: 90-days		133	119	132	164
COMPARISON: Previous year		26	34	41	70



NOTES:

August newsletter was sent out on the 30th August and data was collected on the 4th September. This readership is estimated to increase over time.

The newsletter readersip spiked in June due to the annoucement of the Charity's new branding.

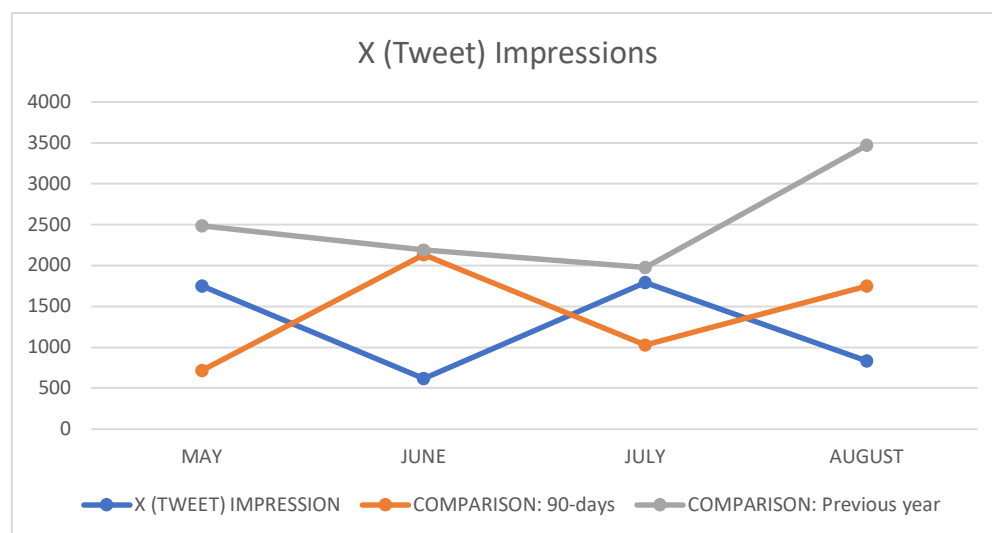
X (TWITTER)	MAY	JUNE	JULY	AUGUST	
X (TWEET) IMPRESSION		1750	617	1791	832
COMPARISON: 90-days		718	2134	1026	1750
COMPARISON: Previous year		2485	2189	1975	3472
NEW FOLLOWERS		0	0	2	6

NOTES:

Important to note that X (Twitter) is going through some changes therefore, their reporting system was down and less reliable for August. Due to this we were unable to see the number of profile visits for August.

From May to July there was a increase in all areas

COMPARISON: 90-days	3	6	3	0
COMPARISON: Previous year	11	5	7	3
	MAY	JUNE	JULY	AUGUST
PROFILE VISITS	89	404	536	*
COMPARISON: 90-days	45	334	110	89
COMPARISON: Previous year	531	511	772	253
	MAY	JUNE	JULY	AUGUST
TOP X (TWEET) IMPRESSION	697	126	184	82
COMPARISON: 90-days	161	688	145	697
COMPARISON: Previous year	364	140	169	1018



however, a significant decrease into August. This is due to communications for August being less interactive or engaging compared to the content produced in June and July. June and July's content was mainly focused on NHS 75 (e.g. projects and events funded through the grant scheme set up by Powys Health Charity). There was a significant boost in engagement with individuals on X, as more people responded or posted about NHS 75. August's content was more informative and focused on branding and how it was developed.

FACEBOOK	MAY	JUNE	JULY	AUGUST	
POST REACH	120	162	103	88	
COMPARISON: 90-days	193	163	111	120	
COMPARISON: Previous year	522	362	*	93	
	MAY	JUNE	JULY	AUGUST	
POST ENGAGEMENT	34	36	53	35	
COMPARISON: 90-days	43	126	18	34	
COMPARISON: Previous year	55	46	*	20	
	MAY	JUNE	JULY	AUGUST	

NOTES:

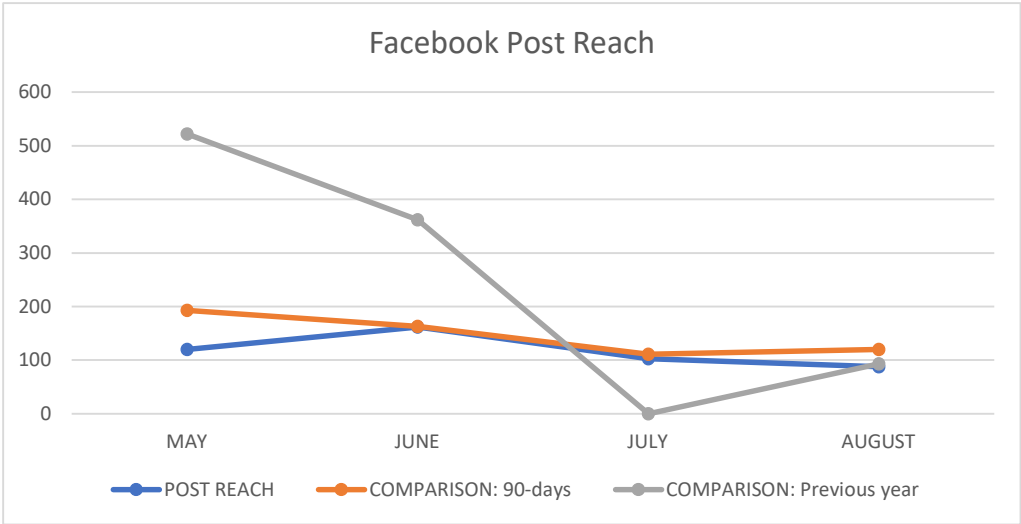
It is important to note that there is no data for comparison in July.

The Charity's general interaction on Facebook is steady. However, May and June 2022 had a higher post reach due to posts such as Sunday shout-outs, Projects for Powys and the Big Tea. In 2022, we chose to increase volume of posts to have as much exposure as possible. However, during the lead up to the NHS

PAGE LIKES	0	1	0	1
COMPARISON: 90-days	1	3	1	0
COMPARISON: Previous year	8	1	*	1

birthday this year the Charity team chose to focus on the content e.g projects and events, this meant the Charity team had to wait for the projects to take place or for project leads to provide additional content in July.

July's post and engagement rate was lower than X (Twitter), this is because many of our X (Twitter) followers are more active than Facebook.



COMMUNICATION FOCUS

STANDARD ITEMS: Topics mentioned every month

- Newsletter:**
- Link to newsletter
 - Did you miss the newsletter
 - Sign up to our newsletter

Sign up to be a charity ambassadors
 Donations & fundraising (JustGiving)

ADDITIONAL FOCUS

MAY

Volunteering

- Sign up to be a volunteer
- The big help up

NHS Charities Together Conference

Parkrun

JUNE

Parkrun

Survey

Raffle

NHS 75 (including donating)

Big Tea

Launch Branding

JULY

Branding

NHS 75 (including birthday)

League of Friends

Parkrun

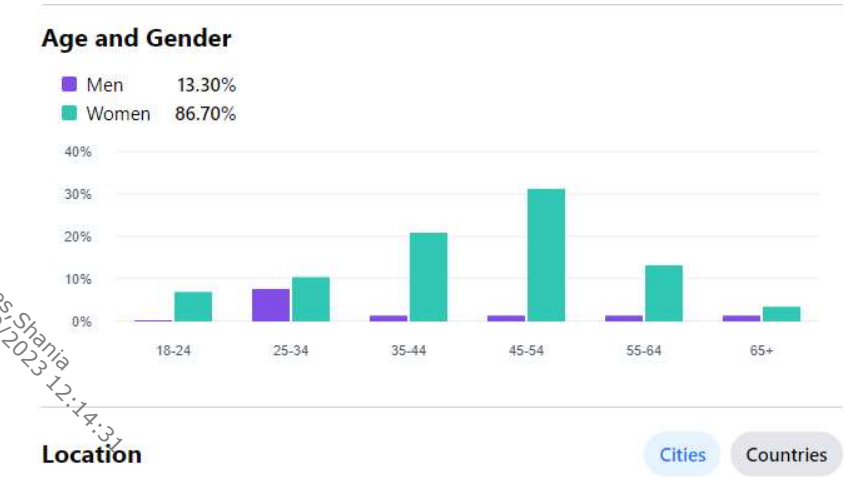
AUGUST

Branding (details)

Projects for Powys

AUDIENCE (Facebook)

This graph was taken on the 1st September from Facebook insights



Brecon, UK	25
Llandrindod Wells, UK	17
Newtown, UK	16
Welshpool, UK	15
Builth Wells, UK	8
Rhayader, UK	6
Ystradgynlais, UK	6
Cardiff, UK	5
Bridgend, UK	4
Machynlleth, UK	4

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Workplan Tracker

Updated: 12 September 2023

At risk
On track
Completed
No longer needed

Completed Actions	Strategic priorities	Deadline	Additional notes	Status
Produce an updated annual workplan to support the Charity's day to day operation.	Demonstrating responsible leadership		Workplan to be agreed/approved at Dec CF Committee meeting.	Completed
Prepare the full 12-month financial year budget for Charity activity.	Demonstrating responsible leadership		Budget to be prepared and brought to March CFC meeting.	Completed
Produce a multi-year Stakeholder Engagement Plan to build on the launch of the Charity's new brand.	Demonstrating responsible leadership		To be delivered in Q2. Need brand to be further developed to help support this. Work to begin in earnest once strategy and workplan approved. On course for June 2023 CFC meeting.	Completed
Run at least 2 separate surveys for staff, patients and community members throughout the year to help inform fund priorities.	Demonstrating responsible leadership		To be delivered in Q1 & Q3 Aim to run first survey in January, focus on three areas/funds General, Mental Health and Palliative Care. Develop priorities and ask participants to rank them.	Completed
Present a Board Development session which covers the topic of ethical investments to help inform a new ethical investment strategy.	Demonstrating responsible leadership		BD attended CF in March 2023, future work on this to be delivered adjacent to the Committee and Board with relevant information shared throughout the year. BD also developing a monitoring tool to support this which will be launched later in the year.	Completed
Launch a new accessible funding resource for staff on Sharepoint.	Demonstrating responsible leadership		We will continue to update and monitor throughout the year.	Completed
Undertake an evaluation of projects, campaigns and communications to better understand the Charity's underserved audiences.	Upholding our civic mission		Hold a year in review meeting in January and start to piece this together. Split into two parts Projects and Communications.	Completed
Establish a successful working partnership with the RIIC hub to support new pilot projects and innovation in PTHB services.	Enhancing NHS Services		Meeting held in November to map out start of partnership. Innovation fund proposal approved by EC in November and awaiting approval by CFC in December.	Completed
Collaborate with marketing and creative support to create a new brand with opportunities for supporters and stakeholders to contribute.	Establishing a culture of collaboration		Updated in Early November, mood board for Charity brand developed. Jamjar working on refining two project streams, consultation with stakeholders needed in December.	Completed

Ensure that staff, committee members, patient & community members are a part of the brand consultation and decision-making process.	Establishing a culture of collaboration		Develop activities/tools to accompany site visits in December to engage staff. Consider the best methods to engage patient/community members digitally with the new brand. Potentially create a unique Sway to present the latest information, embed images and a survey. Start with key stakeholders and widen gradually.	Completed
Complete a full final evaluation of the 'small grants scheme' with PAVO, and consider how best to expand or continue the partnership.	Establishing a culture of collaboration		Met with PAVO in November, evaluation and next steps for the partnership to be brought to March CFC meeting. PAVO aiming for mid February deadline.	Completed
Conduct a survey of PTHB service areas to establish potential areas for Charity support with view to creating long-term sustainability.	Upholding our civic mission		Completed in April 2023.	Completed
Develop a programme to proactively engage staff groups and services with relevant funding opportunities through this new resource.	Demonstrating responsible leadership		SharePoint resources for staff to find external funding launched early in the year. The Turn2Us resource helps staff refine and find relevant opportunities.	Completed
Support at least 1 staff funding application to external funders through the above programme.	Demonstrating responsible leadership		Opportunities for this will be supported alongside the RIIC Hub team. As of June 2023, three staff members have enquired re: external funding applications, with one making an application as an individual, one no longer needing to complete an application and one still in the process of writing their proposal.	Completed
Support the development of at least 4 new funding proposals for the provision of enhancements for patient experience within PTHB services.	Enhancing NHS Services		June 2023 update: Llanidloes palliative care proposal Brecon children's centre waiting area development Llanidloes Birth Centre refurbishments Recliner chair for patients in Machynlleth OT and Physiotherapy	Completed
Support the development of at least 4 new funding proposals for the provision of digital enhancements for PTHB services.	Enhancing NHS Services		June 2023 update: Digital screen licenses Audio 3 warbler device Haygarth bladder scanner Hearing assesment equipment	Completed
Increase the average number of newsletter views on Sharepoint by at least 25%	Establishing a culture of collaboration			Completed
Develop a new working plan for an approach to STEAM engagement across the Health Board with support from the Horizon programme project team.	Establishing a culture of collaboration		This is being developed via Horizon, MH are leading on this - we will work with them to develop a plan to support the programme via CF.	Completed
Process at least 50 successful funding proposals in 2023 through local and general funds.	Demonstrating responsible leadership			Completed

Develop an effective COVID resilience support scheme proposal in partnership with WOD to support staff and volunteers with leadership training. To be submitted to Extranal funder NHS Charities Together.	Enhancing NHS Services	31/10/2023	Application being developed to be submitted end of June to NHS Charities Together's Stage 3 grant programme, outcome end of October. June Priority.	Completed
Update our supporter guides and fundraising packs using new branding.	Establishing a culture of collaboration	30/09/2023	All resources have now been updated with the Charity's new branding.	Completed
Run a campaign with accompanying press release(s) to support the Charity brand launch.	Establishing a culture of collaboration	31/08/2023	Partial campaign launch in July 2023 with more to follow	Completed
Identify broad objectives to start to engage audiences that are underserved by the Charity (children & young people, BAME groups, areas of deprivation etc).	Upholding our civic mission	01/09/2023	Charity Manager to research into PAVO/WCVA and the makeup of the voluntary sector / data on Powys communities as part of SEP workplan.	Completed
Participate in and promote at least one joint fundraising campaign with another Welsh NHS Charity or another Powys charity.	Establishing a culture of collaboration	31/12/2023	Charity Manager to raise at NHS CT regional group meeting in July. Opportunities with NHS 75th birthday. If not, then approaches to be made to national partners such as Macmillan/etc.	Completed
Establish key supporter/staff & patient engagement events at local PTHB sites, reaching the South, Mid and the North.	Establishing a culture of collaboration	31/12/2023	To be delivered between Q2-Q3. Started to implement this via NHS 75 grants, we will engage with North South and Mid in July.	Completed
Run a large campaign with accompanying press release(s) to support the NHS 75th Birthday/Big Tea.	Establishing a culture of collaboration	31/07/2023	This is not going to be a large campaign, as we will be focusing on our own NHS 75 grant scheme but we will utilise Big Tea resources as part of this. We will develop our own PR around that. Has been merged into an NHS 75 campaign for staff and community.	Completed
Start the development and consultation process with a view to launching a new dedicated website for the Charity.	Demonstrating responsible leadership	01/09/2023	To be delivered between Q3-Q4. Funding secured from NHS CT, procurement to start in earnest in June. With a view to delivering project in 12 months. Procurement has commenced as of September 2023.	Completed
Run at least 2 separate surveys for staff, patients and community members throughout the year to help inform fund priorities.	Demonstrating responsible leadership	30/09/2023	To be delivered in Q1 & Q3 linked to above	Completed
Co-produce a PTHB Charity commitment to a strong carbon reduction and environmental sustainability agenda in conjunction with staff members, with a view to increasing commitments between 2023-2025.	Upholding our civic mission	01/09/2023	Collaboration with the Corporate Governance directorate work on carbon reduction and enhancing organisational sustainability. Potential commitments identified, awaiting review as a directorate to be implemented later in the year	Completed
Participate in at least two joint campaigns with other third sector partners.	Establishing a culture of collaboration	31/12/2023	Parkrun Wales collaboration in summer 2023. Plans for National NHS Charities Legacy campaign in late 2023.	Completed
Create new fundraising opportunities (events/staff participation/donation collection) at local PTHB sites, reaching the South, Mid and the North.	Establishing a culture of collaboration	31/07/2023	Events planned as part of July's NHS 75 celebrations.	Completed

Supplement existing legacy donations/gifts material with newly created NHS CT resources, making the information available in more locations (online and physical materials).	Establishing a culture of collaboration	30/11/2023	There is a new legacy campaign being developed this Summer by NHS CT which we will be able to capitalise on.	Completed
Achieve an annual expenditure target of 4% total value on General Funds.	Enhancing NHS Services	31/12/2023		Completed
Run at least 2 smaller campaigns throughout the year.	Establishing a culture of collaboration	31/12/2023		Completed
Double the number of non-PTHB staff on the mailing list of the Charity's monthly newsletter.	Establishing a culture of collaboration	31/12/2023		Completed

