

# Charitable Funds

Mon 10 June 2024, 10:00 - 12:00


Microsoft teams

## Agenda

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### 10:00 - 10:00 1. PRELIMINARY MATTERS

0 min

 CF Committee Agenda 100624.pdf (2 pages)

#### 1.1. Welcome and apologies

#### 1.2. Declarations of interest

#### 1.3. Minutes from the previous meeting held on 4 March 2024

 CF\_Item\_1.3\_Charitable Funds Unconfirmed Minutes\_04March2024.pdf (13 pages)

#### 1.4. Charitable Funds Action Log













 CF\_Item\_1.4\_Action log.pdf (2 pages)

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### 10:00 - 10:00 2. ITEMS FOR APPROVAL/RATIFICATION/DECISION

0 min



#### 2.1. Powys general purposes and local funds bids (for approval)

-  CF\_Item\_2.1\_Charitable Funds Bids for Approval.pdf (8 pages)
-  CF\_Item\_2.1a\_P Block Refurbishment Bronllys Hospital.pdf (13 pages)
-  CF\_Item\_2.1a\_ii\_Flora Cultura Partnership Overview.pdf (3 pages)
-  CF\_Item\_2.1b\_Dementia Friendly Environments.pdf (8 pages)
-  CF\_Item\_2.1b\_ii\_Dementia Friendly Hospital Charter on a page.pdf (2 pages)
-  CF\_Item\_2.1b\_iii\_Dementia Friendly paint chosen by voter.pdf (1 pages)
-  CF\_Item\_2.1b\_iv\_Good news story.pdf (9 pages)
-  CF\_Item\_2.1c\_Felindre ward pottery sessions 2024.pdf (3 pages)
-  CF\_Item\_2.1d\_Corneal Scanning Equipment.pdf (8 pages)
-  CF\_Item\_2.1e\_Express Yourself!.pdf (10 pages)
-  CF\_Item\_2.1e\_ii\_Express Yourself Project budget.pdf (2 pages)
-  CF\_Item\_2.1f\_Fork to Table.pdf (7 pages)

#### 2.2. Expenditure approved under delegated authority (for ratification)

-  CF\_Item\_2.2\_Ratification of expenditure approved by those with relevant delegations.pdf (3 pages)
-  CF\_Item\_2.2a\_Ratification of expenditure approved by those with relevant delegations Feb 24 to Mar 24.pdf (1 pages)

#### 2.3. PAVO & Powys Health Charity - Small Health Grants Scheme 2024 (for approval)

-  CF\_Item\_2.3\_Ratification of PAVO Small Health Grants Scheme projects 2024-27.pdf (5 pages)
  -  CF\_Item\_2.3a\_Small Health Grants 2024 PAVO SHGS.pdf (7 pages)
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### 10:00 - 10:00 3. ITEMS FOR DISCUSSION






0 min

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### 3.1. Interim arrangements for Charity Manager post

Oral

### 3.2. Charity activity (communications and engagement report)

-  CF\_Item\_3.2\_Charity Activity report.pdf (4 pages)
-  CF\_Item\_3.2a\_Activity report.pdf (4 pages)
-  CF\_Item\_3.2a\_i\_Website Project\_plan.\_Powys\_Health\_Charity.pdf (10 pages)
-  CF\_Item\_3.2a\_ii\_Blue Stag Case\_studies.\_Powys\_Health\_Charity.pdf (12 pages)
-  CF\_Item\_3.2b\_Communications report.pdf (2 pages)

### 3.3. Charitable Funds financial summary report

-  CF\_Item\_3.3\_CF Financial Summary Report as at 310324.pdf (11 pages)

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## 10:00 - 10:00 4. ITEMS FOR INFORMATION/ASSURANCE

0 min

### 4.1. Investment manager report (for assurance)

-  CF\_Item\_4.1\_24 Q1 Trustee Report - BD.pdf (33 pages)

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## 10:00 - 10:00 5. OTHER MATTERS

0 min

### 5.1. Any other urgent business

### 5.2. Date of next meeting:

16th September 2024, 10am

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**POWYS TEACHING HEALTH BOARD  
CHARITABLE FUNDS COMMITTEE  
MONDAY 10 JUNE 2024  
10.00AM - 12.00PM  
VIRTUAL MEETING**



**GIG  
CYMRU  
NHS  
WALES**

Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

**AGENDA**

<b>Item</b>	<b>Title</b>	<b>Timing</b>	<b>Presenter</b>
<b>1</b>	<b>PRELIMINARY MATTERS -</b>		
1.1	Welcome and apologies	N/A	Chair
1.2	Declarations of interest	N/A	All
1.3	Minutes from the previous meeting held on 4 <sup>th</sup> March 2024		Chair
1.4	Action log from previous meetings		Chair / Charity Manager
<b>2</b>	<b>ITEMS FOR APPROVAL/RATIFICATION/DECISION -</b>		
2.1	Powys general purposes and local funds bids for approval		Charity Manager
2.2	Expenditure approved under delegated authority since the last meeting (for ratification)		Assistant Director of Finance
2.3	PAVO & Powys Health Charity – Small Health Grants Scheme 2024 – Successful Applicants (For Approval)		Charity Manager
<b>3</b>	<b>ITEMS FOR DISCUSSION –</b>		
3.1	Interim arrangements for Charity Manager post		Director of Corporate Governance
3.2	Charity activity (communications and engagement report)		Charity Manager

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3.3	Charitable funds financial summary report		Assistant Director of Finance
4	<b>ITEMS FOR INFORMATION/ASSURANCE –</b>		
4.1	Investment manager report (for assurance)		Assistant Director of Finance / Charity Manager
5	<b>OTHER MATTERS –</b>		
5.1	Any other urgent business	Oral	Chair
5.2	Date of the next meeting: - 16 <sup>th</sup> September 2024, 10.00am		

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**UNCONFIRMED**

**MINUTES OF THE CHARITABLE FUNDS COMMITTEE MEETING  
HELD ON MONDAY 04 MARCH 2024  
VIA MICROSOFT TEAMS**

**Present:**

Carl Cooper	Chair (Committee Chair)
Rhobert Lewis	Independent Member (Committee Vice Chair)
Pete Hopgood	Interim Deputy Chief Executive Officer, Director of Finance and IT
Cathie Poynton	Independent Member
Claire Madsen	Director of Therapies and Health Science

**In Attendance:**

Abe Sampson	Charity Manager
Sarah Pritchard	Assistant Director of Finance (Accounting and Services)
Shania Jones	Charity Administrative Support Officer
Paul Mathias	Brewin Dolphin, Assistant Director - Investment Manager (Item 4.1 only)
Michael Yhnell	Brewin Dolphin, Associate Investment Manager (Item 4.1 only)

**Apologies**

Helen Bushell	Director of Corporate Governance and Board Secretary
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CF/24/01	<b>WELCOME &amp; APOLOGIES FOR ABSENCE</b> The Chair welcomed members to the meeting. Apologies for absence were noted as recorded above.
CF/24/02	<b>DECLARATIONS OF INTEREST</b> The Chair INVITED any declarations of interest in relation to items on the agenda.

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CF/24/03	<p><b>MATTERS ARISING &amp; MINUTES OF PREVIOUS MEETING HELD ON 07 DECEMBER 2023</b></p> <p>The minutes of the previous meeting held on 07 DECEMBER 2023 were RECEIVED and AGREED as being a true and accurate record.</p> <p>Matters arising from the meeting of 07 DECEMBER 2023:</p> <ul style="list-style-type: none"> <li>The Assistant Director of Finance provided the Committee with an update on the submission of the Charity's Annual Accounts &amp; Report to the Charity Commission.</li> </ul>
CF/24/04	<p><b>ACTION LOG</b></p> <p>The Committee received the action log, and the following updates were provided:</p> <ul style="list-style-type: none"> <li>CF/23/20b – Due to the project lead being on leave for a few months, the report has been delayed and will return to the next Committee meeting.</li> <li>CF/23/33b and CF/23/33c – The Director of Corporate Governance was unable to attend this meeting therefore, Charity Manager will liaise and circulate an update to the Committee on the Volunteer programme.</li> </ul> <p>The following actions were recommended for closure:</p> <ul style="list-style-type: none"> <li>CF/23/27 – new staff guidance has been implemented into the updated Financial Controls Procedure document for the Charity based on the Committee's feedback.</li> <li>CF/23/33a – an update on the innovation grant scheme delivered in partnership with the RIC Hub 'Panel y Ddraig', is provided within item 3.1a.</li> <li>CF/23/35 – The policy documents have now been updated and have either been published on the staff intranet or await approval from the Board.</li> </ul> <p>The action log was updated accordingly.</p>
<b>ITEMS FOR APPROVAL, RATIFICATION OR DECISION</b>	
CF/24/05	<p><b>BIDS FOR APPROVAL</b></p> <p>The Charity Manager presented the Charitable Funds bids to the Committee for approval.</p>

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- **Newtown Hospital Brynheulog Ward quiet room**

The request is for the Charitable Funds Committee to support the creation of a quiet room on Brynheulog Ward at Newtown Hospital. The request, brought forward by the ward sister and palliative care team, would support the conversion and refurbishment of what is currently a cleaning room/store into the new facility.

The quiet room is a facility that is needed for the ward to provide a confidential space for families and also a space for staff/patients/families to pray and seek reflection. Brynheulog Ward is currently the only ward without such a space. This request has been reviewed and approved by the capital control group.

*The Committee noted the support for this project and its innovative use of space and how it reflects well on the staff who have considered and chose to submit this application. This is not a recurring cost but will still be here for years to come for patients.*

*The Committee noted that there used to be a quiet room on the ward which was converted into a clinic room. There should be some wider consideration by the Health Board should be given that some pieces of capital work may lead to creating additional costs in the long-term.*

*The quiet room will also be a faith room, can assurance be given that faith practitioners will be consulted to ensure it meets the faith requirements?*

The Charity Manager assured committee that this is something that will be considered and the Charity Manager with liaise with staff to ensure it is considered.

**ACTION: The Charity Manager will ensure that faith practitioners and the Health Board's spiritual care steering group are consulted on the development of the space as a space to practice faith.**

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*Do all Powys hospital sites have this pray/quiet room, or will this be something we can consider for other hospitals?*

The Charity Manager explained that this specific request is not something which is standard across all hospital sites or wards. However, a variation of a quiet or confidential space is typically available to wards.

This request was raised because all other wards at Newtown hospital have this facility and Brynheulog ward does not. Improving and creating such spaces could be considered for other hospital sites where there is a gap in provision.

**ACTION: The Charity Manager will discuss with the Community Liaison Officer and the Estates team to establish the position for other hospital sites and if they have similar facilities.**

The Committee DISCUSSED and APPROVED the Newtown Hospital Brynheulog Ward quiet room proposal.

- **Wellness with WNO programme**

The request is for the Charitable Funds Committee to support the continuation of the Wellness with Welsh National Opera Programme for 2024/25, following support of £5,000 for the programme in 2023. Wellness with WNO is a programme designed to support people with Long COVID in Wales. This six-week singing and breathing programme takes place online and is designed to support people who may be experiencing feelings of breathlessness, anxiety and fatigue that may continue longer term after the initial symptoms of the COVID-19 virus have passed. 50 participants from Powys took part in these courses across 2023.

Alongside partner health boards, WNO would like to continue to deliver this programme for individuals with Long COVID whilst ensuring its high standard and reputation for safety and reliability. The WNO would also like to develop this model for patients with other long-term conditions experiencing similar symptoms of

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breathlessness and anxiety, such as ME/CFS and fibromyalgia.

The Charity is asked to support £8,000 of costs, while the total project cost is £106,000, with half of the costs being covered by Arts Council Wales (confirmed funding) and the remaining costs divided equally amongst Health Boards.

The Director of Therapies and Health Science noted that Powys Teaching Health Board are among the highest referrals to this scheme in Wales.

*What is the referral process?*

The Director of Therapies and Health Science explained the referral process is handled through Powys Wellbeing Service where patients with long-covid come through and there are referral pathways in place which leads to this scheme. There is also a self-referral process available.

The Committee DISCUSSED and APPROVED the Wellness with WNO programme.

- **RITA digital therapy system**

This request is for the Committee to consider support for the upgrade of a previously implemented digital therapy system which would support hospital patients at four sites in Powys. In 2016, a system called DRTS (A digital touch screen therapy system) was purchased for all the Community Hospital Wards and has been used extensively for group activities and to help calm agitated and anxious patients whether they have cognitive impairment or at the end of life. The system was purchased on a one-off cost basis and has been supported for several years. However, many of the legacy systems are now not functioning and are at 'end of life'. The DRTS system has since been superseded by a new system called RITA (Reminiscence/rehabilitation Interactive Therapeutic Activities). The previous iteration was funded with support from Charitable Funds. This request is seeking support to upgrade those systems at four hospital sites, with a view to training

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staff and closely monitoring and evaluating its use in order to establish a long-term succession plan for the system.

Monitoring and evaluation for this project will be crucial if supported. The changeover of staff and difficulty in coordinating the entire project, meant the previous iteration of this project was not thoroughly evaluated, making it difficult to assess the overall impact in retrospect. Measures should be undertaken to ensure this does not happen again.

*Can further explanation be given on how this will be evaluated?*

The Charity Manager explained that the current information is very limited, but the team does have access to usage and statistics. However, it is currently difficult to accurately measure the impact across all sites. This new system/or the new iteration of this project allows for the opportunity to review across different sites and patient groups to measure the impact. The Charity Manager noted there is work to be done around ensuring there is a structured approach to the evaluation.

*How are will the wards be chosen?*

The Charity Manager explained that Cottage view was chosen due it already having the original iteration/system in place and heavily integrated into activities by staff. The aim is to have three other wards across Powys, however, this will be dependent on staff and training.

*What does the RITA package include?*

The Charity Manager explained that the package includes both the software licenses and the hardware itself to run that software.

*With the pilot schemes that have been submitted to committee, what are the long-term plans? Are they expected to return to the Charitable Funds Committee seeking more funding?*

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The Charity Manager noted that the applicants are using these pilots as proof of concept to move forward and seek further funding by other means.

*Could it then be picked up by the Investment Benefits Group?*

The Director of Therapies and Health Science confirmed it could then be reviewed by the Investment Benefits Group if the outcomes and impact is sufficient.

The Committee DISCUSSED and APPROVED the RITA digital therapy system on the condition that the appropriate outcomes and impacts being measured will help to demonstrate the benefits realisation for onward learning and development.

- **Movement for Health**

This request is for the Committee to consider supporting the pilot for the Movement for Health project, which is a series of sessions aimed at people within the local community of Clatter and neighbouring villages who wish to improve health and well-being through simple arts-based movement interventions. The project will deliver an 8-12 week movement for wellbeing programme for adults. These weekly movement for health classes will be designed for people who wish to increase strength, mobility, remain socially connected in older age and to find ways to stay well.

The request is to seek funding for a pilot programme with an intention of gathering evidence of its effectiveness. The project will seek continuation or expanded funding from external funders if the pilot is successful. The programme will be delivered at Clatter Community Centre for individuals from the communities of Clatter, Caersws, Carno, Newtown and other local villages/towns in Powys.

It was noted that there had been a skew towards projects taking place in the South and Mid Powys areas with other similar community projects, which had been funded via the small health grants scheme, and the

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	<p>Committee had noted a desire to support more projects taking place in North Powys.</p> <p><i>How do applications intend on measuring the effect of this project?</i></p> <p>The Charity Manager noted that applicants would be advised to use previous Charity projects such as the Welsh National Opera project evaluations (Items 2.1d &amp; 4.2a) as examples, as well as the National Lottery funding project evaluation templates.</p> <p>The Committee DISCUSSED and APPROVED the Movement for Health proposal on the condition that the appropriate outcomes and impacts being measured, which will help to demonstrate the benefits realisation for onward learning and development.</p>
CF/24/06	<p><b>EXPENDITURE APPROVED UNDER DELEGATED AUTHORITY SINCE THE LAST MEETING (FOR RATIFICATION)</b></p> <p>The Assistant Director of Finance presented a summary of the projects approved under delegated authority during the period of November 2023 to January 2024. A number of requests from various local funds with a combined value of £5,652.</p> <p>The Committee DISCUSSED and RATIFIED the expenditure.</p>
CF/24/07	<p><b>2024/25 CHARITY WORKPLAN/FOLLOW UP FROM WORKSHOP (FOR APPROVAL)</b></p> <p>The Charity Manager presented the papers to the Committee, which included a summary of the strategic workshop held in January 2024 and the Charity's latest workplan for 2024-25.</p> <p>The summary of the strategic workshop was previously circulated to participants of the workshop and was brought to the Committee's attention for any additional comments or discussion.</p> <p>The workplan document was presented for approval by the Committee. Influenced by the strategic workshop, it outlines the deliverables of the Charity's strategy as well as key performance indicators which the Charity will prioritise during the financial year April 2024 - March 2025.</p>

	<p><i>Is the workplan colour coded? If so, is it significant?</i></p> <p>The Charity Manager explained that currently the workplan is colour coded to help the team identify the strategic aim it falls under however, this will be updated for future progress reports to indicate the status of objectives.</p> <p><i>What is the progress with the League of Friends?</i></p> <p>The Charity Manager explained that the thank-you tea for July is will not proceed and there are plans to split League of Friends interactions into formal interactions for representatives of all League of Friends groups and informal meetings which will be on a more local basis.</p> <p><b>ACTION: Charity Manager to finalise the League of Friends forum plans with the Chair outside of the Committee meeting.</b></p> <p>The Committee DISCUSSED and APPROVED the Charity Workplan.</p> <p style="text-align: right;"><i>The Director of Therapies and Health Science left the meeting.</i></p> <p style="text-align: right;"><i>Cathie Poynton joined the meeting.</i></p>
CF/24/08	<p><b>2024/25 CHARITY TEAM OPERATIONAL BUDGET (FOR APPROVAL)</b></p> <p>The Charity Manager presented an anticipated budget of up to £8,200 for the Charity team to utilise over the next financial year to help to achieve its strategic objectives.</p> <p>The budget included design and printing of promotional materials, software licenses, marketing, photography, hospitality (costs to host engagement events for staff), postage and travel.</p> <p><i>Do the papers include comparative costs from last year?</i></p> <p>The Charity Manager explained that the papers do not currently include last year's costs due to it not being the end of the financial year. However, the comparative costs can be provided at future Committee meetings. The Charity Manager confirmed that the total level had increased from the previous year due to the planned increase in activity.</p> <p><i>The sums involved are relatively small, could this become restrictive to the Charity team with them feeling that they could not go over the budget?</i></p>

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	<p>Assistant Director of Finance assured the Committee that with the regular updates from the Charity Manager, if the team anticipated they would go over budget, then the budget could be reviewed.</p> <p><i>Would it be helpful to provide a contingency, which allows for flexibility and does not require the team to return to the Committee? This is provided with assurance the Charity team would report back to committee with reasoning.</i></p> <p>The Assistant Director of Finance and Director of Finance and IT suggested this could be handled as a delegated matter, the budget would be monitored by the Charity team, and if they needed to, there are existing mechanisms in place to approve additional expenditure (within standard delegated limits) and report this back to the Committee for ratification.</p> <p>The Committee DISCUSSED and APPROVED the Charity team operational budget for 2024/25.</p>
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**ITEMS FOR DISCUSSION**

<p>CF/24/09</p>	<p><b>CHARITY ACTIVITY (COMMUNICATIONS AND ENGAGEMENT REPORT)</b></p> <p>The Charity Manager presented that charity activity report for the period between December to February 2024.</p> <p>Key items highlighted included:</p> <ul style="list-style-type: none"> <li>• The launch of the Powys Creates grant scheme in January.</li> <li>• The completion of the website development procurement process.</li> <li>• The 'Panel y Ddraig' innovation grants programme in partnership with the RIC Hub has begun.</li> <li>• Charity plans for new marketing materials.</li> <li>• Significant donations received over the last quarter.</li> <li>• Social media summary for the period December 2023 to February 2024.</li> <li>• Update on workplan objectives for the quarter.</li> </ul> <p><i>Will the 'Panel y Ddraig' scheme link to the Health Board's Integrated Medium-Term Plan (IMTP) plan?</i></p> <p>The Charity Manager confirmed that it does link to the IMTP objectives for PTHB and explained that moving forward the Charity team is planning to ensure that applications,</p>
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	<p>evaluations, and project reports are clearer on how they link to the Health Board’s IMTP and other strategic aims.</p> <p>The Committee DISCUSSED and NOTED the Charity activity report.</p>
<p>CF/24/10</p>	<p><b>CHARITABLE FUNDS FINANCIAL SUMMARY REPORT</b></p> <p>The Assistant Director of Finance presented the financial summary report for the period ending 31 January 2024.</p> <p>Key messages included:</p> <ul style="list-style-type: none"> <li>• GENERAL FUNDS = From an amount of £2,629,327 held within General Purposes or designated funds at the 1<sup>st</sup> April 2023, income of £251,090 has been received and £129,940 of expenditure has been paid. This equates to 5% of funds held at 1st April 2023 have actually been spent.</li> <li>• LEGACY FUNDS = From an amount of £1,628,923 of funds held within legacies at the 1<sup>st</sup> April 2023, £18,223 income has been received and £24,286 of expenditure has been paid. This equates to 1.49% of funds held at 1<sup>st</sup> April 2023 have actually been spent.</li> <li>• BANK BALANCE - The Balance held within the bank account at 31<sup>st</sup> March 2023 is just over £0.820M. Discussions with the Charity’s investment advisors as to whether a short-term investment option was available has been undertaken but they advised that they could not guarantee any short term investments would repay the amount invested over the shorter term. A minimum term of investment for 3 years would be advised, therefore these funds will be retained within the bank over the short term due to current interest rates. With some larger items of expenditure expected in the coming months, this should reduce the balance closer to the target cash balance of £0.5M.</li> </ul> <p>The Committee DISCUSSED and NOTED the report.</p>
<p><b>ITEMS FOR INFORMATION</b></p>	
<p>CF/24/11</p>	<p><b>INVESTMENT MANAGER REPORT</b></p> <p style="text-align: right;"><i>Paul Mathias and Michael Yhnell from Brewin Dolphin joined the meeting.</i></p>

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	<p>The Assistant Director from Brewin Dolphin presented the investment manager report for the period ending 31 January 2024 to the Committee. The report outlined the revised risk figures for portfolio risk categories, revised expectations of returns, which are both trending in a positive direction and a summary of the financial/economic context surrounding the Charity’s investment portfolio. In addition to the report, a new ESG risk score has been included.</p> <p>The Chair queried whether future reports could be slightly clearer or more concise in order to avoid confusion. The Assistant Director from Brewin Dolphin agreed that some additional considerations would be made with future quarterly report submissions.</p> <p>The Assistant Director from Brewin Dolphin noted their apologies for the delay in the accounts and reporting which resulted in the Charity being overdue in their reporting to the Charity Commission.</p> <p>It was explained to the Committee that due to the performance of a select few US equities over previous years and to maximise growth potential, Brewin Dolphin are advising direct investment in these companies. In order for Brewin Dolphin to undertake these direct investments on behalf of the Charity, a W-8BEN-E form must be completed. Brewin Dolphin, therefore, asked the Committee if this was something they would like to action.</p> <p>The Committee AGREED that a W-8BEN-E would be completed in order to support the work of Brewin Dolphin in managing the Charity’s investment portfolio.</p> <p><b>ACTION: The Investment Managers will liaise with the Assistant Director of Finance on implementation of the W-8BEN-E form.</b></p> <p>The Committee RECEIVED, DISCUSSED and NOTED the report.</p>
CF/24/12	<p><b>PROJECT EVALUATION UPDATES</b></p> <p>The project evaluation updates were taken as read.</p> <p>The Committee RECEIVED and NOTED the project evaluation updates on the Wellness with WNO programme and the Dementia Conference.</p>

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<b>OTHER MATTERS</b>	
CF/24/13	<p><b>ANY OTHER URGENT BUSINESS</b></p> <p>There was no other urgent business.</p>
CF/24/14	<p><b>DATE OF NEXT MEETING</b></p> <p>10 June 2024, 10am Via Microsoft Teams</p>
<p>The Chair, with advice from the Director of Corporate Governance/Board Secretary, has determined that the following items include confidential or commercially sensitive information which is not in the public interest to discuss in an open meeting at this time. The Committee is asked to take this advice into account when considering the following motion to exclude the public from this part of the meeting:</p> <p><u>Motion under Section 1(2) Public Bodies (Admission to Meetings) Act 1960</u></p> <p><b><i>"Representatives of the press and other members of the public shall be excluded from the remainder of this meeting having regard to the confidential nature of the business to be transacted, publicity on which would be prejudicial to the public interest"</i></b></p>	
CF/24/15	<p><b>Minutes from the previous in-committee meeting held on 17 January 2024</b></p> <p>The minutes of the previous in-committee meeting held on 17 JANUARY 2024 were RECEIVED and AGREED as being a true and accurate record.</p>

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**RAG Status:**

At risk	Red - action date passed or revised date needed
On track	Yellow - action on target to be completed by agreed/revised date
Completed	Green - action complete
No longer needed	Blue - action to be removed and/or replaced by new action
Transferred	Grey - Transferred to another group

Charitable Funds Committee								
Meeting Date	Item Reference	Lead	Meeting Item Title	Details of Action	Update on Progress	Original target date	Revised Target Date	RAG status
<b>OPEN ACTIONS FOR REVIEW</b>								
18-Sep-23	CF/23/20b	Charity Manager	General bids for approval	To contact the project leads to provide assurance that all garden projects are working together to ensure a coordinated approach which secures the best possible outcome and most efficient use of resources across all the planned Llanidloes garden projects. A report will be brought back to the Committee once the garden projects are completed.	The Charity team have approached the project leads to ensure there is collaboration and efficient use of collective resources for the garden projects which will be completed in the winter.  A report on the gardens is expected for the March 2024 Committee Meeting.  Update February 2024: The garden project lead has been on leave since December and so the progress report is delayed, and will return to the next CF Committee meeting.  Update June 2024: Project reporting is delayed. The original project lead is still on leave so work is underway with a new project lead at Llanidloes to help to support the project development and evaluation moving forwards.	01-Mar-24	01-Sep-24	At risk
07-Dec-23	CF/23/33b	Director of Corporate Governance / Board Secretary	General bids for approval	The Director of Corporate Governance to liaise with the Director of Workforce and OD and the Chair regarding additional volunteer programme assurance.  Further discussion on the long-term strategic development of the volunteer programme, and the potential for further Charitable Funds support will be discussed by the Executive Committee.	The Charity team will be supporting the WOD and Safeguarding teams with the implementation of the volunteering policy with regards to Leagues of Friends volunteers. Support is needed in developing memorandums of understanding with each organisation to ensure the safe delivery of the new PTHB volunteering policy. The upcoming Powys Health Alliance partnership will help support the delivery of this work and future programme development.	04-Mar-24	Sep-24	On track

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04-Mar-24	CF/24/07	The Charity Manager	2024/25 Charity Workplan/follow up from workshop	Charity Manager to finalise the League of Friends forum plans with the Chair outside of the Committee meeting.	LoF forum developed into the Powys Health Alliance, with the first meeting of the PHA to be held on the 8th July 2024 at Llandrindod. This will involve the Charity, PTHB colleagues, LoF members at launch, with a view to expanding to include other third sector organisations across Powys.	10-Jun-24	Jul-24	On track
04-Mar-24	CF/24/11	Assistant Director of Finance	Investment Manager Report	The Investment Managers will liaise with the Assistant Director of Finance on implementation of the W-8BEN-E form.		10-Jun-24	Jun-24	On track
<b>OPEN ACTIONS - IN PROGRESS BUT NOT YET DUE</b>								
18-Sep-23	CF/23/20a	Charity Manager	General bids for approval	The Charity Manager will ensure a progress report on the Vestibular Assessment Pathway Equipment including patient feedback will return to the Committee after 12 months.	Item will likely return at December 2024 meeting.	01-Dec-24		On track
<b>ACTIONS RECOMMENDED FOR CLOSURE (MEETING XXXX)</b>								
04-Mar-24	CF/24/05a	The Charity Manager	General bids for approval	The Charity Manager will ensure that faith practitioners and the Health Board's spiritual care steering group are consulted on the development of the space as a space to practice faith.	This will be incorporated into the project and any future requests for spaces which will be utilised for practice of faith.	10-Jun-24		Completed
04-Mar-24	CF/24/05b	The Charity Manager	General bids for approval	The Charity Manager will discuss with the Community Liaison Officer and the Estates team to establish the position for other hospital sites and if they have similar facilities.	Discussed at the March Community Spaces Steering Group. The Community Liaison Officer will direct appropriate bids to the Charity.	10-Jun-24		Completed

Jones Shania  
06/06/2024 15:39:54



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

**Agenda item: 2.1**

<b>Charitable Funds Committee</b>		<b>10 June 2024</b>
<b>Subject:</b>	<b>Charitable Funds Proposals</b>	
<b>Approved and presented by:</b>	Charity Manager	
<b>Prepared by:</b>	Charity Manager	
<b>Other Committees and meetings considered at:</b>	P Block Renovation Proposal has been reviewed and approved by the Capital Control Group in March and May 2024.	
<b>PURPOSE:</b>		
Receive items for discussion and approval which are applying to the Powys General Purposes Fund, and any items from Local Funds over £5,000 in total value.		
<b>RECOMMENDATION(S):</b>		
The Charitable Funds Committee is requested to review the following request for funding <b>for discussion</b> and to indicate whether there is a willingness to support:		
<ul style="list-style-type: none"> <li>• Development of P Block welfare facilities</li> </ul>		
The Charitable Funds Committee is requested to review the following requests for funding <b>for approval</b> :		
<ul style="list-style-type: none"> <li>• Dementia Friendly Environments</li> <li>• Pottery Sessions at Felindre Ward</li> <li>• Corneal Service</li> <li>• Express Yourself</li> <li>• Fork to Table</li> </ul>		
<b>Approve/Take Assurance</b>	<b>Discuss</b>	<b>Note</b>
Y	Y	N

<b>ALIGNMENT WITH THE HEALTH BOARD'S WELLBEING OBJECTIVES:</b>		
1. Focus on Wellbeing	Y	The P Block welfare facilities will support the Health Board's objectives for Transforming in Partnership, Focus on Wellbeing and to Promote Innovative Environments.
2. Provide Early Help and Support	Y	
3. Tackle the Big Four	Y	

4. Enable Joined up Care	N	The Dementia Friendly Environments application will support objectives for promoting innovative environments and tackling the big four.
5. Develop Workforce Futures	N	
6. Promote Innovative Environments	Y	The pottery sessions will support objectives to focus on wellbeing.  The Corneal Scanning Equipment will support the objectives to Put Digital First and to Provide Early Help and Support.  The Express Yourself and Fork to Table applications will support objectives for Transforming in Partnership, and to Focus on Wellbeing.
7. Put Digital First	Y	
8. Transforming in Partnership	Y	

### EXECUTIVE SUMMARY:

This paper is to request the Charitable Funds Committee to review the following applications to Powys General Purposes Funds:

- **Development of P Block welfare facilities (£72,000)**
- **Corneal Scanning Equipment (£6,021)**
- **Express Yourself (£1,600)**
- **Fork to Table (£1,000)**

In addition to the following request which has been made to the Mental Health General Purpose Fund:

- **Dementia Friendly Environments (£14,500)**

In addition to the following request which has been made to the Bronllys AMI Legacy Fund:

- **Pottery Sessions at Felindre Ward (£7,000)**

These proposals have received support from the relevant Fund Manager but as they are either applying to Powys General Purposes funding, or are above the delegated approval level of £5,000, require support from the Charitable Funds Committee for final approval.