Ongoing	Strategic priorities	Deadline	Additional notes	Status
Develop a monthly, targeted fundraising campaign.	Establishing a culture of collaboration	31/12/2023	Currently developing a campaign on Mental Health & our Mental health fund for October 2023 as part of regular programming, following the NHS 75 and Charity brand launches. A winter campaign will also launch for November - February.	On track
Develop a resource plan to accompany the Stakeholder Engagement Plan.	Demonstrating responsible leadership	01/12/2023	To be delivered following implementation of SEP. Further time may be needed to develop the resource plan fully, and if so a draft plan will return to the Committee in December.	On track
Evaluation of existing funding streams with a view to widening access to Charitable Funds.	Demonstrating responsible leadership	01/12/2023	Pieces of work to be done specifically with Joy Garfitt and David Farnsworth on developing new plan for the funds. There are multiple stages to this, need to meet to discuss process first - AS to arrange meetings January/February. Start with biggest funds and work our way down, choose one with each to take forwards. Plans to be finalised for the June CF meeting. Abe to draw up the fund plans (MH, Palliative Care, Welshpool). Palliative Care and MH to be developed for June, Welshpool to return to a later Committee.	On track
Establish the new Charity brand with a launch campaign.	Establishing a culture of collaboration	31/10/2023	To be delivered between Q2 and Q4.	On track
Continue to review the Charity's funding framework to support CFC decision making.	Demonstrating responsible leadership	12/07/2023	This to be reviewed later in the year alongside the ToR and policy reviews for the December CFC meeting.	On track
Survey PTHB staff and Independent Members for feedback on funds and governance arrangements.	Demonstrating responsible leadership	30/09/2023	Develop a new short survey for IMs/CFC members re areas of governance they feel confident/need support. Staff survey included as part of NHS 75 evaluations in July/August and completed.	On track
Evaluate the impact of the existing Nurse Bursary Scheme and create a strategic plan to enhance Charity support for training and career pathways within the foundational economy.	Upholding our civic mission	31/12/2023	Awaiting an update from project team on next steps for evaluation and development, this was not received ahead of September cohorts. The project team is working to complete by the end of the year.	On track

Establish a new strategic plan for PTHB Fund Managers which prioritises patient experience and digital provision in new funding proposals.	Enhancing NHS Services	01/12/2023	Will be incorporated into the three fund plans (Palliative Care Legacy, MH and Welshpool)	On track
Complete a full evaluation of the existing nurse bursary scheme launched in 2021.	Enhancing NHS Services	31/12/2023	See above	On track
Establish a fund strategy with fund managers for all major restricted funds (>£100,000).	Enhancing NHS Services	01/12/2023		On track
Establish a shortlist of suitable services and begin development of the next bursary scheme funding request.	Enhancing NHS Services	30/09/2023	Looking at specific nurse programmes for specific areas (i.e. Welshpool) as well as opportunities to develop a training bursary for training outside of service area but still beneficial for the NHS. Progress delayed by the lack of evaluation for the first bursary support scheme. Likely to be delayed to next year.	At risk
Establish 2-3 new partnerships with organisations specialising in STEAM engagement.	Establishing a culture of collaboration	31/12/2023	Have established one with WNO to date.	On track
Support the development of at least 4 new project proposals under the theme of research, improvement and innovation.	Enhancing NHS Services	31/12/2023	This should be completed via the RIIC hub innovation grant scheme, launching later in 2023.	On track
Achieve an annual expenditure target of at least 3% on our Restricted/Legacy fund pots.	Enhancing NHS Services	31/12/2023		On track
Ensure no restricted fund remain unused for more than two successive financial years.	Enhancing NHS Services	31/12/2023		On track
Establish and run 2-3 Charity specific donation campaigns on Just Giving.	Establishing a culture of collaboration	31/12/2023	Ongoing campaign for Llanidloes Dementia Garden, Winter fundraiser planned for November - February.	On track
Partner with at least 20 unique fundraisers across the year for the PTHB Charity (community fundraisers hosting their own collection/fundraiser).	Establishing a culture of collaboration	31/12/2023		On track
Ensure the Charity is able to raise at least £150,000 across all donations and grants (including legacies).	Establishing a culture of collaboration	31/12/2023		On track
Grow the percentage of non-legacy income by 10% year on year.	Establishing a culture of collaboration	31/12/2023		On track
Recruit at least 15 staff 'charity ambassadors' to help coordinate fundraising, donation and grant opportunities at each of PTHB's hospital sites.	Establishing a culture of collaboration	31/12/2023		On track
Publish and distribute at least 2 other separate Charity press releases on completed and in-progress projects to local media.	Establishing a culture of collaboration	31/12/2023		On track
Reach a total of over 32,000 total impressions on X (formerly Twitter) and maintain an average engagement rate of at least 3%	Establishing a culture of collaboration	31/12/2023	The Charity is unlikely to reach its impressions target of 32,000, instead more likely to reach 20-25,000 impressions, however, it will reach and exceed its engagement target with an average of 4.45% over the past four and a half months.	At risk

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Reach a total of over 8,500 in post reach for Facebook whilst maintaining an engagement rate of above 15%.	Establishing a culture of collaboration	31/12/2023	The Charity is unlikely to reach 8,500 as an overall post reach number, in large part due to the change in the way the platform records and reports on engagement reach, which has drastically lowered the number across the platform. At the same time, however, the engagement rate has remained excellent for the Charity's posts with an average 35% engagement rate across the last 4 months (compared to a platform and industry average of 2.5% for organic posts).	At risk
Reach a combined total of at least 500 followers on social media.	Establishing a culture of collaboration	31/12/2023	The Charity currently sits at 435 followers across its channels and tracking to finish the year at approximately 450 followers.	At risk
Establish at least 6 new working partnerships with regional partners, businesses and services.	Establishing a culture of collaboration	31/12/2023		On track

Yet to be started/halted	Strategic priorities	Deadline	Additional notes	Status
Outline a new Charity Volunteer Framework, in collaboration with WOD.	Establishing a culture of collaboration		Powys Teaching Health Board volunteering framework is being revised, Charity and LoF will fall under this.	No longer needed
Achieve COTY (Charity of the Year) status with a new local business/organisation.	Establishing a culture of collaboration		The Charity retains COTY status with The Original Factory Shop (based in Machynlleth).	No longer needed
Update organisational Charity policy for PTHB staff members and continue to review annually.	Demonstrating responsible leadership	12/07/2023	To be reviewed at December Committee meeting.	On track
Update the Charity's Terms of Reference and review annually.	Demonstrating responsible leadership	12/07/2023	To be reviewed at December Committee meeting.	On track
Develop a new ethical investment strategy in conjunction with the Investment Managers.	Demonstrating responsible leadership	31/12/2023		No longer needed
Collaborate with NHS Charities Together, PAVO, and the RPB to develop and deliver an effective (Stage 2) community partnership grant programme.	Upholding our civic mission	30/06/2023	Project now unlikely to proceed due to Community Partner commitments and prioritising Stage 3 application, Development Grant project, and the Small Health Grants Scheme, which more directly benefit PTHB, the Charity, and PAVO.	No longer needed

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Powys THB Finance Department

Charitable Funds Financial Summary

Charitable Funds Committee

Period End July 2023 (Month 4)
FY 2023/24

Date Meeting: 18th September 2023

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Subject:	CHARITABLE FUNDS FINANCIAL SUMMARY AT END JULY 2023
Approved & Presented by:	Pete Hopgood, Director of Finance
Prepared by:	Sarah Pritchard, Head of Financial Services
Other Committees and meetings considered at:	None

PURPOSE:
This paper provides the Committee with an update Expenditure Profile of the Charitable Funds for the period from 1st April 2023 to 31 st July 2023.
RECOMMENDATION:
It is recommended that the Committee: <ul style="list-style-type: none">• DISCUSS and NOTE financial summary.• NOTE the current level of income received and expenditure of funds from 1st April 2023 to 31st July 2023.• NOTE any actions or recommendations linked to the financial position of the funds.

THE PAPER IS ALIGNED TO THE DELIVERY OF THE FOLLOWING STRATEGIC OBJECTIVE(S) AND HEALTH AND CARE STANDARD(S):		
Strategic Objectives:	• Focus on Wellbeing	✓
	• Provide Early Help and Support	✗
	• Tackle the Big Four	✗
	• Enable Joined up Care	✗
	• Develop Workforce Futures	✗
	• Promote Innovative Environments	✗
	• Put Digital First	✗
	• Transforming in Partnership	✗
Health and Care Standards:	• Staying Healthy	✓
	• Safe Care	✓
	• Effective Care	✓
	• Dignified Care	✓
	• Timely Care	✓
	• Individual Care	✓
	• Staff and Resources	✓
	• Governance, Leadership & Accountability	✓

Approval/Ratification/Decision	Discussion	Information
	✓	

Balance Total Charitable Funds		
Financial KPIs :	Value £'000	Trend Compared 01/04/23
Reported Closing Balance Period Ending 31 July 2023	4,319	↓
Movement in Closing Balance Compared Period Ending 31st March 2023 - Negative = reduction balance / Positive = increase in balance	-130	↓

Income & Expenditure Movements	
Area	Value £'000
Total Expenditure: Period April 2023 to July 2023	251
Total Income: Period April 2023 to July 2023	121
Increase or (Decrease) In Fund Balance	-130

Summary

- The opening balance at the 1st April 2023 was £4.449M during Months 1 to 4 this decreased overall by £0.130M.
- Therefore the total expenditure paid in the period exceeded total income received for the same period by £0.082M.
- A breakdown of this between General Funds and Legacy funds can be found on the next page.
- All funds are unrestricted funds with the exception of one endowment fund.

Balance General Funds		
Financial KPIs :	Value £'000	Trend Compared 01/04/23
Reported Closing Balance Period Ending 31 July 2023	2,697	↓
Movement in Closing Balance Compared Period Ending 31st March 2023 - Negative = reduction balance / Positive = increase in balance	-108	↓

Balance Legacy Funds		
Financial KPIs :	Value £'000	Trend
Reported Closing Balance Period Ending 31 July 2023	1,623	↓
Movement in Closing Balance Compared Period Ending 31st March 2023 - Negative = reduction balance / Positive = increase in balance	-22	↓

Income & Expenditure Movements: General Funds	
Area	Value £'000
Total Expenditure: Period April 2023 to July 2023	229
Total Income: Period April 2023 to July 2023	121
Increase or (Decrease) In Fund Balance	-108

Income & Expenditure Movements: Legacy Funds	
Area	Value £'000
Total Expenditure: Period April 2023 to July 2023	22
Total Income: Period April 2023 to July 2023	0
Increase or (Decrease) In Fund Balance	-22

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Powys Local Health Board
Expenditure Profile
Charitable Funds Committee 2023-24

Expenditure Profile for 2023-24	Fund Balance 01/04/2023 £	Income Received 1st April 2023 to 31 July 2023 £	Payments Made 1st April 2023 to 31 July 2023 £	Balance 31 July 2023 £	Balance 1st April 2023 Spent %	Fund Increase (+ve)/ Decrease (-ve) since 1st April 2023 %
Funds over 100K						
Welshpool General Purposes	£530,317	£5,548	£593	£535,271	0.11%	0.93%
Mental Health General Purposes	£353,626	£0	£0	£353,626	0.00%	0.00%
Funds between 50 - 100k						
Ystradgynlais Geriatric Ward	£63,045	£0	£0	£63,045	0.00%	0.00%
Knighton General Purposes	£74,174	£0	£100	£74,074	0.13%	-0.13%
Llandrindod General Purposes	£51,477	£0	£1,010	£50,467	1.96%	-1.96%
Machynlleth General Purposes	£77,749	£1,104	£2,061	£76,791	2.65%	-1.23%
North Powys District Nursing	£51,427	£6,461	£0	£57,888	0.00%	12.56%
Funds between 25-50k						
Brecon General Purposes	£38,689	£1,610	£3,180	£37,119	8.22%	-4.06%
Ystradgynlais General Purposes	£36,450	£831	£600	£36,681	1.65%	0.63%
Funds Under 25K						
Brecon	£28,716	£640	£0	£29,356	0.00%	2.23%
Bronllys	£35,898	£0	£5,929	£29,969	16.52%	-16.52%
Builth	£8,480	£0	£1,029	£7,451	12.13%	-12.13%
Llandrindod	£24,754	£470	£0	£25,224	0.00%	1.90%
Knighton	£4,037	£0	£0	£4,037	0.00%	0.00%
Llanidloes	£7,745	£720	£784	£7,681	10.12%	-0.82%
Newtown	£23,499	£8,613	£11,956	£20,156	50.88%	-14.23%
Welshpool	£49,053	£545	£0	£49,598	0.00%	1.11%
Ystradgynlais	£11,602	£0	£0	£11,602	0.00%	0.00%
Women & Children's	£3,396	£0	£0	£3,396	0.00%	0.00%
Mental Health	£11,168	£0	-£20	£11,188	-0.18%	0.18%
POWYS WIDE						
Powys General Purposes	£1,189,024	£60,772	£190,799	£1,058,998	16.05%	-10.94%
Covid General Purposes	£67,586	£0	£7,019	£60,567	0.00%	0.00%
Nursing Research	£1,397	£0	£0	£1,397	0.00%	0.00%
Palliative Care Fund	£54,448	£3,943	£3,785	£54,605	6.95%	0.29%
District Speech Therapy	£126	£0	£0	£126	0.00%	0.00%
Diabetes Services	£6,388	£0	£0	£6,388	0.00%	0.00%
NHS Charities Together Development Grant Fund	£0	£30,000	£0	£30,000	0.00%	0.00%
Total	£2,803,914	£121,256	£228,825	£2,696,703	8.16%	-3.82%

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Powys Local Health Board
Expenditure Profile
Charitable Funds Committee 2023-24

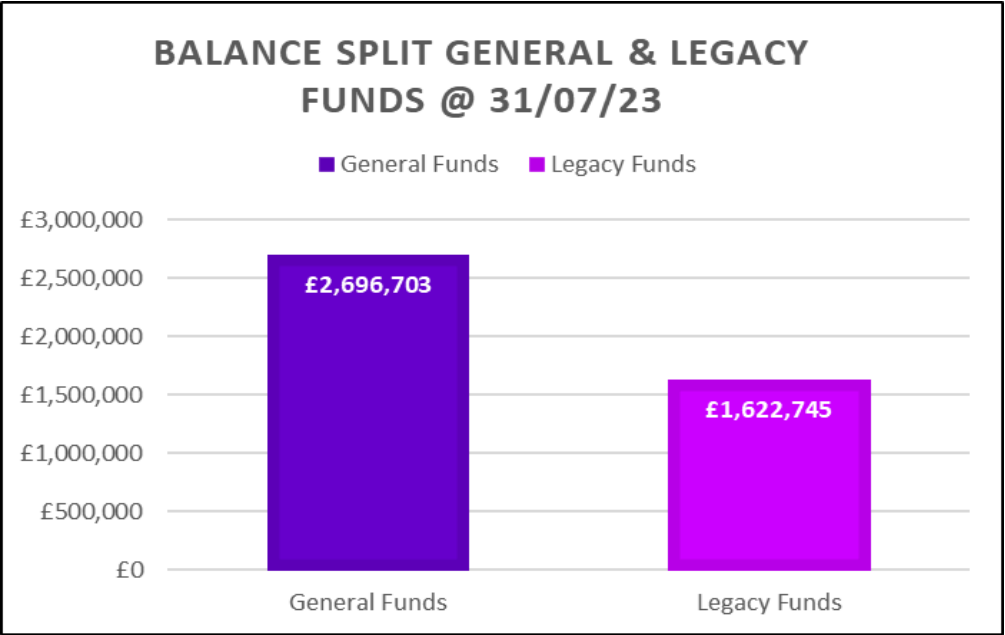
Expenditure Profile for 2023-24	Fund Balance 01/04/2023 £	Income Received 1st April 2023 to 31 July 2023 £	Payments Made 1st April 2023 to 31 July 2023 £	Balance 31 July 2023 £	Balance 1st April 2023 Spent %	Fund Increase (+ve)/ Decrease (-ve) since 1st April 2023 %
LEGACY FUNDS						
Brecon Training Legacy	£2,127	£0	£0	£2,127	0.00%	0.00%
AMI Legacy	£118,491	£0	£22,246	£96,245	18.77%	-18.77%
Hazels Legacy	£270,291	£0	£0	£270,291	0.00%	0.00%
Mid & South Powys Community & Palliative Services	£1,010,833	£0	£0	£1,010,833	0.00%	0.00%
Ystradgynlais Estate M R Morgan Properties	£62,000	£0	£0	£62,000	0.00%	0.00%
Estate M J Brand Property Fund	£181,250	£0	£0	£181,250	0.00%	0.00%
Total	£1,644,991	£0	£22,246	£1,622,745	1.35%	-1.35%