### DETAILED BACKGROUND AND ASSESSMENT:

All items of expenditure from Charitable Funds must not be committed prior to the approval of expenditure from either the Charitable Funds Committee or the Assistant /Directorate Managers delegated with this responsibility in line with the Charitable Funds Strategy and Policy document. Items requesting funding from the Powys General Purposes Fund can only be approved by the Charitable Funds Committee.

Proposals with a value over £5,000 from local funds and from the COVID Response Fund must also receive approval from the Charitable Funds Committee as it is above the delegated limit set by the Committee.

### **Development of P Block Welfare Facilities**

The Committee is asked to review and discuss this request to convert a section of P Block at Bronllys Hospital into a welfare facility which can be utilised by local community groups. This space would function as a small kitchen facility with a rest-room and a separate room to store PPE or outer-wear.

Bronllys hospital has a large area of green space. It is a little neglected and has a lot of potential for delivering healthcare in its own right, especially the orchard area with 42 apple trees. There is a community group called Flora Cultura (<https://www.floracultura.org.uk/>) that has the experience and skills to deliver horticultural therapy at this site and they want to permanently re-locate here. The one aspect that is currently lacking are welfare facilities. As a result, P block was identified as a building as it is under-utilised and falling into dis-repair and close to the site at the north end of Bronllys.

Providing a welfare facility is of paramount importance, as it is expected a number of different community groups will be utilising the hospital grounds and outdoor spaces and it will not be practical or cost-effective for each group to bring/procure their own facilities. These facilities will provide a toilet, a small kitchen area and somewhere to have a break, especially during times of adverse weather conditions.

The siting of welfare facilities at Bronllys has been deliberated at the Community Spaces Steering Group as well as the Property Accommodation Group, and all the options have been discussed. What was unanimous was that it would not be appropriate for community group members to use the kitchens or toilets within the wards or use the canteen for lunch so a welfare facility specifically for community groups was the only remaining option.

Item 2.1a\_ii includes Flora Cultura's proposal which shows the intended works at the orchard site and the relative location of P block to the orchard. Although P block due to its location will largely be utilised by Flora Cultura, the welfare facility at P Block will be open to all community groups at Bronllys free of charge. Any utility costs (electricity, business rates etc) will be financed by the Estates Department. It is envisaged that the facility could be used by staff as well who may wish to help out or spend some time away from the office.

The application is aligned to the following Charity strategic priorities:

- New pilot schemes which encourage innovation in healthcare.
- Improved project coordination across service areas and hospitals by building upon existing regional partnerships.

The Committee is asked to discuss and indicate whether it would consider support for the above proposal, which would cost approximately £72,000.

The full details of the proposal can be found at item 2.1a.

### **Dementia Friendly Environments**

The request is presented for the Charitable Funds Committee to consider support improving the patient experience, and alignment to the All-Wales Dementia Care Pathway of Standards, and in particular standard 11, the implementation of the Dementia Friendly Hospital Charter for Wales, by updating PTHB's ward, outpatients and day room environments with a dementia friendly paint scheme and signage.

There are three elements to the project:

- To paint one wall in every room or bay in all PTHB wards plus the day/dining rooms if funds allow. This scheme, with paint to be applied to the wall opposite the door of each room/bay, will support people living with dementia to be orientated to find their room, for example, when they have been to the day room or to the bathroom.
- To paint the day rooms and where wards have them, the dining areas in one of the chosen colours.
- To bring all Outpatients' department in line with the Dementia Friendly paint scheme adopted at Bronllys. This will include the therapy corridor in Bronllys Hospital to provide a template for the Therapy Department to take forward in all their other areas.

The application is aligned to the following Charity strategic priorities:

- An enhanced patient experience, particularly for those undergoing long stays in community hospitals.
- A commitment to equitable support and investment for all services and service areas.

The Charity is asked to support the paint and signage costs for the project, which would cost up to £14,500.

The full details of the proposal can be found at item 2.1b.

### **Pottery Sessions for Felindre Ward patients in 24/25**

This request is for the Charitable Funds Committee support for the continuation of twice weekly, therapeutic pottery sessions taking place on Felindre Ward (Bronllys Hospital) in addition to a small materials budget for the year. This

request has been made to the AMI Legacy Fund which was designated for the use of mental health services at Bronllys and Llandrindod.

Using creative tasks, OTs are able to assess a patient's mental state, ability to follow instructions and concentration. The versatility of creative activity allows it to be used effectively in 1:1 and group interventions (Griffiths and Corr, 2007) as well as aiding OTs to assess functional performance (Mitchell and Neish, 2007).

The application is aligned to the following Charity strategic priorities:

- An enhanced patient experience, particularly for those undergoing long stays in community hospitals.
- An innovative approach to health and wellbeing engagement by leveraging the expertise of the STEAM (science, technology, engineering, arts, mathematics) sector to engage staff and patients.

The total project cost is £7,000 over a 12 month period.

The full details of the proposal can be found at item 2.1c.

### **Corneal Scanning Equipment**

This request is for the Committee to consider supporting the purchase of an Anterior Segment Attachment kit AA-1 for the OCT scanner at Llandrindod Wells Hospital, which would enable the capture of specific corneal scans. This will allow the diagnosis and treatment in a timelier fashion, bringing care closer to home.

Patients experiencing conditions of the cornea are currently having to travel to Hereford for corneal imaging. This piece of equipment will enable the development of a corneal OPD service and support Mr Geraint Williams in the diagnosis and treatment planning of these complex eye conditions. This equipment will be used approximately 20 times a week to capture images.

The application is aligned to the following Charity strategic priorities:

- Better outcomes for communities struggling with socio economic deprivation in Powys (lack of access to services, a lack of adequate digital infrastructure or geographic disparity).
- More digitally enabled NHS services through the provision of additional kit and equipment.
- An enhanced patient experience, particularly for those undergoing long stays in community hospitals.

The total project cost is £6,021. The full details of the proposal can be found at item 2.1d.

### **Express Yourself**

This request is for the Committee to consider supporting the Express Yourself project, which will offer opportunities for people with communication difficulties due to a neurological condition the chance to engage in theatre or movement workshops to develop confidence, expression and communicative abilities in social situations. These sessions will provide individuals with opportunities to improve their communication skills in a fun, supportive and engaging environment with longer-term aims of improving communication skills in everyday, functional encounters.

This project will see PTHB Speech and Language Therapists partner with two Powys based arts organisations to develop a proposal to deliver dance and movement workshops across Powys. The first is Shakespeare Link, a drama company based in Rhayader ([Shakespeare Link | Willow Globe Theatre](#)) and the second are dance practitioners based in Llandrindod ([Impelo Dance](#)).

Appropriate participants will be identified by Speech and Language Therapists at PTHB following a review of current and past caseload lists and will be referred to the project. The workshop sessions would be delivered weekly or bi-weekly between September and November 2024.

The application is aligned to the following Charity strategic priorities:

- Better outcomes for communities struggling with socio economic deprivation in Powys (lack of access to services, a lack of adequate digital infrastructure or geographic disparity).
- Smarter and more effective use of combined resources through new collaborations with public and voluntary sector partners in the community.
- An innovative approach to health and wellbeing engagement by leveraging the expertise of the STEAM (science, technology, engineering, arts, mathematics) sector to engage staff and patients.

The funding requested from the Powys Health Charity is £1,600, which is approximately 10% of the total project costs, where the remainder would be funded via Arts Council Wales Funding.

The full details of the proposal can be found at item 2.1e.

### **Fork to Table – Garden to Lunch Club**

This request is for the Committee to consider supporting this proposal from Ponthafren, a Mental Health Charity working with people aged 16+, who receive approximately 1,000 referrals per year. Their Newtown centre has a garden with space for vegetable growing and other wellbeing activities. Ponthafren would like to use the funds available to develop a gardening group in which clients can grow fruit and vegetables and then sit down together to a meal which has been prepared using some of the home grown produce. The proposed project would

be open to anyone in the local community who would like to take part, will provide a safe space for people to build social networks and something to look forward to each week.

The application is aligned to the following Charity strategic priorities:

- Better outcomes for communities struggling with socio economic deprivation in Powys (lack of access to services, a lack of adequate digital infrastructure or geographic disparity).
- A commitment to equitable support and investment for all services and service areas.
- Smarter and more effective use of combined resources through new collaborations with public and voluntary sector partners in the community.
- An innovative approach to health and wellbeing engagement by leveraging the expertise of the STEAM (science, technology, engineering, arts, mathematics) sector to engage staff and patients.

The Committee is asked to consider supporting the project for a total of £1,000.

The full details of the proposal can be found at item 2.1f.

**Further details on all the above proposals can be found at items 2.1a-f.**

**NEXT STEPS:**

If approved, the Charity team will liaise with the project leads for feedback on the staff wellbeing initiatives and enhanced facilities from staff, patients and patient families. All Charity funded project improvements/enhancements and their impacts will be captured and included in the Charity’s communication channels (monthly newsletters, Sharepoint site and news posts, social media channels, press releases, annual report).

**IMPACT ASSESSMENT**

This section must be completed for all strategic organisational decisions including approval of health board policies.

**QUALITY:**

	No impact	Negative	Positive	Both	
Safe			✓		<p>A Quality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Duty of Quality processes (under development). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Quality Impact Assessment should be available as a supporting document to inform the decision making process.</p> <p>Many of the proposed charitable funds projects listed here would help to ensure the most effective treatment and health pathways for patients.</p>
Timely	✓				
Effective			✓		
Efficient	✓				
Equitable			✓		
Person Centred			✓		

Workforce	✓				A number of the projects are also targeting equitable impact for patients and communities and promoting a positive culture of safety and inclusivity at hospital sites.
Leadership	✓				
Culture			✓		
Information	✓				
Learn, Improve, Research	✓				
Whole Systems Approach	✓				

**EQUALITY:**

	No impact	Negative	Positive	Both	
Age	✓				<p>An Equality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Equality Impact Assessment policies and procedures (CGP009). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Equality Impact Assessment should be available as a supporting document to inform the decision-making process.</p> <p>The Fork to Table and Express Yourself projects will target community members who feel isolated/socially excluded and therefore, are anticipated to have a positive impact in this area.</p>
Disability	✓				
Gender reassignment	✓				
Marriage / civil partnership	✓				
Pregnancy / maternity	✓				
Race	✓				
Religion or Belief	✓				
Gender	✓				
Sexual Orientation	✓				
Welsh Language	✓				
Socio-economic status	✓				
Social exclusion			✓		
Carers	✓				

**RISK ASSESSMENT:**

	Level of risk identified				
	Very Low (0-3)	Low (4-8)	Moderate (9-12)	High (15-25)	
Clinical	✓				<p>A Risk Assessment should be undertaken for all reports requesting approval, ratification or decision in line with health board Risk Management Framework CGP005. In this space you should briefly describe the key risks and the steps being taken to manage them, and also how these risks relate to the Board’s stated Risk Appetite.</p> <p>N/A.</p>
Financial	✓				
Corporate	✓				
Operational	✓				
Reputational	✓				

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Agenda item: 2.1a

### Powys Health Charity – Funding Application Form

**Please choose who will benefit from this proposal (select all that apply):**

Powys Teaching Health Board Staff and Volunteers	<input checked="" type="checkbox"/>
Powys Teaching Health Board Patients	<input checked="" type="checkbox"/>
Community Members	<input checked="" type="checkbox"/>
Other (specify below)	<input type="checkbox"/>

**Please note which locality will benefit from this proposal (select all that apply):**

North Powys	<input type="checkbox"/>
Mid Powys	<input type="checkbox"/>
South Powys	<input checked="" type="checkbox"/>
Other (specify below)	<input type="checkbox"/>

**Please note the most relevant health and wellbeing area for this proposal (e.g. mental health, recovery from COVID-19, physiotherapy, cancer care, etc.)**

Overall well-being, mental health and long-term condition management.

**Project summary** – Provide a brief summary of the proposal and outline what it aims to address.

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)

Yvonne Shania  
06/06/2024 15:39:54



To convert a section of P block at Bronllys hospital into a welfare facility for community groups. This will just be a toilet, a small kitchen facility with a rest-room and a separate room to store PPE or outer-wear. The building is currently not being utilised and has been approved by the Property Accommodation Group.

Providing a welfare facility is of paramount importance, as it is expected a number of different community groups will be on the grounds and it will not be practical or cost-effective for each group to bring/procure their own facilities. The facilities will provide a toilet, a small kitchen area and somewhere to have a break, especially during times of adverse weather conditions.

**Background** – Outline any relevant information that will provide context for the proposal, including the need and any previous proposals or projects.

Bronllys hospital has large areas of green space that needs to be better managed than what it currently is, and also utilise the space as a form of green prescribing. This is a specific area of health-care called “social prescribing” which is basically utilising social activities to improve people’s health as a preventative measure rather an over-reliance of prescribing medication or utilising acute services in the short-term. In this regard, the green spaces are being used within the ethos of social prescribing.

Bronllys hospital has a large area of green space. It is a little neglected and has a lot of potential for delivering healthcare in its own right, especially the orchard area with 42 apple trees. We have a community group called Flora Cultura (<https://www.floracultura.org.uk/>) that has the experience and skills to deliver horticultural therapy at this site and they want to permanently re-locate here. The one aspect that is currently lacking are welfare facilities. As a result, P block was identified as a building as it is under-utilised and falling into dis-repair and also close to the site at the north end of Bronllys.

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



The siting of welfare facilities at Bronllys has been deliberated at the Community Spaces Steering Group as well as the Property Accommodation Group, and all the options have been discussed. What was unanimous was that it would not be appropriate for community group members to use the kitchens or toilets within the wards, or use the canteen for lunch so a welfare facility specifically for community groups was the only remaining option.

**The provision of welfare facilities is a legal requirement under the Construction (Design and Management) Regulations 2015 for any contractor by the client. In this regard, the PTHB are the client and community groups are regarded as contractors. P block is the only building that is suitable, is not occupied already (apart from some old filing cabinets), and is also very near the orchard that Flora Cultura would be putting a lot of energy into to improve and use as part of its horticultural therapy. The welfare facilities will of course support other community groups wanting to use the green spaces at Bronllys which aligns with health and care. This will incorporate the doctrines and objectives of the newly launched Social Prescribing Framework. Flora Cultura need to vacate their current temporary premises at Black Mountains College, and they will not be able to function (nor will any community group) without adequate welfare facilities. Although the use of the canteen could be used by some, considering the increased number of people on site, having muddy clothes etc then this will not be particularly beneficial, or adequate.**

In summary, the conversion of P Block as a welfare facility is needed in order for community groups such as Flora Cultura to access the premises.

**Project plan** – Please provide a detailed breakdown of the project, how it will address need and a timeline for delivery.

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



The provision of welfare facilities is a must have if community groups are going to benefit from the green space, which will in turn help staff, visitors and patients within the doctrine of green prescribing. The section of P block will improve the three rooms already there.

- Gable End room – Kitchen and rest room (table and chairs)
- Middle room – Already a toilet there and this will need to be refreshed to provide a disability friendly toilet facility.
- End Room – PPE and boot storage.
- Windows removed and replaced.
- Roof and external building minor repairs.

Following this application there is a proposal developed by Flora Cultura with a rough pencilled drawing showing the intended works at the orchard site and the relative location of P block to the orchard. At present only the eastern half of the orchard has been approved for the use of Flora Cultura, but the whole orchard may well be assigned to them in the long-term.

Although P block due to its location will largely be utilised by Flora Cultura, the welfare facility at P Block will be open to all community groups at Bronllys free of charge. Any utility costs (electricity, business rates etc) will be financed by the Estates Department. It is envisaged that the facility could be used by staff as well who may wish to help out or spend some time away from the office.

**Considering the existing condition of P block, a decision was made to refurbish the external features of P block by the Estates Department. This has included a new roof, and the external walls being painted, including the windows.**

Day to Day Management

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



As you can see from Flora Cultura's proposal document, they are looking at a roundhouse or possibly a portacabin within the orchard site. This will be theirs to manage in terms of security, cleaning and maintenance.

The maintenance and cleaning of P block will largely be for the community groups to keep on top of. It will be expected that they maintain and clean up after themselves, and that will be an integral part of any agreement between PTHB and each community group.

Although a lot of the responsibility for maintaining and cleaning P block will be placed on the community groups, it would be prudent that a regular but infrequent cleaning regime is put into place by Estates, either on a weekly or monthly basis.

P block will not contain any valuables or any confidential information, and as a result security will be minimal. It is likely that a lock with a combination number will be provided so access can be provided to meet the needs of the community group.

**The exterior of the entire building has been refurbished, and so with maintenance will be expected to need any renovation for at least another 25 years. The only aspect will be to refurbish the rest of the internal space of P block, which is largely a question of re-painting, carpeting etc and use the rest as indoor workspace. Until community groups access Bronllys, it is hard to determine if the rest of P Block is needed.**

P Block (Outside)

Prior to refurbishment.

Jones, Shania  
06/06/2024 15:39:54

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



Jones, Shania  
06/06/2024 15:39:54

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



Following outside refurbishment.

P Block (Inside)

Jones, Shania  
06/06/2024 15:39:54

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



**Evaluation & Legacy** – Detail your plans for evaluating the project and explain the project's sustainability.

The main beneficiary is likely to be an already identified community group called Flora Cultura who are going to be utilising the orchard site at the northern boundary of Bronllys hospital. However, there are going to be other community groups accessing the welfare facilities when the welfare facilities have been established. Flora Cultura are going to undertake a base-line assessment for the site and taking soil samples. Also, they will be using the Warwick-Edinburgh Mental Well-Being Scale (WEMWBS) questionnaire for their clients they will be working with to show any improvement in their mental well-being during their time with Flora Cultura which the welfare facility has contributed to.

The utilisation of community groups and how they can benefit and contribute to primary care will be show-cased with qualitative data and this could lead

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



to using the green space in a more productive way in other areas of the hospital and also across the PTHB estate.

It is not known what community groups would be accessing Bronllys, as this is dependent on an application form being made to the PTHB’s Community Liaison Officer. However, it would be expected that approval would only be granted if there was a strong health and well-being objective to the group. As part of that it is anticipated that each group would need to meet at least one of the PTHB outcomes as part of the health and care strategy to form that “golden thread” and contribute to the objectives of the health board.

The space would also continue to be free to use/access for all community groups moving forwards.

**Resources** – Try to provide a detailed breakdown of the budget and resources required, including quantities and cost per item.

A cost breakdown which totals £72,000 is below.

**Notional Cost summary**

Item Description	Excluding VAT	Value Added Tax (VAT)	Including VAT
<b>Building and Structural Costs</b>	£ 24,750	£ 4,950	£ 29,700
<b>Notional cost summary</b>	£ 15,500	£ 3,100	£ 18,600
<b>Equipment Cost-Groups 2, 3 &amp; 4</b>		£ -	£ -
<b>&lt;&lt;Insert Specialist Installations/Items&gt;&gt;</b>		£ -	£ -
<b>Consultant/Design Team Allowances</b>	£ 10,250	£ 2,050	£ 12,300
<b>Contingency @ 10%</b>	£ 5,050	£ 1,010	£ 6,060
<b>Internal Resource @ 8%</b>	£ 4,444	£ 889	£ 5,333
<b>Overall Total</b>	<b>£ 59,994</b>	<b>£ 11,999</b>	<b>£ 71,993</b>

Jenise Shania  
06/06/2024 15:39:54

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



Empty form area for additional information.

**Contact details**

Name: Mark Stafford-Tolley

Email address: mark.stafford-tolley@wales.nhs.uk

Phone number: 07977 052532

Delivery address (if applicable):

**Declaration**

I have read the PTHB Charitable Funds staff guidance document.

I have read the FCP policy.

Please see this link to PTHB Financial policies [here](#).

**No items or services should be procured or ordered before receiving authorisation to do so from the Finance team. You will receive a unique project budget code and guidance on how to procure via Charitable Funds.**

I confirm that this funding will only be used for the purposes specified in this application.

**Applicant**

**Name:** Mark Stafford-Tolley  
Officer

**Role:** Community Liaison

**Signature:**

**Date:** 19.12.2023

Joseph Shania  
06/06/2024 15:39:54

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



**Approving manager**

**Name:** Wayne Tannahill

**Role:** Associate Director of  
Estates, Capital & Property

**Signature:**

**Date:** 18.03.2024

**Approving executive director (if request is above £25,000)**

**Name:** Pete Hopgood

**Role:** Executive Director of Finance,  
Information & IT Services

**Signature:**

**Date:** 21/03/2024

Jones, Shania  
06/06/2024 15:39:54

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



**TO BE COMPLETED BY THE CHARITY TEAM.**


<b>Strategic priorities</b> ( <i>tick the relevant priorities</i> )	
Demonstrating Responsible Leadership	<input type="checkbox"/>
Upholding Our Civic Mission	<input checked="" type="checkbox"/>
Enhancing NHS Services	<input checked="" type="checkbox"/>
Establishing a Culture of Collaboration	<input checked="" type="checkbox"/>
<b>Additional comments</b>	
<p>This project does align to the Charity’s strategic aims to improve the sustainability of existing PTHB sites, help deliver new pilot schemes, improve community health and wellbeing outcomes, and adopting an innovative approach to health and wellbeing engagement with community partners.</p> <p>The project would help to facilitate at least one novel project with community partners utilising the green spaces/outdoor resources around our hospital sites, being beneficial for the community. However, there is a significant cost for the work and the work itself has more of an indirect benefit for community health and wellbeing outcomes, which will be tied to the partner projects themselves. There is a discussion to be had as to whether there are more effective uses of the proposed funding, which would have a clearer pathway to achieving long term health and wellbeing outcomes.</p> <p>It is positive to see that there is already a commitment from at least one community partner. The success of the project, however, will be determined by the work to facilitate additional partnerships over time.</p> <p>Measuring the full potential impact of this project will require an evaluation of the partnership with Flora Cultura, and any other</p>	

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)

Jones, S  
06/06/2024 10:39:54



partnerships enabled by the refurbishment of p block as well as the work to develop these partnerships. This will take time and a concerted effort to monitor and report back on impact.

<b>Print name:</b>	Abe Sampson	<b>Date signed:</b>	28.05.2024
<b>Signature:</b>			

Jones, Shania  
06/06/2024 15:39:54

Please email this completed form to [pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)

# Social and therapeutic horticulture project



## Overview

Flora Cultura would like to propose the establishment of a therapy garden in the orchard area at Bronllys hospital. Until recently we have only spoken about the use of the eastern half of the orchard, however, we would like to include the western side as this would greatly increase the scope of the work that we could do.



## Goals

Flora Cultura's primary objective is to improve the well being of our service users. We are looking for a site where we can build and grow a therapy garden that will give us greater autonomy in our work and allow us to develop the associated craft work that forms part of our therapy services (e.g. willow weaving).

We would like to develop closer relationships with our referral network, some of whom are NHS departments at Bronllys and increase the network to other departments and third sector organisations. We hope that being sited so closely to these departments would encourage closer working partnerships and open doors to new ones. This would enable a more holistic health care package to our service users/NHS patients.

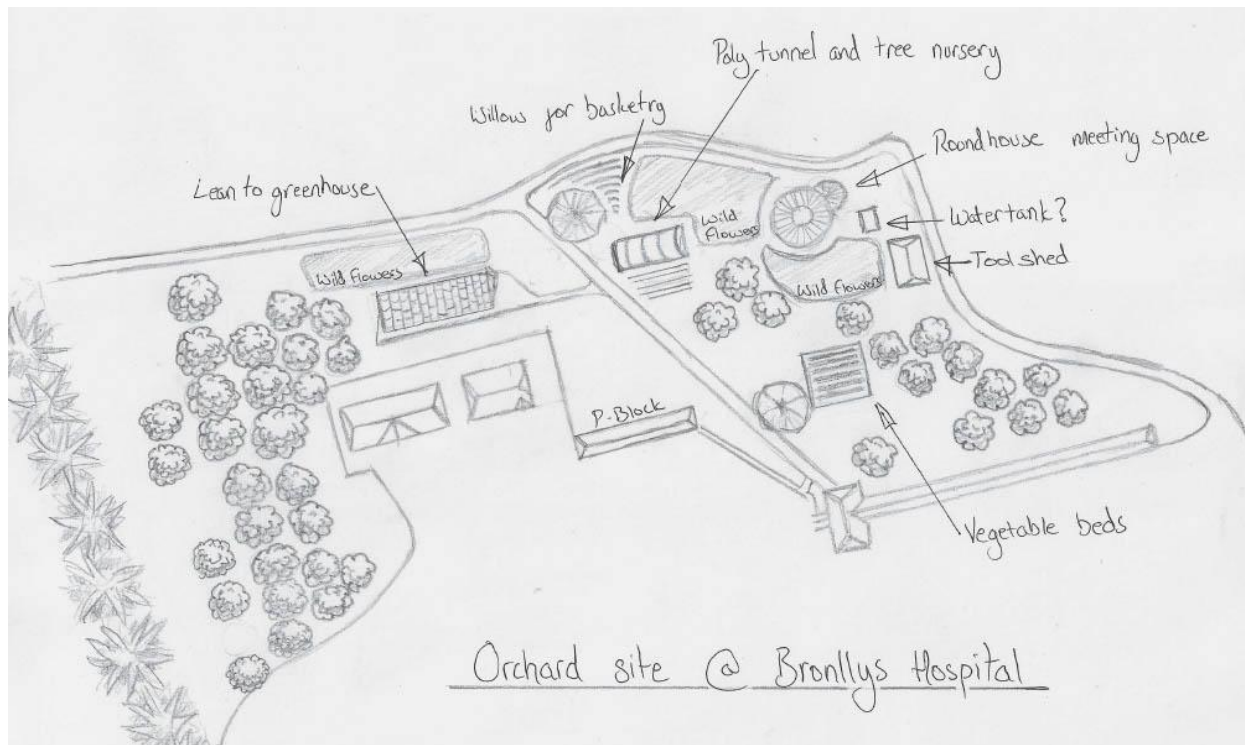
## Therapy specifications

We will keep our group sizes to approximately 20 people or less, including staff and volunteers. We would work between Monday and Friday. Individuals attend for 1 day a week for a period of 12 sessions before review. Average attendance by individuals may be 6 months to 2 years+.

We would like to expand our services to include working with pre-existing groups that may come for 1 day every season or once/twice a year depending on need.

Jones, S. J. M.  
06/06/2024 15:39:54

## Site specifications



The following are elements that we would like to include;

- Roundhouse meeting space & office (+ water & electricity supply)
- Lean to greenhouse (passive heating systems for frost free environment)
- Polytunnel and tree nursery (+ water & electricity supply)
- Rabbit proof fencing around the eastern side
- Forest garden (polyculture system - edible, medicinal, dye and cordage plants)
- Formal vegetable beds (No dig), ornamental beds & wildflower meadows

We need a building on site for tea breaks/lunch and craft activities when the weather is unsuitable for being outdoors. We also require toilet facilities, tool storage and protected growing environments.

We would be grateful for the temporary use of PTHB buildings for welfare facilities until we can provide our own. We would also appreciate a temporary storage facility for tools.

We are currently working on a collaborative funding application to provide a polytunnel/tree nursery facility from the National Parks Authority. This funding will also pay for the clearance of the brash in the orchard and the creation of wildflower meadows.

Jones Wynne  
06/06/2024 11:59:59

A lean to greenhouse with passive heating would be a wonderful resource enabling the growing of crops that would be impossible outside (e.g. citrus). This may be a longer term project as it would require significant funding.

We have approached the charity Down to Earth (<https://downtoearthproject.org.uk/fit-for-the-future/>) who are involved in sustainable building and social inequality. They create beautiful sustainable buildings with adults at risk and have carried out 2 similar projects (Fit for the Future) with Cardiff and Vale University Health Board and Velindre University NHS Trust. We will keep the health board informed should this prove viable.

## 5-10 year plan

Within five to ten years we would like to have the aforementioned buildings and developed the garden to include the plants needed to deliver our services. Our aim is to create a diverse garden using regenerative practices. Regenerative horticulture has soil ecology at its foundation and by utilising a biological approach we can create a beautiful and ecologically diverse environment that allows wildlife to be part of it, rather than limiting wildlife to designated areas.

There is scope for Flora Cultura to help PTHB develop its sites by growing trees and shrubs and applying compost extracts that improve the soil's health and its ability to draw down carbon, helping to mitigate the climate breakdown.

These milestones will of course be subject to Flora Cultura's ability to secure funding. It is our intention to continue applying for grant funding and to create some more sustainable funding streams through the mentoring of occupational therapy students and the teaching of entry level horticulture for people with assisted learning needs.

## Scope for further collaboration

There may be scope for collaboration with the Health and Care Academy with respect to placements for nurses and independent research projects.

We are currently offering our services to people with mental health conditions, learning disabilities and neurological conditions. We would like to extend our work to people with dementia and stroke survivors. We would also like to work with occupational therapy departments as social and therapeutic horticulture has its roots in occupational therapy.

Jones Benjamin  
06/06/2024 15:39:54



**Agenda item 2.1b**

Form B: Local Funds Application Form	
Project title:	Dementia Friendly Environments / Ward and Outpatients painting
Service department/ward:	Mental Health / Multiple Hospital Wards and Outpatients Departments
Applicant name:	Susannah Jermyn
Please choose who will benefit from this proposal (select all that apply):	
Powys Teaching Health Board Staff and Volunteers	<input checked="" type="checkbox"/>
Powys Teaching Health Board Patients	<input checked="" type="checkbox"/>
Community Members	<input checked="" type="checkbox"/>
Other (specify below)	<input type="checkbox"/>
What area/community in Powys will benefit from this project?	
North Powys	<input type="checkbox"/>
Mid Powys	<input type="checkbox"/>
South Powys	<input type="checkbox"/>
Powys wide	<input checked="" type="checkbox"/>
Other (specify below)	<input type="checkbox"/>
<p><b>People living with dementia and their families and carers across Powys, accessing Powys Community Hospitals. The scheme will also enhance the ward environment for all patients.</b></p>	

Jones, J. 06/05/2024 15:39:54

Please submit this application as a word document via email to

[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



Please note the most relevant health and wellbeing area for this proposal (e.g. mental health, recovery from COVID-19, physiotherapy, cancer care, etc.)

**Dementia Friendly Charter / Mental Health**

**Project summary** – Provide a brief summary of the proposal and outline what it aims to address.

This proposal is to improve the patient experience, and support alignment to The All-Wales Dementia Care Pathway of Standards, (The Standards) and in particular standard 11, the implementation of the Dementia Friendly Hospital Charter for Wales, by updating PTHB’s ward, outpatients and day room environments (Appendices 1&2) with a dementia friendly paint scheme.

**Background** – Outline any relevant information that will provide context for the proposal, including the need and any previous proposals or projects.

These proposals align to All-Wales Dementia Care Pathways of Standards, of which The Dementia Friendly Hospital Charter is one standard.

The Charter states:

*The environment is comfortable, empowering and promotes independence.  
The environment encourages usual mobility, activity and social interaction.  
Hospital planning and maintenance incorporates dementia friendly areas and there is support from all departments to design, achieve and upkeep them.*

The Charter (Appendix one) was launched in Wales in April 2022 and introduced at the Powys Dementia Conference in May 2023.

Powys Teaching Health Boards are focussing on the SPACE-VG principles of the Charter which all the inpatient wards are now using. These are:

- S: Staffing
- P: Partnership
- A: Assessment
- C: Care
- E: Environment
- V: Volunteers
- G: Governance

Please see Appendix 2 for a breakdown of these principles.

Please submit this application as a **word document** via email to

[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



During December 23 and January 24, the ward staff were asked to vote, via a Microsoft Form, to agree a core palette of 7 colours (Appendix 3). This is to ensure that the project will be cost effective and not incur the expense that having a full selection of colours would entail. The colours were agreed and wards are able to choose one of the colours for their day/dining rooms.




**Project plan** – Please provide a detailed breakdown of the project, how it will address need and a timeline for delivery.

This proposal is to support alignment to The All-Wales Dementia Care Pathway of Standards, (The Standards) and in particular standard 11, the implementation of the Dementia Friendly Hospital Charter for Wales, by updating PTHB’s ward environments (Appendices 1&2).

There are three proposals:

1. To paint one wall in every room or bay in all of our wards plus the day/dining rooms if funds allow. This scheme, with paint to be applied to the wall opposite the door of each room/bay, will support people living with dementia to be orientated to find their room, for example, when they have been to the day room or to the bathroom.
2. To paint the day rooms and where wards have them, the dining areas in one of the chose colours.
3. To bring all Outpatients’ department in line with the Dementia Friendly paint scheme adopted at Bronllys (Appendix 4). This will include the therapy corridor in Bronllys Hospital to provide a template for the Therapy Department to take forward in all their other areas.

Appendix:


Appendix 1: Dementia Friendly Hospital Charter	 Hospital charter document.pdf <b>Also available at:</b> <a href="#">Dementia Friendly Hospital Charter for Wales (Workstream 4) - Public Health Wales (nhs.wales)</a>
Appendix 2: Dementia Friendly Hospital Charter Plan on a Page	 Hospital Charter Plan on a Page (RPB) V2.doc
Paint Chart and Voting	 Paint Chart Chosen Colours.docx  Voting graphs.pdf

Terese Shania  
08/06/2024 15:39:54

Please submit this application as a **word document** via email to

[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



Good News Story – Bronllys Outpatients	 Good news story (002).pptx
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**Evaluation & Legacy** – Detail your plans for evaluating the project and explain the project’s sustainability.

*Please note that all projects must complete an evaluation upon completion.*

Evaluation will be via the CIVICA Patient Experience Survey system with the introduction of a ward survey including questions about whether people are aware of the Hospital Charter and if they feel it has enhanced their stay/loved ones’ stay.

**Please also refer to the Good News Story linked above, which demonstrates the impact of changes made at Bronllys.**

**Resources** – Try to provide a detailed breakdown of the budget and resources required, including quantities and cost per item.

To undertake this project we need to purchase paint, and it is very hard to give a true estimate for the full costs. The Estates team, however, are happy to provide the manpower to undertake the painting.

The use of a predetermined colour palette will help to keep costs down as one 5 litre tin of paint can be used across a number of wards.

It may be that these costs will be slightly less on purchase of the paint. A recent purchase for the Quality and Safety offices had a discount applied on purchase.

Original cost: £313.86      Discounted cost: £235.40

**The Three Project Estimations are:**

1. Walls in ward rooms/bays: This is estimated at £2,071. The number of walls equals 109 and takes the above Q&S costs into consideration where to paint one wall would cost approximately £19 (based on non-discounted prices).
2. Day rooms/dining areas: This is estimated at £3,040. This estimation is more difficult as the day/dining rooms are large. If, however, we estimate that walls in day rooms are 4 times larger than those in a

Jones, Shenika  
06/06/2024 15:59:54

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room/bay and there are four of them to paint, rather than one, there are 40 walls to paint x 4 times larger.

3. Outpatients: An estimate of £5,760 is required to paint the 8 outpatient corridors and one therapy corridor. The estimate to paint the therapy corridor in Bronllys comes to £720 x the number of outpatients plus the therapy corridor (8) = £5,760

**An additional consideration is made for graphics/signage, which is estimated at £400-500 per site, across 7 sites. = £3,500**

The amount of funding required may well be less than noted above once discount is applied on purchase of the paint.

<b>Total amount requested (£):</b>	14,500
------------------------------------	--------

**Contact details**

Name: Susannah Jermyn and Heather Wenban

Email address: [Susannah.jermyn@wales.nhs.uk](mailto:Susannah.jermyn@wales.nhs.uk)  
[heather.wenban@wales.nhs.uk](mailto:heather.wenban@wales.nhs.uk)

Phone number:

Delivery address (if applicable):

**Declaration**

I have read the PTHB Charitable Funds staff guidance document.	<input checked="" type="checkbox"/>
--	-------------------------------------

I have read the FCP policy.	<input checked="" type="checkbox"/>
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Please see this link to PTHB Financial policies [here](#).

**No items or services should be procured or ordered before receiving authorisation to do so from the Finance team. You will receive a unique project budget code and guidance on how to procure via Charitable Funds.**

*If you are unable to access the FCP policy, please contact the Powys Health Charity team to request a copy.*

*James Shania  
06/06/2024 15:39:54*

Please submit this application as a word document via email to

[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



I confirm that this funding will only be used for the purposes specified in this application.


**Applicant**  
*(We accept electronic and typed signatures)*

Name: Susannah Jermyn                      Role: Service Development Officer

Signature:                       Date: 22/04/2024

**Approving manager**  
*(We accept electronic and typed signatures)*

Name: **David Farnsworth**  
**Role: Interim Executive Director of Operations / Director of Community and Mental Health**

Signature:   
  
Date: 01/05/2024

**Authorisation (for Charity Team use only)**

Name:    Role:

Signature:    Date:

*Jones, Shania  
06/06/2024 15:39:54*

Please submit this application as a word document via email to  
[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



**TO BE COMPLETED BY THE CHARITY TEAM.**

Strategic priorities ( <i>tick the relevant priorities</i> )	
Demonstrating Responsible Leadership	<input type="checkbox"/>
Upholding Our Civic Mission	<input checked="" type="checkbox"/>
Enhancing NHS Services	<input checked="" type="checkbox"/>
Establishing a Culture of Collaboration	<input type="checkbox"/>
IMTP Objectives ( <i>tick the relevant priorities</i> )	
1. Focus on Wellbeing	<input type="checkbox"/>
2. Provide Early Help and Support	<input type="checkbox"/>
3. Tackle the Big Four	<input checked="" type="checkbox"/>
4. Enable Joined up Care	<input type="checkbox"/>
5. Develop Workforce Futures	<input type="checkbox"/>
6. Promote Innovative Environments	<input checked="" type="checkbox"/>
7. Put Digital First	<input type="checkbox"/>
8. Transforming in Partnership	<input type="checkbox"/>
Additional comments	
<p>This project expands upon some initial work undertaken in Bronllys, which has already had a positive impact on the patient experience and environment for patients.</p> <p>The project team has piloted the proposed changes already and have considered the most efficient use of resources, which is pleasing to see. They should ensure the Estates team support to minimise any potential disruption that the work may cause.</p>	

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The work to renovate ward and outpatient spaces clearly aligns to the Charity's strategic priorities to provide an enhanced patient experience as well as a commitment to equitably support all service areas across Powys.

Print name:

Abe Sampson

Date signed:

29.04.2024

Signature:

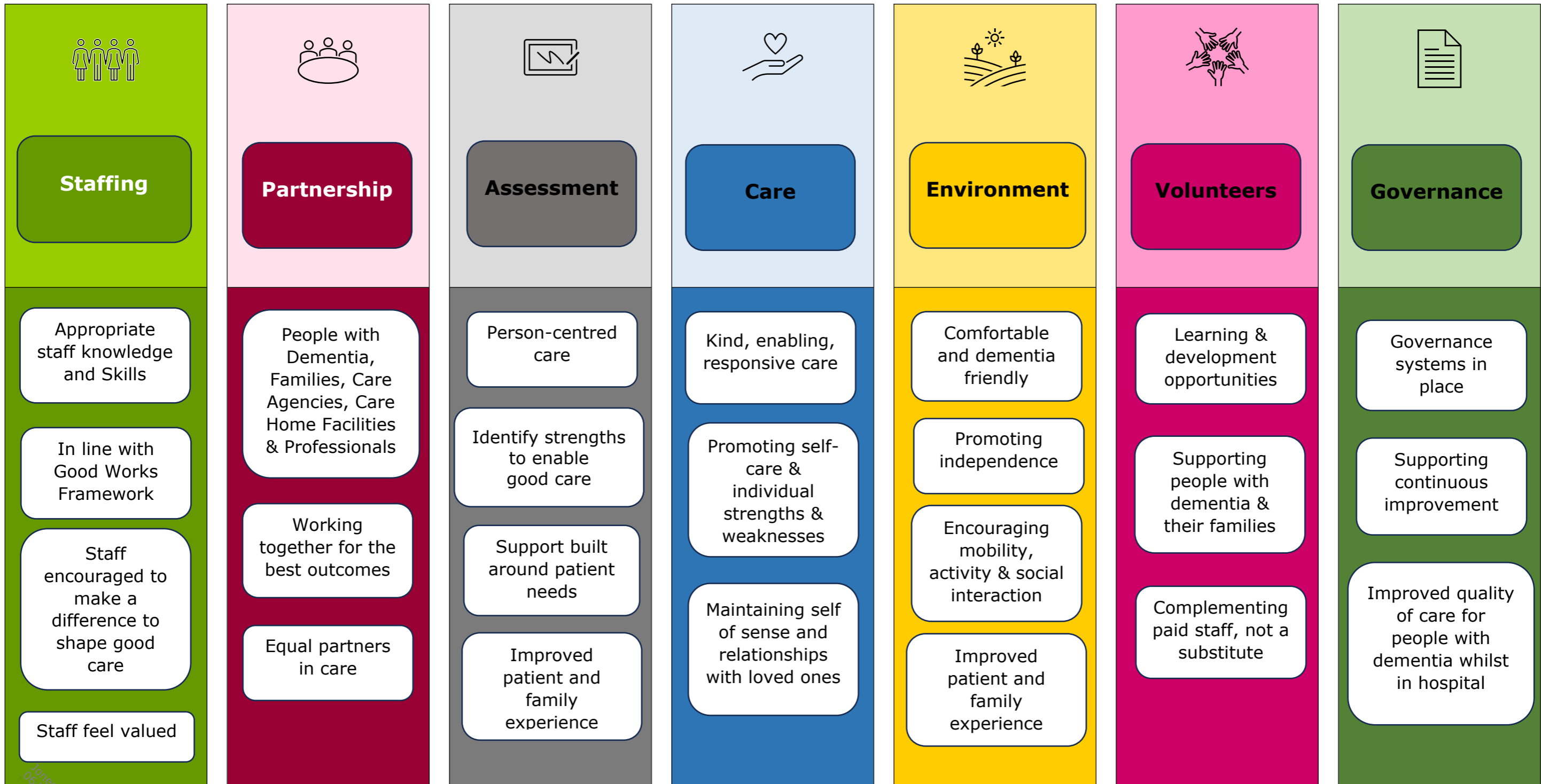
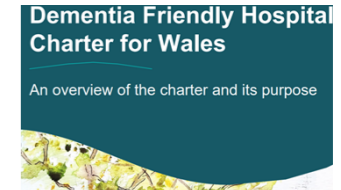
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06/06/2024 15:39:54

Please submit this application as a **word document** via email to

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# Hospital Charter – Plan on a Page



For further information please follow this link:

Or email:

[Heather.wenban@wales.nhs.uk](mailto:Heather.wenban@wales.nhs.uk)

Jones, Shania  
06/06/2024 15:39:54

Jones, Shania  
06/06/2024 15:39:54

**Dementia Friendly Ward Paint Colours chosen by vote**



Peek-a-boo Blue® (Walls & Ceilings, Matt Emulsion)



Rhubarb Rose® (Walls & Ceilings, Matt Emulsion)



Soft Duck Egg (Easyclean, Bathroom Mid Sheen Emulsion)



Soft Lime (Easyclean, Durable Matt Emulsion)



Teal (Easyclean, Durable Matt Emulsion)



Happy Daze® (Walls & Ceilings, Matt Emulsion)



Craft Fair® (CRAFTED™ by Crown, Luxurious Flat Matt)

Jones, Shania  
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**Dementia Friendly  
Hospital Charter**  
**Updating our colour schemes  
and signage to improve the  
environment for patients:**  
**Bronllys Hospital Outpatients**

Jones-Sharita  
06/06/2024 15:39:54

# Bronllys Hospital Outpatients

## Dementia Friendly Hospital Charter for Wales



The Dementia Friendly Hospital Charter requires that *“the environment is comfortable, empowering and promotes independence. Hospital planning and maintenance incorporates dementia friendly areas and there is support from all departments to design, achieve and upkeep them.”*

Principles of the environmental section of the charter include:

- People living with dementia and staff work together
- Signage, symbols and markers support navigation and are consistent throughout a region’s hospitals
- Adaptations are made to support people living with dementia
- The environment helps people to see, hear and communicate better and promote independence

Colour schemes also support people living with a visual impairment.

## Siarter Ysbytai sy'n Deall Dementia yng Nghymru



Jones, Shania  
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# The Task Group

A small task and finish group was brought together to discuss how these changes could be achieved and included:

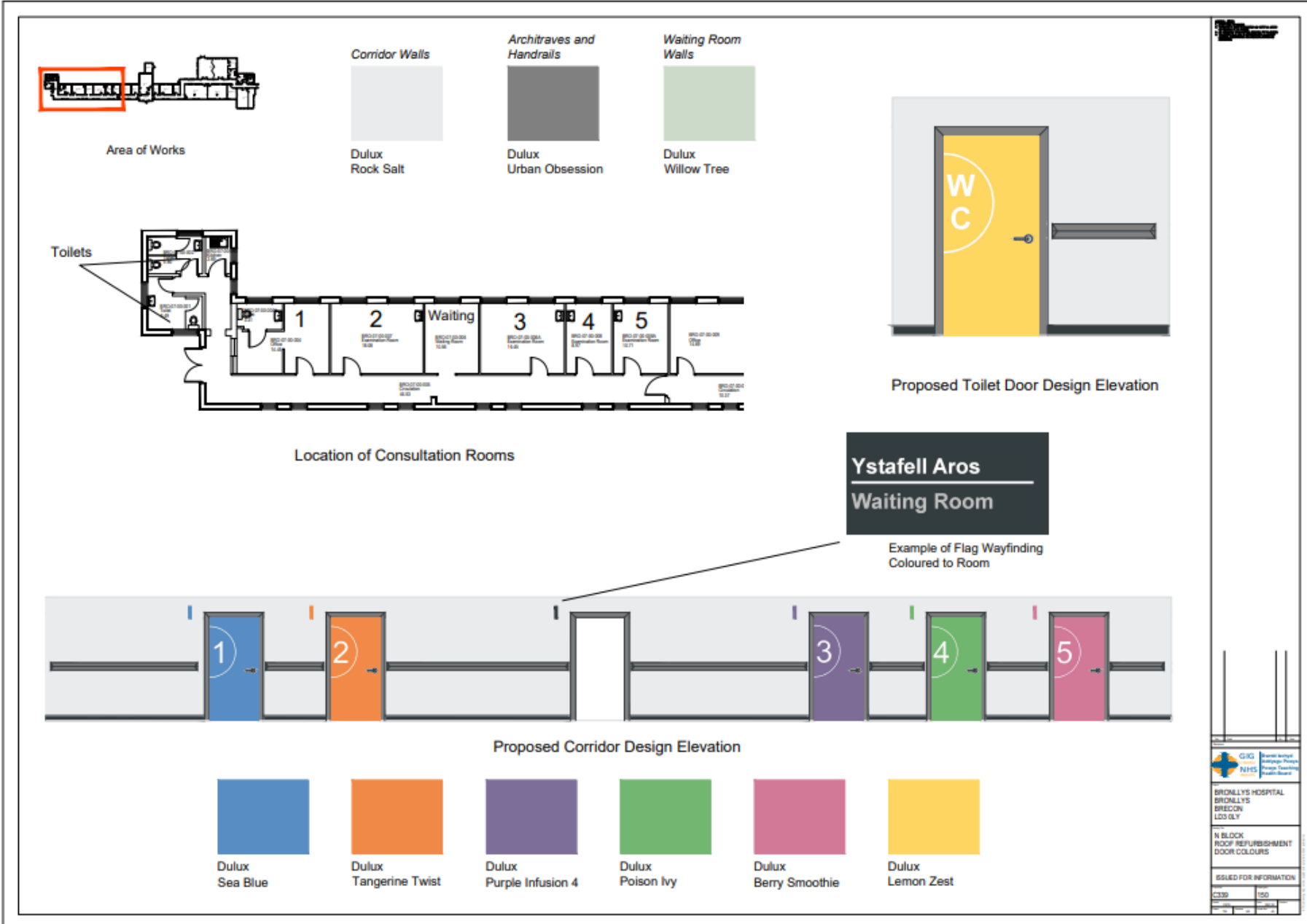
- Corporate Nursing - Project Lead – Susannah Jermyn
- Dementia Lead Nurse – Heather Wenban
- Estates Team – Cefin Francis, Louise Morris, Megan Thomas and Tom Morris
- Communications Team - Tab Wheeler and Steve Haslam

Included in the consultations were Judith Jamieson, Senior Nurse Manager - Outpatients Development, and Frances, a person living with dementia who is a member of PTHB's Dementia Leads Steering Group.

This is a really good example of working across all departments to achieve a great experience for the people of Powys.

Thank you to everyone for coming on the journey and supporting our request to upgrade Bronllys Hospital Outpatients to a dementia friendly environment. The work will have changed what was an out-of-date clinical space into a modern and welcoming one.

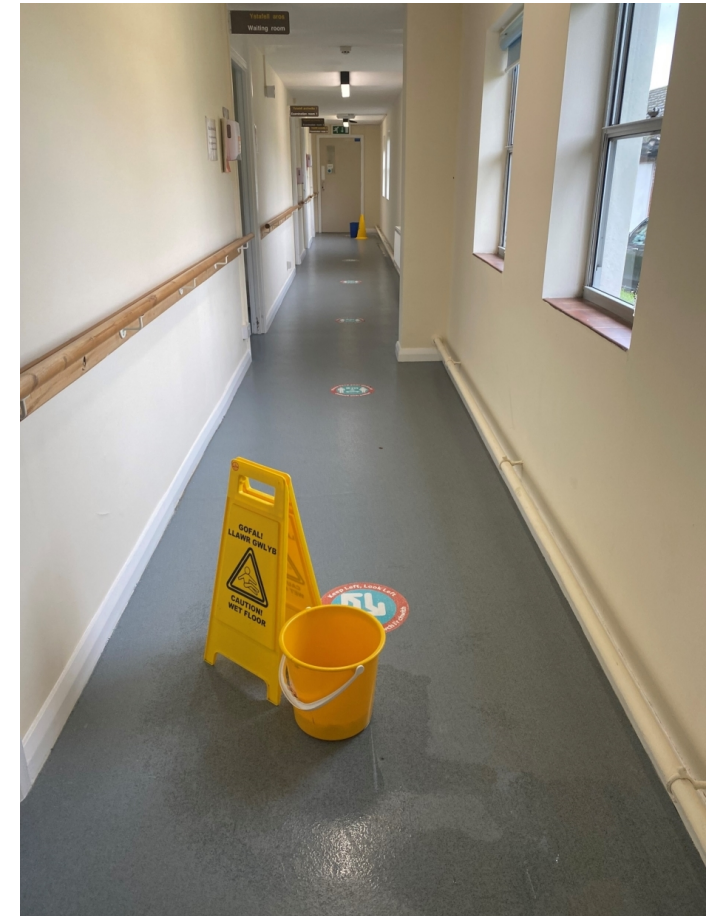
# The Scheme



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06/06/2024 15:39:54

BRONLLYS HOSPITAL  
 BRONLLYS  
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 N BLOCK  
 ROOF REFURBISHMENT  
 DOOR COLOURS  
 ISSUED FOR INFORMATION  
 C339 150

# The Environment Before



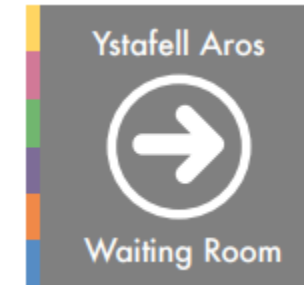
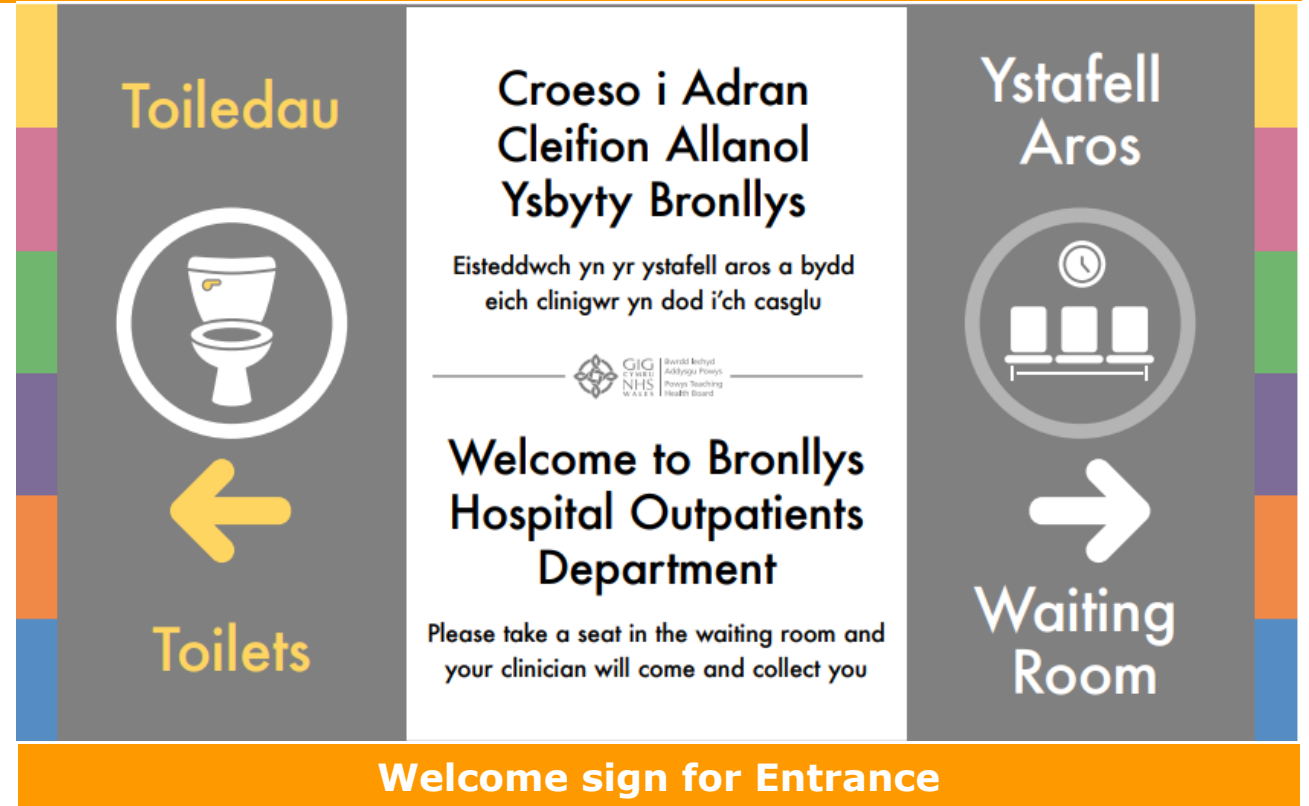
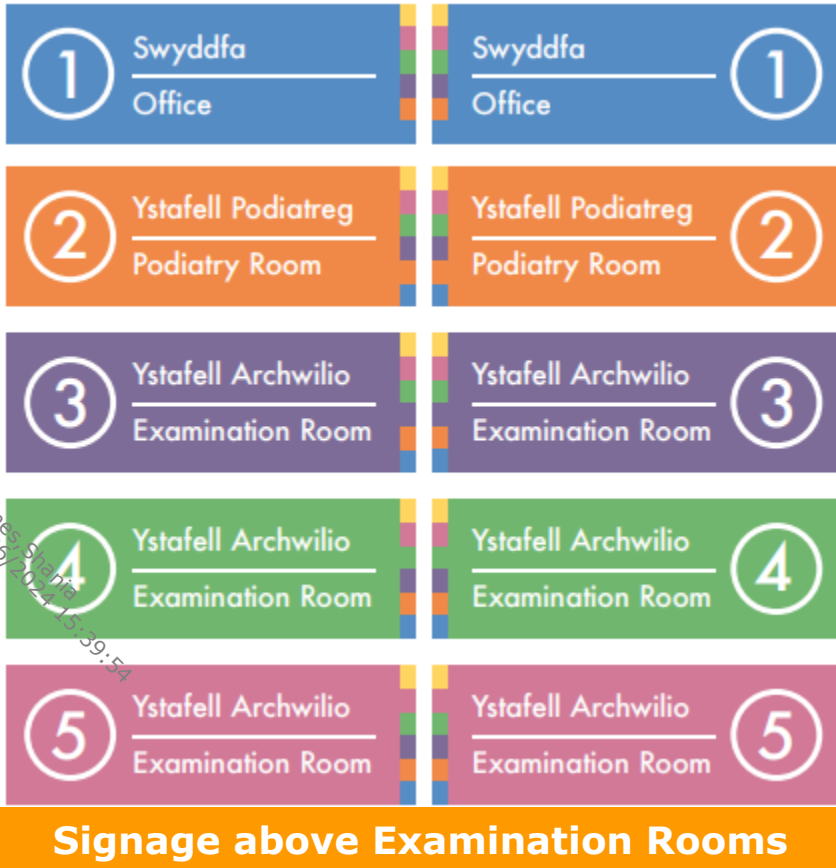
# The Environment Now

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# Signage

New Signage has been created to enhance the space, to make it more welcoming and to provide better way-finding for patients



# The Future

Plans for the future include:

- Roll out of the Bronllys colour scheme to all outpatient's departments in Powys
- The decoration of ward rooms and bays is also under review and opportunities to improve the environment in accordance with the Dementia Friendly Charter are being identified. Currently, ward rooms are mainly painted in generic PTHB colours, often white or magnolia. Painting of one wall in each of the ward rooms and bays a different colour will support people living with dementia to find their room if they have left it for any reason – voting for the colour palette is currently underway
- To take every opportunity to include dementia friendly colours in our environments

Jones, Shania  
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# If you would like to know more

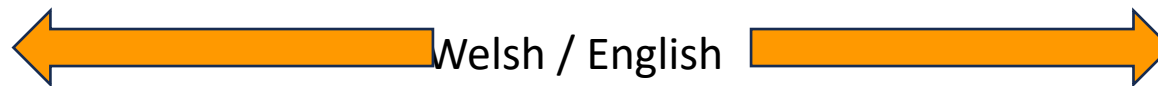
If you would like to know more about the Dementia Friendly Hospital Charter please follow the links below or contact:

Heather Wenban – Dementia Lead Nurse: [heather.Wenban@wales.nhs.uk](mailto:heather.Wenban@wales.nhs.uk)

Susannah Jermyn – Service Development Officer – [Susannah.Jermyn@wales.nhs.uk](mailto:Susannah.Jermyn@wales.nhs.uk)

Dementia Friendly Hospital Charter Links:

Jones, Shania  
06/06/2024 15:39:54



**Agenda Item: 2.1c  
Charitable Funds – Request for Approval to commit Charitable Funds  
Expenditure**

<b>APPLICATION FOR CHARITABLE FUNDS APPROVAL</b>
<b>For completion by person requesting funding:</b>
<b>Location:</b> Felindre Ward
<b>Hospital / Clinic:</b> Bronllys Hospital
<b>Requested By:</b> Millie Griffiths
<b>Fund Account No/Description:</b> Charitable funds
<b>Date:</b> 17.04.2024
<p><b>Demonstrate how this request will improve the patient and patient support environment within the tHB and complies with the Charitable Funds Strategy (Please include a statement on need and expected impact):</b></p> <p style="text-align: center;">We currently have a potter who attends the ward twice a week.</p> <p style="text-align: center;"><b>This application is to continue these sessions.</b></p> <p>Pottery is a session/group which has been popular amongst patients for many years and has had been well attended by those on the ward. By having 2 sessions it has enabled people to start and finish projects quicker which is better for those who have short admissions.</p> <p>There has been research into mental health benefits and pottery and some of the outcomes found the following;</p> <ul style="list-style-type: none"> <li>• <b>Creative outlet</b> – There are both physical and mental benefits from expressing yourself by creating something. Art offers an outlet and a release from all of that. With pottery, you can produce something and express yourself in some way.</li> <li>• <b>Increase optimistic outlook</b> – Pottery enables for improvements in flow and spontaneity, provides an outlet for grief, and helps you with self-identification and self-expression, bolstering confidence and self-esteem.</li> <li>• <b>Improve focus</b> – Pottery allows you to escape the worries of life and shift your focus toward your creation. During the process, outside influences don't affect your work so you dedicate your time to your creation. Being able to fully focus something helps the mind relax and expand, which will help you focus on other tasks in your daily life as well.</li> <li>• <b>Exploring and experimentation</b> – Pottery helps you to express your creativity, which is essential to expand who we are and how we connect to ourselves and our environment. It's a good way for people of all ages to explore the things they can do. You may be more creative than you think, besides there's no right or wrong way to participate in pottery.</li> </ul> <p><b>Can help reduce pain and discomfort from arthritis</b> – The movement of making pottery is gentle yet strengthening to the hands, wrists, and arms. This can be beneficial to those</p>

Jones, Shania  
 06/06/2024 15:39:15

prone to arthritis in the hands, as it promotes joint movement and dexterity.