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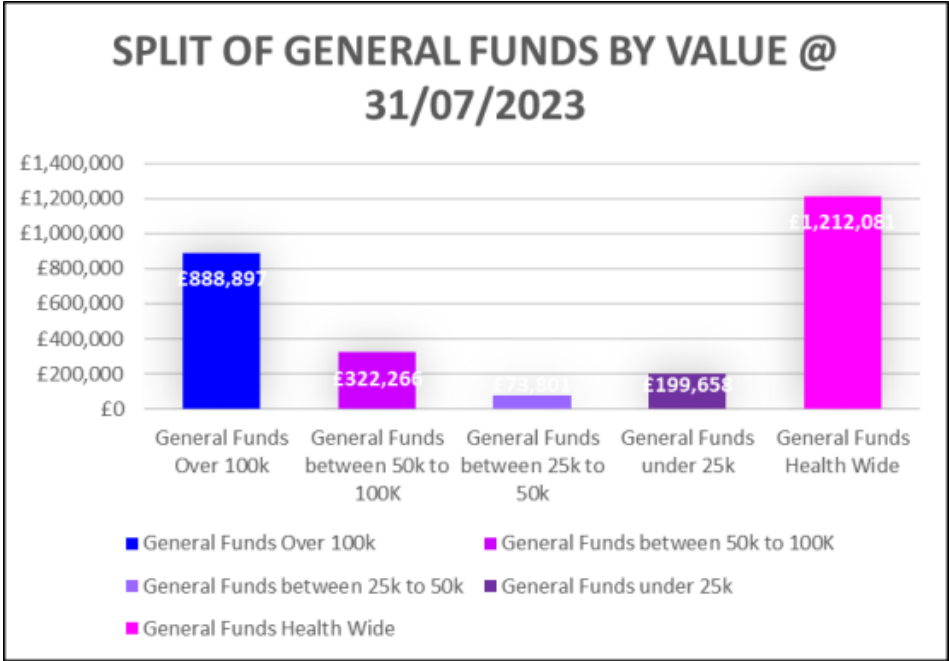
Powys TLHB Charity Balance Sheet as at 31 July 2023						
						Total
			Unrestricted	Endowment		31 July
			funds	funds		2023
			£000	£000		£000
Investments:						
	Property Investments		243	0		243
	Portfolio Investments		3,316	3		3,319
Total Investments			3,559	3		3,562
Current assets:						
	Debtors		0	0		0
	Cash and cash equivalents		797	0		797
Total current assets			797	0		797
Liabilities:						
	Creditors: Amounts falling due within one year		40	0		40
Net current assets / (liabilities)			757	0		757
Total assets less current liabilities			4,316	3		4,319
	Creditors: Amounts falling due after more than one year		0	0		0
Total net assets / (liabilities)			4,316	3		4,319
The funds of the charity:						
	Endowment Funds			3		3
	Unrestricted income funds		4,316			4,316
Total funds			4,316	3		4,319

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Balances Legacy and General Funds

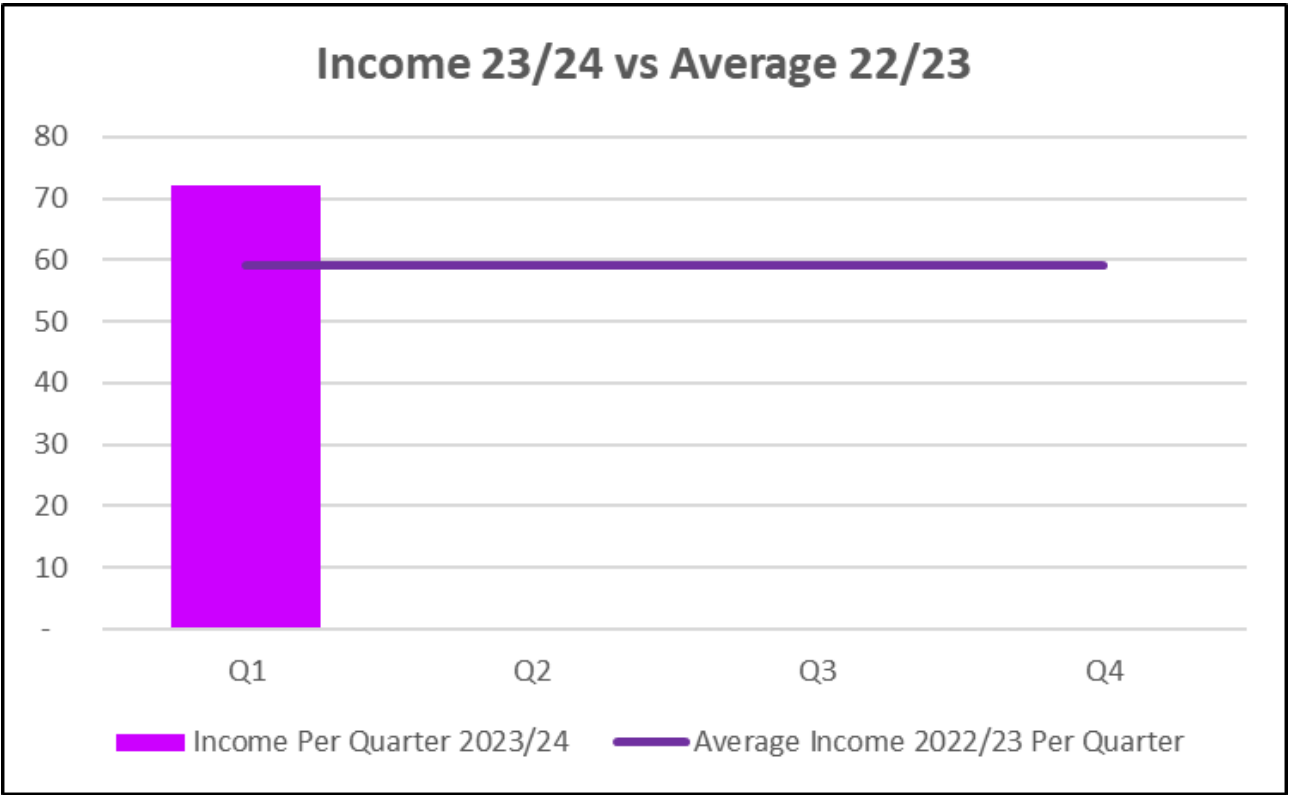


General Funds Split into Value of Fund

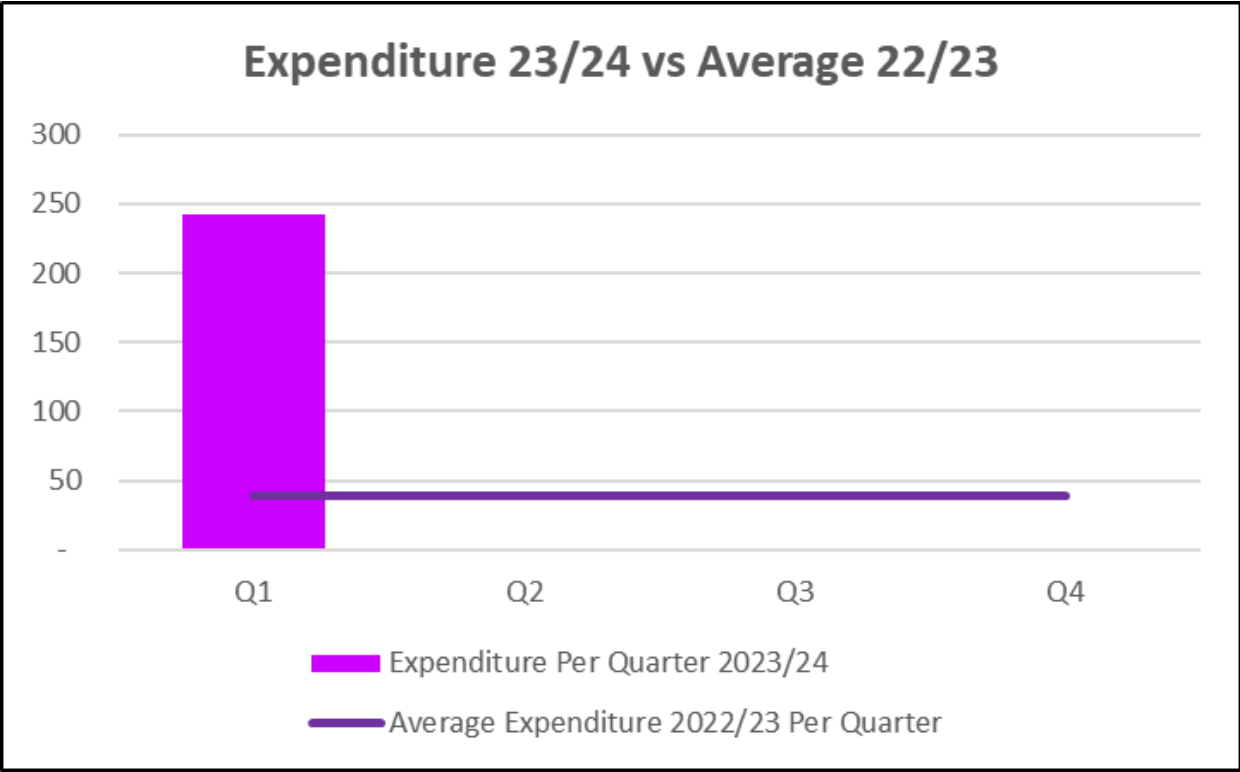


Type Fund	Values
General Funds	£2,696,703
Legacy Funds	£1,622,745
Total	£4,319,448

Type Fund	Values
General Funds Over 100k	£888,897
General Funds between 50k to 100K	£322,266
General Funds between 25k to 50k	£73,801
General Funds under 25k	£199,658
General Funds Health Wide	£1,212,081
Total	£2,696,703



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- **GENERAL FUNDS** = From an amount of £2,803,914 held within General Purposes or designated funds at the 1st April 2023, income of £121,256 has been received and £226,825 of expenditure has been paid. This equates to 8% of funds held at 1st April 2023 have actually been spent.
- **LEGACY FUNDS** = From an amount of £1,644,991 of funds held within legacies at the 1st April 2023, £0 income has been received and £22,246 of expenditure has been paid. This equates to 1.35% of funds held at 1st April 2023 have actually been spent.
- **BANK BALANCE** - The Balance held within the bank account at 31st March 2023 is just over £0.797M. Discussions with our investment advisors as to whether a short term investment option was available has been undertaken but they advised that they could not guarantee any short term investments would repay the amount invested over the shorter term. A term of investment for 3 years would be advised to ensure the investment would retain its level. They advised us to retain this within our bank over the short term. We do have some larger items of expenditure expected in the coming months which should reduce the balance closer to our target cash balance of £0.5M.

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Brewin
Dolphin

POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND

Quarterly Investment Report

30 June 2023

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Valuation Summary

Fund Report

Activity Summary

Investment Criteria

Investment Criteria

Acceptable Investments

Benchmark

Fund Statistics

Asset Allocation

Performance

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Valuation Summary

30 June 2023		RBC Brewin Dolphin Investment Portfolio Summary					
		Book Cost	Market Value	% Holding	Benchmark	Yield	Gross Income
Fixed Interest	Govt Bonds	£ 249,650.16	£ 236,048.45	7.14%	8.50%	2.99%	£ 7,057.46
	Corp Bonds	£ 410,026.48	£ 333,773.18	10.10%	8.50%	4.59%	£ 15,306.77
	Accrued Interest	£ -	£ 1,827.14	0.06%	0.00%	0.00%	£ -
	Total Fixed Interest	£ 659,676.64	£ 571,648.77	17.29%	17.00%	3.91%	£ 22,364.23
UK Equities	UK	£ 509,025.63	£ 617,001.76	18.66%	19.00%	4.83%	£ 29,819.20
Overseas Equities	US	£ 937,277.52	£ 1,051,996.12	31.82%	32.47%	1.96%	£ 20,597.05
	Europe	£ 185,305.19	£ 209,922.11	6.35%	6.44%	4.00%	£ 8,394.84
	Japan	£ 91,263.19	£ 105,694.28	3.20%	3.24%	2.40%	£ 2,531.45
	Pacific	£ 177,754.68	£ 196,950.45	5.96%	6.08%	4.10%	£ 8,082.37
	Emerging	£ 38,968.60	£ 41,911.14	1.27%	1.26%	4.17%	£ 1,749.49
	Global	£ -	£ -	0.00%	0.00%	0.00%	£ -
	Total Overseas	£ 1,430,569.18	£ 1,606,474.10	48.59%	49.50%	2.57%	£ 41,355.20
	Total Alternatives	£ 432,313.93	£ 394,482.82	11.93%	12.00%	4.54%	£ 17,896.20
	Total Investments	£ 3,031,585.38	£ 3,189,607.45	96.48%		3.49%	£ 111,434.83
Cash	Cash Product	£ 57,000.00	£ 57,000.00	1.72%		4.75%	£ 2,707.50
	Capital Ledger	£ 14,974.47	£ 14,974.47	0.45%		0.00%	£ -
	Dividends Pending	£ 11,562.99	£ 11,562.99	0.35%		0.00%	£ -
	Income Ledger	£ 32,922.30	£ 32,922.30	1.00%		0.00%	£ -
	Total Cash	£ 116,459.76	£ 116,459.76	3.52%	2.50%	4.75%	£ 2,707.50
	Total Fund	£ 3,148,045.14	£ 3,306,067.21	100.00%			
	Ex Accrued Interest	£ 3,103,559.85	£ 3,259,754.78	100.00%	100.00%	3.50%	£ 114,142.33

	Monthly	Quarterly	Six Monthly	Annual	3 Yearly	Inception 20/02/2020
Portfolio	0.58%	0.12%	1.42%	4.37%	21.88%	30.96%
Benchmark	1.62%	1.17%	4.60%	6.60%	20.84%	13.10%
FT All Share	0.99%	-0.46%	2.61%	7.89%	33.19%	10.67%
FT All Stocks	-0.41%	-5.42%	-3.49%	-14.46%	-30.70%	-26.88%
BofE Base Rate (less 0.75%)	0.35%	0.94%	1.73%	2.54%	2.60%	2.60%
Bank of England Base Rate	5.00%					
FTSE 100 Value	7531.53					

Please note the forecast income figure shown here is based on an extrapolation of previous dividend payments. Please refer to page 8 for a more accurate forecast.

A strong quarter

The second quarter of 2023 was a strong one for investments. That should come as something of a surprise given that this was a quarter in which central banks were taking most, if not all, of the opportunities to raise interest rates. Higher interest rates are a headwind for investments. They represent what can be earned by leaving money uninvested. Investments will outperform cash deposits over the long run, but in a high interest rate environment they are starting from a lower valuation. In order to make gains when interest rates are going up, normally investors would need to be very confident about company profits.

Back to normal?

The good news is that speculation has been mounting that the painful interest rate cycle might be nearing its end. Given two opportunities during the period to change interest rates, the Federal Reserve skipped one, and hiked by just a quarter of a percentage point in the other. Interest rates are at the same level at which they plateaued for just over a year between 2006 and 2007. Having said that, for now it seems that at least one more US interest rate increase is likely. But like most central banks, the Federal Reserve will now scrutinise incoming data for indications that maybe it has already done too much and that the economy may yet start to falter.

Supporting the case that interest rates are near their peak is that several sources of inflation have reversed and are now weighing down on prices. Many of the supply chain issues which contributed to inflation during 2022 are resolved. Meanwhile, commodity prices, which are usually among the most impactful drivers of inflation, have generally been dropping. The oil price fell over the course of the quarter as investors fretted about lower demand during an anticipated, but elusive, recession. The Organisation of the Petroleum Exporting Countries (OPEC), a cartel which now coordinates with Russia, restricted production of crude oil to try to support its price, which has been weighed down by concerns that the economy may be oversupplied with oil. Similar weakness was evident across industrial metals.

A sour taste

Food prices also fell, although there was little evidence of it in the UK where food price inflation over the last 12 months has been around 20%. In Europe, food prices have been inflated since the Russian invasion of Ukraine and by unfavourable regional weather conditions. UK food importers have historically relied on being able to sell at lower prices through their reliance on short-term supply contracts; however, that left them vulnerable to shortages in the face of poor harvests.

Since then, importers have been migrating to longer contracts at higher average costs. The UK, which is the sixth-largest food importer in the world, may also still be suffering from additional import frictions since the European Union Withdrawal Agreement in 2020. Although energy and agricultural commodity prices have begun falling, price growth in the UK is moderating slower than had been hoped.

Although commodity prices have been weighing down inflation recently, prices of many commodities would be lower still were it not for the disruption caused by the war in Ukraine. June saw a shocking rebellion by parts of Russia's mercenary army, the Wagner Group and recent events have made the Russian leadership appear weak and will embolden the Ukrainians. However, the beneficial impact on gas, oil and food prices is likely to be limited.