- **Encourage sociability** – Pottery rouses mental activity as much as physical and is often the perfect hobby for those who prefer to expend their energy internally. While partaking in group pottery. The usually casual atmosphere helps people relax and can help start a conversation. Plus there is community pottery groups which can be signposted too.

<https://www.healthfitnessrevolution.com/top-10-health-benefits-pottery/>

All the above points enable us to further assess patients in a calm, structured, relaxed manner which also links to recovery through activity program which we are trying to further implement on the ward however sessions such as pottery require a trained potter. Creative activity is part of everyday life involving risk taking, problem solving and therefore has the power to foster autonomy and competence (Schmid, 2005). Through the use of creative tasks, we are able to assess a patient's mental state, ability to follow instructions and concentration. The versatility of creative activity allows it to be used effectively in 1:1 and group interventions (Griffiths and Corr, 2007) as well aiding OTs to assess functional performance (Mitchell and Neish, 2007).

**Description of item requested (please attach supporting documentation eg EDOF form/quotes:**

**Please find previous invoice from other sessions attached.**

**Estimated Cost (If known):**

£60 a session – **2 sessions a week totalling £120**

Plus, an additional £800 a year for materials.

Please note this is £50 more than the previous application due to an increase cost of materials.

**Has assistance been obtained from the Procurement Department** No  
**(Please delete)**

**Ongoing Revenue Costs (if Applicable)**

**For completion by Fund Manager:**

Jones, Shania  
06/06/2024 15:39:54

**Comments on Proposal:**

**Signed:**

**Date:**

**For completion by appropriate Director/Locality Manager (or designated deputy):**

**Funding request supported / not supported (delete as appropriate)**

**Signed:**

**Date:**

**When completed by all parties please forward to:  
Charitable Funds, Finance Department, Bronllys Hospital**

Jones, Shanika  
06/06/2024 15:39:54



Agenda item: 2.1d

Form B: Local Funds Application Form	
Project title:	Corneal Service
Service department/ward:	Ophthalmology- Llandrindod wells Outpatients
Applicant name:	Clair Rea
Please choose who will benefit from this proposal (select all that apply):	
Powys Teaching Health Board Staff and Volunteers	<input type="checkbox"/>
Powys Teaching Health Board Patients	<input checked="" type="checkbox"/>
Community Members	<input type="checkbox"/>
Other (specify below)	<input type="checkbox"/>
What area/community in Powys will benefit from this project?	
North Powys	<input type="checkbox"/>

Jones, Sherrin  
06/06/2024 15:39:54

Please submit this application as a word document via email to

[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



Mid Powys	<input checked="" type="checkbox"/>
South Powys	<input type="checkbox"/>
Powys wide	<input type="checkbox"/>
Other (specify below)	<input type="checkbox"/>
Please note the most relevant health and wellbeing area for this proposal (e.g. mental health, recovery from COVID-19, physiotherapy, cancer care, etc.)	
Outpatients	

**Project summary** – Provide a brief summary of the proposal and outline what it aims to address.

**The purchase of an Anterior Segment Attachment kit AA-1 for the OCT scanner would enable the capture of specific corneal scans. This will allow the diagnosis and treat in a more timely fashion, bringing care closer to home in line with Welsh Government Transformation Action Plan 2020-2023 and GIRFT recommendations.**

**Background** – Outline any relevant information that will provide context for the proposal, including the need and any previous proposals or projects.

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**Patients experiencing conditions of the cornea are currently having to travel to Hereford for corneal imaging. This piece of equipment will enable the development of a corneal OPD service and support Mr Geraint Williams in the diagnosis and treatment planning of these complex eye conditions. This equipment will be used approximately 20 times a week to capture images.**

**Project plan** – Please provide a detailed breakdown of the project, how it will address need and a timeline for delivery.

The provision of this equipment will enable patients currently travelling to Hereford to be seen closer to home. It will support the development of a corneal service provision in PTHB.

**The medical device process has been completed with an approved edof insitu.**

**Evaluation & Legacy** – Detail your plans for evaluating the project and explain the project’s sustainability.

*Please note that all projects must complete an evaluation upon completion.*

Evaluation will take the form of a live audit database capturing the number of scans completed, the diagnosis, follow up and treatment pathways implemented. This will have a financial saving and reduce the carbon footprint of the service.

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<b>Resources</b> - Try to provide a detailed breakdown of the budget and resources required, including quantities and cost per item.	
This request is for full funding.  No additional staffing resources or sundries are required to support service.	
<b>Total amount requested (£):</b>	6021.60
<b>Contact details</b>	
Name: Clair Rea	
Email address: Clair.Rea@wales.nhs.uk	
Phone number:	
Delivery address (if applicable): Llandrindod Wells Outpatient Department	
<b>Declaration</b>	
I have read the PTHB Charitable Funds staff guidance document.	<b>X</b>

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<p>I have read the FCP policy.</p> <p>Please see this link to PTHB Financial policies <a href="#">here</a>.</p> <p><b>No items or services should be procured or ordered before receiving authorisation to do so from the Finance team. You will receive a unique project budget code and guidance on how to procure via Charitable Funds.</b></p> <p><i>If you are unable to access the FCP policy, please contact the Powys Health Charity team to request a copy.</i></p>	<p><b>x</b></p>
<p>I confirm that this funding will only be used for the purposes specified in this application.</p>	<p><b>x</b></p>
<p>I confirm that this funding request is under £5,000.</p>	<p><input type="checkbox"/></p>
<p><b>Applicant</b> <i>(We accept electronic and typed signatures)</i></p>	
<p>Name: Clair Rea</p> <p>Signature: Clair Rea</p>	<p>Role: Ophthalmic Scientific Practitioner</p> <p>Date: 10/4/24</p>
<p><b>Approving manager</b> <i>(We accept electronic and typed signatures)</i></p>	

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Name:

**Judith Jamieson**

Role:

**Senior Nurse Manager OPD development**

Signature:

**Judith Jamieson**

Date:

**10/4/24**

Authorisation (for Charity Team use only)

Name:

Role:

Signature:

Date:

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06/06/2024 15:39:54

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**TO BE COMPLETED BY THE CHARITY TEAM.**

Strategic priorities <i>(tick the relevant priorities)</i>	
Demonstrating Responsible Leadership	<input type="checkbox"/>
Upholding Our Civic Mission	<input checked="" type="checkbox"/>
Enhancing NHS Services	<input checked="" type="checkbox"/>
Establishing a Culture of Collaboration	<input type="checkbox"/>
IMTP Objectives <i>(tick the relevant priorities)</i>	
1. Focus on Wellbeing	<input type="checkbox"/>
2. Provide Early Help and Support	<input checked="" type="checkbox"/>
3. Tackle the Big Four	<input type="checkbox"/>
4. Enable Joined up Care	<input type="checkbox"/>
5. Develop Workforce Futures	<input type="checkbox"/>
6. Promote Innovative Environments	<input type="checkbox"/>
7. Put Digital First	<input type="checkbox"/>
8. Transforming in Partnership	<input type="checkbox"/>
Additional comments	

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The project has the potential to greatly benefit patients by bringing care closer to home and potentially making treatment and care more efficient. The equipment would also clearly be used frequently and there are no additional training or ongoing maintenance requirements to consider.

The project would support the Charity's aims to enhance NHS services, improving provision for patients and enhancing the patient experience. If possible, it would be great to capture some qualitative feedback from patients and staff after the equipment has been introduced.

<b>Print name:</b>	Abe Sampson	<b>Date signed:</b>	12.04.2024
<b>Signature:</b>			

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Agenda item: 2.1e

Form C: Grant Scheme Application Form	
Project title:	Express Yourself!
Service department/ward:	Adult Speech and Language Therapy
Applicant name:	Ceinwen Douglas
Please choose who will benefit from this proposal (select all that apply):	
Powys Teaching Health Board Staff and Volunteers	<input type="checkbox"/>
Powys Teaching Health Board Patients	<input checked="" type="checkbox"/>
Community Members	<input type="checkbox"/>
Other (specify below)	<input type="checkbox"/>
What area/community in Powys will benefit from this project?	
North Powys	<input type="checkbox"/>
Mid Powys	<input type="checkbox"/>
South Powys	<input type="checkbox"/>
Powys wide	<input checked="" type="checkbox"/>
Other (specify below)	<input type="checkbox"/>
Please note the most relevant health and wellbeing area for this proposal (e.g. mental health, recovery from COVID-19, physiotherapy, cancer care, etc.)	

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Speech and Language Therapy

Neurological conditions

**Project summary** – Provide a brief summary of the proposal and outline what it aims to address.

Express Yourself! offers opportunities for people with communication difficulties due to a neurological condition the chance to engage in theatre or movement workshops to develop confidence, expression and communicative abilities in social situations. These sessions will provide individuals with opportunities to improve their communication skills in a fun, supportive and engaging environment with longer-term aims of improving communication skills in everyday, functional encounters.

**Background** – Outline any relevant information that will provide context for the proposal, including the need and any previous proposals or projects.

Speech therapy supports individuals with communication difficulties with long-term aims of improving communication skills in routine, functional encounters. Of most challenge to clients is the generalisation of skills outside of the clinic room into everyday encounters, as well as re-engagement with social activities.

For many people who are living with a neurological condition, engagement with their local communities can reduce following the onset of changes to speech and communication skills. The incidence of loneliness, depression, social isolation and relationship breakdown is higher in people with communication difficulties than the general population. For those suffering with low mood and depression (which can be as high as 70% of stroke survivors with aphasia, 35% in Parkinson's and 50% of people with Multiple Sclerosis) the evidence based treatments of talking therapies are often inaccessible. It is known that creativity

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through arts has positive impacts on mood and well being and therefore it is anticipated that offering arts based activities to this population could have wide-ranging benefits beyond functional speech and communication practice.

People living with neurological conditions have the lowest health related quality of life of any long-term condition. Furthermore, those with communication difficulties communicate with fewer friends and have smaller social networks. This subsequently impacts negatively on wellbeing. Evidence shows that reengagement with a person's communities and strengthening of social connections leads to better health outcomes.

I have partnered with two Powys based arts organisations to develop a proposal to deliver dance and movement workshops across Powys. The first is Shakespeare Link, a drama company based in Rhayader ([Shakespeare Link | Willow Globe Theatre](#)) and the second are dance practitioners based in Llandrindod with connections to Impelo dance ([Impelo](#)). Both arts partners have deep rooted community values and are experienced practitioners in delivering workshops in their relevant areas of expertise.

To achieve this vision I am applying for funding via the Arts Council of Wales's Arts, Health and Wellbeing fund. I am approaching the PTHB Charitable Fund to help meet the required 10% match funding needed to submit my proposal.

**Project plan** – Please provide a detailed breakdown of the project, how it will address need and a timeline for delivery.

We aim to provide opportunities for social interaction and building connections to help nurture a community of belonging and shared purpose, irrelevant of communication difficulties. We want to establish a space where people have an opportunity to:

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- Connect with the arts
- Connect with others in a stimulating and fun environment
- Can express themselves in a supportive and non-judgmental environment
- Foster social connections
- Challenge people's communication abilities and allow space to rehearse, practice and embed strategies taught in speech therapy
- Provide opportunities to help generalise new skills (in relation to communication) as we know generalising in real life environments is the most difficult part of rehabilitation
- Promoting all forms of communication, including non-verbal as modes to express self and connect with others

Appropriate participants will be identified by Speech and Language Therapists at PTHB following a review of current and past caseload lists and will be referred to the project. Potential participants will be contacted by a member of the project team and invited to attend 2 hour workshops undertaken in one of three locations:

- Drama workshops:
  - 4 sessions in Brecon
  - 4 sessions in Newtown
- Movement workshops
  - 3 sessions in Llandrindod Wells
- Drama sessions for mild-moderate difficulties (max 12 participants) to be delivered by 2 actors from Shakespeare Link
- Movement sessions for severe communication difficulties (max 10 participants) to be delivered by 2 dance and movement practitioners

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- Sessions to be delivered weekly or bi-weekly between September and November 2024

Evaluation of the project to be completed by March 2025.

**Evaluation & Legacy** – Detail your plans for evaluating the project and explain the project’s sustainability.

*Please note that all projects must complete an evaluation upon completion.*

**Questions to Answer:**

Do drama and movement workshops:

- provide a naturalistic setting to support generalisation of speech and language skills taught in therapy?
- Increase confidence communicating in real-life situations with others?
- Engage participants in social activities?
- Increase feelings of wellbeing?
- Reduce feelings of anxiety and depression (if applicable)?
- Increase interest in the arts?

**Tools used to measure the above points:**

- Goal Attainment Scales: Individualised client goals will be measured and analysed by a trained speech and language therapist. These may include goals such as use of specific techniques or strategies for their communication impairment.

- Aphasia Impact Questionnaire-21. A subjective, pictorial, self-report questionnaire. It is used to enable people with communication difficulties to express how they experience life.

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- EQ-5D-5L: A concise, generic measure of self-reported health which reflects the relative importance to people of different types of health problems.
- Mood screens:
  - The Hospital Anxiety and Depression Scale: A self-assessment scale for detecting states of depression and anxiety.
  - Stroke Aphasic Depression Questionnaire: Questionnaire completed by client’s caregiver measuring observable behaviours thought to be associated with depressed mood.
- Satisfaction / engagement questionnaires: Measure satisfaction / enjoyment with session activities and engagement with the arts.

An evaluation report will be completed by the end of March 2025.

**Resources** - Try to provide a detailed breakdown of the budget and resources required, including quantities and cost per item.

The total project cost is £15,546, with £13,928 90% applied for via Arts Council Wales.

The amount request from Powys Health Charity is £1,600 or approximately 10% of project funding.

Please see attached budget sheet for cost breakdown.

<b>Total amount requested (£):</b>	£1,600
------------------------------------	--------

Contact details

Name: Ceinwen Douglas

Email address: Ceinwen.douglas@wales.nhs.uk

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[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)



Phone number: 01686 617248 / 07966 294 848	
Delivery address (if applicable):	
<b>Declaration</b>	
I have read the PTHB Charitable Funds staff guidance document.	<input checked="" type="checkbox"/>
<p>I have read the FCP policy.</p> <p>Please see this link to PTHB Financial policies <a href="#">here</a>.</p> <p><b>No items or services should be procured or ordered before receiving authorisation to do so from the Finance team. You will receive a unique project budget code and guidance on how to procure via Charitable Funds.</b></p> <p><i>If you are unable to access the FCP policy, please contact the Powys Health Charity team to request a copy.</i></p>	<input checked="" type="checkbox"/>
I confirm that this funding will only be used for the purposes specified in this application.	<input checked="" type="checkbox"/>
<b>Applicant</b> <i>(We accept electronic and typed signatures)</i>	
Name: Ceinwen Douglas    Role: Clinical Lead Speech & Language Therapist	
Signature:	Date: 24/04/2024
<b>Approving manager</b> <i>(We accept electronic and typed signatures)</i>	
Name: Victoria Deakins    Role: Head of therapies	

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Signature:

Date: 09.05.2024

**Authorisation (for Charity Team use only)**

Name:

Role:

Signature:

Date:

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**TO BE COMPLETED BY THE CHARITY TEAM.**


Strategic priorities ( <i>tick the relevant priorities</i> )	
Demonstrating Responsible Leadership	<input type="checkbox"/>
Upholding Our Civic Mission	<input checked="" type="checkbox"/>
Enhancing NHS Services	<input checked="" type="checkbox"/>
Establishing a Culture of Collaboration	<input checked="" type="checkbox"/>
IMTP Objectives ( <i>tick the relevant priorities</i> )	
1. Focus on Wellbeing	<input checked="" type="checkbox"/>
2. Provide Early Help and Support	<input type="checkbox"/>
3. Tackle the Big Four	<input type="checkbox"/>
4. Enable Joined up Care	<input type="checkbox"/>
5. Develop Workforce Futures	<input type="checkbox"/>
6. Promote Innovative Environments	<input type="checkbox"/>
7. Put Digital First	<input type="checkbox"/>
8. Transforming in Partnership	<input checked="" type="checkbox"/>
Additional comments	
<p>The project would help to support further integration of arts in health collaborations in Powys, which is a major part of the Charity’s strategy. The project will also clearly be integrated into the PTHB patient pathway with the involvement of the Speech and Language Therapy team.</p> <p>The demonstration of need within Powys could be stronger in the application, although this is somewhat mitigated by the above integration with HB services. Evaluation and measurement of outcomes has been well considered.</p> <p>The project proceeding will be contingent on securing the Arts Council Wales funding, which should be factored into any project approval.</p>	

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Print name:	Abe Sampson	Date signed:	28.05.2024
Signature:			

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**Project Budget Template**

**Project Expenditure**

Please **only** complete the **white cells**. Shaded cells contain information and calculations, do not overwrite these.

For **each item**, under the appropriate heading, please provide a detailed **description** and enter the **amount in whole £**. (Do not include decimal places)

If you do not provide sufficient information for us to be able to understand the reason for the costs or how the figure was calculated we will be unable to process your application.

There is a notes section at the bottom of the form where you can provide additional information if required. Please ensure it is clear what item the additional information relates to.

If there is not enough space in this sheet for your detailed breakdown, please include a summary here and attach a separate sheet on the attachments page of the application.

** Complete this section when applying **			** This section will need to be completed in the Completion Report	
Application Budget			Completion Figures (£)	
			£	Explanation for figures, please provide
<b>Artists fees</b> (please see help notes for minimum fee guidance)			<b>£</b>	
Artist fees (£125 x 30 days). Shakespeare Link: 5 Practitioners running 6 workshops at rate of £125 per practitioner.			£3,750	
Impele: 2 Practitioners running 3 workshops at rate of £125 per practitioner			£625	
Planning sessions: 5 practitioners completing 0.5 day planning			£625	
Training for communication difficulties awareness: 5 practitioners attend 0.5 day training			£625	
Practitioner travel at 0.43p per mile. Shakespeare Link: Workshops: 1375 miles. Training: 111 miles. Planning: 30 miles. Impele: Workshops: 150 miles. Planning: 50 miles. Training: 80 miles			£811	
			£0	
			£0	
			£0	
			£0	
<b>Total Artists fees</b>			<b>£5,811</b>	
			£0	<b>Total Artists fees</b>
<b>Artistic activity costs</b>			<b>£</b>	
Workshop materials			£200	
			£0	
			£0	
			£0	
			£0	
			£0	
			£0	
			£0	
			£0	
<b>Total artistic activity costs</b>			<b>£200</b>	
			£0	<b>Total artistic activity costs</b>
<b>Reaching your audience/ participants</b>			<b>£</b>	
CELF o Gwmpas 3x sessions at £55			£165	
			£0	
Oriol gallery 4x sessions at £52.50 but reduced to £48			£210	
Subud hall 4x sessions at £36			£144	
			£0	
<b>Total reaching your audience/ participants</b>			<b>£519</b>	
			£0	<b>Total reaching your audience/ participants</b>
<b>Costs of making your activity more accessible for your audiences and participants</b> (for personal access costs please see Access Costs Tab)			<b>£</b>	
Travel for participants through use of community transport schemes, taxis, dial a ride and other local organisations.			£1,000	
			£0	
			£0	
			£0	
<b>Total costs of making your activity more accessible</b>			<b>£1,000</b>	
			£0	<b>Total costs of making your activity more accessible</b>
<b>Monitoring and evaluation costs</b> (You should allocate at least 10% of your overall project costs for evaluation)			<b>£</b>	
Videographer for case studies and visual stories			£1,500	
Compilation of and interpretation of outcome measures (3x days)			£750	
Photography			£800	
Project report / case study ( production of)			£600	
<b>Total monitoring and evaluation costs</b>			<b>£3,650</b>	
			£0	<b>Total monitoring and evaluation costs</b>
<b>Capital equipment purchases</b> (we can contribute a maximum of £2,000). Please ensure you provide a clear rationale for the capital item. You must list each item, its full cost and how much grant contribution you're requesting towards each one.			<b>Full Cost of item</b>	<b>Grant Contribution</b>
			£0	£0
			£0	£0
			£0	£0
			£0	£0
<b>Total capital equipment</b>			<b>£0</b>	
			£0	<b>Total capital equipment</b>
<b>Project specific administration and overhead costs</b> (must not be more than 20% of total eligible project cost less contingency)			<b>£</b>	
Project Coordinator: 13 days at £200 per day			£2,600	
Printing			£120	
Stationary and stamps			£100	
Financial administration (raising and paying invoices, balancing budgets) 10 hours @ 15ph			£150	
			£0	
			£0	
			£0	

<b>Total project specific administration and overhead costs</b>	20% of total project costs =	<b>£2,985</b>	<b>£2,970</b>	<b>£0</b>	<b>Total project sp</b>
<b>Other expenditure</b> (this is expenditure which does not fall into the other categories)					
Refreshments (drinks and snacks at £2 per head. 228 x2)			£456	£0	<b>Other expenditi</b>
Speech therapist travel costs (Brecon-Newtown return x4= #20m, Brecon-Llanunio return x2= 22#m, Brecon-Brecon return x4= 6; Brecon-Rhader return x1= 60. Total: 710 miles @ 0.45ppm)			£320	£0	
			£0	£0	
			£0	£0	
			£0	£0	
<b>Total other expenditure</b>			<b>£776</b>	<b>£0</b>	<b>Total other exp</b>
<b>Total support in kind</b> please provide the breakdown in the Income Tab, the Total figure is displayed here (please do not amend here)				<b>£0</b>	<b>Total support in section)</b>
<b>Contingency</b> (this should not be more than 5% of total project cost excluding contingency)	5% of total project costs =	<b>£746</b>	<b>£621</b>	Contingency not applicable at this	
<b>Total Expenditure</b>			<b>£15,546</b>	<b>£0</b>	<b>Total Expenditu</b>
<b>Additional Notes:</b> Please ensure any additional notes can be easily tied to the related item above				<b>Additional Notes</b>	
Speech Therapist Travel Costs - These costs are accrued extras as without this project this travel would not be undertaken.					
Project Coordinator role is additional to the project					

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Agenda item 2.1f

Powys Creates Grant Scheme

What is the title of your project/request?

Fork to Table - Garden and Lunch group

Please provide a short description of the project.

Ponthafren is Mental Health Charity working with people aged 16+. We provide counselling services, blended Silvercloud, one to one practical support as well as groups and activities.

Our Newtown centre has a wonderful garden with space for vegetable growing and other wellbeing activities. We would like to use the funds available to develop a gardening group in which clients can grow fruit and vegetables and then sit down together to a meal which has been prepared using some of the home grown produce.

Who will benefit from this funding?

Our services receive over 1000 referrals a year and in 2022 – 2023 we supported 1225 individuals through our range of services. These are people who have mental health struggles, diagnosed or undiagnosed, as well as those who are isolated or lonely and at risk of developing mental health issues. The proposed project would be open to anyone in the local community who would like to take part, will provide a safe space for people to build social networks and something to look forward to each week.

How will you use this funding to incorporate creative arts therapies and activities into the current service provision?

It is important to consider how this project will impact/enhance the patient experience.

What type of activity are you planning? Who will deliver this provision?

Here are some examples of activities that have been delivered in Powys and elsewhere:

- The power of music: Singing session for people living with dementia
- Art sessions: providing art sessions (painting and drawing) to palliative care patients.

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08/03/2024 15:39



- Creative writing/poetry: to help improve mental wellbeing in children and young people.
- Journaling for staff
- Pottery sessions: known to help improve focus, reduce pain and encourage sociability.
- Welsh National Opera wellness programme to help individuals struggling with long COVID symptoms.

We will provide the staff, tools, equipment and space for people to grow their own vegetables and fruit in our garden facility. Our kitchen is registered and as such we can then support people to cook the food and have a weekly meal with the produce that they have provided or to make preserves and other items to raise further funds for the project to continue beyond the funding.

We believe that this group would be beneficial on many levels.

- There are proven benefits for mental health for being outdoors and in nature and working in the garden would be great for this. Our garden has raised beds at different levels and so we can accommodate people who are less mobile/agile as well as those with greater physical fitness.
- As the cost-of-living crisis continues and the price of food rises we know that many of our client group struggle to afford healthy eating choices. We believe that in doing a fork to table project that we can teach people how to cook healthily and, on a budget, using easily sourced ingredients while also offering a subsidised meal once a week with the opportunity to socialise and reduce social isolation.
- There is a stigma to loneliness and isolation and so often people are embarrassed to reach out for help if this is how they feel. Hosting activities that are open to the whole community and combines social and practical elements brings a variety of people together and can tackle the impact of loneliness on the mental health of those in our community.
- Whilst Ponthafren provide a range of different groups and activities this would be something new and will therefore potentially attract different people into the service who may not otherwise attend.
- The fact that this will be partially an outdoor activity will be useful for those who struggle with their mental health and being in a room with others. The outdoor space allows people to slowly get to know one another in a relaxed setting, the

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outdoor space allows people to move to a quiet area if they need to. The meal will then be an opportunity for people who have started to build relationships to continue in a slightly more intensive space if appropriate.

What is the total project cost and what items/services are you requesting? Please provide a detailed breakdown of the funding required, including quantities and cost per item or whether there are any ongoing costs.

Staff time to deliver @ 2 hours per week for 24 weeks @ 11.47 per hour with added staff on costs (14.55 per hour) - £698.40

Compost for seed growing - 6 bags @ £6.00 per bag - £36.00

Seed trays - 20 seed trays @ 5.99 for 5 - £29.95

Plant pots - 100 @ 10.99 for 50 - £21.98

Stationary for recipe printing/ group workbooks/ handouts etc - £8.50

Jam Jars for preserving and sales to sustain the project - 96 @ 20.99 per 24 - £83.96

Additional ingredients for the meal / preserve cooking element e.g. Pasta, rice, stock etc @ £5.00 per session. - £120.00

**Total - £998.79**

Please provide an estimated timescale for the project. Consider any development or consultation that might be needed, when you would like the project to start, and how long the funding will last.

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We would ideally like to start the project in Spring to align with the growing season and conclude the 24-week course in September as the growing season, in the main, comes to an end.

The funding will be enough to cover a 24 week course. We then hope to be able to sustain the project moving forward by the sale of produce/ preserves, by creating our own compost in our compost area and by reusing the items that we will purchase with the grant eg. Plant pots, seed trays etc.

How will you evaluate the success of this project? Consider the opportunities there are to capture feedback from the beneficiaries and what key indicators can show the impact of the project on participants. You may need to measure this before and after the project.

Ponthafren use a variety of tools to measure impact of our services on those who attend. These range from emotional wellbeing scores (WEMWBS) to measure wellbeing to service evaluations to measure changes in social, cookery, and gardening knowledge and skills.

For this project we would be keen to measure both learning and impact on the individual's emotional wellbeing by their attendance to the groups.

Each attendee to the group will be invited to anonymously score their wellbeing at the start and end of the course (irrespective of their joining date) and in addition to score their knowledge and confidence in both the gardening/ growing and cooking elements of the course. These scores will be taken periodically throughout the course to assess both learning and impact on emotional wellbeing.

These scores can then be compared to our more formal services/therapies to see what impact it has had compared to, for example, counselling.

#### Contact details

Name: Rachael Harris

Email address: [Rachael.harris@ponthafren.org.uk](mailto:Rachael.harris@ponthafren.org.uk)

Phone number: 07790026201



Location:	
<b>Ponthafren, Longbridge Street, Newtown, Powys SY16 2DY</b>	
<b>Declaration</b>	
I confirm that I have attained approval from my appropriate line manager/service lead for this request.	<input checked="" type="checkbox"/>
I confirm that this funding will only be used for the purposes specified in this application.	<input checked="" type="checkbox"/>
I confirm that no items or services will be procured before receiving authorisation to do so from the Finance team.	<input checked="" type="checkbox"/>
<b>Applicant</b>	
Name:	Role:
Signature:	Date:
<b>Authorising fund manager (for Charity Team use only)</b>	
Name:	Role:
Signature:	Date:

**Please submit this application as a word document via email to**

**[pthb.charity@wales.nhs.uk](mailto:pthb.charity@wales.nhs.uk)**

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**TO BE COMPLETED BY THE CHARITY TEAM.**

<b>Strategic priorities (<i>tick the relevant priorities</i>)</b>	
Demonstrating Responsible Leadership	<input type="checkbox"/>
Upholding Our Civic Mission	<input checked="" type="checkbox"/>
Enhancing NHS Services	<input checked="" type="checkbox"/>
Establishing a Culture of Collaboration	<input checked="" type="checkbox"/>
<b>IMTP Objectives (<i>tick the relevant priorities</i>)</b>	
1. Focus on Wellbeing	<input checked="" type="checkbox"/>
2. Provide Early Help and Support	<input type="checkbox"/>

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3. Tackle the Big Four	<input type="checkbox"/>
4. Enable Joined up Care	<input type="checkbox"/>
5. Develop Workforce Futures	<input type="checkbox"/>
6. Promote Innovative Environments	<input type="checkbox"/>
7. Put Digital First	<input type="checkbox"/>
8. Transforming in Partnership	<input checked="" type="checkbox"/>
<b>Additional comments</b>	
<p>The project would help to support outcomes for disadvantaged communities, and contribute to the development of Powys Health Charity projects created in closer collaboration with local Powys communities. The project would also be a good utilisation of combined resources between the HB, the Charity and Ponthafren.</p> <p>The evaluation metrics stated will be helpful but additional information on whether this project encourages the attendance/participation of new community members for Ponthafren would also be useful to include.</p> <p>If supported, the project should aim to ensure it establishes a close link to the relevant PTHB services for appropriate referrals.</p>	
<b>Print name:</b>	Abe Sampson
<b>Date signed:</b>	28.05.2024
<b>Signature:</b>	

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CYMRU  
**NHS**  
WALES

Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

**Agenda item: 2.2**

<b>Charitable Funds Committee</b>		<b>DATE</b> <b>10 June 2024</b>
<b>Subject:</b>	<b>Ratification of expenditure approved by those with relevant delegations</b>	
<b>Approved and presented by:</b>	Assistant Director of Finance	
<b>Prepared by:</b>	Assistant Director of Finance	
<b>Other Committees and meetings considered at:</b>	N/A	
<b>PURPOSE:</b>		
To receive for information items of expenditure approved by those with relevant delegations during February 2024 to March 2024.		
<b>RECOMMENDATION(S):</b>		
The Charitable Funds Committee is requested to NOTE items with a combined value of £18,581 attached that have been approved for expenditure during February 2024 to March 2024.		
<b>Approve/Take Assurance</b>	<b>Discuss</b>	<b>Note</b>
Y	N	N

<b>ALIGNMENT WITH THE HEALTH BOARD'S WELLBEING OBJECTIVES:</b>		
1. Focus on Wellbeing	Y	Use this space to provide a brief narrative explanation of alignment with the health board's wellbeing objectives including reference to our strategic priorities. This can include reference to the Board Assurance Framework.
2. Provide Early Help and Support	N	
3. Tackle the Big Four	N	
4. Enable Joined up Care	N	
5. Develop Workforce Futures	N	
6. Promote Innovative Environments	N	
7. Put Digital First	N	
8. Transforming in Partnership	N	

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## EXECUTIVE SUMMARY:

All items of expenditure from Charitable Funds must not be committed prior to the approval of expenditure from either the Charitable Funds Committee or the Executive Directors/Assistant Directors delegated with this responsibility in line with the Charitable Funds Strategy and Policy document.

## HEADING:

It is a requirement that all items of expenditure are notified to the committee for information at its next available committee meeting. Items with a combined value of £18,581 attached have been approved for expenditure during February 2024 to March 2024.

This listing is provided at Appendix A.

This excludes expenditure approved against the Covid Fund which is subject to a separate reporting to the committee.

Delegated managers are Assistant Directors/Executive Directors in line with the Charitable Funds revised Financial Control Procedure approved at the December 2023 meeting.

## NEXT STEPS:

There are no next steps required as a result of this paper.

## IMPACT ASSESSMENT

This section must be completed for all strategic organisational decisions including approval of health board policies.

### QUALITY:

	No impact	Negative	Positive	Both	
Safe	✓				A Quality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Duty of Quality processes (under development). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Quality Impact Assessment should be available as a supporting document to inform the decision making process.
Timely	✓				
Effective	✓				
Efficient	✓				
Equitable			✓		
Person Centred			✓		
Workforce			✓		
Leadership			✓		
Culture			✓		
Information			✓		
Learn, Improve, Research			✓		
Whole Systems Approach	✓				

<b>EQUALITY:</b>				
	No impact	Negative	Positive	Both
Age	✓			
Disability	✓			
Gender reassignment	✓			
Marriage / civil partnership	✓			
Pregnancy / maternity	✓			
Race	✓			
Religion or Belief	✓			
Gender	✓			
Sexual Orientation	✓			
Welsh Language	✓			
Socio-economic status	✓			
Social exclusion	✓			
Carers	✓			

An Equality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Equality Impact Assessment policies and procedures (CGP009). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Equality Impact Assessment should be available as a supporting document to inform the decision making process.

<b>RISK ASSESSMENT:</b>				
	Level of risk identified			
	Very Low (0-3)	Low (4-8)	Moderate (9-12)	High (15-25)
Clinical	✓			
Financial	✓			
Corporate	✓			
Operational	✓			
Reputational	✓			

A Risk Assessment should be undertaken for all reports requesting approval, ratification or decision in line with health board Risk Management Framework CGP005. In this space you should briefly describe the key risks and the steps being taken to manage them, and also how these risks relate to the Board's stated Risk Appetite.

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## Appendix 2.2a

**Powys Teaching Health Board**  
**Charitable Funds**  
**Items Approved Feb 2024 to Mar 2024**

<b>Fund</b>	<b>Item</b>	<b>Reason for purchase</b>	<b>£</b>	<b>Approved</b>
<b>Items Approved Feb 24</b>				
Newtown General Purposes	Parrotplus	Purchase equipment which helps to carry out speech testing/audiometry for paediatrics at Newtown Hospital. Trialled with equipment brought to clinics by visiting clinicians from BCUHB. Want a Powys dedicated piece of equipment to help diagnose hearing loss and performance of hearing aids.	3,180	D Farnsworth
Hazels Legacy	EMDR equipment	To purchase additional equipment to support additional eye movement desensitisation reprocessing (EMDR) trauma therapy in the community to create additional capacity to carry out this therapy.	470	D Farnsworth
Newtown General Purposes Fund	Notice Board for Putting Things Right	new lockable notice boards in North Powys to support patient experience through Putting Things Right guidance and information on how to make a complaint regarding the Health Board.	94	D Farnsworth
Welshpool General Purposes Fund	Notice Board for Putting Things Right	new lockable notice boards in North Powys to support patient experience through Putting Things Right guidance and information on how to make a complaint regarding the Health Board.	94	D Farnsworth
Machynlleth General Purposes Fund	Notice Board for Putting Things Right	new lockable notice boards in North Powys to support patient experience through Putting Things Right guidance and information on how to make a complaint regarding the Health Board.	94	D Farnsworth
Llanidloes General Purposes Fund	Notice Board for Putting Things Right	new lockable notice boards in North Powys to support patient experience through Putting Things Right guidance and information on how to make a complaint regarding the Health Board.	94	D Farnsworth
<b>Items Approved Mar 24</b>				
Rhayader - Builth District Nurses	Dopplex kit and ABI System	To provide machine for community use and enhance patient Leg Care	3,707	D Farnsworth
Palliative Care	Annual All Wales Palliative Care Conference	This will contribute to the continuing personal and professional development and increase their knowledge base, whilst also sharing best practice.	1,110	D Farnsworth
Haygarth/Ystradgynlais District Nurses	Tracheostomy management training for DN's	To provide District nurses greater training for an increasingly complex cohort of patients	795	D Farnsworth
Rhayader - Builth District Nurses	Tracheostomy management training for DN's	To provide District nurses greater training for an increasingly complex cohort of patients	795	D Farnsworth
North Powys DNs	Tracheostomy management training for DN's	To provide District nurses greater training for an increasingly complex cohort of patients	795	D Farnsworth
AMI Legacy	Tumble dryer replacement	To replace patients broken tumble Dryer on the ward to maintain independence of daily tasks	2,324	D Farnsworth
Diabetes Service Fund	Diabetes Link Nurse Day Venue Hire	venue hire and catering for the purpose of facilitating the delivery of diabetes link nurse education to PTHB staf	844	D Farnsworth
AMI Legacy	South Powys Crisis Team 'Powys Creates' Request	To support patients taken on by the crisis team. To purchase fridge planners and markers that would help to support patients, for appointments and medication reminders as well as tips for when feeling anxious or stressed.	500	D Farnsworth
AMI Legacy	111 Press 2 Service Box	To create 'Positive Powys Post' wellbeing kits for patients. These would include items to support with mental wellbeing such as mindfulness colouring books, wildflower seeds to plant, a wellbeing action plan as well as some branded 111 Press 2 service material.	903	D Farnsworth
Llanidloes General Purposes	Music Therapy	to purchase a piano to support patients with music therapy	1,500	D Farnsworth
Llanidloes General Purposes	Palliative Garden Project	To Enhance Palliative Dementia Garden Project	372	D Farnsworth
Knighton General Purposes	Cottage View Well Being Garden	To Enhance Cootage View Garden area for residents, visitors and staff	910	D Farnsworth
<b>TOTAL</b>			<b>18,581</b>	

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Powys Teaching  
Health Board

**Agenda item: 2.3**

<b>Charitable Funds Committee</b>		<b>DATE</b> <b>10 June 2024</b>
<b>Subject:</b>	<b>Ratification of PAVO Small Health Grants Scheme Projects</b>	
<b>Approved and presented by:</b>	Charity Manager	
<b>Prepared by:</b>	Charity Manager & Charity Administrative Support Officer	
<b>Other Committees and meetings considered at:</b>	Projects were assessed by SHGS Grants Panel on the 3 May, which included PAVO staff, PAVO trustees and the PTHB Charity Manager.	
<b>PURPOSE:</b>		
<p>To receive an update on the Small Health Grants Scheme 2024-27 delivered in partnership with PAVO (Powys Association of Voluntary Organisations), with details on PAVO’s recommendations for grants to be awarded for the period of 2024-2027.</p> <p>The Small Health Grants panel has reviewed all project proposals and has presented its funding recommendations for the Charitable Funds Committee.</p>		
<b>RECOMMENDATION(S):</b>		
<p>The Charitable Funds Committee is requested to RATIFY and APPROVE the grant panel’s recommendations for projects to be funded across 2024-2027.</p>		
<b>Approve/Ratify</b>	<b>Discuss</b>	<b>Note</b>
Y	N	N

<b>ALIGNMENT WITH THE HEALTH BOARD’S WELLBEING OBJECTIVES:</b>		
1. Focus on Wellbeing	Y	<p>The four priority areas of the small health grant scheme see a number of projects/submission which support the PTHB objectives to focus on wellbeing and provide early and help and support, while the nature of the scheme sees the Powys Health Charity and PTHB working together with PAVO and the wider Powys voluntary sector to deliver improved health and wellbeing outcomes for the community.</p>
2. Provide Early Help and Support	Y	
3. Tackle the Big Four	N	
4. Enable Joined up Care	N	
5. Develop Workforce Futures	N	
6. Promote Innovative Environments	N	
7. Put Digital First	N	
8. Transforming in Partnership	Y	

## EXECUTIVE SUMMARY:

The Charitable Funds Committee is requested to APPROVE the Grant Panel's Small Health Grants Scheme 2024-2027 recommendations to fund 13 projects for a total of £69,115 across a three year period.

A summary of the funding recommendations can be found at **Item 2.3a**.

## DETAILED BACKGROUND AND ASSESSMENT:

### Small Health Grants Scheme

Initially approved by the Charitable Funds Committee in September 2023, the Small Health Grants Scheme for 2024-27 has an aim to distribute £25,000 in grants for a period of three years (beginning in 2024). In addition to the £75,000 of grant funding, the Committee agreed to an additional admin fee of £2,500 per year for PAVO to administer and evaluate the programme in addition to providing additional support for the applying organisations. This is a total of £82,500 in funding. The grant scheme aims to build from the previous iteration of the Small Health Grants Scheme for 2018-2022, which funded 74 individual projects which ranged between £200 - £1,500 each.

The aim of the scheme was to provide funding to enable voluntary sector groups, community groups and communities of interest to buy equipment and / or to set up / extend or sustain small scale innovative activities that address the specific objectives of the scheme in relation to health and well-being.

This new iteration of the grant scheme was established with the following priorities, which have been influenced by both the strategic objectives of the Charity and the emerging priorities for third-sector organisations in Powys:

1. Cost of living - health and wellbeing interventions
2. Transport to wellbeing (not including journeys to health-related appointments)
3. Wellbeing at home - supporting independent living
4. Loneliness and isolation - health and wellbeing interventions

In addition to supporting an area which is typically a gap in the Charity's provision through internal PTHB projects (early intervention), the new grant scheme can also help to support the following strategic objectives for the Charity:

- Better outcomes for communities struggling with socio economic deprivation in Powys (lack of access to services, a lack of adequate digital infrastructure or geographic disparity).
- Smarter and more effective use of combined resources through new collaborations with public and voluntary sector partners in the community.

Building from the first iteration of the Small Health Grants Scheme, which had a difficulty in evaluating the longer-term impacts of projects, due to the limited funding offered and the shorter time horizon for the grants (up to 12 months),

This new scheme:

- Allowed and encouraged applicants to apply for funding across multiple years for their projects (up to 3 years of funding).
- Established a monitoring and evaluation process that tracks all project participants across the three years of the programme. Setting participant expectations for a longer evaluation period at the project outset.
- Added one of the Powys Health Charity team as a member of the grants panel.
- Aimed to support a more even distribution of funding for South, Mid, and North Powys where possible.

Applicants were scored and assessed on their links to the scheme priorities, their demonstration of need for the project within Powys, the anticipated impact of the project and the funding provided through the fund, as well as their ability to outline how the funding will be allocated and spent.

Following the grants panel review and scoring, a total of £69,115 is recommended to be allocated over the three years.

This allocation is split as follows across the three years:

Year 1 (2024/25) - £27,428

Year 2 (2025/26) - £21,857

Year 3 (2026/27) - £19,830

The allocation for year 1 is slightly above the anticipated £25,000, while years 2 and 3 are under their anticipated allocation. This is due to a number of successful applications which only requested funding for 1 or 2 year projects, as well a number of three year projects which required less funding in their second and third years.

#### **NEXT STEPS:**

If the Committee is supportive of the grants panel's recommendations, the applicants will be informed of the funding round outcomes and the projects can begin.

## IMPACT ASSESSMENT

This section must be completed for all strategic organisational decisions including approval of health board policies.

### QUALITY:

	No impact	Negative	Positive	Both
Safe	✓			
Timely	✓			
Effective	✓			
Efficient	✓			
Equitable			✓	
Person Centred			✓	
Workforce			✓	
Leadership			✓	
Culture			✓	
Information			✓	
Learn, Improve, Research			✓	
Whole Systems Approach	✓			

A Quality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Duty of Quality processes (under development). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Quality Impact Assessment should be available as a supporting document to inform the decision making process.

### EQUALITY:

	No impact	Negative	Positive	Both
Age			✓	
Disability			✓	
Gender reassignment	✓			
Marriage / civil partnership	✓			
Pregnancy / maternity	✓			
Race	✓			
Religion or Belief			✓	
Gender	✓			
Sexual Orientation	✓			
Welsh Language	✓			
Socio-economic status			✓	
Social exclusion			✓	
Carers	✓			

An Equality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Equality Impact Assessment policies and procedures (CGP009). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Equality Impact Assessment should be available as a supporting document to inform the decision making process.

### RISK ASSESSMENT:

	Level of risk identified			
	Very Low (0-3)	Low (4-8)	Moderate (9-12)	High (15-25)
Clinical	✓			

A Risk Assessment should be undertaken for all reports requesting approval, ratification or decision in line with health board Risk Management Framework CGP005. In this space you should briefly describe the key risks and the steps being taken to manage them, and also how these risks relate to the Board's stated Risk Appetite.

Financial	✓				
Corporate	✓				
Operational	✓				
Reputational	✓				

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ORGANISATION	Application	£ Awarded Year 1	£ Awarded Year 2	£ Awarded Year 3	TOTAL
Knighton & District Community Centre	<p>Over the last 8 months the Women’s Hour project has become a very well established &amp; highly respected service. It has set up its own Women’s Hour Facebook group with 155 members, a WhatsApp group of around 25 and email contact list of 122 women. All of these communication channels are utilised effectively, with programs being made available weekly and women engaging in conversations daily via the social media forums available. The average weekly attendance is around 25 - 30 women.</p> <p>The premise of the group is to offer women in what is a predominantly rural area where many feel isolated and cut off the chance to:</p> <ul style="list-style-type: none"> <li>- have companionship</li> <li>- to engage meaningfully with others</li> <li>- escape from their usual ‘routine’</li> <li>- have access to well structured and educative talks or workshops</li> <li>- engage in physical activities</li> <li>- enable attendees to meet a diverse range of women from different backgrounds and age groups</li> </ul> <p>The sessions also run alongside a Drop-in Cafe where customers can source subsidised refreshments.</p> <p>The Women’s Hour is currently unfunded and relies entirely on the goodwill of local volunteers and speakers. To grow, we need to look at finding speakers from further afield and from a wider range of disciplines.</p> <p>If successful with our application, we would continue delivering the same high standard of service on a Tuesday morning, whilst also responding to customer needs by adding bi-monthly evening sessions. Both morning and evening groups will offer all women of any age and background the opportunity to access a safe, structured and engaging space, in which they can positively interact with like minded - people, learn new skills and develop meaningful friendships. The sessions will offer talks on a wide range of topics, provide information on issues relating to women around physical, emotional and mental wellbeing, and be a conduit for staff to support attendees into other services if needed.</p> <p>The project will continue to offer a daytime session, and will continue in its current format. Thus the women who currently attend will continue to reap the benefits of being able to socialise in a safe space, have access to a subsidised Cafe, engage in optional free Mindfulness classes, and engage in the monthly Radnorshire Wildlife Trust walk. There is also now an all abilities dance class that has become a regular fixture after the facilitator first offered the class as a free taster session for Women’s Hour last year.</p>	£2,500.00	£2,500.00	£2,500.00	£7,500.00

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<p>Cultivate (Cwm Harry) Cyfyngedig</p>	<p>Clwb Garddio Gwyliau / Holiday Garden Club will provide a school holiday family club for local families in and around Newtown. These garden based sessions will support and promote the mental and physical health and wellbeing for local families that use and surround our Cultivate's community garden and kitchen.</p> <p>Clwb Garddio Gwyliau / Holiday Garden Club will offer free family, school holiday workshop sessions that focus on the natural world, eating better and being outdoors, close to nature.</p> <p>How did you identify the need for your project? How will you avoid duplication of existing services? What evidence of need have you got?</p> <p>Clwb Garddio Gwyliau / Holiday Garden Club</p> <p>Local families have access in school holidays to free healthy activities</p> <p>Families will be educated around nutrition and healthy eating</p> <p>Families will develop skills in cookery / craft and growing</p> <p>Families will have greater access to healthy free snacks</p> <p>Signpost to additional support</p> <p>The sessions will increase social interactions</p> <p>Reduce stress in the community</p> <p>Reduce isolation</p> <p>Increase access to physical activities for local families</p>	<p>£2,317.80</p>	<p>£2,317.80</p>	<p>£2,317.80</p>	<p>£6,953.40</p>
<p>The Game Change Project (TGCP)</p>	<p>We will provide transport for approximately 50 disadvantaged young people each year, so that they can access our programmes to reduce isolation and improve mental health and wellbeing.</p> <p>This grant will mean that ALL young people can access our programmes including those from low-income families who cannot afford to cover transport costs. Because of this grant, they will gain access to weekly life skills sessions at our rural learning hub, where they will take part practical activities including animal care, equine handling, mechanics, food growing, cookery, woodwork and more. Sessions are run by experienced coaches and activities are designed to build confidence, self-worth, communication, teamwork, resilience, and problem-solving skills, whilst making new friends, having fun and learning in an environment which suits their needs. These are vital elements for health and wellbeing and the intervention has proved life changing for many of the vulnerable young people we support (case studies and testimonials can be found on our website)</p> <p>In 2023, we were able to purchase our very own 14 seat minibus. The funding would be used to cover the annual running costs of the vehicle so that we can provide transport for participants who would not otherwise be able to attend. The extra funding for running costs will also mean that we can utilise the vehicle to provide more educational trips and volunteering opportunities for young people in the community. The vehicle would be driven by a trained, DBS checked volunteer, and we have calculated an average weekly mileage of 120 mile/wk at a cost of 48p per mile to cover wear and tear/maintenance. The bus would be used 36 weeks each year.</p> <p>Game Change Transport will enable 150 isolated young people from rural areas of Powys to increase their social connections and improve their mental health and wellbeing. As a result of the project, an additional 150 young people will be able to access a health and wellbeing intervention and transport will no longer be a barrier to participation.</p>	<p>£2,428.00</p>	<p>£2,348.00</p>	<p>£2,268.00</p>	<p>£7,044.00</p>

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<p>Action for Elders Trust</p>	<p>Our Balanced Lives programme is a comprehensive initiative designed to support the overall well-being of older adults. This program focuses on three main pillars: physical, mental, and social health, integrating activities that enhance mobility, increase social interaction, and improve mental resilience. Centred around community-based settings the programme includes structured physical activities that build strength, balance, and flexibility, complemented by dedicated social time to foster connections and combat loneliness. The programme is co-produced with older adults, ensuring it meets their needs and preferences, thus enhancing their quality of life and empowering them to live independently and contentedly in their communities.</p> <p>The Balanced Lives programme by Action for Elders is designed to make a significant difference in the lives of older adults through its multifaceted approach, targeting physical, mental, and social well-being. Here's how it stands to impact participants:</p> <ul style="list-style-type: none"> <li>- Physical Health Improvements</li> <li>- Enhanced Mobility and Balance</li> <li>- Increased Strength and Endurance</li> <li>- Mental Health Benefits</li> <li>- Reduced Symptoms of Depression and Anxiety</li> <li>- Improved Self-esteem and Confidence</li> <li>- Social Well-being</li> <li>- Quality of Life</li> <li>- Enhanced Quality of Life</li> <li>- Increased Independence</li> <li>- Long-term Health Outcomes</li> <li>- Preventive Health Care</li> </ul> <p>By addressing these comprehensive aspects of health and well-being, the Balanced Lives programme not only improves the immediate daily life of its participants but also contributes to more sustainable health outcomes, helping older adults lead more fulfilled and autonomous lives.</p>	<p>£2,400.00</p>	<p>£2,400.00</p>	<p>£2,400.00</p>	<p>£7,200.00</p>
<p>MentorMen Wales</p>	<p>MentorMen Wales offers unique opportunities for men to immerse themselves in nature, reconnect with their inner selves, and explore themes of masculinity and personal growth. We aim to provide a supportive and nurturing environment where participants can engage in activities such as wilderness walks, breathwork and meditation, cold water exposure, bushcraft and men's process work. Through these experiences, we encourage self-reflection, emotional healing, and the development of healthy, progressive coping mechanisms.</p> <p>By fostering a sense of brotherhood and solidarity among attendees, our events, workshops and projects promote positive mental well-being, resilience, and a deeper connection to the natural world and community. MentorMen Wales activities serve as a space for men to explore their vulnerabilities, strengths, and personal narratives, and equip themselves with a toolkit to live better lives in a safe and empowering setting.</p> <p>Our project aims to make a difference by providing a safe and nurturing space for men to explore masculinity, connect with nature, engage in self-reflection, and learn new skills. By offering transformative experiences in nature and promoting emotional healing, we seek to contribute to the well-being and personal growth of our participants. Through effective partnership working with local community groups, mental health organisations, and nature conservation agencies, we aim to provide a comprehensive network of support for men in Powys.</p> <p>Our project's impact lies in offering a holistic approach to well-being that integrates nature-based practices, well-being techniques, and emotional support. By fostering a sense of community and empowerment, we aim to reach individuals who may not benefit from more generic services, thus creating a more inclusive and impactful experience for our participants.</p>	<p>£2,500.00</p>	<p>£2,500.00</p>	<p>£2,500.00</p>	<p>£7,500.00</p>

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<p>Hay &amp; District Dial-a-Ride</p>	<p>The project will support the provision of monthly social lunch trips for members. The project funding bid for "Wheels to Wellbeing" will enable members to have funded monthly social lunch trips.</p> <p>From the feedback from our members they have requested monthly social lunch trips as they are keen to meet up with their friends and socialise as we continue to emerge from the impact of COVID. Our members, who are mostly vulnerable, some are disabled, have fed back that by attending social trips they will be addressing the loneliness and isolation issues that they encounter. We know that they are struggling with the cost of living impact and are having to make difficult choices about eating, heating and socialising.</p> <p>We are bidding for the small health grant to provide three years' funding. The first year's transport free of charge to enable our members to attend social trips on a monthly basis. We would then taper the support over the next two years with members contributing from year 2 and increasing contributions from year 3. Members have said that this service will really help their health and well being and address the social isolation and cost of living issues encountered by them. Members have told us that the cost of transport would mean they could not attend regularly. By addressing this transportation barrier faced by the elderly, we aim to enhance their quality of life, combat loneliness, and promote community engagement. Through this initiative, we hope to make a positive impact on the wellbeing of our elderly residents and create a more inclusive and supportive community for all.</p> <p>Wheels for Wellbeing will make a real difference to the lives of our members who are requesting the service and to their carers and the local economy.</p> <p>It will break down cost barriers to transportation, enable participation in social activities, allow access to hearty meals, mitigate the effects of social and rural isolation and benefit mental health.</p>	<p>£2,500.00</p>	<p>£1,997.00</p>	<p>£1,619.00</p>	<p>£6,116.00</p>
<p>Caffi Croeso</p>	<p>The clientele is continually increasing in numbers (approx 45 to 50 each time). We need additional table &amp; chairs, crockery, tea &amp; coffee pots, tablecloths &amp; tea cloths and refreshments. Pay for transport for people coming from surrounding villages including wheelchairs transport. Cost of entertainment. Future venue costs.</p> <p>Before Covid, we had approx 28 to 35 attendees each month. Since Covid the numbers have risen to 45 to 50 each month and will continue to rise which means we may be shortly looking for a bigger venue. To cope with this continued increase we are looking for funding for additional table &amp; chairs, tablecloths &amp; tea cloths and crockery, tea &amp; coffee pots (including replacing existing equipment), refreshments. Pay for transport for people coming from surrounding villages and/or wheelchairs. Cost of entertainment. Future venue costs. We believe that Caffi Croeso is unique to Crickhowell and surrounding area. Anyone can come to the Caffi thus enabling those with dementia and other disabilities or just lonely to remain members of the community and help their health and wellbeing.</p> <p>This section has really been answered in the above sections. However let me tell you of the daughter who came over to us crying "I never thought I would dance with my dad again". Or another daughter who told us that she and her Dad really enjoyed Caffi Croeso because "we don't have to worry about a bill and can join in the singing" which her Dad loved to do. Or the 100 year old lady who sits in the corner at her Care Home and doesn't speak and does nothing, but when she is at the Caffi Croeso she sits there waving her arms, sings and with help does a little dancing</p>	<p>£1,339.62</p>	<p>£2,051.37</p>	<p>£300.00</p>	<p>£3,690.99</p>

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<p>MOCACymru Social Enterprise - (BUILTH POTTERY HWB Unincorporated Association Not For Profit)</p>	<p>CysylltedD - is welsh for Connectedness..the antonym of loneliness: In our safe creative studio we will form diverse cross intersections of communities in Builth to diversify communications &amp; interests through creativity; in so doing combat isolation, loneliness &amp; cost of living stress through breaking the isolating bubbles we are in that prevent us from reaching out and feeling in control of our own issues and seeking local pathways answers for solutions.</p> <p>We plan as a collective to work and learn together for this exciting grant to build knowledge so we can install a working model in the community that grows and changes and listens to the wellness issues at the heart of everyone that wants to connect with us.We plan to work specifically across age groups to make better connections between us as Builth.We plan to hold open days to pull in people who might feel too shy or apprehensive when we started so that we are doing our job to break down barriers for people: otherwise they will be locked in patterns they simply can not change.We as a team will create a BUZZ in town TIKTOK campaign that engages with positive phone relationships, safety, security, cross generational information and pathways to break bad habits that are keeping us from talking, and keeping hands from being creative.As much as we love being Builth, we are going to have an international flavour of researching and using connections from people within the town to their cultures and friends around the world to look at other countries and towns that reflect our issues of rurality, Isolation, lack of aspirations, brain-drain, retirement population disconnect: and find and unify with similar towns around the world and see how they are combatting theses issues and if they effect mental health and wellness as a community similar to us, or different and why. We need to reach out to learn as much as we look inwards to find out.As this grant continues if we are lucky we hope to have built up a connected team that evolves, runs workshops and projects that grow out of us staying connected and looking after each other the right way: It's there when we need it. Not a constant battle. LEGACY: Over 3 years there will be a CONNECT Wellness creative group that can evolve as it is needed for community enrichment always across multiple generations sharing ideas and stories.</p>	£2,933.00	£2,500.00	£2,983.00	£8,416.00
<p>The Welfare Ystradgynlais</p>	<p>We will provide a warm, comfortable community space one day a week (10am until 4pm) free, for anyone in our community who wishes to use it. We will use volunteers to run it and staff to coordinate. Everyone will be welcome and welcomed and we will provide hot drinks and snacks (sandwiches, cakes) throughout the day, as well as newspapers and magazines, free wifi, games and activities for those that wish to join in. The project will provide a friendly, safe place to be and will reduce loneliness and isolation as well as ensuring that there is somewhere to go and something to do that is free in our community to reduce the cost-of-living impact upon health and wellbeing.</p> <p>The project will make a difference by providing people with a comfortable, welcoming place to go once a week, it will be free thus removing a financial barrier to being out and meeting people. It will give people a reason to come out and meet friends or make new friends. Everyone will be greeted and have someone to talk to. Some may find that there are other activities here provided by the Welfare or our partnerships that they may enjoy and therefore can expand their social activities further.</p>	£2,582.40	£2,582.40	£2,582.40	£7,747.20

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Wild Rhythm	<p>Our aim is to get as many people as we can connected to nature, so more people can enjoy the many benefits that nature connection brings to our physical and mental health. Through this specific project we aim to support adults with disabilities, with focus on the Neurodivergent community as well as looking to support people in low-income areas and/or specifically struggling with their mental health due to cost of living or financial reasons. We aim to do all this in the Powys area.</p> <p>Improvements to Physical Health... promoting physical exercise through walking in nature. There are also other known health benefits to being in nature such as improvements to immune system functioning and reduced blood pressure</p> <p>Improvements to Mental Health.... Research has found significant reductions in depression and anxiety scores with nature-based interventions. Nature-based interventions have also been shown to positively affect some of the more profound aspects of the human experience, such as meaning, purpose, belonging, self-acceptance and sense of autonomy</p> <p>Improving social interactions / reducing loneliness.... Through coming to our workshops participants will have the opportunity to connect and interact with others</p>	£2,439.00	£0.00	£0.00	£2,439.00
Cambrian Archers	Supplies which will support the delivery of sessions for young children (7-11) in local archery club in Llanwrtyd Wells. Including specialist equipment to support young archers.	£1,721.12	£0.00	£0.00	£1,721.12
Ystradfellte Church Hall	<p>We have a number of groups that need more volunteers, we would like to host two sessions where people can come and meet others, learn about volunteering opportunities and contribute to the community and improve their own wellbeing.</p> <p>We would like to promote the benefits of volunteering and help people within the community feel healthier and happier by providing opportunities that give the following benefits.</p> <p>Volunteering connects you to others.  Volunteering is good for your mind and body.  Volunteering can advance your career.  Volunteering brings fun and fulfillment to your life.</p> <p>This project will work with many of the voluntary groups across the community to increase the number of volunteers working with them. These groups include; Hall committee, Community table (monthly lunch &amp; breakfast social), Ystradfellte Show &amp; gymkhana, Ystradfellte Young Farmers Club, Film Club, Ystradfellte Fitness Club, Ystradfellte Historical Society, Ystradfellte Church, Community Council, Ystradfellte Childrens Party Group (occasional activities for under 10) and Ystradfellte 200 club.</p> <p>All of these organisations are run solely by volunteers, and all would benefit by increasing the number of people engaged in supporting them. These groups only thrive when the number and enthusiasm of their volunteers is high, volunteers who each gain hugely from the experience. These groups will be given the opportunity to work with this project to recruit, support and explain the opportunities available in volunteering. In turn this will make these groups more resilient.</p> <p>As a volunteer the wellbeing benefits for individuals are well known, this project would help improve mental health and physical health of participants as well as the following; giving a sense of purpose, providing a sense of community, help to meet new friends, increases social skills, improving self-esteem, teaching valuable skills, brings fun into their life and can help individuals be happier.</p>	£561.00	£0.00	£0.00	£561.00
Penybontlawr Rounders Team	<a href="https://drive.google.com/file/d/1o3nUgKq8yFoYTYrUIM5-sEobqSSUcc2/view?usp=sharing">https://drive.google.com/file/d/1o3nUgKq8yFoYTYrUIM5-sEobqSSUcc2/view?usp=sharing</a>	£1,206.00	£660.00	£360.00	£2,226.00
		£27,427.94	£21,856.57	£19,830.20	£69,114.71
<b>Unsuccessful organisations</b>					

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Community Arts Rhayader and District				
Going Green for a Living CLT Ltd / Open Newtown				
Tenovus Cancer Care				
The Bracken Trust, Powys Cancer Support Centre				
Celf o Gwmpas				
Friends of Hay Swimming Pool (FOHSP)				
Oswestry Community Action (Qube)				
Cylch Meithrin Dyffryn Banw				
THE HAFREN, THE ENTERTAINMENT VENUE				
MOVE Against Cancer				
Timescape Archaeology CIC				
Association of Friends of Clyro School				
RSPB Lake Vyrnwy (Royal Society for the Protection of Birds)				
Cylch Meithrin Pontrobert				
Cylch Meithin Llanfair Caereinion				
Llanidloes Chamber of Trade				
Penparcau Community Forum Ltd.				