There is no obvious globalist opposition to President Vladimir Putin within Russia, yet internal fighting could indirectly raise global commodity prices once more if it led to lower Russian or Ukrainian production. Although the UK has banned imports from Russia, previously imported food is now sold to countries not observing Western sanctions and is thereby lowering global prices. Should those exports be interrupted by a Russian civil war, it would cause global food prices to rise once more.

Enduring inflation

The European Central Bank and the Bank of England both took their respective opportunities to raise interest rates. Inflation in these economies has shown some frustrating signs of persistence. This was particularly the case in the UK where core inflation continued to rise through the quarter. Core inflation excludes volatile food and energy prices, which have an outsized impact on the overall rate, despite being largely beyond central bank control.

One of the reasons UK inflation has been slow to fall is because the UK's price cap system effectively delayed both the increase and subsequent decline in energy prices. At current gas prices, this should mean the annual rate of inflation slows quickly towards the end of the year.

The larger challenge is the difficulty of finding people to fill jobs, partly driven by an increasing number of potential workers being unable to work for health reasons. Over the long term, this can be addressed through healthcare, education, training, and investment. In the short term, however, policymakers need to dampen consumer demand with higher interest rates.

Prescribed policy

The Bank of England's interest rate setting committee must try to judge whether the action it has already taken will be sufficient to bring down inflationary pressures in the future. However, with inflation surprisingly strong throughout the quarter, by the bank's July meeting it became necessary to take more of a risk with growth to slay the inflationary dragon.

In theory, the UK should be one of the more interest rate-sensitive economies, as it has relatively short-term fixed-rate mortgages. Although the share of homes that are owned outright has been increasing over many years, a slew of mortgage deals are due to end over the coming months, two years after the stamp duty holiday that helped many onto the housing ladder. With mortgage rates having risen sharply since then, the second half of 2023 is expected to be a difficult one for the housing market and UK mortgage holders.

A brighter future

As mentioned, rising interest rates are a headwind for most asset classes. Expectations of future interest rate increases cause bond prices to fall. So far this year, the Bank of England has appeared to be doing too little to control inflation. As a result, future interest rate expectations rose and the price of UK government bonds (gilts) fell. At the bank's July meeting, an unexpected half percentage point increase in interest rates provided reassurance, and bond prices, paradoxically, recovered a little. Overall bonds laboured over the quarter, reflecting largely anticipated interest rates in many markets and uncertainty over whether peak interest rates are in sight.

Rising bond yields are painful but they offer the promise of a brighter future. Bonds are now offering attractive returns and, in some instances, remarkable tax efficiency for private individuals, which make them worthy of serious consideration for many investors. Inflation-linked bonds can now be bought at prices that guarantee a rate of return in excess of inflation, something which has been very unusual in recent years.

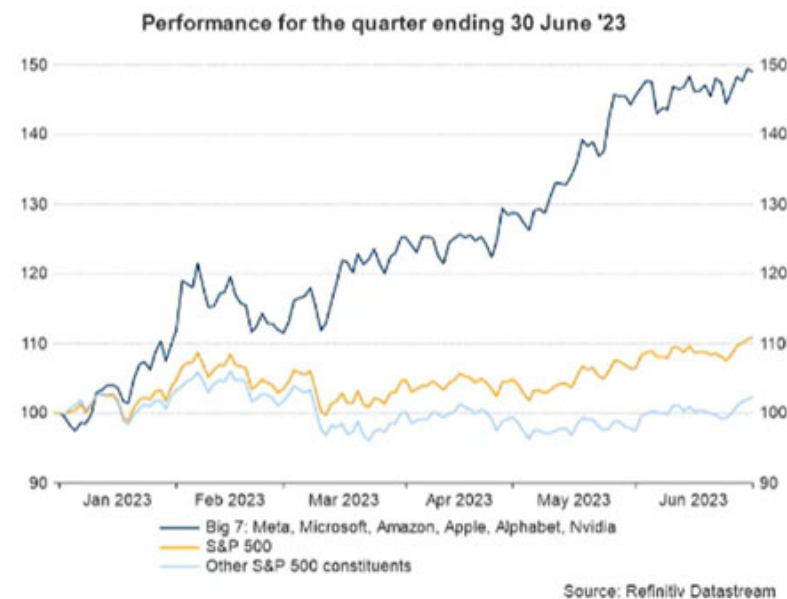
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A selective rally

Fears that interest rates may rise will weigh most directly on bond prices, but company shares have some of the same properties. Investing in both shares and bonds involves giving away money now in the expectation of getting more back in the future; the difference is that these amounts are largely known from bonds, whereas they can only be estimated from company shares. Shares, however, had a strong second quarter. The shares that are usually most vulnerable to rising long-term interest rate expectations – technology shares – were the best, paradoxically leading the market higher.

In fact, this was an unprecedentedly narrow market, meaning that seven of the largest US companies, comprising 15% of the global equity market, have actually risen by an average of 50% so far in 2023. This far outstrips the broader market which, without those seven shares, would have experienced single-digit returns.

These are companies seen as benefiting from the use of artificial intelligence, a technology cited by an unprecedented number of companies in the transcripts of their first quarter financial results. Subsequently, the stock prices of chipmakers, cloud storage and other technologies increased. This narrow market should rightly prompt investors to question whether some of the risers can justify inflated valuations, while at the same time consider whether those who have been left behind offer better prospects.



Market Movements: Second Quarter of 2023

Over the quarter, equities were the major gaining asset class, very heavily driven by technology stocks. In Sterling terms, the FTSE World Index returned +3.89%. Some of the more commodity-focused sectors lagged this quarter, a result of commodities being the worst performing asset class in the period.

Given the relatively large exposure of commodity-focused companies within the FTSE All Share, and relatively low exposure of technology companies, it is perhaps not surprising that the FTSE All Share poorly performed this quarter, returning -0.46%. The FTSE North America Index, which is made up of c. 35% technology companies returned +5.52%. Europe ex-UK returned +0.57%, Japan +2.97%, Asia Pacific -1.69%, and Emerging Markets -1.92%, all in sterling terms.

Overall, from a fixed income perspective, duration (sensitivity to the change in interest rates) let down most of the bond market, with modest losses over the quarter. As expected, the Federal Reserve hiked interest rates by 0.25% in May, taking the benchmark to between 5.00% and 5.25%. However, markets were dampened by Fed Chair Jerome Powell suggesting interest rate cuts might not happen as soon as investors had hoped and signalling further rate hikes are on the cards (the Fed is likely to raise rates by 0.25% on 26th July). The US 10-year treasury yield rose from 3.49% to 3.82% at the quarter's end.

In the UK, the FTSE All Stocks Index also performed negatively, contracting -5.42%. This followed the Bank of England hiking UK interest rates by a larger-than-expected 0.50% in June, taking the base rate to 5.00%, the highest in 15 years. There was some opportunity in taking some credit risk this quarter; UK corporate bonds outperformed gilts, returning -3.29% (measured by the iBoxx UK £ Corporate All Maturities Index) and global high yield bonds returned +1.31% (measured by ICE Bank of America Global High Yield Index, in GBP-hedged terms).

Following Sterling strength across all major global currencies last quarter, the pound has continued to be the best performing major currency. Over the last three months, Sterling strengthened +3.01% against the US Dollar, +2.22% against the Euro, +0.77% against the Swiss Franc, +11.94% against the Japanese Yen, and +8.36% against the Chinese Yuan, as Asian currencies typically lagged globally.

In the alternative space, there was broad-based weakness. Property, as measured by the Morningstar Global REITS Index, returned -2.81%, the HFRX Absolute Return index eked out a positive return of +0.17%, and Gold returned -5.79%. The traditional infrastructure investment trusts, HICL and INPP, returned -12.16% and -8.25% respectively, and the renewable infrastructure trust, TRIG, returned -6.70%.

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Market Outlook

Without the crest of interest rates in sight, and with the spectre of a recession looming, investors have been defensively positioned. However, those who were too pessimistic are faced with a particularly difficult dilemma. So far this year, the market has overcome the threat of the US debt ceiling potentially not being lifted, as well as the failure of several banks.

The global economy is also showing resilience; however, recession risks are much higher than in any given year. At a minimum, a marked slowdown in growth is highly likely. Output gaps have largely closed, and monetary policy is likely to remain tight. Weak growth or an outright recession would see inflation pressures moderate substantially, eventually leading to central bank rate cuts. Against that backdrop, we believe government bonds are a more attractive proposition.

While a position in government bonds will likely eventually contribute to positive portfolio performance, it's probably too early to expect a meaningful performance in bonds right away. While interest rate expectations may not move much higher, it would be surprising to see them move much lower anytime soon; US housing is showing resilience, as is the case in the UK, and the lack of pain in the most interest sensitive sector in the economy implies that central banks have more work to do. Meanwhile, as central banks continue to fiscally tighten, governments continue to issue more debt, and the private sector has a growing supply of government bonds to absorb.

Due to the uncertainties of a looming recession, the equity outlook does not look as appealing relative to cash. Given the fact that equities are higher risk, the relative attraction of cash over equities goes up more. We retain a fairly neutral position here, as well as in alternatives.

In all, conditions have not been perfect for investors and risks have remained; but, over time, many concerns have historically been overcome by the stock market, and its ability to finance great companies, jobs, and products while growing investors' savings. Investing will often feel like an emotional rollercoaster. There are times when future returns can be enhanced by taking a cautious approach. But with the market's historic resilience, excessive caution will eventually be regretted.

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Investment Philosophy

Our investment philosophy is based on the investment cycle, which looks at the interaction of growth and inflation as a proxy for economic capacity and hence provides a guide to the attractiveness of individual asset classes.

The dashboard below reflects our current positioning, which may be slightly different from the valuations where trading has taken place outwith the quarter.

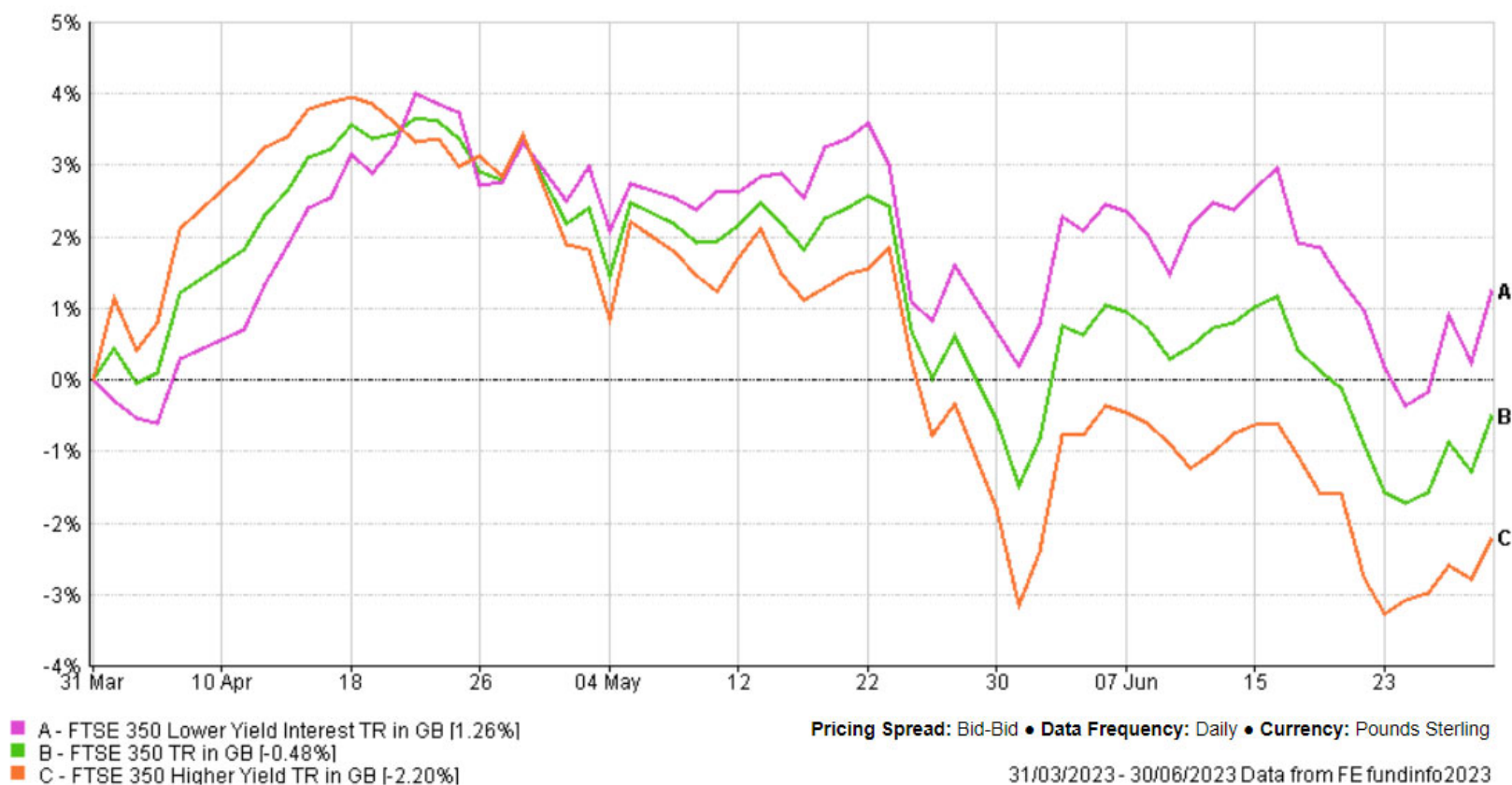
Asset Class	Very Underweight	Underweight	Neutral	Overweight	Very Overweight
Bonds					
Government Bonds					
Corporate Bonds					
Equities					
UK					
Overseas:					
North America					
Europe ex UK					
Japan					
Asia ex Japan					
Emerging Markets					
Alternatives					
Property					
Other Alternatives					
Cash					

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Income

This quarter was slightly negative for general performance in the UK. This quarter, **higher yielding** companies have underperformed both **lower yielding** ones and the **general market**, continuing trend from the previous quarter. The chart below covers **Q2 2023** and represents the FTSE 350 in the UK.

Over the quarter, equities were the major gaining asset class, heavily driven by technology and financial stocks, which returned +10.0% and +2.6% respectively in the UK. Commodities were the worst performing asset class this quarter, which led to some of the more commodity-focused sectors lagging, such as basic materials and energy, which returned -9.0% and -3.2% respectively in the UK. UK real estate also contracted -8.8% this quarter, contributing to the lag of higher yielding companies.



Income Report

The income yield is to be targeted at 3% of the portfolio value at the end of the previous financial year.

	Income Received/Forecast	Income Target
Year to 31/03/23	£119,748	£105,996
Year to 31/03/24 ^e	£110.083	£99,666

Activity Summary

In March, we reduced UK equities in favour of overseas equities, reflecting the strategic changes to the benchmark highlighted in the Q4 2022 report. In the process, we disposed of Antofagasta and GSK, and trimmed some positions. Also within the UK, we increased the position in consumer healthcare business Haleon, which our analysts favour following its demerger from GSK.

We used part of the proceeds to add to the US. We took the opportunity to trim the position in JPMorgan US Equity Income Fund and introduced BNY US Equity Income Fund. The BNY Mellon US Equity Income Fund seeks to balance dividend yield and dividend growth to maximize total return. The manager's preference is to buy companies trading with lower valuations than peers which can benefit from an acceleration in economic growth, complemented with stable, defensive companies to reduce downside risk during periods of weaker economic growth.

With the remaining proceeds, we added to other overseas holdings in Blackrock Continental European Income Fund, Jupiter Japan Income Fund and BNY Newton Asian Income Fund.

We reduced the portfolio's corporate bond exposure by selling Pimco Select UK Income Bond Fund, and took the opportunity to introduce Royal London Ethical Bond Fund. The Royal London fund invests primarily in sterling-denominated corporate bonds, which meet predetermined ethical criteria addressing alcohol, armaments, gambling, pornography, tobacco, human rights, animal testing and the environment, incorporating both negative and positive screens. Financial and ESG analysis both contribute heavily to the final stock selection and RLAM also undertakes proactive and well-established stewardship, engagement and proxy voting activities.

We slightly trimmed the positions in HICL Infrastructure Investment Trust and International Public Partnerships Investment Trust and with the proceeds available, we introduced a position in Vanguard US Government Bond Fund to maintain the income generated whilst reducing risk in the portfolio by increasing our allocation to government bonds.

In June, we slightly restructured the portfolio's exposure to infrastructure by trimming positions in International Public Partnerships and HICL Infrastructure and used the proceeds to introduce a new position in The Renewables Infrastructure Group (TRIG). TRIG offers exposure to renewable energy infrastructure (primarily wind and solar), a key area of the world's current and future power supply that should benefit from significant growth given external pressure on traditional fuels and the focus to become 'net zero'. As with other infrastructure trusts, TRIG offers inflation linked, long-term stable and attractive income streams.