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**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

**Agenda item: 3.2**

<b>Charitable Funds Committee</b>		<b>DATE</b> <b>10 June 2024</b>
<b>Subject:</b>	<b>Charity Activity Report</b>	
<b>Approved and presented by:</b>	Charity Manager	
<b>Prepared by:</b>	Charity Administrative Support Officer & Charity Manager	
<b>Other Committees and meetings considered at:</b>	N/A	
<b>PURPOSE:</b>		
To present a summary of key Charity engagement activity.		
<b>RECOMMENDATION(S):</b>		
The Charitable Funds Committee is requested to NOTE the summary of activity for the Charity in the period since the last Committee meeting.		
<b>Approve/Take Assurance</b>	<b>Discuss</b>	<b>Note</b>
N	Y	N

<b>ALIGNMENT WITH THE HEALTH BOARD'S WELLBEING OBJECTIVES:</b>		
1. Focus on Wellbeing	Y	Use this space to provide a brief narrative explanation of alignment with the health board's wellbeing objectives including reference to our strategic priorities. This can include reference to the Board Assurance Framework.
2. Provide Early Help and Support	Y	
3. Tackle the Big Four	Y	
4. Enable Joined up Care	Y	
5. Develop Workforce Futures	Y	
6. Promote Innovative Environments	Y	
7. Put Digital First	Y	
8. Transforming in Partnership	Y	

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### **EXECUTIVE SUMMARY:**

The report highlights key activities and provides context for the period including:

- Ongoing projects and partnerships
- Communications, campaigns and fundraising
- Engagement report

The detailed summary of activity can be found at Appendix 3.2a-b.

### **DETAILED BACKGROUND AND ASSESSMENT:**

The report (3.2a-b) has been compiled to summarise the key areas of development for Powys Health Charity during the period.

### **NEXT STEPS:**

There are no next steps as a result of this paper.

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## IMPACT ASSESSMENT

This section must be completed for all strategic organisational decisions including approval of health board policies.

### QUALITY:

	No impact	Negative	Positive	Both
Safe	✓			
Timely	✓			
Effective			✓	
Efficient			✓	
Equitable			✓	
Person Centred			✓	
Workforce			✓	
Leadership	✓			
Culture	✓			
Information			✓	
Learn, Improve, Research			✓	
Whole Systems Approach	✓			

A Quality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Duty of Quality processes (under development). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Quality Impact Assessment should be available as a supporting document to inform the decision making process.

### EQUALITY:

	No impact	Negative	Positive	Both
Age	✓			
Disability	✓			
Gender reassignment	✓			
Marriage / civil partnership	✓			
Pregnancy / maternity	✓			
Race	✓			
Religion or Belief	✓			
Gender	✓			
Sexual Orientation	✓			
Welsh Language	✓			
Socio-economic status	✓			
Social exclusion	✓			
Carers	✓			

An Equality Impact Assessment must be undertaken for all reports requesting approval, ratification or decision in line with health board Equality Impact Assessment policies and procedures (CGP009). In this space you should provide supporting narrative to explain the potential adverse and positive impacts that may arise from a decision being taken, and the steps being taken to mitigate adverse impacts. Where required, the full Equality Impact Assessment should be available as a supporting document to inform the decision making process.

### RISK ASSESSMENT:

	Level of risk identified			
	Very Low (0-3)	Low (4-8)	Moderate (9-12)	High (15-25)
Clinical	✓			
Financial	✓			
Corporate	✓			
Operational	✓			
Reputational	✓			

A Risk Assessment should be undertaken for all reports requesting approval, ratification or decision in line with health board Risk Management Framework CGP005. In this space you should briefly describe the key risks and the steps being taken to manage them, and also how these risks relate to the Board's stated Risk Appetite.

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## Charity Activity Report (March – May 2024)

### Powys Health Charity Website Development

The Charity team has officially begun work with Cardiff based company Blue Stag, to develop and launch the Charity's new website later this year. Funded via the NHS Charities Together Development Grant, awarded in 2023. The project team is working towards an anticipated completion in October 2024, which will provide adequate time for the consultation, development and population of the new website. Blue Stag have indicated an optimal time of approximately 17 weeks for the entire development process. The cost of initial development is anticipated at approximately £12,000, with additional funding available should any additional work need to be carried out, or for any supporting resources which need to be created to support the website. There is also an opportunity to commission additional support with content creation/curation should it be needed.

More information on the Blue Stag project plan and some case studies of websites they have developed is included following this report.

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### Lles Grant Scheme

The Charity launched a brand-new grant scheme, *Lles*, in May aimed at encouraging patient and staff wellbeing across our Powys hospital sites and community spaces. PTHB staff can request up to £300 for wellbeing projects and events taking

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place from June 2024 onwards. Building on the successful NHS75 Grant Scheme in 2023, Lles aims to replicate a similar model; and provide a more structured opportunity for PTHB staff to apply for local support for wellbeing activities with staff, patients and the community. The grant scheme will close in late July, with projects taking place across the summer.

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#### Partnership with the Prints of Wales

The Charity team has started a new partnership with Brecon based business The Prints of Wales as of April, who supply designing and printing services for apparel and accessories. The business made a previous donation to Brecon Hospital in 2021 and are keen to support Powys Health Charity as one of their two charity partners.

They have agreed to and will be able to produce active/challenge wear and promotional apparel for Powys Health Charity on a per order basis and at a reduced cost for the Charity. The apparel will present a new opportunity for the Charity for promotion and to help support community fundraisers who want to represent the Charity. There is also the potential to generate some small income from the apparel sales, although this will not be a primary aim of the sales initially to ensure we can offer them at an appropriate price for supporters.

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#### Powys Health Charity Alliance

Building on the Charity's existing relationship with the League of Friends is a key part of the Charity plans for 2024. Initially planning a similar engagement event to last year's afternoon tea for the NHS 75<sup>th</sup> birthday, which had been added to the corporate calendar again for 2024, these plans have been amended. A new format of a League of Friends forum will be

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introduced on 8<sup>th</sup> July at the Spa Road facility in Llandrindod Wells, with a view to these more formal opportunities to engage with the groups occurring multiple times per year. The event will be an opportunity to engage LoFs on service changes, formally recognise the feedback from each groups received throughout the year, and present our recommendations to them in how the Health Board and Powys Health Charity can support them moving forwards. This will also help the Charity work towards its goal of developing a Powys Health Charity Alliance which will incorporate not just the Leagues of Friends, but also wider Powys third sector organisations.

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#### NHS Charities Together Conference 2024

In May, Powys Health Charity took part in the national NHS Charities Together Conference 2024. Held in Birmingham, the event brings together representatives from over 230 member NHS charities across the UK to discuss innovation, share resources and develop new opportunities.

The theme for this year's conference was 'Transformation in Action' and our Charity Manager was invited to discuss the impact of partnership working in Powys. You can learn more about the conference, its speakers, and exhibitors via the dedicated Conference website: [nhscharitiestogetherconference.co.uk](https://nhscharitiestogetherconference.co.uk)

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#### Horizon Project Update

The Horizon Arts in Mental Health project which was initially supported in 2021 and had been mostly but not fully completed in 2022, has officially drawn to a close. The project lead has indicated that due to shifting priorities within PTHB and services, continuing the original project would not be efficient and thus the project will not draw down its remaining underspend.

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Instead, the project team will look at what new Arts in Health opportunities may emerge, following the learning from the Horizon project, and look to connect them to Powys Health Charity.

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Hello there, Public Health Wales.

We're Blue Stag, a multi-award winning creative and digital agency making amazing products for forward-thinking organisations like you.

We've put together this deck to help give you a feel for who we are, what we do, and what we could achieve together.

We hope you like it.



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# Introduction

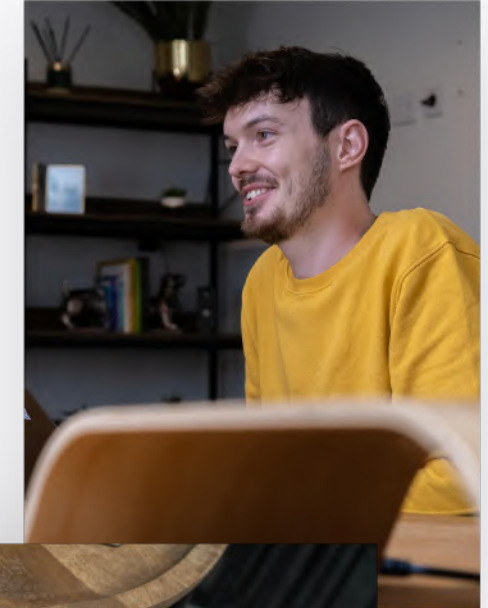
At Blue Stag, we pride ourselves on our in-depth, client-centric approach, ensuring we not only grasp the requirements but also envision the broader context and goals of every project we undertake. Based on our comprehensive review of the provided documentation and our experience in the sector, we're poised to deliver a solution that not only aligns with the Commissioner's vision but also amplifies the substantial research and groundwork laid down to date.

Having successfully collaborated with esteemed entities like Welsh Gov, Visit Wales and NHS we recognise the nuances and criticalities specific to the sector.

Our work with the Public Health Wales on the Hapus website and Healthy Weight Healthy you, further attests to our capability to resonate with diverse audience needs and organisational goals.

Bilingualism isn't just an add-on for us; it's integral to ensuring the broadest reach and inclusivity. Our bilingual website projects for Public Health Wales and Taith—a significant collaboration between Cardiff University and the Welsh Government—stand testament to our expertise in this domain.

We're not just offering a service; we're committing to a partnership. One where our wealth of experience meets our understanding of your objectives to create a digital platform that's both innovative and deeply resonant with its intended audience.



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# How we'll measure success

As part of our discovery process, we will work with you to set and track meaningful metrics by which to judge the success of the project over time and inform recommendations for improvements. Our initial ideas include:

## User engagement and feedback

Enhanced user metrics, such as low bounce rates, high average session duration, and heightened interaction with key website features, such as donations. Also, a solution that will be consistent with the brand and enhance the brand positioning.

## Accessibility and inclusivity

Full adherence to the Disability Discrimination Act and other pertinent accessibility guidelines, ensuring that all users, irrespective of any disabilities, can navigate, understand, and interact with the website without barriers.

## Bilingual Seamlessness

A smooth, intuitive toggling between English and Welsh versions of the site, with consistent design and user experience across both, ensuring that linguistic transitions don't compromise the quality of the user's experience.

## Website Performance

Robust security measures, optimal site speed and responsiveness across various devices and browsers, ensuring that pages loads quickly for all users.

## Flexibility and Ease of Use

A sophisticated yet user-friendly CMS solution that enables the in-house team to effortlessly manage, update, and modify website content in both English and Welsh, without necessitating external assistance.

## An enjoyable journey

Assess the enjoyment and satisfaction levels of the team, staff, and stakeholders throughout the rebranding process, ensuring a positive collaborative experience.

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# Collaboration

## During the project

For the duration of the project, we want you to feel that we're an extension of your team, working alongside you to achieve the best solution we can together.

We recognise the importance of providing high quality project management and maintaining clear and open communication with our clients to deliver the project on time and to the highest standard. We follow the principles of ISO 9001 to ensure we have effective processes for designing and developing products and services. Therefore, our approach comprises of:

### A clearly defined process

- Detailed project roadmap from inception, highlighting each task, phase, and timelines.
- Utilization of Monday.com to vigilantly monitor all aspects of the project.

- Assignment of a dedicated project manager for unwavering communication.
- Real-time project insights using Monday.com's client view.

### Risk Management

- Anticipation, timely communication, and mitigation strategies for potential challenges.

### Dedicated contact

You will be assigned a dedicated project manager that will ensure clear lines of communication and keep the steering group up to date.

### Sharing knowledge and building understanding

- In-depth research to comprehend your organization, audience, and their digital nuances.
- Leveraging existing audience insights, enriched via interactive workshops.

### Data and GDPR

- Airtight adherence to GDPR and Freedom of Information Act.
- Research & Development to identify optimal technical security solutions.

### Regular catch-ups

- Scheduled reviews and advocated weekly catch-ups to ensure alignment and maintain momentum.
- Active engagement of key stakeholders throughout the project.
- Communication platforms tailored to your preference: Slack, Google Hangout, Zoom, Teams, or traditional calls.

### Iterative design

- Progressive design stages shared for feedback.
- Transparent communication on design rationale.

### Partner collaboration

- Collaboration with other individuals and organisations vital to the project, such as the hosting support team, or research agency.

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# Our process

At Blue Stag, we pride ourselves on our 14-year legacy of creating immersive, bilingual digital experiences. Here's our tried-and-true process tailored specifically for your requirements:

## Research & Discovery

- **Deep Engagement:** We'll work collaboratively with you to unearth your distinct goals, challenges, and user needs.
- **Evidence-Based Strategy:** We'll harness the existing Website Research & Recommendations document to make decisions that are evidence-backed and user-centric, ensuring we lay a robust foundation for the design and development stages.
- **Risk assessment:** Identify potential risks in this project and your mitigation strategies.
- **Project plan** - Key milestones agreed.

## Wireframes and site map

- **Optimised Structure:** We'll craft wireframes and sitemaps, informed by the research, to establish an effective structure and user journey.
- **Mobile First:** Our design will be mobile-responsive, ensuring seamless browsing on iOS, Android, and other devices.

## Website design

- **Iterative Approach:** We'll incorporate your brand guidelines and feedback loops, ensuring the design not only looks appealing but is also functional and accessible.
- **User-Centric Traffic Diversion:** Strategically placed web links will guide users to the appropriate agencies, streamlining information access.
- **Accessibility:** We prioritise universal accessibility through adherence to WCAG and other crucial accessibility standards: AA+ accessible.

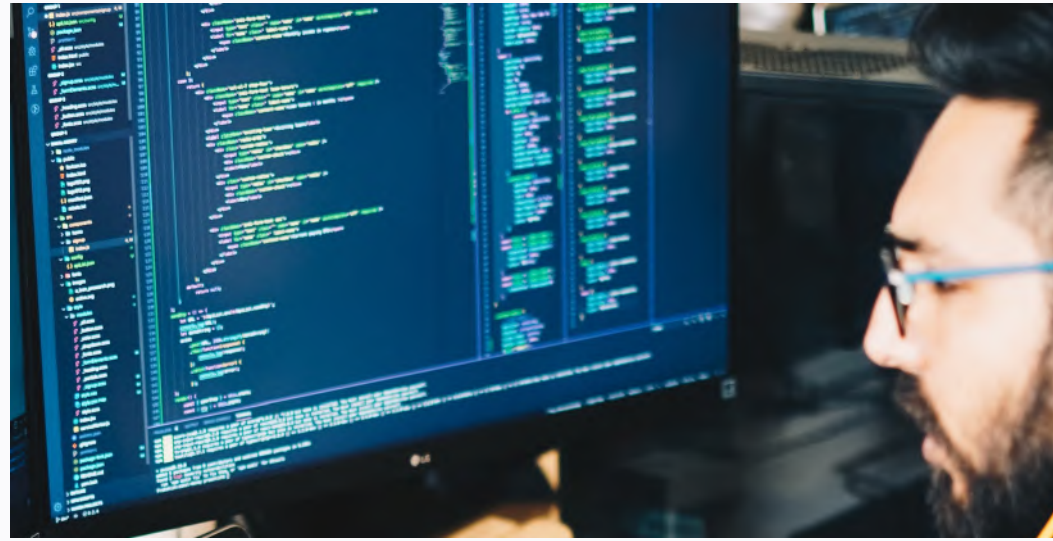
## WordPress development

- **Customised CMS:** We'll tailor the WordPress CMS, enabling you to manage bilingual content with unmatched efficiency.
- **Third party compatible** - Integration with third-party applications outlined in the tender, including donation facility.
- **Tiered User Access:** The CMS will feature a tiered user system, encompassing Admin, Page Owners, and Contributors, giving varying levels of control as required.
- **Bilingualism:** A series of bilingual content blocks and tailor-made page templates.
- **Differentiated user tiers:** Admin, Page Owners, and Contributor.
- **Multimedia support:** Strong multimedia ability and will support all media and content types outlined in the brief

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## Front-end development

- **Responsive & Secure:** Our team will employ advanced techniques to craft a website that's fast, secure, and universally accessible.



## Security testing

- **Robust Protection:** We'll deploy services like Cloudflare DNS, SSL certificates, and forced HTTPS to further enhance security. The CMS will include two-factor authentication, offering an additional layer of security.

## User testing

- **Comprehensive Testing:** We'll replicate user scenarios and rigorously test the website's functionality, usability, performance, and security, ensuring optimal user experience across all touchpoints.
- Website will be tested with real users for in-depth understanding.
- Tweaks and changes made to the website based on what has been learnt.

## Content migration & optimisation

- **Efficient Transition:** Our team will facilitate the migration of necessary content and media from the old site to the new, ensuring continuity and ease for you.

## SEO, Goal Setting & Tracking

- **Performance Metrics:** Using tools like Google Analytics and the Yoast WordPress plugin, we'll optimise content, track website activity, and measure project success over time.



## Hosting setup

- **Smooth Integration:** Our technical team will handle hosting onto our secure server, ensuring a seamless transition.
- **Green and secure:** A secure and sustainable hosting solution will be put in place.

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## Launch & monitoring

- **Effortless Deployment:** We'll coordinate a smooth launch, working alongside your team for DNS configuration or, if preferred, handle it entirely on our behalf, minimising any potential user impact.

## Ongoing support

- **Dedicated Assistance:** Through our support platform, Freshdesk, designated team members can raise tickets for updates, bugs, or requests. Regular security patches and CMS updates will be seamlessly integrated.
- **Guaranteed response time:** The support agreement will guarantee a response time for new support requests and priority scheduling for any updates in our production schedule.

## Project debrief

- **Continued Excellence:** One month post-launch, we'll conduct an in-depth review, presenting a report alongside recommendations for sustained success and improvements, covering benchmarking, content optimization, performance, SEO, and accessibility.



## Post-launch performance review

- **Website audit:** At the 6-month mark post-launch, we'll present a comprehensive performance review. This will be an analysis encompassing multiple areas, providing actionable insights on content optimisation, SEO performance, accessibility standards, and other vital metrics.

# Hosting and maintenance

Since 2008, notable organisations such as the Welsh Government, Buckingham Palace, NHS, and Cardiff University have entrusted us with their hosting and support needs.

## Sustainable website hosting

- **Reliability & Peace of Mind:** Partnering with Krystal, we guarantee an impressive 99.99% uptime. To safeguard your content, backups are taken every 4 hours and stored off-site for 30 days. Should emergencies arise, 24/7 support with assured response times ensures swift resolution.
- **Robust Security:** Krystal adheres to top-tier data security standards, including full PCI compliance for payment processing. They actively protect against rising DDoS attacks and offer complimentary SSL certificate renewals, ensuring continuous encryption at no extra cost.

- **Fast Speeds:** With direct connections to major Tier 1 providers, content is delivered rapidly, ensuring user satisfaction.

## Ongoing maintenance

Our support agreements will enable our development team to make sure that any bugs are taken care of when reported.

- They will also make monthly updates to WordPress and any plug-ins when they are available.

## Security

Aligning with the website's high-profile nature, we'll:

- Use Cloudflare DNS for added protection.
- Ensure content delivery over HTTPS with SSL certificates.
- Ensure secure CMS access via HTTPS, bolstered by 2-factor authentication.
- Threat monitoring - Automated monitoring and reporting when there are threats or risks to the website so we can act quickly to prevent and fix them.

## GDPR Compliance & Data Protection:

Our approach to building your website will have GDPR compliance and data protection at its core, thus aligning with best practices and supporting the Commissioner's commitment to safeguarding user data.

- **Consent Mechanisms:** Implement user-friendly tools for clear data collection consent.
- **Data Minimization:** Only collect essential user data, adhering to GDPR principles.
- **Secure Data Storage:** Use encryption and secure server configurations to protect data.
- **User Data Access:** Equip users with tools to access and rectify their data easily.
- **Transparent Policies:** Present data policies in clear, user-friendly formats.
- **Data Breach Protocols:** Establish protocols for prompt detection and reporting of breaches.
- **Alignment with Organization's Policies:** Ensure the website works in tandem with the Commissioner's existing data protection strategies.

Jones Shania  
06/06/2024 15:28:04

# Ensuring quality

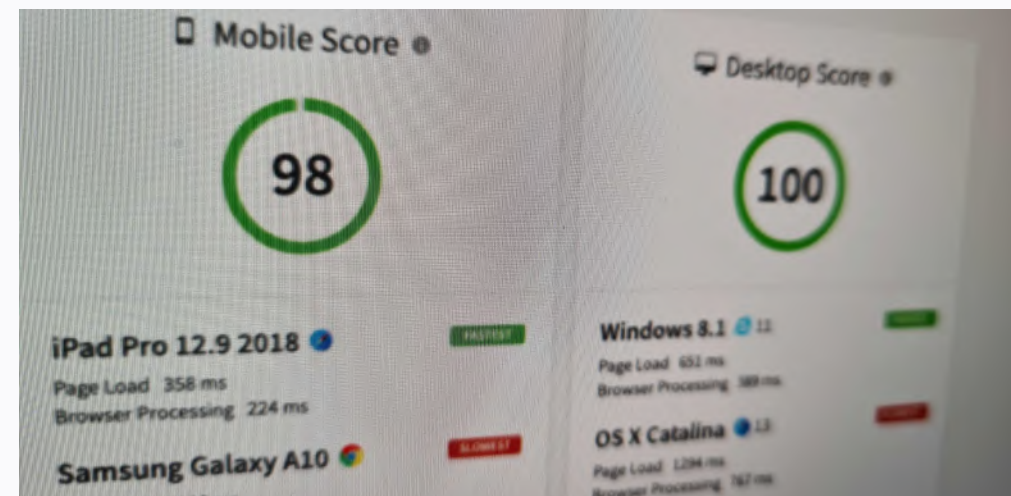
In our commitment to delivering excellence, our approach to Quality Assurance (QA) and Testing is comprehensive, methodical, and geared towards ensuring the website performs flawlessly across diverse platforms and user scenarios.

## Integrated Quality Assurance:

- **Continuous Oversight:** QA is intertwined throughout our project lifecycle. From design conceptualization to post-deployment assessments, every phase undergoes systematic review and evaluation.
- **Feedback Mechanism:** By maintaining open channels of communication between our developers, designers, and testers, we ensure that challenges are tackled head-on, fostering a seamless development trajectory.
- **Thorough Documentation:** A meticulous log of every testing cycle, anomaly encountered, and solutions deployed offers transparency and ensures systematic error resolution.

## Site Speed & Size Assurance:

- **Code Optimization:** By minimizing the superfluous use of JavaScript and HTML, we aim for a streamlined, responsive site experience.
- **Advanced CMS Deployment:** Our headless CMS environment ensures content is delivered with alacrity, meeting the user's expectations of swift page loads.
- **CDN Integration:** Our strategic use of Content Delivery Network (CDN) guarantees rapid media hosting, further boosting site speed.
- **Performance Metrics:** We don't just aim; we measure. Our goal is to consistently hit a speed validation score of at least 95% for desktop and 80% for mobile, ensuring optimum user experience.



## User testing

- By testing the website with genuine users, we ensure our solutions tackle real problems, making the digital experience intuitive and user-centric.

## Compatibility Testing:

- **Diverse Device Testing:** Our solutions are tested across a spectrum of devices, from mobiles and tablets to desktops, ensuring a seamless experience for all users.
- **Browser Compatibility:** Comprehensive testing across leading browsers, such as Internet Explorer, Safari, Chrome, and Firefox, ensures consistent website performance.

## Content Management System (CMS) Flexibility:

- **Custom-Built Solutions:** We don't believe in one-size-fits-all. Our bespoke WordPress theme, created from the ground up, offers unparalleled flexibility and alignment with your unique requirements.
- **Bilingual Proficiency:** We're adept at creating platforms that cater to diverse audiences. The CMS will facilitate effortless content updates in both English and Welsh.

### Advanced Testing Modules:

- **Load & Stress Testing:** We simulate high-traffic scenarios to ensure the site remains responsive and stress-test to gauge its maximum capacity.
- **Security:** Our security tests, employing advanced tools, identify potential vulnerabilities, ensuring robust protection against potential breaches.
- **Integration Checks:** With multiple components and potential external system integrations, we ensure all elements operate harmoniously.
- **Continuous Evolution:** Post-deployment, we remain invested. Through Alpha and Beta Testing, we continue to glean insights and refine the website to ensure it remains in sync with user expectations and needs.

### Future Proofing

Our forward-looking approach includes:

- A data-driven methodology.
- Utilizing advanced technologies for longevity.
- Periodic website reviews, threat monitoring, and continuous staff training.

### GDPR Compliance & Data Protection:

Our approach to building your website will have GDPR compliance and data protection at its core, thus aligning with best practices and supporting the Commissioner's commitment to safeguarding user data.

- **Consent Mechanisms:** Implement user-friendly tools for clear data collection consent.
- **Data Minimization:** Only collect essential user data, adhering to GDPR principles.
- **Secure Data Storage:** Use encryption and secure server configurations to protect data.
- **User Data Access:** Equip users with tools to access and rectify their data easily.

- **Transparent Policies:** Present data policies in clear, user-friendly formats.
- **Data Breach Protocols:** Establish protocols for prompt detection and reporting of breaches.
- **Alignment with Organization's Policies:** Ensure the website works in tandem with PHW's existing data protection strategies.

# Climate Cymru

We created the Climate Cymru site in partnership with more than 60 environmental charities and civil society organisations across Wales. It sits at the heart of a campaign to apply democratic pressure on the Welsh and UK Governments.

The site is content-rich, natively bilingual, and allows users to support the campaign in a way that is personal to them without making compromises on user experience or data privacy.

It is fully content-managed through a custom version of WordPress, allowing the team to easily create and edit high-quality content from a suite of flexible blocks.

[Visit website](#)

## Results

- Exceeded target of 10,000 sign-ups
- In-site conversion rate better than one in five
- Repeat national broadcast media coverage

Jones Shania  
06/06/2024 15:39:54

The site follows best practices in bilingual web design. Everything, from menu to footer, is fully translated, and linguistic differences are accounted for in the design. For example, the 'add your voice' button expands slightly in the Welsh context to make room for 'ychwanegwch eich llais'.

## How it relates to your brief

The project required the following features and components:

- Established the branding, which inspired the look and feel of the website
- Built on a custom Wordpress CMS build
- Fully bilingual
- Integration with third-party application - Mailchimp, Google Maps, CRM, and donations
- Engaging and approachable for a wide range of audiences, including businesses, government, the general public
- Membership sign-ups through the 'Add your voice' section
- Responsive design and build - desktop, tablet, mobile
- Social media integration - Easily shareable content for users
- Google Analytics integration to track usage and behaviour
- Driving membership applications
- Sustainable hosting and support



"I approached Blue Stag in the summer of 2020 for help mobilising a movement to represent Wales at COP26 in Glasgow in 2021. Having worked with Blue Stag before, I was confident in the quality of their work and more importantly, the enthusiasm they give to their clients' projects.

In a very short time, Blue Stag developed a quality brand and a bilingual website for the project and for Wales.

We had a goal of reaching 10,000 voices (pledges) to take to COP26, which we have smashed, hitting over 13,000.

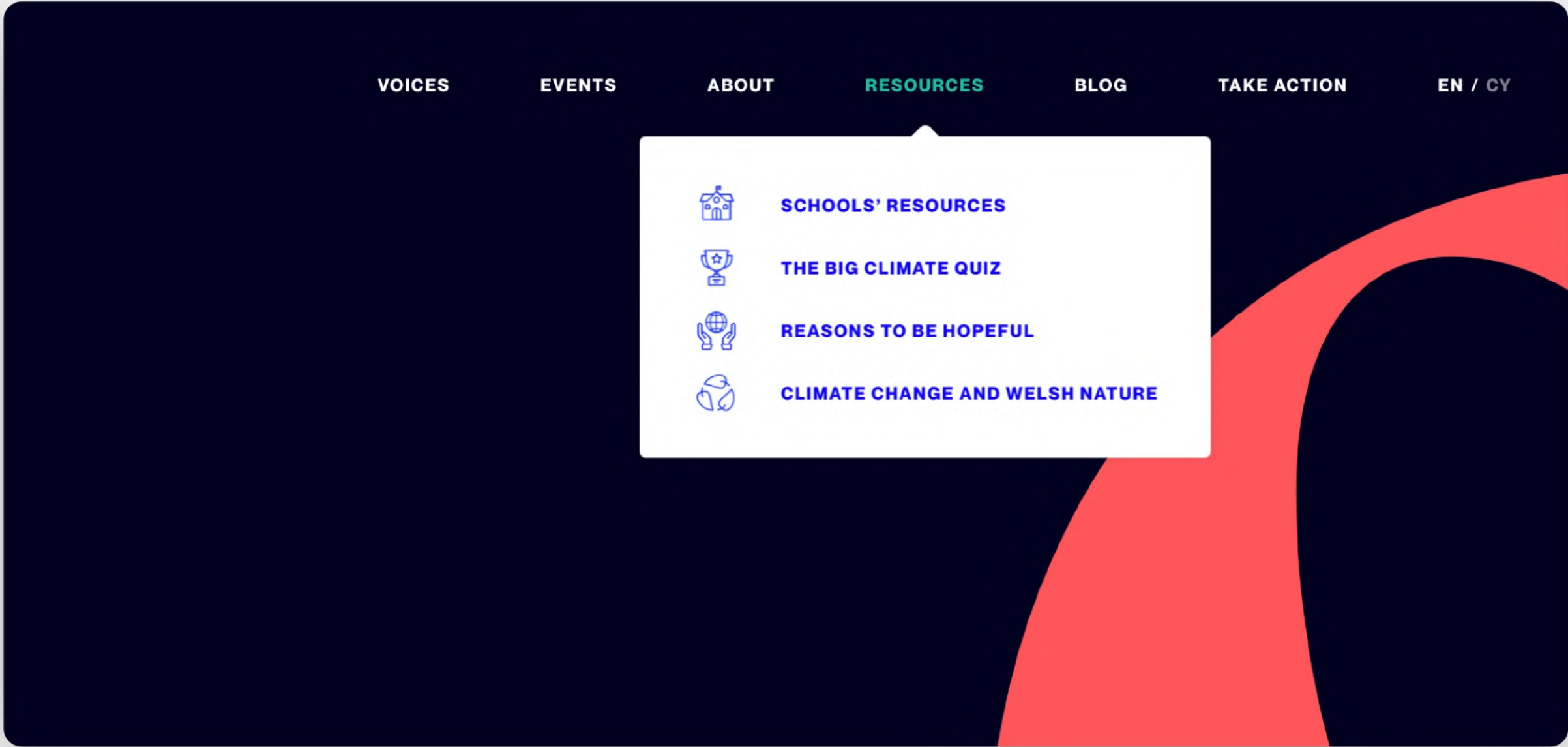
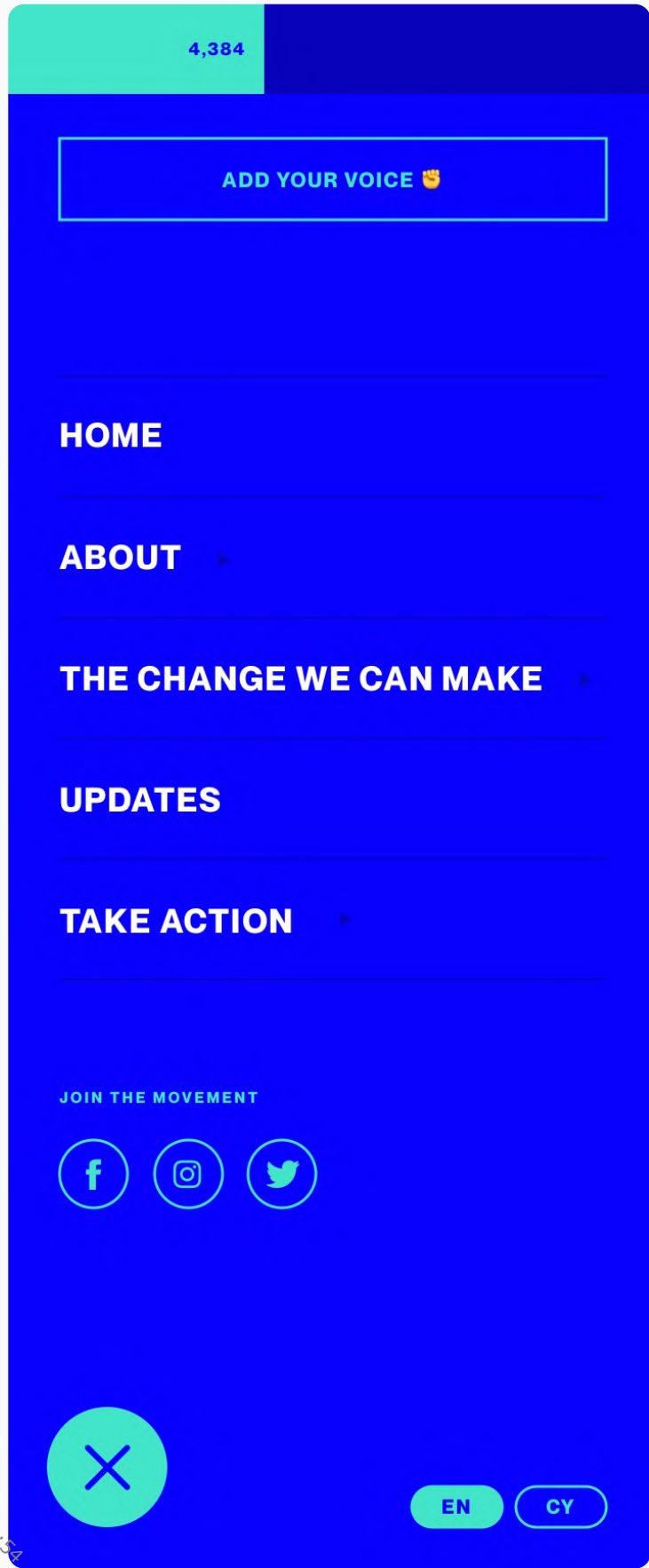
We're very happy with the result and we would be more than happy to recommend them.

I'm excited to continue to work on Climate.Cymru with Blue Stag as we enter a pivotal year for our country, our Earth and our climate.

**Peter Frederick Gilbey**

Communications Manager at Welsh Cymru Africa

Jones, Shania  
06/06/2024 15:39:54



Jones Shania  
06/06/2024 15:39:34

OUR GOAL 5,340 10,000 ADD YOUR VOICE

Climate. Cymru

ABOUT THE CHANGE WE CAN MAKE UPDATES TAKE ACTION EN / CY

# Send a message to our leaders

Our climate and natural world are in crisis, threatening our communities, our ways of life, and our beautiful Welsh places.

2021 offers hope for a better future. In November, world leaders will gather for the UN Climate Summit with the future of our communities in their hands. We need to show them how much we care.

## Add your voice

5,340 OF OUR GOAL OF 10,000

5,340

NAME

EMAIL

POST CODE / ZIP CODE

By signing you agree to our privacy policy, including to the transfer of your information to our servers in the UK.

Do you want to stay informed about our journey?

Sign up to receive emails from us and follow our journey to take Welsh voices to the UN Climate Change Conference. We'll only ever ask for your voice, not your money. You can unsubscribe at any time.

Yes, sign me up

No, I'm already signed up or I don't want to be kept informed in future

ADD YOUR VOICE

## Show our leaders you care

Our climate and natural world are in crisis, threatening our communities, our ways of life, and our beautiful Welsh places.

With world leaders gathering for the UN Climate Summit in Glasgow this November, 2021 offers hope for a better future. But we need to show our leaders we care.

Add your voice to tell our leaders we want strong and meaningful action to protect the things we love.

Jones, Shania  
06/06/2024 15:39:54

EN TARGETED 13,294 YCHWANEGWCH EICH LLAIS

Climate. Cymru

LLEISIAU DIGWYDDIADAU AMKANOM DIWEDDARIADAU Y NEWID Y GALLWN EI WNEUD GWETHREDWCH EN / CY

# Diogelu'r Cymru rydych chi'n ei charu

Mae Climate Cymru yn casglu lleisiau o bob rhan o Gymru, ac yn sicrhau bod y lleisiau hynny'n cael eu clywed gan y bobl mewn grym.

Dywedwch wrth ein harweinwyr i ddiogelu'r Cymru rydym yn ei charu rhag yr argyfyngau hinsawdd a natur.

YCHWANEGWCH EICH LLAIS

## 10,000 o leisiau

Ein huchelgais yw casglu 50,000 o leisiau gan bobl Cymru cyn yr uwchgynhadledd, gan ddechrau gyda 10,000 erbyn yr haf. Byddwn yn anfon neges at ein harweinwyr – rydym eisiau cael ymwymiaidau cryf ac ystyrlon i ddiogelu'r pethau rydym yn eu caru, ac i greu dyfodol gwell i bob un ohonom.

YCHWANEGWCH EICH LLAIS

## Y cwis hinsawdd mawr

Y CWIS HINSAWDD MAWR

## Rhesymau i fod yn obeithiol

RHESYMAU I FOD YN OBEITHIOL

# Older People's Commissioner for Wales

Teaming up with the Older People's Commissioner for Wales, we embarked on a transformative journey to enhance [www.olderpeoplewales.com](http://www.olderpeoplewales.com). Anchored in mutual insights and the organization's core values, we crafted a bilingual site that prioritized accessibility, meeting the WCAG 2.1 AA standard.

Our tailored WordPress CMS enabled dynamic bilingual content management, ensuring the site remained ever-evolving. With a vigilant eye on security and data protection, we facilitated seamless content migration and reliable hosting.

Beyond the launch, our dedication persisted, offering structured support and continuous optimizations. Together, we've sculpted a digital beacon for older individuals across Wales.

## How it relates to the brief

- **Compatibility:** Mobile-responsive design for both iOS and Android.
- **Security:** Implemented Cloudflare DNS, SSL certificates, and two-factor authentication for CMS. Threat monitoring in place.
- **Bilingual:** Website fully functional in both English and Welsh.
- **AA Accessibility:** Met international WCAG 2.1 AA accessibility standards.
- **Contact Management:** Integrated SendinBlue for contact enquiries.
- **Support Directory:** Created a user-diverting [Support Directory](#).
- **Content Focus:** Prioritised HTML over PDFs for better accessibility.
- **CMS Users:** Featured a tiered user system: Admin, Page Owners, and Contributors.
- **CMS Accessibility:** Web platform access for all users.
- **Multimedia:** Supported various content types in CMS.
- **Site Control:** Empowered full website control through CMS.
- **User Rights:** Differentiated CMS access based on roles.
- **Forms:** Bilingual forms with no data storage on CMS.
- **Analytics:** Integrated Google Analytics 4 with admin access.
- **Social Media:** RSS feeds for social media integration.
- **Search:** Incorporated a site search engine.
- **Dynamic Content:** Highlighted key articles, blogs, and included an event calendar.
- **Document Handling:** Enabled structured document uploading and storage.
- **Website Maintenance:** Ensured regular updates, security patches, and optimal website performance.

## Find support near you

Find details of local and national services that provide counselling and treatment in Wales.

Please enter a full postcode or town

Choose a service type

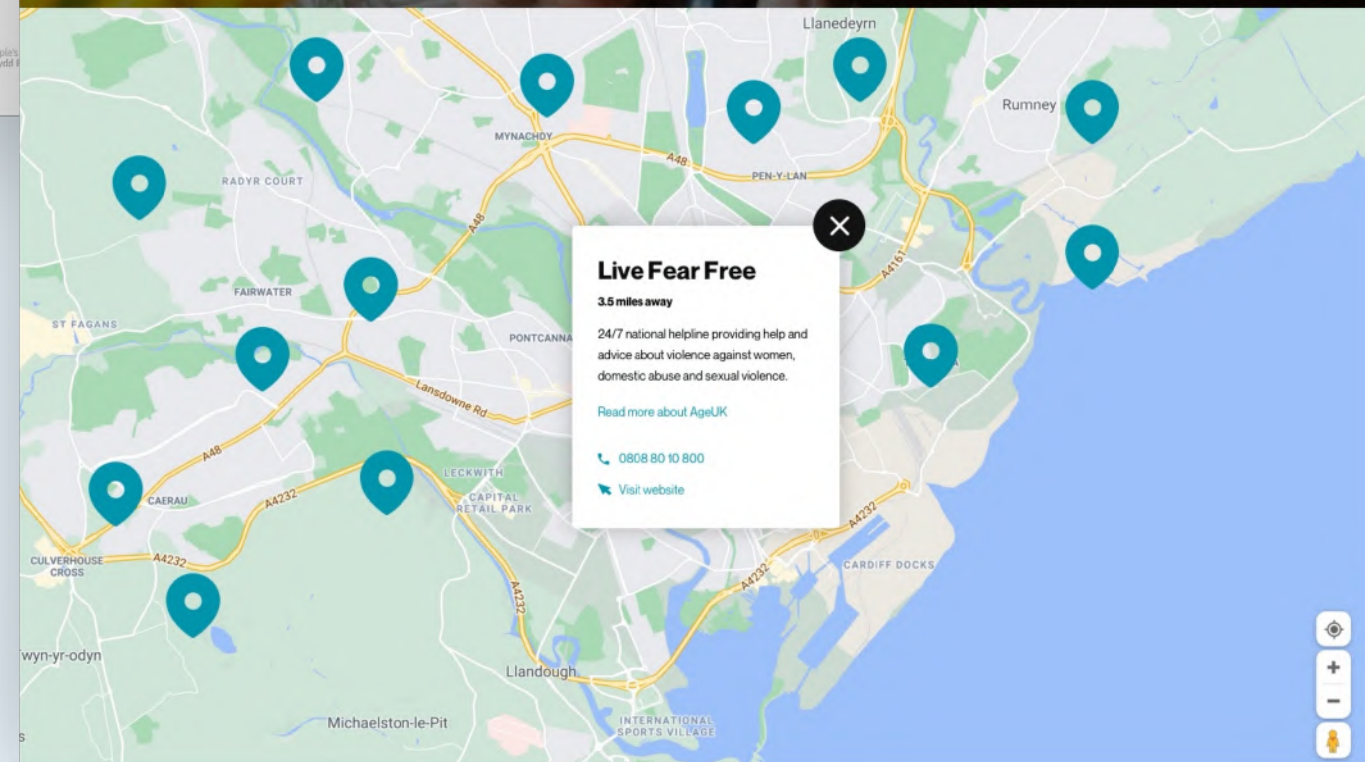
- All services
- Financial
- Domestic abuse**
- Sexual

## Results ordered by nearest to "cf10 5lr"

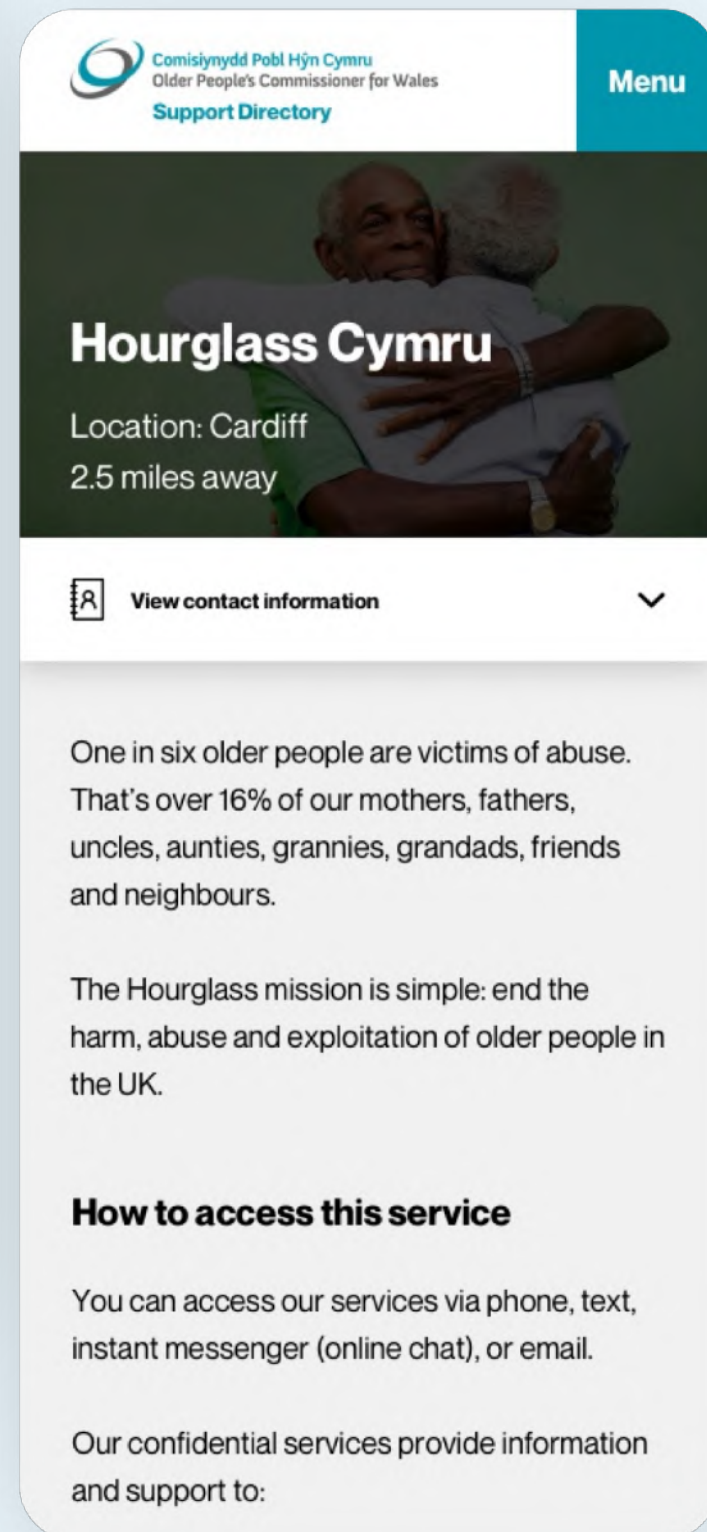
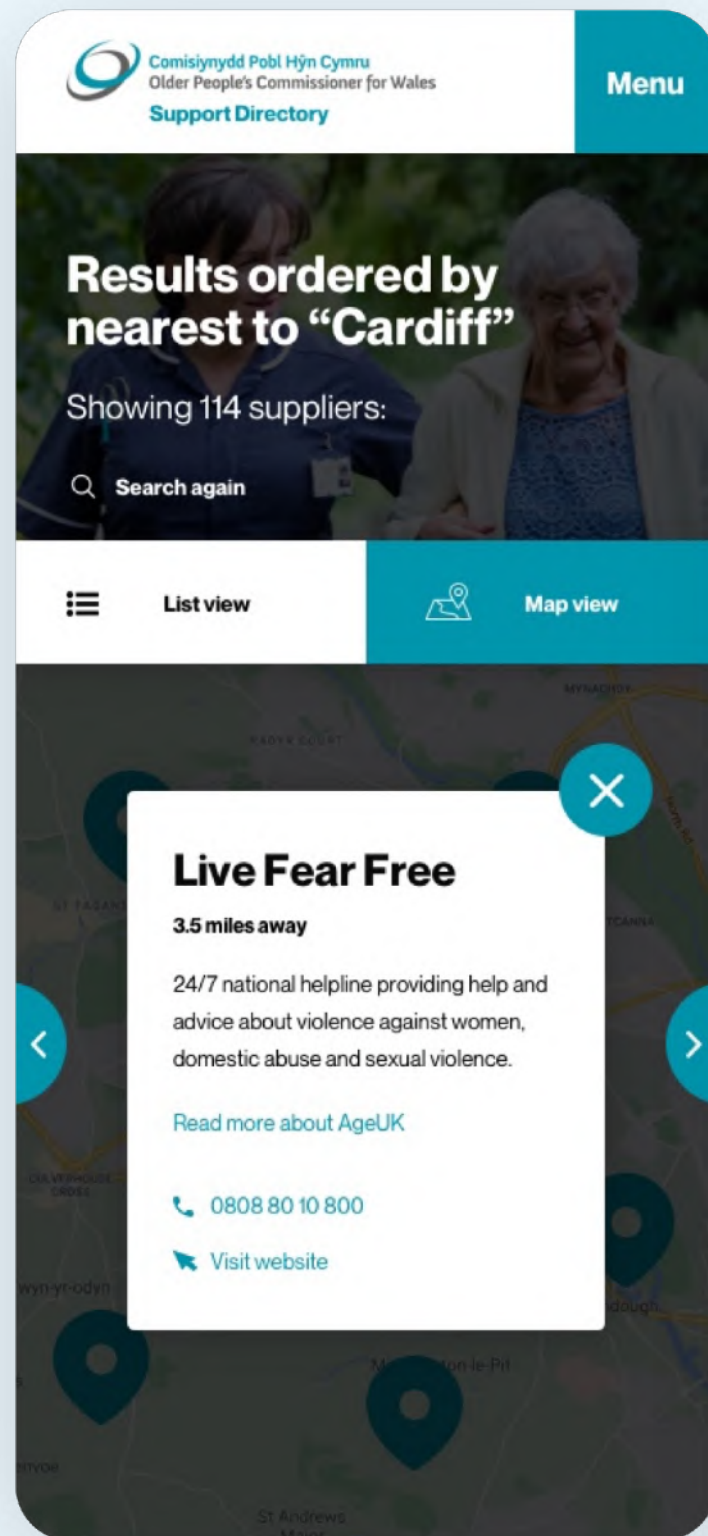
Showing 114 suppliers:

List view

Map view



Jones Shania  
06/06/2024 15:39:54



**" Working with the team at Blue Stag to redesign and migrate our website was a very positive experience from start to finish. Alongside their creativity and fresh ideas at the design stage, there was also a strong focus on delivering great functionality to ensure a positive, user-friendly, bilingual experience for visitors to our site.**

**The whole project was managed very effectively by the team, particularly given the short timescales, and a mix of regular meetings and online tools enabled us to easily share updates and feedback, and discuss any queries, with further support just a phonecall or email away. Would not hesitate to work with Blue Stag again.**

Richard Jones  
Head of Communications / Older People's Commissioner for Wales

Jones Shania  
06/06/2024 15:39:54

# Taith - Wales' International Learning Exchange Programme

Taith facilitates transformative international exchanges, enabling individuals to immerse in diverse cultures, share learning, and acquire new skills. These enriching experiences span from studying and volunteering to job shadowing and attending courses.

Understanding the diversity of Taith's user base, we developed a mobile-responsive website that prioritizes clear signposting to direct users efficiently. A significant innovation was transitioning from static PDFs to interactive online publications, enhancing accessibility and user engagement. To streamline grant applications and enquiries, we integrated the website with Taith's CRM system. Our custom-built WordPress CMS catered specifically to Taith's unique needs, ensuring the site remains adaptable for future requirements.

Security and user trust were paramount. Thus, advanced security measures, including Cloudflare DNS, SSL certification, and two-factor authentication, were meticulously implemented.

Overall, our partnership with Taith transformed their digital landscape, delivering a platform that truly resonates with their ethos and serves their community effectively.

**"Blue Stag have delivered an accessible, bilingual website that genuinely encapsulates Taith's brand essence. The intuitive design means we can easily update the site ourselves, yet their team has consistently been there for us, offering timely support and expert advice.**

**They've ensured our website remains at the pinnacle of accessibility and performance standards. Throughout our journey, their flexibility and support has helped enable us to achieve our organisational targets.**

**A heartfelt thank you to the entire team."**

Sarah Morgan  
Senior Digital Content Producer at Taith

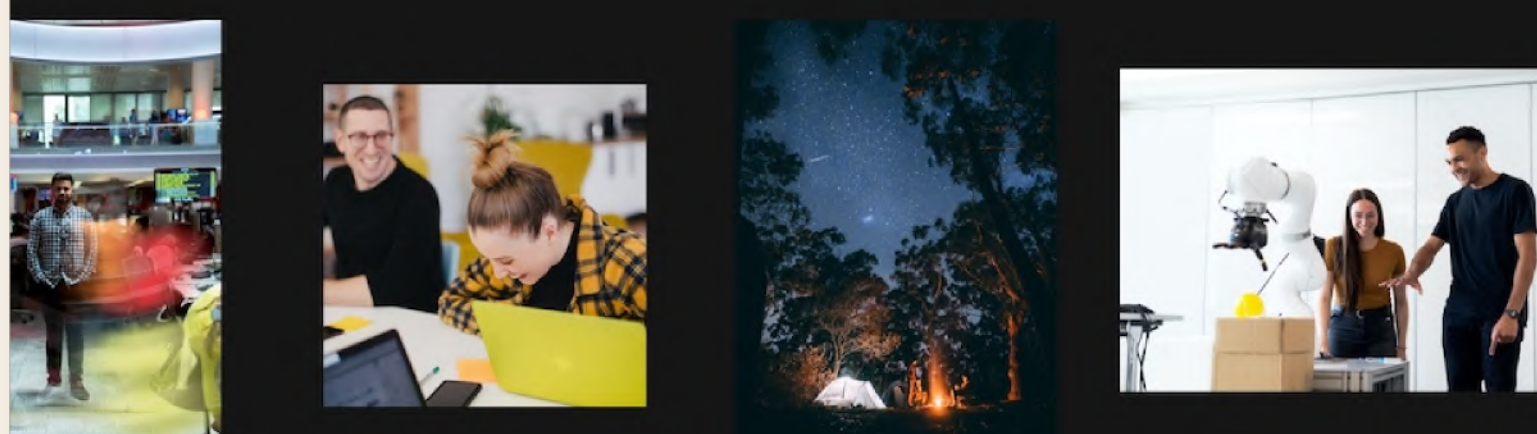
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06/06/2024 15:30:04

# How it relates to the brief

- **Branding:** Established the branding, which inspired the look and feel of the website
- **Compatibility:** Mobile-responsive design, compatible with iOS and Android devices.
- **Security:** Utilized Cloudflare DNS, enforced SSL certificates, and integrated two-factor authentication within the CMS.
- **Bilingual Design:** Ensured full website functionality in both English and Welsh languages.
- **AA Accessibility:** Adhered to international WCAG 2.1 AA accessibility standards.
- **Custom CMS:** Custom-built WordPress CMS tailored to Taith's specific needs.
- **Interactive Publications:** Transitioned from traditional PDFs to interactive online publications, e.g., [Pathway 2 Programme Guide](#).
- **User-Centric Design:** Catered to diverse user groups, signposting them to relevant information.
- **CRM Integration:** Integrated with the Taith CRM system, streamlining grant applications and enquiries.
- **Forms:** Implemented bilingual forms that redirect data without CMS storage.
- **Analytics:** Seamlessly integrated Google Analytics, providing admin access for insightful data analysis.
- **Dynamic Features:** Featured highlighted content and ensured users have access to blogs and an updated event calendar.
- **Document Management:** Streamlined the process of uploading, categorising, and storing documents.
- **Website Maintenance:** Regularly maintained, updated, and patched for optimal performance and security.

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06/06/2024 15:39:54

Taith is Wales' new International Learning Exchange Programme, creating life-changing opportunities for people to travel, learn and experience.



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06/06/2024 15:39:54

### Latest news

[View all](#)



How is Covid-19 affecting studying in Wales?



How is Covid-19 affecting studying in Wales?



How is Covid-19 affecting studying in Wales?

## Come on the adventure with us.

Sign up to our newsletter and find out when we launch.

By signing up, you agree to the 'company name' [privacy policy](#), including to the transfer of your information to our marketing platform, Mailchimp. You can unsubscribe at any time.

#### About this site

- [Privacy Policy](#)
- [Cookie Policy](#)
- [Accessibility statement](#)

#### Follow us



#### News

- [How is Covid-19 affecting studying in Wales?](#)
- [How is Covid-19 affecting studying in Wales?](#)
- [How is Covid-19 affecting studying in Wales?](#)



# Hapus - Public Health Wales

We are currently working with Public Health Wales to establish and launch a new user informed national brand as part of the Healthy Weight Healthy Wales strategy to tackle obesity.

The new brand will be used across digital products, integrated campaigns and stakeholder activities, services and communications which support the HWHW strategy implementation and goals.

Similar to the Hapus project, there are three broad communication branches to the wider HWHW national obesity prevention and management strategy.

Working with the PHW's internal digital team, we are working on the Healthy Weight Healthy You website.

The focus is not just on the look and feel and ensuring brand consistency, but also on the user journey and how it will help to inspire people. The goal is to support them on their weight loss journey.

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06/06/2024 15:39:54

## How it relates to the brief

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- **Dynamic Content:** Highlighted key articles, blogs, and included an event calendar.
- **Document Handling:** Enabled structured document uploading and storage.
- **Website Maintenance:** Ensured regular updates, security patches, and optimal website performance.

# Choose the future you want

Find tips and advice empowering you to live a healthier life.

Advice and tips

Get inspired



## Ways to kickstart your health



Jones, Shania  
06/06/2024 15:39:54

# Take control, shape your future

Find tips and advice empowering you to live a healthier life.