Later in June, we reduced the portfolio's equity exposure following a favourable performance in equity markets generally to reduce risk in the portfolio. We therefore trimmed the position in BNY Newton Asian Income Fund. In the US, we split the large holding in Vanguard S&P500 ETF with the iShares S&P500 ETF to reduce the concentration in Vanguard, whilst slightly reducing the allocation to US equities in the process. We used part of the proceeds to add to positions in Blackrock Continental European Income Fund and JPMorgan Emerging Markets Income Fund to rebalance regional allocations.

We used the proceeds to introduce a position in Insight UK Government All Maturities Bond Fund to increase exposure to the fixed income sector. As the Bank of England has continued to raise base rates, the entry point for government bonds has become increasingly attractive.

Finally, given recent interest rate rises, we used part of the monies available on deposit to invest in the BlackRock Sterling Liquidity Fund, to improve the rate of return we are generating from the allocation to cash assets. The fund currently yields c. 4.75%.

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The Objectives of the Trustees

The objectives are to achieve a balanced return between income and capital, adopting a medium risk approach and complying with the Trustee Investment Acts.

Investment criteria

In managing the investments and making or varying the investments, the managers are expected to work within the following criteria:

General

Expected return: The Trustees recognise that the average long run (15 year) anticipated total return from a Brewin Dolphin Risk Category 6 portfolio is 7.5% per annum.

Operational Risk: The Charity is a going concern without input from the investment funds. The operational risk of the funds is linked to the amount of income payable to the beneficiaries. Consequently, inflation is the principal operational risk.

Time scale: The Trustees consider the funds to be long-term investment funds.

Financial Risk: The Trustees recognise that financial assets are volatile and that their value can go down as well as up. The Brewin Risk Measure for a Brewin Dolphin Risk Category 6 portfolio falls between 9% and 15%.

Diversification: The Trustees recognise the need for diversification of the investments to remove stock specific risk.

Specific

Ethical Policy: As Corporate Trustee, Powys Teaching Health Board, in line with the ethos of promoting Patient care, will attempt to consider that all investments are ethically and environmentally sound and are not opposed to the purpose of the Charity. See Statement of Investment Policy for further details.

Income: Income yield is to be targeted at c. 3% per annum.

Cashflows: The Trustees do not anticipate any cashflow requirements in the near future.

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Acceptable Investments

The Trustees understand the nature of the financial markets and are comfortable with investments in the following asset classes:

- Bonds (Government, corporate, domestic and overseas)
- Equities (Domestic and overseas, including the Emerging Markets)
- Cash
- Property equities or funds (no direct property investment)
- Collective Investment Schemes
 - Unit Trusts
 - OEICs
 - Investment Trusts
 - Commodity Funds
- Alternative Investments
 - Hedge Funds
 - Absolute Return Funds
 - Structured Products
 - Private Equity Funds
 - Infrastructure Funds

Others – The above assets should be considered as the principal elements of the portfolios. The Trustees welcome advice in other areas and encourage the Investment Managers to bring forward ideas with regard to other asset classes when appropriate.

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Benchmark

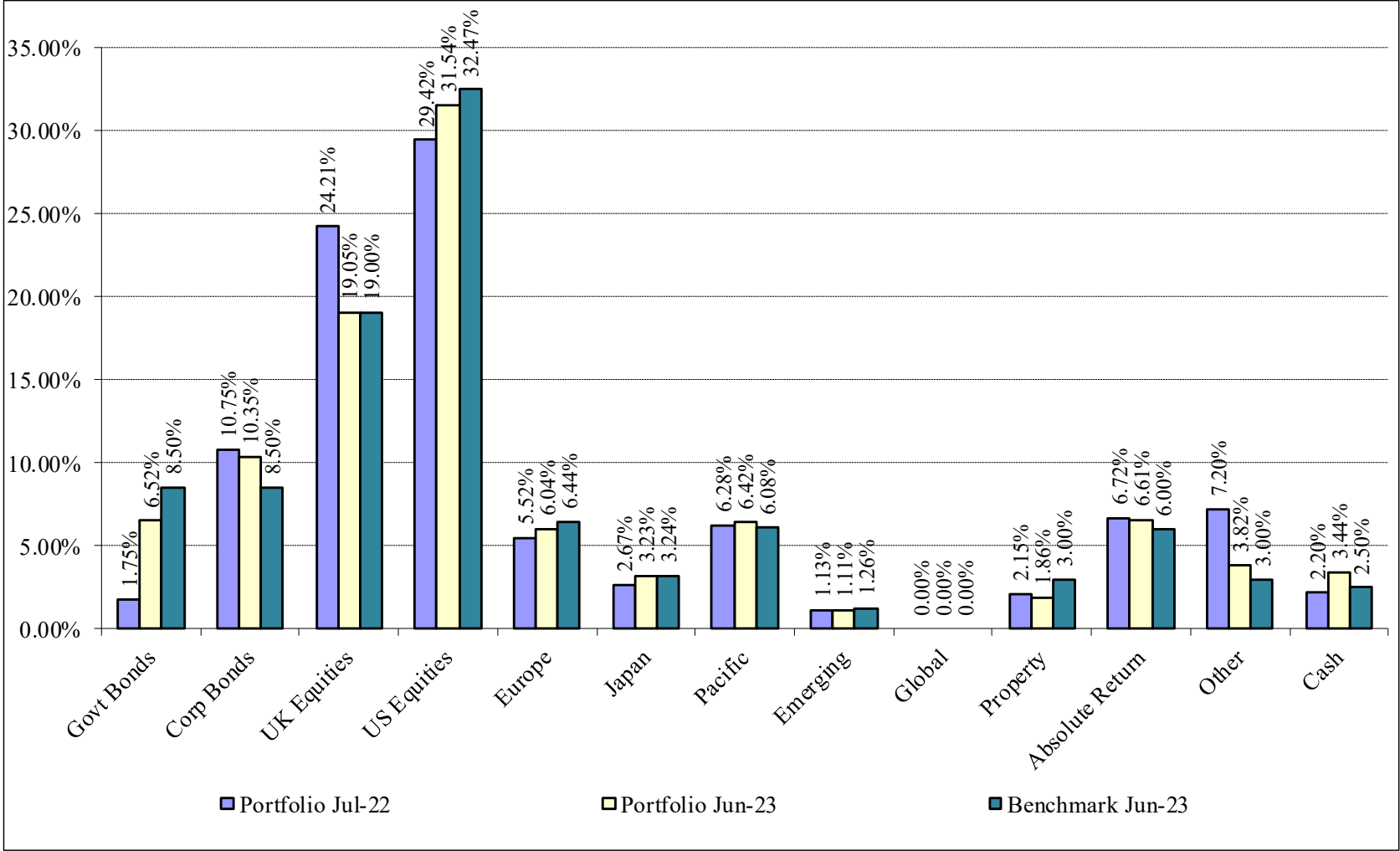
The Fund’s benchmark is as follows:

	Benchmark Composition	Portfolio
Bonds	17.00%	17.29%
UK Equities	19.00%	18.66%
Overseas Equities	49.50%	48.59%
Property	3.00%	1.87%
Absolute Return	6.00%	6.53%
Other	3.00%	3.53%
Cash	2.50%	3.52%

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Fund Statistics

Asset Allocation Analysis



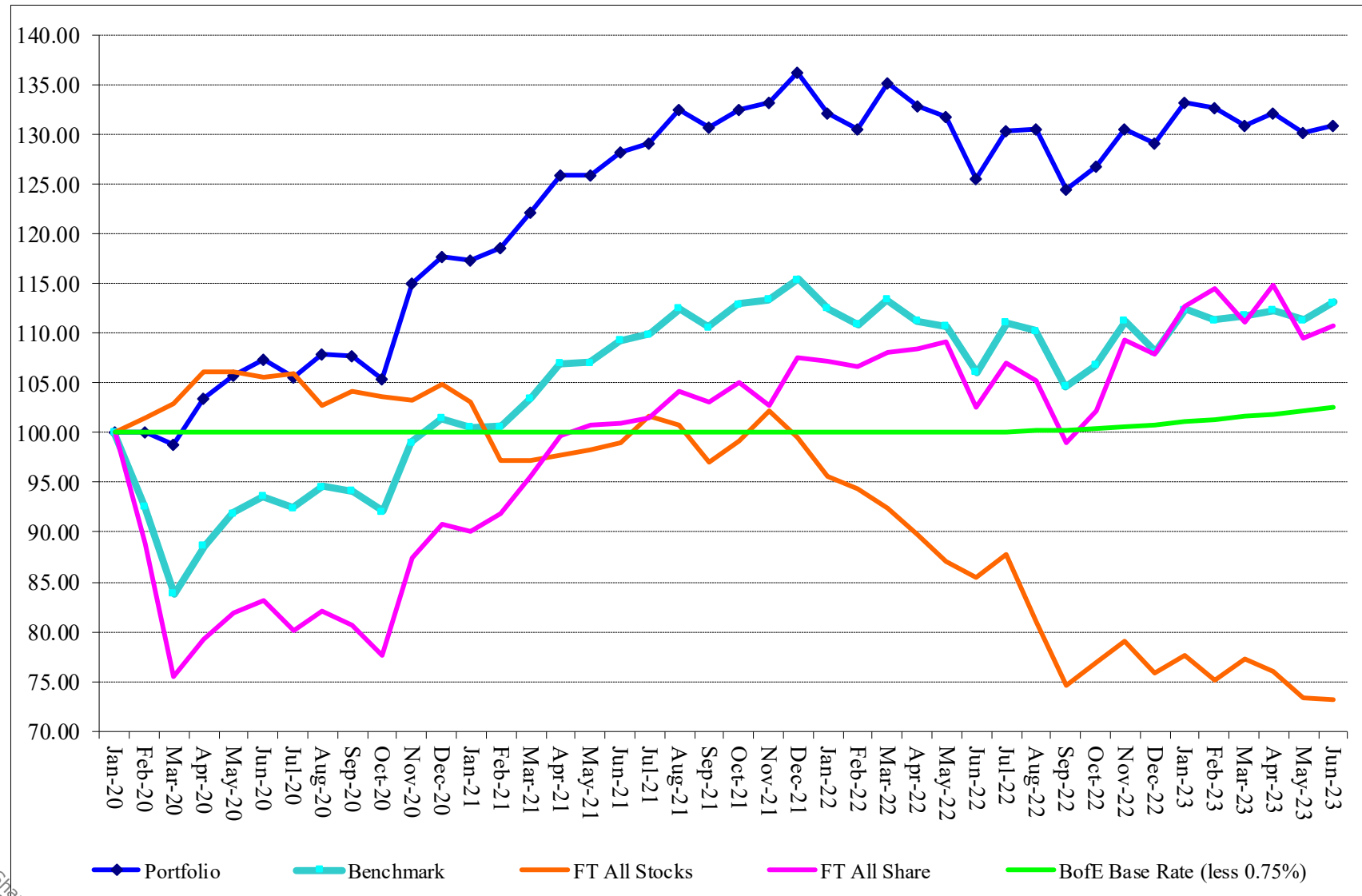
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Asset Allocation Analysis to 30 June 2023

	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23
Govt Bonds	1.75%	1.76%	1.72%	2.51%	4.88%	5.04%	5.03%	4.94%	5.90%	6.34%	6.28%	6.52%
Corp Bonds	10.75%	10.75%	10.39%	10.18%	10.11%	10.17%	10.17%	10.23%	10.13%	10.43%	10.44%	10.35%
O'seas Debt	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
UK Equities	24.21%	23.94%	23.48%	23.16%	23.67%	24.55%	24.70%	25.02%	19.94%	19.14%	19.70%	19.05%
US Equities	29.42%	30.03%	30.81%	31.29%	30.33%	29.21%	28.67%	28.22%	31.46%	31.32%	31.19%	31.54%
Europe	5.52%	5.63%	5.52%	5.43%	4.59%	4.68%	4.81%	4.85%	5.74%	5.75%	5.90%	6.04%
Japan	2.67%	2.75%	2.75%	2.78%	2.70%	2.77%	2.81%	2.85%	3.08%	3.15%	3.10%	3.23%
Pacific	6.28%	6.09%	6.32%	6.31%	5.81%	6.18%	6.22%	6.27%	6.50%	6.54%	6.42%	6.42%
Emerging	1.13%	1.06%	1.07%	1.07%	0.98%	1.05%	1.07%	1.10%	1.07%	1.09%	1.07%	1.11%
Global	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Property	2.15%	2.23%	2.20%	2.07%	2.03%	2.01%	2.00%	2.03%	2.01%	1.87%	1.90%	1.86%
Absolute Return	6.72%	6.56%	6.52%	6.67%	6.56%	6.49%	6.57%	6.48%	6.43%	6.57%	6.56%	6.61%
Other	7.20%	6.98%	7.00%	6.86%	6.77%	6.58%	6.72%	6.56%	4.17%	3.97%	3.96%	3.82%
Cash	2.20%	2.22%	2.22%	1.67%	1.58%	1.27%	1.24%	1.45%	3.58%	3.85%	3.47%	3.44%
Total	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%

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Fund Performance



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Performance Analysis - Summary to 30 June 2023

	Monthly	Quarterly	Six Monthly	Annual	3 Yearly	Inception 20/02/2020
Portfolio	0.58%	0.12%	1.42%	4.37%	21.88%	30.96%
<i>Benchmark</i>	<i>1.62%</i>	<i>1.17%</i>	<i>4.60%</i>	<i>6.60%</i>	<i>20.84%</i>	<i>13.10%</i>
Govt Bonds	-1.19%	-3.10%	-0.84%	-6.56%	-13.56%	-11.88%
<i>FT All Stocks</i>	<i>-0.41%</i>	<i>-5.42%</i>	<i>-3.49%</i>	<i>-14.46%</i>	<i>-30.70%</i>	<i>-26.88%</i>
Corp Bonds	-0.98%	-2.38%	0.51%	-1.75%	-11.74%	-9.14%
<i>iBoxx UK Sterling Corp All Mats</i>	<i>-1.23%</i>	<i>-3.29%</i>	<i>-1.05%</i>	<i>-6.14%</i>	<i>-17.45%</i>	<i>-17.40%</i>
UK	-0.62%	-1.37%	2.00%	8.09%	42.08%	79.33%
<i>FT All Share</i>	<i>0.99%</i>	<i>-0.46%</i>	<i>2.61%</i>	<i>7.89%</i>	<i>33.19%</i>	<i>10.67%</i>
US	3.28%	3.55%	2.56%	7.22%	35.09%	43.61%
<i>FT North America</i>	<i>3.89%</i>	<i>5.52%</i>	<i>10.43%</i>	<i>13.68%</i>	<i>44.13%</i>	<i>39.07%</i>
Europe	0.19%	0.75%	6.62%	15.45%	23.55%	33.51%
<i>FT Euro ex UK</i>	<i>2.41%</i>	<i>0.57%</i>	<i>9.26%</i>	<i>19.64%</i>	<i>32.15%</i>	<i>25.22%</i>
Japan	-0.15%	1.23%	4.08%	11.69%	13.38%	27.62%
<i>FT Japan</i>	<i>1.33%</i>	<i>2.97%</i>	<i>6.38%</i>	<i>12.58%</i>	<i>15.36%</i>	<i>18.14%</i>
Pacific	0.11%	0.01%	0.32%	3.07%	23.10%	24.20%
<i>FT Pac ex Japan</i>	<i>-0.13%</i>	<i>-1.69%</i>	<i>0.94%</i>	<i>4.01%</i>	<i>25.19%</i>	<i>20.34%</i>
Emerging	1.84%	-0.68%	3.21%	1.72%	20.90%	15.61%
<i>FT Emerging</i>	<i>1.62%</i>	<i>-1.92%</i>	<i>-1.72%</i>	<i>-3.19%</i>	<i>7.95%</i>	<i>2.93%</i>
Property	0.99%	-0.57%	-4.82%	-8.67%	7.42%	2.25%
<i>Morningstar Global REITS</i>	<i>0.96%</i>	<i>-2.81%</i>	<i>-4.58%</i>	<i>-9.97%</i>	<i>6.16%</i>	<i>2.08%</i>
Absolute Return	0.28%	0.36%	2.58%	3.19%	4.07%	0.34%
<i>HFRX Absolute Return</i>	<i>0.79%</i>	<i>0.29%</i>	<i>0.00%</i>	<i>1.37%</i>	<i>7.14%</i>	<i>1.07%</i>
Other	-6.21%	-9.65%	-13.77%	-16.66%	-9.08%	1.85%
Cash	0.20%	0.53%	0.87%	0.87%	0.87%	0.87%
<i>BofE Base Rate (less 0.75%)</i>	<i>0.35%</i>	<i>0.94%</i>	<i>1.73%</i>	<i>2.54%</i>	<i>2.60%</i>	<i>2.60%</i>

From Q3 2022, we have changed the benchmark indices for the Property and Absolute Return sectors to Morningstar Global REITS and HFRX Absolute Return respectively, to reflect the underlying indices used in our performance benchmarks effective 1st January 2021. For periods extending beyond this date, the performance is based on a composite benchmark where the IA UK Direct Property and IMA Targeted Absolute Return indices are used pre-1st January 2021.



POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND

For the period from 01/04/2023 to 30/06/2023
Generated on 12/07/2023

PORTFOLIO INFORMATION

Portfolio Number	POWYS0004
Service Category	Discretionary
Risk Profile	Risk Level 6
Investment Strategy	Income
PRC6 Code	651651

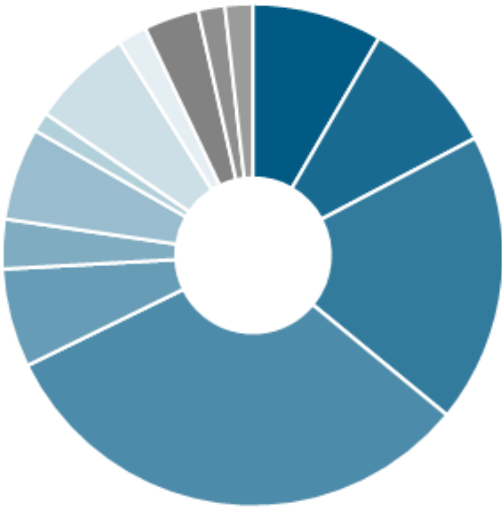
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Asset Allocation

Asset Allocation



Asset Allocation	Market Value at 30/06/2023	% of Holdings
UK Bonds	277,001.61	8.38
Overseas Bonds	294,647.16	8.91
UK Equities	617,001.76	18.66
North American Equities	1,051,996.12	31.82
European Equities	209,922.11	6.35
Japanese Equities	105,694.28	3.20
Asia Pacific Equities	196,950.45	5.96
Emerging Market Equities	41,911.14	1.27
Absolute Return	215,936.85	6.53
Property	61,693.53	1.87
Other Investments	116,852.44	3.53
Cash Product	57,000.00	1.72
Cash	59,459.76	1.80
TOTAL	3,306,067.21	100.00

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Valuation report for POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND
For the period from 01/04/2023 to 30/06/2023
All values and returns reported in British Pounds
Valuations as at today use the previous trading day's closing prices.
For backdated valuations prices are at the period end date.

Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
UK Bonds									
Government Bonds									
41,360	INSIGHT INV DISCRETIONARY FDS ICVC INSIGHT INV UK GOVT ALL MATRITS BD GRS P	POWYS0004	0.7838 GBP		32,649.58	32,417.97	761.93	2.35	0.98
63,360 GBP	UNITED KINGDOM(GOVERNMENT OF) 4.125% BDS 29/01/2027 GBP1000	POWYS0004	96.48 %	1,103.52	64,810.31	62,233.25	2,613.60	4.28	1.88
46,060 GBP	UNITED KINGDOM(GOVERNMENT OF) 5% SNR BDS 07/03/2025 GBP1000	POWYS0004	99.54 %	723.62	47,036.47	46,571.74	2,303.00	5.02	1.41
Corporate Bond Funds									
695	TWENTYFOUR INVESTMENT FUNDS CORPORATE BOND I GBP DIS	POWYS0004	78.71 GBP		72,551.79	54,703.45	2,127.52	3.89	1.65
Open Ended Collectives									
86,730	ROYAL LONDON BOND FUNDS II ICVC ROYAL LONDON ETHICAL BOND Z GBP DIS	POWYS0004	0.9348 GBP		83,737.82	81,075.20	3,184.99	3.93	2.45
Sub Total UK Bonds				1,827.14	300,785.97	277,001.61	10,991.04	3.99	8.38

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Valuation report for POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND
For the period from 01/04/2023 to 30/06/2023
All values and returns reported in British Pounds
Valuations as at today use the previous trading day's closing prices.
For backdated valuations prices are at the period end date.

Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
Overseas Bonds									
Government Bonds									
490	VANGUARD INVESTMENT SERIES PLC VANGUARD U S GOVT BOND IDX GBP HGD DIS	POWYS0004	88.1074 GBP		43,115.44	43,172.63	958.71	2.22	1.31
Index Linked Bonds									
2,240	XTRACKERS II GBL INFLT LKD BD UETF 3D GBP H D	POWYS0004	23.875 GBP		62,038.36	53,480.00	420.22	0.79	1.62
Corporate Bond Funds									
222,275	JANUS HENDERSON FUND MGMT UK LTD JANUS HEND FXD INT MTHLY INC GQ GBP DIS	POWYS0004	0.4547 GBP		132,053.36	101,068.44	5,000.30	4.95	3.06
120,435	JUPITER UNIT TRUST MANAGERS LTD JUPITER STRATEGIC BOND X GBP DIS	POWYS0004	0.8048 GBP		121,683.51	96,926.09	4,993.96	5.15	2.93
Sub Total Overseas Bonds					358,890.67	294,647.16	11,373.19	3.86	8.91

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Valuation report for POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND
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Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
UK Equities									
Oil, Gas and Coal									
6,810	BP ORD USD0.25	POWYS0004	4.5835 GBP		22,835.97	31,213.64	1,427.93	4.57	0.94
1,485	SHELL PLC ORD EUR0.07	POWYS0004	23.425 GBP		15,625.70	34,786.13	1,255.66	3.61	1.05
Chemicals									
290	CRODA INTERNATIONAL ORD GBP0.10609756	POWYS0004	56.26 GBP		12,867.80	16,315.40	313.20	1.92	0.49
Industrial Metals and Mining									
540	RIO TINTO ORD GBP0.10	POWYS0004	49.855 GBP		16,320.76	26,921.70	2,197.69	8.16	0.81
Industrial Support Services									
345	ASSTEAD GROUP ORD GBP0.10	POWYS0004	54.44 GBP		6,179.09	18,781.80	271.37	1.44	0.57
Pharmaceuticals & Biotechnology									
294	ASTRAZENECA ORD USD0.25	POWYS0004	112.76 GBP		21,393.44	33,151.44	703.25	2.12	1.00
11,790	HALEON PLC ORD GBP0.01	POWYS0004	3.2225 GBP		35,726.03	37,993.28	282.96	0.74	1.15
Media									
755	RELX PLC GBP0.1444	POWYS0004	26.21 GBP		13,504.21	19,788.55	412.23	2.08	0.60
Gas, Water & Multiutilities									
4,495	NATIONAL GRID ORD GBP0.12431289	POWYS0004	10.405 GBP		41,060.11	46,770.48	2,492.03	5.33	1.41

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UK Equities									
Banks									
16,920	BARCLAYS PLC ORD GBP0.25	POWYS0004	1.5338 GBP		26,453.73	25,951.90	1,226.70	4.73	0.78
Non-Life Insurance									
2,155	ADMIRAL GROUP ORD GBP0.001	POWYS0004	20.82 GBP		46,509.12	44,867.10	3,383.35	7.54	1.36
Life Insurance									
16,545	LEGAL & GENERAL GROUP ORD GBP0.025	POWYS0004	2.273 GBP		32,263.54	37,606.79	3,204.77	8.52	1.14
2,800	ST JAMES'S PLACE ORD GBP0.15	POWYS0004	10.875 GBP		26,516.55	30,450.00	1,477.84	4.85	0.92
Investment Banking and Brokerage Services									
18,660	M&G PLC ORD GBP0.05	POWYS0004	1.914 GBP		27,384.55	35,715.24	3,657.36	10.24	1.08
Open End and Miscellaneous Investment Vehicles									
11,245	ISHARES CORE FTSE100 UCITS ETF GBP DIS	POWYS0004	7.342 GBP		68,603.30	82,560.79	3,202.58	3.88	2.50
Open Ended Collectives									
39,100	LINK FUND SOLUTIONS LTD GRESHAM HS UK MUL CAP F INC	POWYS0004	1.2757 GBP		53,959.39	49,879.87	2,052.28	4.11	1.51
26,385	PREMIER MITON INVESTMENT FUNDS 3 PREM MITON UK MULTI CAP INC B INSTL DIS	POWYS0004	1.677 GBP		41,822.34	44,247.65	2,258.00	5.10	1.34
Sub Total UK Equities					509,025.63	617,001.76	29,819.20	4.83	18.66

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Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
North American Equities									
Open End and Miscellaneous Investment Vehicles									
4,185	ISHARES CORE S&P 500 UCITS ETF USD (DIST)	POWYS0004	34.91125 GBP		141,997.05	146,103.58	1,881.26	1.29	4.42
2,195	VANGUARD FUNDS PLC S&P 500 UCITS ETF USD DIS	POWYS0004	66.3104 GBP		95,979.91	145,551.33	1,871.89	1.29	4.40
Open Ended Collectives									
5,465	BAILLIE GIFFORD OSEAS GTH FDS ICVC BAILLIE GIFFORD AMERICAN FUND W1 DIS	POWYS0004	10.89 GBP		93,270.70	59,513.85	0.00	0.00	1.80
143,410	BNY MELLON INVESTMENT FUNDS BNY MELLON US EQUITY INCOME FUND F DIS	POWYS0004	1.5046 GBP		229,066.56	215,774.69	5,627.44	2.61	6.53
38,735	FIDELITY UCITS ICAV US QUALITY INCOME UCITS ETF INC USD	POWYS0004	6.95125 GBP		220,312.29	269,256.67	5,880.36	2.18	8.14
147,000	JPMORGAN FUND ICVC JPM US EQUITY INCOME C2 GBP NET DIS	POWYS0004	1.468 GBP		156,651.01	215,796.00	5,336.10	2.47	6.53
Sub Total North American Equities					937,277.52	1,051,996.12	20,597.05	1.96	31.82
European Equities									
Open Ended Collectives									
117,870	BLACKROCK FUND MANAGERS LTD BLACKROCK CONTINENTAL EUROPEAN INC D DIS	POWYS0004	1.780963 GBP		185,305.19	209,922.11	8,394.84	4.00	6.35
Sub Total European Equities					185,305.19	209,922.11	8,394.84	4.00	6.35

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Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
Japanese Equities									
Open Ended Collectives									
96,905	JUPITER UNIT TRUST MANAGERS LTD JUPITER JAPAN INCOME U2 GBP DIS	POWYS0004	1.0907 GBP		91,263.19	105,694.28	2,531.45	2.40	3.20
Sub Total Japanese Equities					91,263.19	105,694.28	2,531.45	2.40	3.20
Asia Pacific Equities									
Open Ended Collectives									
174,865	BNY MELLON INVESTMENT FUNDS BNY MELLON ASIAN INCOME FUND U DIS	POWYS0004	1.1263 GBP		177,754.68	196,950.45	8,082.37	4.10	5.96
Sub Total Asia Pacific Equities					177,754.68	196,950.45	8,082.37	4.10	5.96
Emerging Market Equities									
Open Ended Collectives									
63,850	JPMORGAN FUND ICVC JPM EMERGING MARKETS INCOME C NET DIS	POWYS0004	0.6564 GBP		38,968.60	41,911.14	1,749.49	4.17	1.27
Sub Total Emerging Market Equities					38,968.60	41,911.14	1,749.49	4.17	1.27

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Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
Absolute Return									
Corporate Bond Funds									
82,870	ARTEMIS FUNDS (LUX) SHT DATED GBL HIG YLD BD FI GBP	POWYS0004	0.8814 GBP		77,423.07	73,041.62	4,337.50	5.94	2.21
70,209.871	BNY MELLON INVESTMENT FUNDS BNY MLN GBL DYNM BD NEWTON INSTL 3 DIS	POWYS0004	0.8795 GBP		69,914.58	61,749.58	2,290.67	3.71	1.87
885	MUZINICH & CO IRELAND LIMITED MUZINICH GBL TACTICAL CRED G GBP H DIS	POWYS0004	91.69 GBP		86,676.90	81,145.65	2,231.88	2.75	2.45
Sub Total Absolute Return					234,014.55	215,936.85	8,860.05	4.10	6.53
Property									
Closed Ended Collectives									
37,980	BLACKROCK FUND MANAGERS LTD BR CIF ISHS ENV & LOW CAR TILT R/EST IDX	POWYS0004	1.624369 GBP		60,633.09	61,693.53	1,905.59	3.09	1.87
Sub Total Property					60,633.09	61,693.53	1,905.59	3.09	1.87
Other Investments									
Infrastructure Inv Trust									
28,910	HICL INFRASTRUCTURE PLC ORD GBP0.0001	POWYS0004	1.342 GBP		48,226.62	38,797.22	2,385.08	6.15	1.17
29,780	INTERNATIONAL PUBLIC PARTNERSHIP ORD GBP0.0001	POWYS0004	1.294 GBP		47,853.27	38,535.32	2,361.55	6.13	1.17
34,425	THE RENEWABLES INFRASTRUCTURE GRP ORD NPV	POWYS0004	1.148 GBP		41,586.40	39,519.90	2,383.93	6.03	1.20
Sub Total Other Investments					137,666.29	116,852.44	7,130.56	6.10	3.53

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Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
Cash Product									
Open Ended Collectives									
57,000	INSTITUTIONAL CASH SERIES PLC BLACKROCK ICS STG LQ ENR AWR PREMIER GBP	POWYS0004	1 GBP		57,000.00	57,000.00	2,707.50	4.75	1.72
Sub Total Cash Product					57,000.00	57,000.00	2,707.50	4.75	1.72
Cash									
Cash									
14,974.47 GBP	Capital	POWYS0004		0.00	14,974.47	14,974.47			0.45
0 GBP	Dealing	POWYS0004		0.00	0.00	0.00			0.00
11,562.99 GBP	Dividends Pending	POWYS0004		0.00	11,562.99	11,562.99			0.35
32,922.3 GBP	Income	POWYS0004		0.00	32,922.30	32,922.30			1.00
0 SEK	Dividends Pending	POWYS0004		0.00	0.00	0.00			0.00
0 USD	Dividends Pending	POWYS0004		0.00	0.00	0.00			0.00
Sub Total Cash				0.00	59,459.76	59,459.76			1.80
TOTAL IN GBP				1,827.14	3,148,045.14	3,306,067.21	114,142.33	3.45	100.00

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Transaction Details (from 01/04/2023 to 30/06/2023)

POWYS0004

Date	Transaction	Quantity	Security Name	Price	Net Amount
POWYS0004					
31/05/2023	Dividend Cash Book Cost Adjustment	0.00	BNY MELLON INVESTMENT FUNDS BNY MELLON US EQUITY INCOME FUND F DIS		834.01
31/05/2023	Dividend Cash Book Cost Adjustment	0.00	BNY MELLON INVESTMENT FUNDS BNY MELLON ASIAN INCOME FUND U DIS		28.59
05/06/2023	Sell	16,090.00	INTERNATIONAL PUBLIC PARTNERSHIP ORD GBP0.0001	1.38 GBP	22,215.43
05/06/2023	Buy	34,425.00	THE RENEWABLES INFRASTRUCTURE GRP ORD NPV	1.21 GBP	-41,586.40
06/06/2023	Sell	13,275.00	HICL INFRASTRUCTURE PLC ORD GBP0.0001	1.44 GBP	19,158.17
22/06/2023	Sell	2,510.00	VANGUARD FUNDS PLC S&P 500 UCITS ETF USD DIS	64.51 GBP	161,920.10
22/06/2023	Sell	16,380.00	BNY MELLON INVESTMENT FUNDS BNY MELLON ASIAN INCOME FUND U DIS	1.12 GBP	18,419.31
22/06/2023	Buy	13,145.00	BLACKROCK FUND MANAGERS LTD BLACKROCK CONTINENTAL EUROPEAN INC D DIS	1.75 GBP	-22,942.28
22/06/2023	Buy	4,185.00	ISHARES CORE S&P 500 UCITS ETF USD (DIST)	33.93 GBP	-141,997.05
23/06/2023	Buy	9,580.00	JPMORGAN FUND ICVC JPM EMERGING MARKETS INCOME C NET DIS	0.65 GBP	-6,247.12
23/06/2023	Buy	41,360.00	INSIGHT INV DISCRETIONARY FDS ICVC INSIGHT INV UK GOVT ALL MATRITS BD GRS P	0.79 GBP	-32,649.58
27/06/2023	Buy	57,000.00	INSTITUTIONAL CASH SERIES PLC BLACKROCK ICS STG LQ ENR AWR PREMIER GBP	1.00 GBP	-57,000.00

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Elusen Iechyd Powys
Powys Health Charity

NHS 75 GRANT SCHEME

Charitable Funds Committee

18th September 2023

Agenda item: 4.2



NHS 75 GRANT SCHEME OUTLINE



Elusen Iechyd Powys
Powys Health Charity

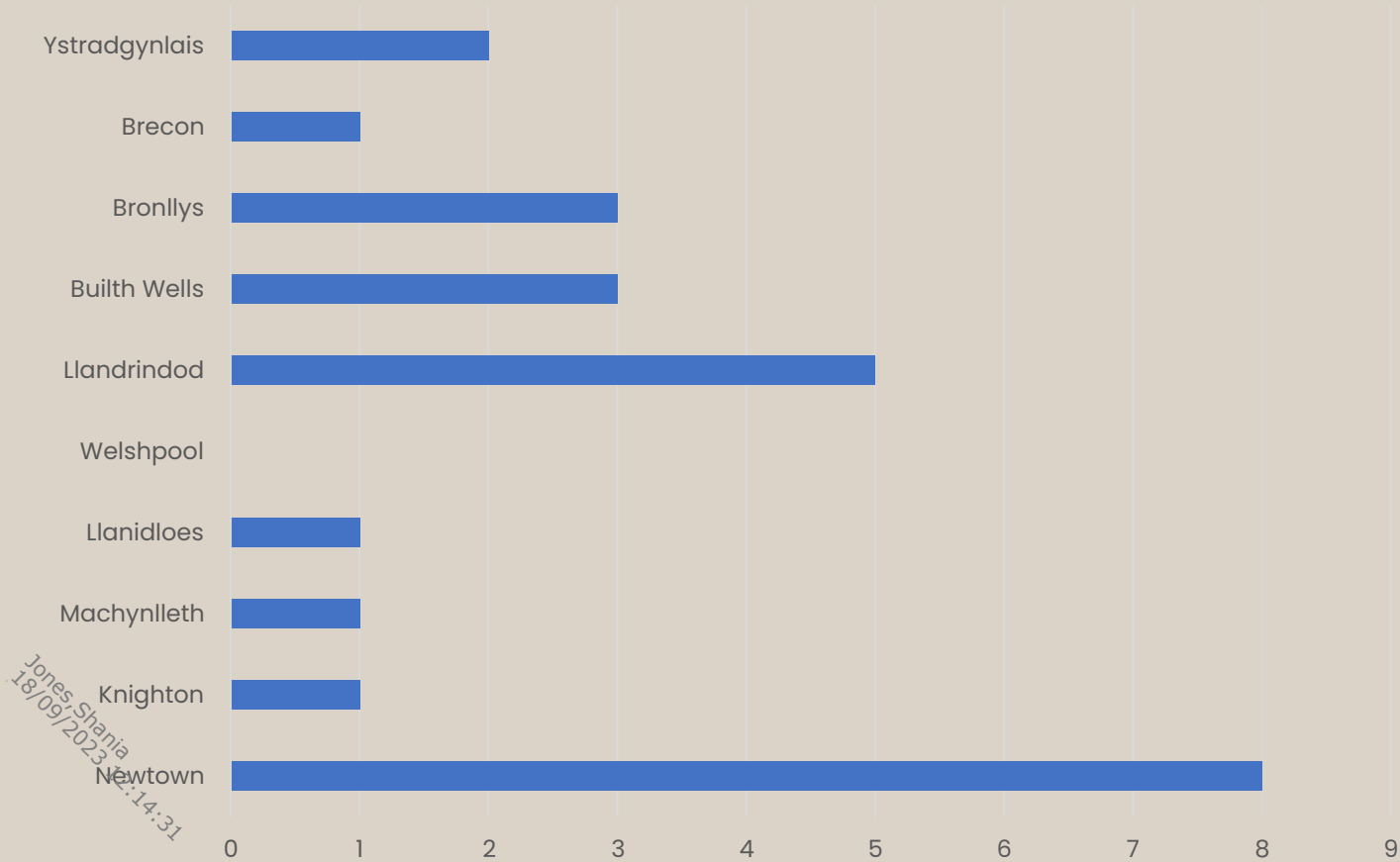
- To mark the NHS' 75th Birthday, we established a new small grant scheme for staff to host their own NHS 75 events/activities for colleagues, patients or the community. The scheme would form part of the Charity's programme of support for staff wellbeing.
- A total of 45 applications were received and 43 were approved. Some applications were for multiple events/activities.
- As of September, the Charity team has received feedback from 25 projects and events via a forms survey (<https://forms.office.com/e/3ewmNEgFFu>)
- 4 events/projects will no longer be taking place due to lack of numbers or due to difficulties finding a suitable date.
- 3 events/projects have not taken place as of 8th September. However, all events that are going ahead should have taken place by the end of September.
- At a maximum award of £300 per application, the cost of supporting the entire scheme was £12,900 (although the final figure will be below this). This was split across a number of local funds and some general purposes funding.

Jones Shania
18/09/2023 12:14:16

NHS 75 GRANT SCHEME

LOCATION

Location



Location breakdown



Majority of events took place in North Powys, however, there is little difference between the three divisions of Powys.

Jones Shania
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* These graphs do not include events that have not yet taken place or the events we have not received feedback from.



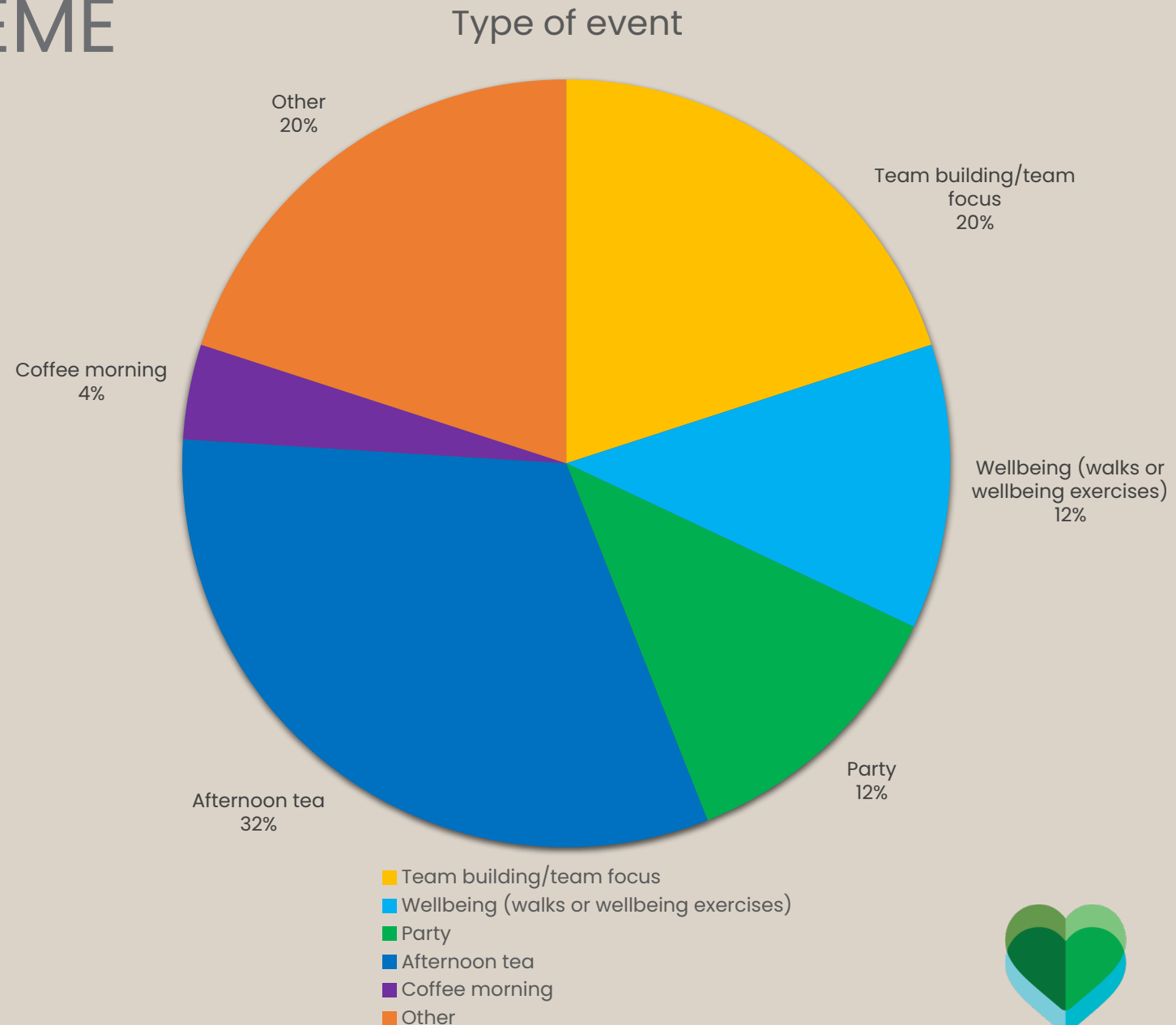
NHS 75 GRANT SCHEME

TYPE OF EVENT

- 4 events took place in June
- 21 events took place in July
- 14 events took place during the week of the NHS 75th birthday in July.

Other events/activities included:

- Post box toppers in North / Mid / South Powys
- Creation of a mural at Brecon hospital



GENERAL FEEDBACK



Elusen Iechyd Powys
Powys Health Charity

These are the most common statements made in the survey.

Positive

- It encouraged teamwork (organisation between different teams and services)
- Opportunity to engage with patients on a non-clinical level
- Easy to apply

Negative

- It was difficult to know how many people would attend
- Finding appropriate space which would accommodate large gatherings
- It was difficult to anticipate how many people to cater for

Jones Shania
18/09/2023 12:14

FEEDBACK FROM THE TEAM



Elusen Iechyd Powys
Powys Health Charity

This feedback includes comments and discussion points raised by the Charity and Finance teams.

- Finance team was able to manage a large number of applications in a short space of time.
- There was a quick turnaround between the scheme's launch, projects approvals and implementation.
- Many participants had queries regarding payments. This resulted in the finance team recommending a successful new grant payment framework to make the process easier to manage for participants.
- The scheme helped raise awareness of the Charity across the Health Board.
- Many staff found the grant scheme and the activities through word of mouth.

Jones Shania
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FEEDBACK FOR FUTURE SCHEMES



Elusen Iechyd Powys
Powys Health Charity

If the Charity was to host a similar scheme in the future, we would consider the following elements:

- A set allocation for the scheme (e.g. no more than a selected number of applications or funding)
- The Charity team would seek a level of approval in advance (present a plan to Committee prior to the launch to ensure that an appropriate level of funding is available), this will also help to provide more time for planning and administration.
- Utilise the framework and guidelines developed during the grant scheme process as it has already proved successful.
- Provide a more structured approach to the events and activities that can be undertaken using the scheme, categorising them against Charity priorities for staff support, patient wellbeing and community engagement.

Jones Shania
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COMMENTS FROM PROJECT LEADS



Elusen Iechyd Powys
Powys Health Charity

‘Sense of unity within the building for several different services. We don't spend a lot of time socializing with each other, but this was a lovely opportunity to get to know each other better.’

**Joanne Smith – Administrator,
Psychology**

‘We were able to have a team bonding session and spend some time getting to know our new team members.’

**Rhiannon Hughes – Information
Governance**

‘We all felt that our celebration became a team wellbeing session.’

**Donna Ensor – Quality &
Governance Support Office**

‘They must have enjoyed it, as we have been contacted by GP practices since asking if we are going to hold another one.’

**Kimberley Lewis – Specialised
Respiratory Physiologist**

Jones Shania
18/09/2023 14:14:31

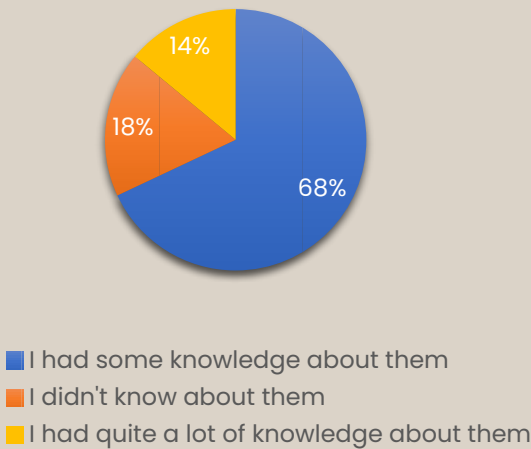
CHARITY EXPOSURE

The grant scheme helped to improve the Charity’s overall presence within the Health Board through engagement with a wide variety of teams and hospitals.

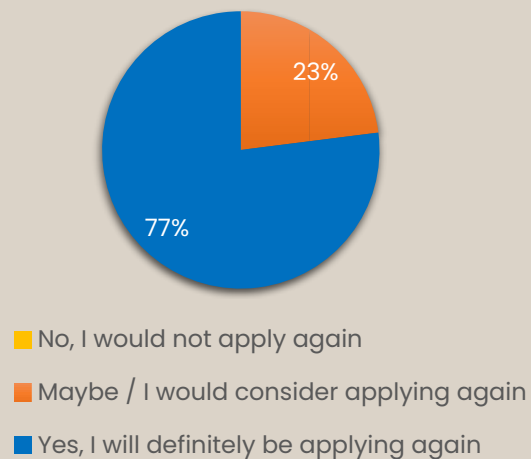
When asked, 18% didn’t know anything about the Charity prior to taking part in the scheme. After the grant scheme, we were pleased to find out that all participates said they would consider applying for Charitable Funds again. 77% of responses claimed that they would *definitely be applying again*.

Hosting a similar scheme in the future should be considered after seeing the relatively large positive impact it had on patients and staff for small financial cost. The resource and opportunity cost can also be further improved.

How much did you know about Charitable Funds before hearing about the NHS 75 grant scheme?



Would you consider applying for Charitable funds again?



PTHB Charity Project Evaluation Form

All projects funded by PTHB Charity are of great importance to us and we are grateful that you have taken the time to complete the project evaluation form.

The information you have provided will be used to gain a better understanding in order to help improve our funding process and provide better support to applicants. The project evaluation form is not to judge projects but to gather all information, whether positive or negative.

SECTION 1: To be completed by project lead.

Name of project:	Funding for Research Midwife Role		
Your Name:	Shelly Higgins		
Role within the Project:	Lead		
Project start date:	July 2021	Project end date:	July 2023
1. What were the project objectives? Do you feel you were able to meet those objectives?			
<p>The original bid sought support for implementation of a research midwife in PTHB. A specific work plan was developed that aimed to meet the following objectives over 2 years:</p> <ul style="list-style-type: none"> Focus on building midwifery research portfolio To be the key person in the ABA-Feed trial with the Birmingham Trials Unit To shadow Heather Strange – Researcher at Cardiff University for the NEPTUNE study To embed a research culture within maternity and W&C Services Identify opportunities for PTHB to be a site for midwifery research To follow the research protocols for studies and ensure good governance is in place Identify opportunities to conduct primary research in PTHB and pursue development of small-scale study Link with RDCS as required Attend specific training courses in qualitative research methods Be part of All Wales research forum Develop and maintain links with research and innovation hub Explore sub-site options for obstetric trials Lead and be involved in audit Dissemination of findings 			

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Progress during Year 1 – July 2021-July 2022

Previously reported progress:

- Presentations of research to midwifery students at Bangor University and University of South Wales to promote midwifery research as a career.
- Initiation of a networking group of research midwives across Wales which now includes midwives from all health boards who meet virtually every 2 months to discuss studies, successes, and issues, and identify any upcoming trials that may be of interest or for potential participation. The Wales lead for Midwifery Research, Professor Julia Sanders, is also an attendee.
- The research midwife has shared midwifery research with colleagues through the Powys RCM facebook page, twitter account and weekly briefings in order to promote the evolving evidence base for midwifery care. Verbal research updates are also a standing agenda item at the midwifery team meetings which are held on alternate months.
- The research midwife has written an article for the RCM website to promote the role of research in midwifery.
<https://www.ilearn.rcm.org.uk/mod/book/view.php?id=7735&chapterid=13071>
- Powys midwifery colleagues were engaged in a research study to understand midwives' decision-making regarding episiotomy. 7 Powys midwives were interviewed as a group, with 2 interviewed individually, by research staff from the Universities of Oxford and Brighton. The Powys research midwife acted as a facilitator for these discussions and then was able to attend a workshop at Oxford University to identify themes from the interviews and contribute to the understanding of the findings. This study has now been written up and an article has been accepted for publication by the journal Birth. -
"Informed consent in episiotomy; Co-analysis with midwives and distillation of best practice" by MacLellan, Jennifer; Webb, Sara S.; Byrne, Carmen; Brace, Emily; **Glyn-Jones, Elizabeth**; Edwards, Elizabeth; Hunter, Tracey; Longton, Jacqueline; Cleary, Jane; Christie, Katie; Dow, Lorna; Gould, Jo.
- Presentation of audit findings to the Women and Children's audit group for audit relating to Clinical Information Sharing and fetal monitoring.

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- Some additional research time has been sourced for a specific audit on transfers from midwife led settings to obstetric units and to support delivery of ABA-Feed with short term additional funding.
- 4 training courses in research were funded by the award and are now completed:-

1. Research and Evaluation Project Management
2. Interviewing: qualitative data collection
3. Public Involvement in Social Research
4. Introduction to Evidence Reviews

- Principal Investigator training through links with Aneurin Bevan Health Board was completed by the research midwife and consultant midwife in July 2022, and the other research midwife in October 2022. Knowledge and learning from these courses will be utilised in further research work.

Progress Year 2: July 2022-2023

- With the continued funding for year 2 and additional funds sourced through Health and Care research Wales ongoing work has been achieved through:
- Continuation of recruitment and support for ABA-feed infant feeding study with University of Birmingham – recruiting primiparous women from across Powys to access infant-feeding helper support (volunteers trained by the research midwife and the Infant feeding coordinator in Powys in Year 1). This study now extended to finish recruitment in Feb 2024. Ongoing support to Infant feeding helpers (peer supporters) to ensure engagement and adherence to protocol. Currently we have recruited 57 women to the study (to end July 2023, target was 49 to end July 2023.)
- Set up of INTERSECT, an international birth trauma questionnaire study by City University, London. Currently participation being offered to nearly all postnatal women across Powys at around 4-8 weeks postnatal. Research activity and recruitment commenced on 06/07/2023 and runs until end Sept 2023.
- Set up of NEPTUNE study (antenatal screening) in Powys and commence recruitment 10/7/2023, there are both qualitative and quantitative elements to this study. The research midwife will be heavily involved in qualitative interviews of recruits, providing experience of this for further studies.
- Publications that Powys research midwives have been involved in producing:-
- MacLellan, J., Webb, S. S., Byrne, C., Brace, E., **Glyn-Jones, E.**, Edwards, E., ... & Gould, J. (2023). Informed consent in

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episiotomy: Co-analysis with midwives and distillation of best practice. *Birth*. <https://doi.org/10.1111/birt.12721>

- Gould, J., Webb, S.S., Byrne, C., Brace, E., Cleary, J., Dow, L., Edwards, E., **Glyn-Jones, E.**, Hunter, T., Longton, J. and Tibble, K. (2023). Red flags for episiotomy in a midwife-led birth: Using co-production with midwives to capture clinical experience. *Women and Birth*, 36 (2), pp.217-223.
- Regular presentation of research portfolio to our midwifery colleagues at Powys Maternity Shire meetings

[Research update - Shire July 2023.pptx](#)

- Production of research newsletter for Powys midwives
- Continued organisation of all-Wales Research midwives' forum, with plans for in person event in Autumn/Winter 23/24 in collaboration with Prof Julia Sanders (Wales NIHR Specialty lead for Reproductive Health and Childbirth)
- Promotion of the Born in Wales study via social media, posters in birth centres and flyers to women and midwives in Powys

[Born In Wales - NCPHWR](#)

- Promotion of other studies to Powys midwives via 'Midwifery Weekly Brief', including: Maternity and Autism Research.
- Continuation of submission of data to UKMIDSS: 2022 – women with gestational diabetes who chose to birth in a birth centre,
- PNMH survey – with the National Centre for Mental Health, promotion of their survey within Powys (postcards, posters, social media etc) to identify how COVID19 has affected families during the perinatal period.
- The second research midwife was asked by Health and Care Research Wales (HCRW) to provide a short video to celebrate Research within the NHS as part of the International Day of the Midwife celebrations.

2. Why did you choose to seek funding for this project?

Midwifery research activity in Powys was just beginning during 2018/19 with some funding allocated from the Integrated Care Fund to undertake a piece of work looking at Father's transition to parenthood. This piece of work was completed, and findings published via a journal article in Dec/Jan 2020. The aim of requesting further funding from charitable funds was to continue midwifery research work in Powys and build on the lessons learnt by staff from the initial study. This is to pump prime funding to enable Powys to take part in other trials that will then generate future funding through accruals, so building on the research capacity within Powys maternity.

There are several key political drivers for development and progression of the research midwife post including the Maternity Vision for Wales, outcomes of the Health Inspectorate Wales review of maternity

services, as well as work from the Royal College of Midwives. These drivers contributed to the need to seek funding to progress the work.

3. Who benefitted from the project and why?

A research midwife post was funded for 1 day per week for 2 years to work towards running further research studies within Powys, promote research within the midwifery and women's health teams and network with others involved in midwifery research across Wales, including university staff, students and other research midwives.

- Maternity services have benefitted from having a dedicated research midwife for 2 years who is driving the research agenda within the service. This is particularly important in the sharing of findings from research pertinent to Powys Maternity services.
- The pregnant women and new mothers in Powys are benefitting from also having the opportunity to take part in midwifery research, which often offers new or additional pathways of care and support whilst also contributing to the wider evidence base.
- The infant feeding helpers who have supported the ABA-Feed trial have also gained exposure to research as volunteers and mothers themselves.
- Student midwives have benefitted from hearing of the journey of the research midwife and exposure to the presentation about Powys maternity services. This also provided the opportunity to showcase Powys services and potentially make links with research projects in other Universities.
- The midwives have benefitted from being able to take part in a research study, utilise networks to inform the research journey in Powys and work to contribute to the evidence base of midwifery.
- The research midwife has benefitted by learning new skills and developing expertise in a variety of research methodologies, networking with colleagues pan-Wales and gaining research experience.
- The service has been able to secure additional short-term funding for extra research hours enabling a second research midwife to be recruited to on a fixed term basis.

4. Did you have to adapt your project or face any challenges? If so, how did you adapt or overcome them?

The first major study (ABA-Feed) that was planned for Powys to take part in was delayed due to COVID19 over the autumn of 2021. However, Powys midwifery research team were able to successfully recruit the first participant in the UK to the ABA-feed study (Jan 2022),

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and recruitment continues at above target per month, due to the active support of the whole midwifery team.

There was challenge with the R&D finance side of the ABA-Feed trial. Unfortunately, the R&D team in Powys had no manager for 6 months and so there was not the expertise to ensure the processes required for excess treatment costs, accruals and support costs were in place. This was resolved in July 2022, but it led to a great deal of challenge for the midwifery team, especially as it was the first trial that they have participated in. Further to this there was challenge in demonstrating any income in relation to research. This has also now been resolved by the addition of an R&D manager within Powys, supported by the Aneurin Bevan team. The maternity team have benefitted from this in terms of networking with wider R&D teams as well as gaining support in some of the governance aspects of trial set up.

There have been delays with progress of the NEPTUNE study and this has just opened in Powys (July 2023).

2022-2023

Further funding became available via various other means to allow a further 1-2 days of midwife research and audit work, commencing March 2022.

This allowed for more research participation due to the potential for support to implement the studies.

Consequently, we currently have 3 trials running within Powys:

- **ABA-feed study** (University of Birmingham) - infant feeding peer support
- **Intersect** (City University London) - an international study into birth trauma
- **NEPTUNE** (University of Cardiff) - a qualitative study into the perspectives of staff and women who offer and are offered NIPT screening tests in pregnancy.

5. Explain your application experience, naming areas of success and the areas for improvement. Is there anything you would do differently if you were to apply again?

The process of applying for charitable funds was straightforward and was supported by the Charities manager. Having the opportunity for a meeting first to understand the process and to discuss the bid was really helpful in terms of development of a successful bid.

6. Did the PTHB Charity provide you with adequate support? How can we provide better support to future projects?

The support we had from the charities manager when developing the bid was really welcomed. We were able to discuss the concept and idea and seek advice and support on whether the bid would be considered

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and how it met the priorities of the charities group. Would drop in sessions work for anyone considering large bids be an option? Could they be offered quarterly to also raise awareness of the fact charitable funds can support projects? Also sharing of positive stories to come out of projects that have been supported to share wider in the Health Board could be an option.

An understanding of any other research that is ongoing within the health board would also assist to share knowledge regarding this work, which can be unfamiliar to clinical staff.

7. Please provide any images or a personal story that you are willing to publicly share.

Working has a research midwife over the past two years has been extremely rewarding and helps to contribute to the evidence base for midwifery in Powys and beyond. Networking across Wales has provided me with further information to understand how we can develop the role. These opportunities for networking have also underlined the mutual support to be gained by reaching out to colleagues in other trusts who are working in the same areas, whilst assisting us to identify potential studies to consider for Powys.

(See RCM article attached).

Engaging a second research midwife post has meant that we can considerably increase our research activity. We have proved that, with a small amount of funding, research activity can commence which then leads to further opportunities. The continued support of Health and Care Research Wales to develop the role will be crucial to continuing this work.

Due to changes within the structure of the midwifery management team, the absence of a consultant midwife has enabled the stepping-up of the two research midwives into PI roles for all the current active research studies. This aligns with RCM and RCN research agenda to increase the capabilities of research midwives and nurses.

8. What is the future of the project? Are there any next steps?

The next steps are to build a case for substantive research hours to be agreed so that work can continue in this important area. The service has demonstrated the ability to bring in some funding over the past 2 years with the support of the funding through charitable funds and whilst this is not recurrent the service is able to demonstrate income generated.

The team will continue working to build on the research capabilities of the midwifery workforce by encouraging participation within the studies already running, whilst identifying studies that have the potential to be applicable to the unique Powys healthcare system. Integral to this is the continued development of the post, postholder and consultant midwife

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(as professional lead) in research methodology and application processes.

Ongoing/future work beyond year 2:

- ABA-feed study: Year 2 recruitment continues – reduced participants due to loss of Infant feeding helpers to support such that recruitment target is 1 per month. This study has been extended to end recruitment in Feb 24 (end support by peer supporters April 2024).
- Involvement in the NEPTUNE study with Dr Heather Strange, Cardiff University. This study will involve interviewing women to understand how the NIPT (or non-invasive prenatal testing), is being delivered and received in Wales. This will involve the Research midwife in conducting remote/online interviews with service users and observations of staff (with support from the wider study team) and may involve further training and development of useful research skills that are applicable to other research projects.
- Year 2: Delays due to an extension to the project has meant that recruitment has just opened for this study in Powys (July 2023).
- Continued participation in UKMIDSS data collection (monthly) – collecting data from all UK birth centres to identify trends in midwife led care.
- Year 2: ongoing data collection and reporting continues. Each year data is collected for a different aspect: 2022 – women with gestational diabetes who chose to birth in a birth centre, 2023 – women over age 40 who chose to birth in a birth centre. Although our numbers to be reported are small, this contributes to the overall picture for the UK.
- Ongoing identification of other suitable studies for Powys to take part in.
- Studies anticipated to open in the coming month: SNAP3 (smoking cessation support), a randomised control trial of new ways of using NRT and behavioural techniques to improve smoking cessation in Pregnancy, University of Nottingham.
- Potential future studies identified include: Chapter (perineal trauma), Sunny (exercise support), MiNESS 20-28 (stillbirth prevention).
- Contribution to additional audit work from the 22/23 audit plan
- Transfer audit
- Pool evacuation audit
- PGD Medicines management audit

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- Ongoing consideration of opportunity for Powys primary research
- Due to changes within the senior midwifery team, namely the secondment of the consultant midwife to the Interim Head of Midwifery post, it has not been possible to undertake any primary research within Powys. However, this is still an opportunity that the team would like to explore, if time and funding would allow.
- Further exploration of the sub-site option for obstetric research e.g. Optibreech (potentially as a sub-site for those trusts who support our women with obstetric needs)
- A visit to the R&D team was carried out to coincide with PI training in Aneurin Bevan, summer 2022. A further visit is planned to another large research unit, with the All-Wales Research midwives forum as a networking and educational event.

This work will contribute to midwifery knowledge within Powys but also across Wales and beyond, in terms of building the evidence base for midwifery practice.

9. Is there anything else you would like to share?

Support for funding for a research midwife has really enabled continued engagement of the midwifery team in studies that are applicable to clinical maternity care in a rural area. The seed-funding that this project provided has allowed us to show Health and Care Research Wales (HCRW) that research projects are possible with small amounts of time and funding. Following on from this, the R&D team have managed to secure some ongoing funding from HCRW to permit continued engagement in the current research studies and explore the potential for further research.

Without the initial backing from the Health Board charitable funds this would not have been possible and we are very grateful for the opportunity to continue this work.


Please return the project evaluation form to shania.jones@wales.nhs.uk

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SECTION 2: To be completed by the Charity Team.

IMTP objectives <i>(Please see appendix 1 for the full IMTP list)</i>	
Focus on wellbeing	<input checked="" type="checkbox"/>
Early help and support	<input checked="" type="checkbox"/>
Tackling the big four	<input type="checkbox"/>
Joined up care	<input checked="" type="checkbox"/>
Workforce futures	<input type="checkbox"/>
Digital first	<input type="checkbox"/>
Innovative environments	<input type="checkbox"/>
Transforming in partnership	<input type="checkbox"/>
PTHB Charity Strategic priorities	
Demonstrating Responsible Leadership:	
A robust programme of evaluation for all Charity projects and activity to measure the impact, influence and effectiveness of Charitable Funds within Powys.	
Upholding our civic mission:	
Increased accessibility and more equitable opportunities for foundational economy training, support, and careers in Powys.	
Enhancing NHS Services:	
New pilot schemes which encourage innovation in healthcare.	
Establishing a Culture of Collaboration:	
Discussion/ Comments:	<p>It's pleasing to see such a positive, demonstrable impact from this project with the participation and contribution to a number of studies and published work, despite relatively limited resources.</p> <p>Some of the key features of this project which helped to support success with the work were:</p> <ul style="list-style-type: none"> • Allowing the project team to work across a longer time horizon (multiple years), which was far more conducive to the nature of the work (research). • Flexibility in the approach of the project team, managing the workload of staff through periods where work was delayed or halted. • Utilising external opportunities to increase resources where possible.

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	<ul style="list-style-type: none"> Ensuring a balance between smaller scale work and smaller, independently published articles and larger-scale studies in partnership with other institutions. A small pilot research project, funded ahead of this project which helped to lay the foundation for the approach. <p>With successful implementation and embedding of a strong research base taking a number of years, the Charity should continue to monitor the progress of this work long after the initial project period and this final evaluation report to fully assess the impact of the funding.</p> <p>The Charity should also consider whether there are additional opportunities to add value and support the research agenda in Powys. Perhaps building on the work of the maternity service or alternatively looking at other services across the organisation which may be able to replicate the model established here.</p>			
	Print name:	Abe Sampson	Date signed:	10.09.2023
	Signature:			

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Appendix 1: Powys Teaching Health Board IMTP's for 2022/23 -2024/25

Focus on Well-being
1. <i>Take action to reduce health inequalities and improve population health</i>
2. <i>Deliver health improvement priorities including weight management, smoking cessation, early years and family health and wellbeing</i>
3. <i>Develop and implement a business as usual model for COVID-19 Prevention and Response and integrated, comprehensive vaccination</i>
Early Help and Support
4. <i>Improve access to high quality sustainable primary care</i>
5. <i>Develop and implement a progressive, whole system diagnostic, ambulatory and planned care model, delivering care closer to home</i>
6. <i>Improve access to high quality, equitable prevention and early intervention services for children, young people and their families</i>
Tackling the Big Four
7. <i>Implement improvements in early diagnosis, treatment and outcomes for people with or suspected of having cancer</i>
8. <i>Implement improvements in outcomes, experience and value in circulatory disease (Stroke, Heart Disease, Diabetes)</i>
9. <i>Implement the next stage of Breathe Well Programme, repatriating care closer to home and Children and Young people's Respiratory care</i>
10. <i>Undertake a Strategic Review of Mental Health to improve outcomes from high quality, sustainable services, including specialist care</i>
Joined Up Care
11. <i>Design a Frailty and Community Model enhancing outcomes, experience and value and the six goals for Urgent and Emergency Care</i>
12. <i>Support improved access to and outcomes from Specialised Services (including specialist mental health services, paediatrics, major trauma, neonates, PET, as well as recovery planning for bariatric surgery, cardiac surgery, plastic surgery, neurosurgery, paediatric surgery)</i>

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Workforce Futures

13. *Design and implement a comprehensive approach to workforce planning, focusing on attracting/securing workforce for targeted services (including international recruitment)*
14. *Redesign and implement leadership and team development, enhancing clinical leadership and whole organisation focus on value*
15. *Deliver improvements to staff wellbeing and engagement, working closely with Trade Unions in Social Partnership on key joint priorities*
16. *Enhance access to high quality education and training across all disciplines, specifically focusing on 'grow our own'/apprenticeships*
17. *Enhance the health boards role in partnership and citizenship, maximising opportunities for volunteering and healthcare careers*

Digital First

18. *Implement clinical digital systems that directly enable improved care, including cross border clinical records sharing, clinical service priorities (nursing, eye care, prescribing), and telecare*
19. *Implement key improvements to digital infrastructure and intelligence, undertaking a Digital Service Review*

Innovative Environments

20. *Implement ambitious commitments to carbon reduction, biodiversity enhancement and environmental wellbeing*
21. *Implement capital, estate and facilities improvements that enhance services to patients/public and wellbeing/experience of staff*

Transforming In Partnership

22. *Implement key actions to improve quality (safety, effectiveness and experience) of services across the whole system*
23. *Develop and implement key actions to enhance integrated/ partnership system working in Wales and England*
24. *Implement value-based healthcare, to deliver improved outcomes and experience, effective deployment and management of resources*
25. *Implement key governance improvement priorities embedding risk management, effective policies, procedures and guidance; audit and effectiveness; Board effectiveness and systems of accountability*

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