Get help and support at

[HealthyWeight.wales](https://HealthyWeight.wales)



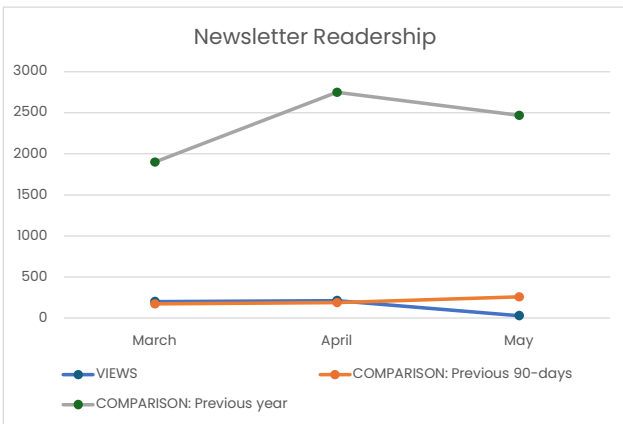
**Communications Report**

This communication report covers the period between March to May 2024.

This report compares data from the same time period last year, and the previous 90-day period.

Newsletter			
	circulation list	X (Twitter)	Facebook
<b>Current followers:</b>	64	289	177

NEWSLETTER	March	April	May
<b>VIEWES</b>	203	214	30
<b>COMPARISON: Previous 90-days</b>	173	189	259
<b>COMPARISON: Previous year</b>	1900	2748	2467

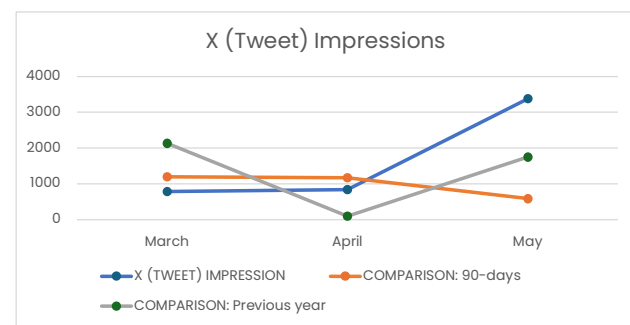


**NOTES:**

\*May newsletter was issued on 30th May and data was collected on the 31st. This readership is estimated to increase over time and the data will be updated for the next report. It is important to note that the viewership of the newsletter is a snapshot and will always be expected to increase.

The newsletter readership is always increasing as they can be accessed at anytime through various platforms e.g. website, Sharepoint and social media.

X (TWITTER)	March	April	May
<b>X (TWEET) IMPRESSION</b>	784	841	3384
<b>COMPARISON: 90-days</b>	1200	1173	588
<b>COMPARISON: Previous year</b>	2134	100	1750
<b>NEW FOLLOWERS</b>	0	0	0
<b>COMPARISON: 90-days</b>	0	0	0
<b>COMPARISON: Previous year</b>	6	3	0
<b>TOP X (TWEET) IMPRESSION</b>	52	83	18
<b>COMPARISON: 90-days</b>	39	36	37
<b>COMPARISON: Previous year</b>	688	145	697



**NOTES:**

Important to note that X (Twitter) is going through some changes therefore, their reporting system has been down and less reliable in recent months.

Over the last few months the team have been testing different timings for post to determine the optimal time to post. In April it was decided that posting around 4pm gained the Charity's socials the most engagement.

The team also planned a busy schedule for May with various content and tagged more accounts to increase engagement.

The Charity Manager also attended the NHS Charities Together conference which always gains a large impression. This year it reached 100 impressions.

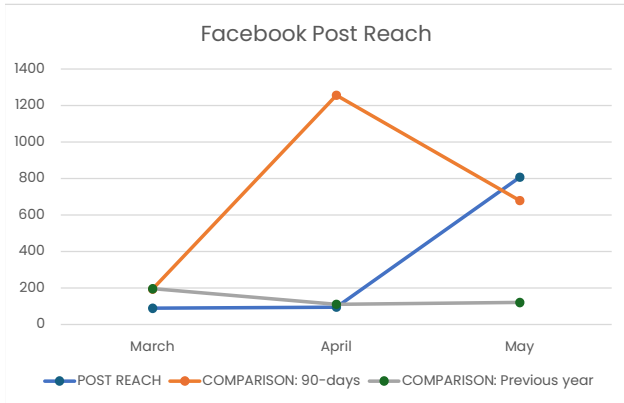
However, a recurring element was a in-depth Case study into Wellness with WNO. This case study was well recieved and spreading out the posts allowed for continued engagement.

FACEBOOK	March	April	May
<b>POST REACH</b>	89	95	807
<b>COMPARISON: 90-days</b>	194	1256	679
<b>COMPARISON: Previous year</b>	196	111	120
<b>POST ENGAGEMENT</b>	21	28	94
<b>COMPARISON: 90-days</b>	81	141	60
<b>COMPARISON: Previous year</b>	126	18	34
<b>PAGE LIKES</b>	0	0	1
<b>COMPARISON: 90-days</b>	0	1	0

**NOTES:**

X and Facebook differ in some elements, we geniously have better interaction with our audience on Facebook. This can be due to the Staywell PTHB group which allows to share posts directly into the staff group to gain their attention and boost our overall reach. However, we don't gain much interaction with the general public.

The donor thank you posts do gain some inertactions and more so on facebook due to staff shares.



Our most popular post is regarding the Grant scheme reaching a total post reach of 665 in May. This is due to sharing into the staff Facebook group.

**COMMUNICATION FOCUS**

**STANDARD ITEMS:** Topics mentioned every month

**Newsletter:**

- Link to newsletter
- Did you miss the newsletter
- Sign up to be a charity ambassadors
- Text to Donate
- Thank you to donors
- Donations & fundraising (JustGiving)

**ADDITIONAL FOCUS**

**MARCH**

- Projects for Powys
- Grant scheme - Powys Creates
- Legacies

**APRIL**

- Grant scheme
- Fundraising
- Charity of the Year

**MAY**

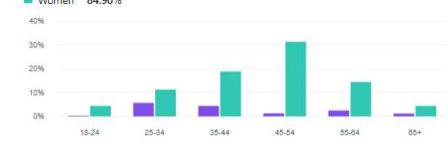
- Grant scheme - Lles
- NHS Charities Together Conference
- Projects for Powys
- WNO Case study

**AUDIENCE (Facebook)**

This graph was taken from Facebook insights

**Age and Gender**

Men 15.10%  
Women 84.90%



**Location**

Cities Countries

Brecon, UK	29
Llandrindod Wells, UK	16
Welshpool, UK	15
Newtown, UK	14
Builth Wells, UK	8
Ystradgynlais, UK	7
Cardiff, UK	5
Rhayader, UK	5
Bridgend, UK	4
Machynlleth, UK	4

Jones, Shania  
06/06/2024 15:39:54

# Powys THB Finance Department

## Charitable Funds Financial Summary

### Charitable Funds Committee

**Period End March 2024 (Month 12)**  
**FY 2023/24**

**Date Meeting: 10<sup>th</sup> June 2024**  
**Agenda item: 3.3**

Jones, Shania  
06/06/2024 15:39:54





<b>Subject:</b>	<b>CHARITABLE FUNDS FINANCIAL SUMMARY AT END MARCH 2024</b>
Approved & Presented by:	Pete Hopgood, Director of Finance
Prepared by:	Sarah Pritchard, Assistant Director of Finance
Other Committees and meetings considered at:	None

<b>PURPOSE:</b>
This paper provides the Committee with an update Expenditure Profile of the Charitable Funds for the period from 1st April 2023 to 31 <sup>st</sup> January 2024
<b>RECOMMENDATION:</b>
<p>It is recommended that the Committee:</p> <ul style="list-style-type: none"> <li>• DISCUSS and NOTE financial summary.</li> <li>• NOTE the current level of income received and expenditure of funds from 1st April 2023 to 31<sup>st</sup> March 2024.</li> <li>• NOTE any actions or recommendations linked to the financial position of the funds.</li> </ul>

THE PAPER IS ALIGNED TO THE DELIVERY OF THE FOLLOWING STRATEGIC OBJECTIVE(S) AND HEALTH AND CARE STANDARD(S):		
<b>Strategic Objectives:</b>	<ul style="list-style-type: none"> <li>• Focus on Wellbeing</li> <li>• Provide Early Help and Support</li> <li>• Tackle the Big Four</li> <li>• Enable Joined up Care</li> <li>• Develop Workforce Futures</li> <li>• Promote Innovative Environments</li> <li>• Put Digital First</li> <li>• Transforming in Partnership</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✗</li> <li>✗</li> <li>✗</li> <li>✗</li> <li>✗</li> <li>✗</li> <li>✗</li> </ul>
<b>Health and Care Standards:</b>	<ul style="list-style-type: none"> <li>• Staying Healthy</li> <li>• Safe Care</li> <li>• Effective Care</li> <li>• Dignified Care</li> <li>• Timely Care</li> <li>• Individual Care</li> <li>• Staff and Resources</li> <li>• Governance, Leadership &amp; Accountability</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> </ul>



Approval/Ratification/Decision	Discussion	Information
	✓	



Balance Total Charitable Funds		
Financial KPIs :	Value £'000	Trend Compared 01/04/23
Reported Closing Balance Period Ending 31 March 2024	4,346	
Movement in Closing Balance Compared Period Ending 31st March 2023 - Negative = reduction balance / Positive = increase in balance	88	

Income & Expenditure Movements	
Area	Value £'000
Total Expenditure: Period April 2023 to March 2024	199
Total Income: Period April 2023 to March 2024	287
<b>Increase or (Decrease) In Fund Balance</b>	<b>88</b>

## Summary

- The opening balance at the 1<sup>st</sup> April 2023 has been adjusted for required accruals for the 22/23 accounts which relates to items paid in 23/24 but relating to 22/23 charity activities. The revised opening balance is £4.258M and during Months 1 to 12 this increased overall by £0.088M.
- The total income received in the period exceeded total expenditure paid for the same period by £0.088M.
- A breakdown of this between General Funds and Legacy funds can be found on the next page.
- All funds are unrestricted funds with the exception of one endowment fund.
- The finance department have yet to prepare the 23/24 charity accounts which may increase income and expenditure for items paid/received in 24/25 but relate to 23/24

Balance General Funds		
Financial KPIs :	Value £'000	Trend Compared 01/04/23
Reported Closing Balance Period Ending 31 March 2024	2,629	
Movement in Closing Balance Compared Period Ending 31st March 2023 - Negative = reduction balance / Positive = increase in balance	94	

Balance Legacy Funds		
Financial KPIs :	Value £'000	Trend
Reported Closing Balance Period Ending 31 March 2024	1,623	
Movement in Closing Balance Compared Period Ending 31st March 2023 - Negative = reduction balance / Positive = increase in balance	-6	

Income & Expenditure Movements: General Funds	
Area	Value £'000
Total Expenditure: Period April 2023 to March 2024	175
Total Income: Period April 2023 to March 2024	269
<b>Increase or (Decrease) In Fund Balance</b>	<b>94</b>

Income & Expenditure Movements: Legacy Funds	
Area	Value £'000
Total Expenditure: Period April 2023 to March 2024	24
Total Income: Period April 2023 to March 2024	18
<b>Increase or (Decrease) In Fund Balance</b>	<b>-6</b>

Jones, J  
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Powys Local Health Board  
Expenditure Profile  
Charitable Funds Committee 2023-24

Expenditure Profile for 2023-24	Fund Balance 01/04/2023 £	Income Received 1st April 2023 to 31 March 2024 £	Payments Made 1st April 2023 to 31 March 2024 £	Balance 31 March 2024 £	Balance 1st April 2023 Spent %	Fund Increase (+ve)/ Decrease (-ve) since 1st April 2023 %
<b>Funds over 100K</b>						
Welshpool General Purposes	£530,317	£10,479	£3,065	£537,730	0.58%	1.40%
Mental Health General Purposes	£353,626	£0	£0	£353,626	0.00%	0.00%
<b>Funds between 50 - 100k</b>						
Ystradgynlais Geriatric Ward	£63,045	£0	£385	£62,661	0.61%	-0.61%
Knighton General Purposes	£74,174	£0	£3,969	£70,206	5.35%	-5.35%
Llandrindod General Purposes	£51,477	£70	£1,411	£50,136	2.74%	-2.60%
Machynlleth General Purposes	£77,699	£1,396	£2,864	£76,231	3.69%	-1.89%
North Powys District Nursing	£56,808	£18,063	£45	£74,827	0.08%	31.72%
<b>Funds between 25-50k</b>						
Brecon General Purposes	£38,689	£1,775	£8,685	£31,780	22.45%	-17.86%
Ystradgynlais General Purposes	£36,591	£3,841	£741	£39,691	2.03%	8.47%
<b>Funds Under 25K</b>						
Brecon	£28,589	£11,640	£177	£40,052	0.62%	40.09%
Bronllys	£35,898	£0	£9,724	£26,174	27.09%	-27.09%
Builth	£6,737	£0	£1,029	£5,708	15.27%	-15.27%
Llandrindod	£25,512	£3,110	£1,602	£27,020	6.28%	5.91%
Knighton	£4,037	£450	£0	£4,487	0.00%	11.15%
Llanidloes	£7,745	£4,636	£8,621	£3,759	111.32%	-51.47%
Newtown	£20,939	£24,151	£25,242	£19,848	120.55%	-5.21%
Welshpool	£49,053	£2,195	£0	£51,248	0.00%	4.47%
Ystradgynlais	£11,602	£0	£0	£11,602	0.00%	0.00%
Women & Children's	£4,668	£0	£1,426	£3,242	30.55%	-30.55%
Mental Health	£11,168	£0	£49	£11,119	0.44%	-0.44%
<b>POWYS WIDE</b>						
Powys General Purposes	£1,010,246	£151,611	£84,630	£1,077,228	8.38%	6.63%
Covid General Purposes	£68,838	£0	£14,564	£54,275	0.00%	0.00%
Nursing Research	£1,397	£0	£0	£1,397	0.00%	0.00%
Palliative Care Fund	£53,957	£5,418	£6,793	£52,582	12.59%	-2.55%
District Speech Therapy	£126	£0	£0	£126	0.00%	0.00%
Diabetes Services	£6,388	£0	£0	£6,388	0.00%	0.00%
NHS Charities Together Development Grant Fund	£0	£30,000	£0	£30,000	0.00%	0.00%
<b>Total</b>	<b>£2,629,327</b>	<b>£268,835</b>	<b>£175,022</b>	<b>£2,723,141</b>	<b>6.66%</b>	<b>3.57%</b>

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Expenditure Profile for 2023-24	Fund Balance 01/04/2023 £	Income Received 1st April 2023 to 31 March 2024 £	Payments Made 1st April 2023 to 31 March 2024 £	Balance 31 March 2024 £	Balance 1st April 2023 Spent %	Fund Increase (+ve)/ Decrease (-ve) since 1st April 2023 %
<b>LEGACY FUNDS</b>						
Brecon Training Legacy	£2,127	£0	£65	£2,062	3.06%	-3.06%
AMI Legacy	£102,256	£12,237	£12,512	£101,980	12.24%	-0.27%
Hazels Legacy	£270,291	£5,987	-£3,334	£279,611	-1.23%	3.45%
Mid & South Powys Community & Palliative Services	£1,010,833	£0	£15,192	£995,641	1.50%	-1.50%
Ystradgynlais Estate M R Morgan Properties	£62,167	£0	£0	£62,167	0.00%	0.00%
Estate M J Brand Property Fund	£181,250	£0	£0	£181,250	0.00%	0.00%
<b>Total</b>	<b>£1,628,923</b>	<b>£18,223</b>	<b>£24,435</b>	<b>£1,622,712</b>	<b>1.50%</b>	<b>-0.38%</b>

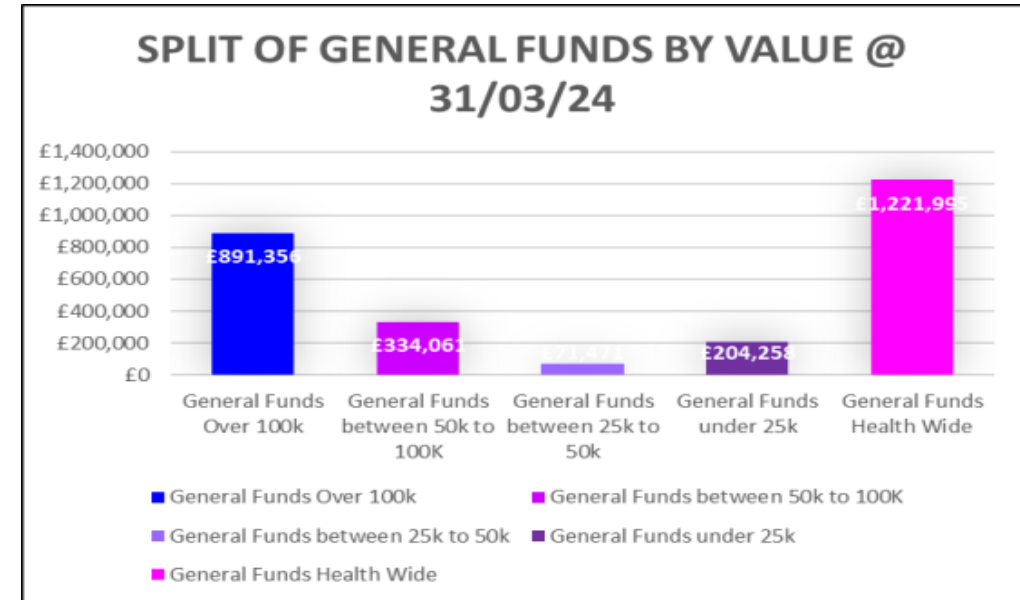
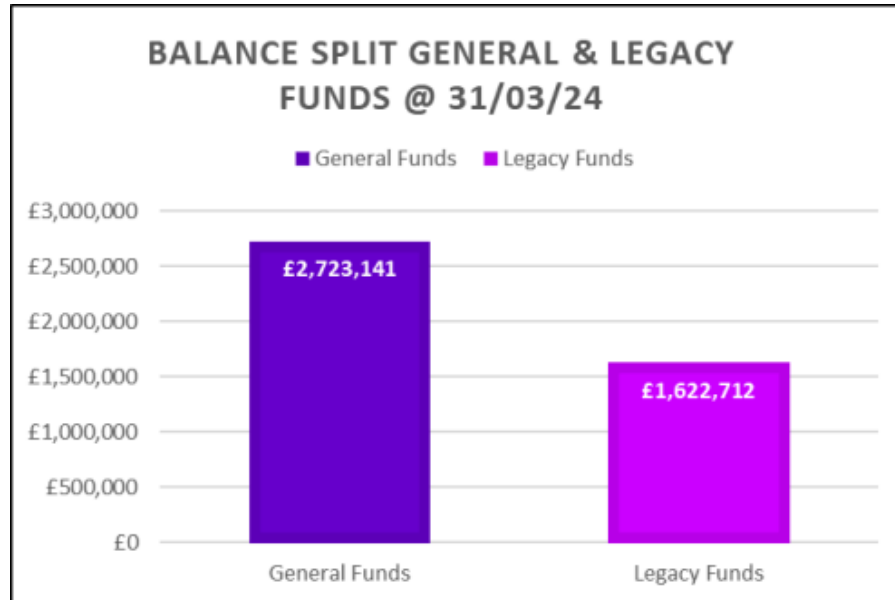
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<b>Powys TLHB Charity Balance Sheet as at 31 March 2024</b>						
						<b>Total</b>
			<b>Unrestricted</b>	<b>Endowment</b>		<b>31 March</b>
			<b>funds</b>	<b>funds</b>		<b>2024</b>
			<b>£000</b>	<b>£000</b>		<b>£000</b>
<b>Investments:</b>						
	Property Investments		243	0		243
	Portfolio Investments		3,319	3		3,322
	<b>Total Investments</b>		<b>3,562</b>	<b>3</b>		<b>3,565</b>
<b>Current assets:</b>						
	Debtors		0	0		0
	Cash and cash equivalents		796	0		796
	<b>Total current assets</b>		<b>796</b>	<b>0</b>		<b>796</b>
<b>Liabilities:</b>						
	Creditors: Amounts falling due within one year		15	0		15
	<b>Net current assets / (liabilities)</b>		<b>781</b>	<b>0</b>		<b>781</b>
	<b>Total assets less current liabilities</b>		<b>4,343</b>	<b>3</b>		<b>4,346</b>
	Creditors: Amounts falling due after more than one year		0	0		0
	<b>Total net assets / (liabilities)</b>		<b>4,343</b>	<b>3</b>		<b>4,346</b>
<b>The funds of the charity:</b>						
	Endowment Funds			3		3
	Unrestricted income funds		4,343			4,343
	<b>Total funds</b>		<b>4,343</b>	<b>3</b>		<b>4,346</b>

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## Balances Legacy and General Funds

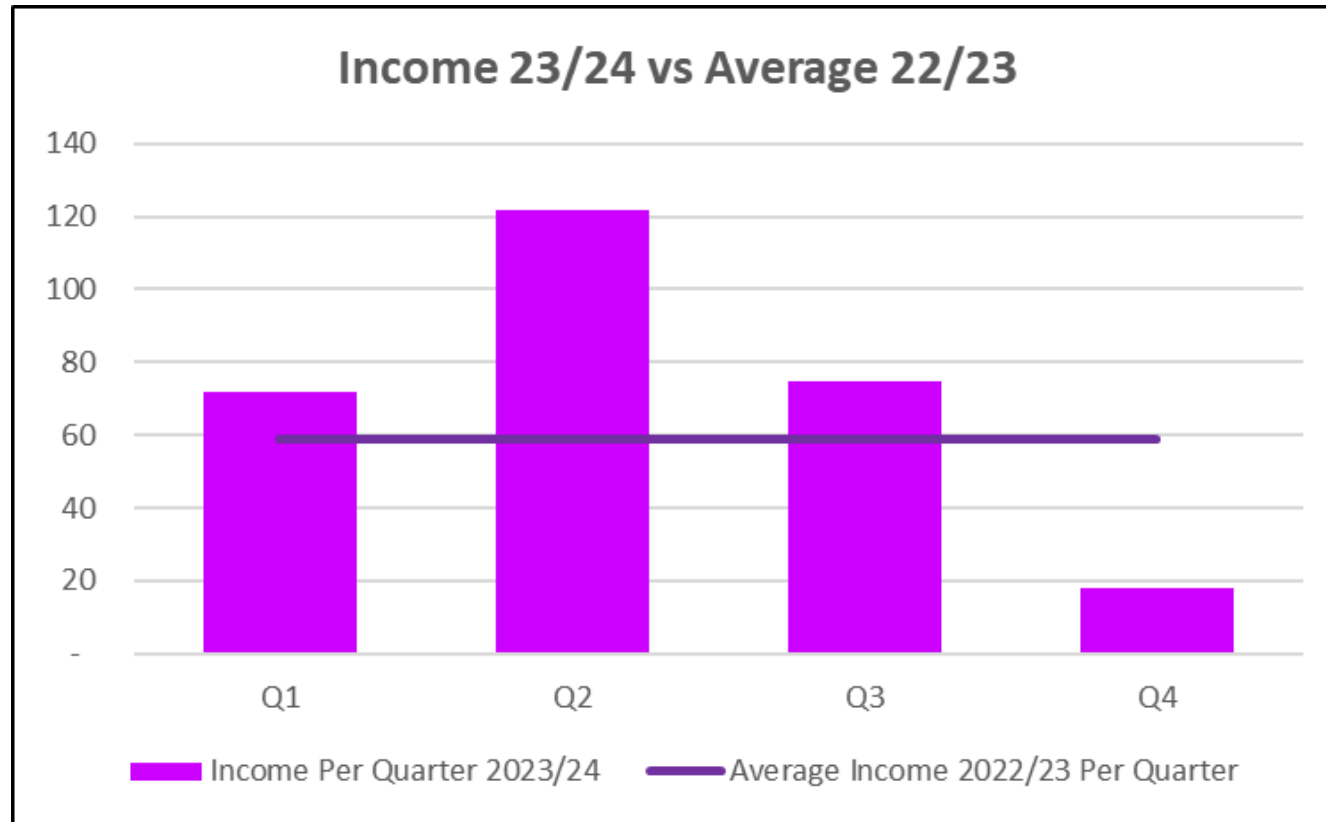
## General Funds Split into Value of Fund



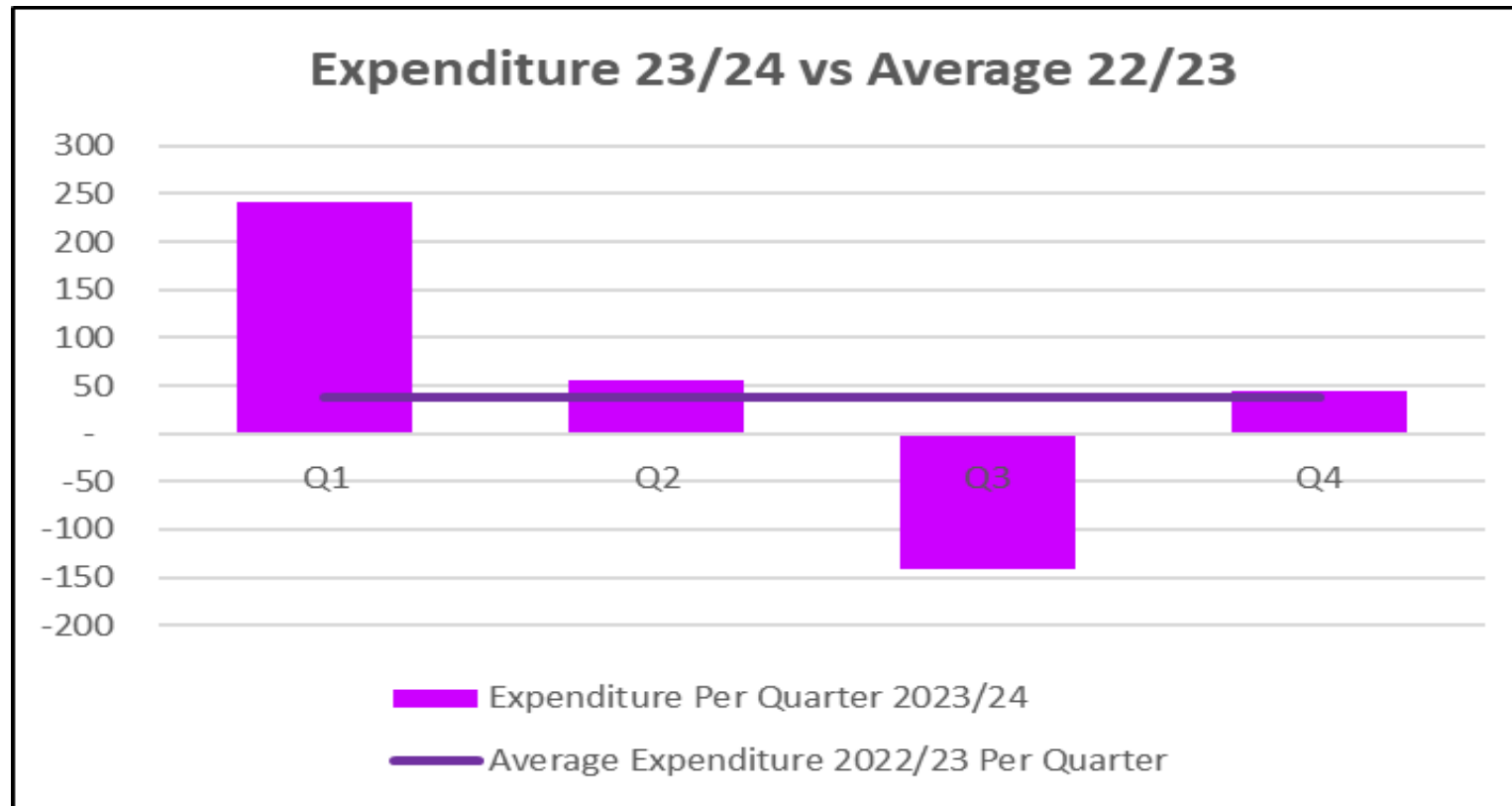
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Type Fund	Values
General Funds	£2,723,141
Legacy Funds	£1,622,712
<b>Total</b>	<b>£4,345,852</b>

Type Fund	Values
General Funds Over 100k	£891,356
General Funds between 50k to 100k	£334,061
General Funds between 25k to 50k	£71,471
General Funds under 25k	£204,258
General Funds Health Wide	£1,221,995
<b>Total</b>	<b>£2,723,141</b>



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Please note the negative adjustment in Quarter 3 relates to adjustment to YTD expenditure to reflect expenditure paid in 23/24 Q1 being adjusted for items identified as accruals in 2022/23 annual accounts as they related to activity/goods received in 22/23 financial year but not paid until 23/24

- **GENERAL FUNDS** = From an amount of £2,629,327 held within General Purposes or designated funds at the 1st April 2023, income of £268,835 has been received and £175,022 of expenditure has been paid. This equates to 7% of funds held at 1st April 2023 have actually been spent.
- **LEGACY FUNDS** = From an amount of £1,628,923 of funds held within legacies at the 1st April 2023, £18,223 income has been received and £24,435 of expenditure has been paid. This equates to 1.5% of funds held at 1st April 2023 have actually been spent.
- **BANK BALANCE** - The Balance held within the bank account at 31<sup>st</sup> March 2023 is just over £0.796M. Discussions with our investment advisors as to whether a short term investment option was available has been undertaken but they advised that they could not guarantee any short term investments would repay the amount invested over the shorter term. A term of investment for 3 years would be advised to ensure the investment would retain its level. They advised us to retain this within our bank over the short term due to current interest rates. We do have some larger items of expenditure expected in the coming months which should reduce the balance closer to our target cash balance of £0.5M.

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Brewin  
Dolphin

# POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND

Quarterly Investment Report

31 March 2024

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**Valuation Summary**

**Fund Report**

**Activity Summary**

**Investment Criteria**

Investment Criteria

Acceptable Investments

Benchmark

**Fund Statistics**

Asset Allocation

Performance

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# Valuation Summary

28 March 2024		RBC Brewin Dolphin Investment Portfolio Summary						
		Book Cost	Market Value	% Holding	Benchmark	Yield	Gross Income	
<b>Fixed Interest</b>	<b>Govt Bonds</b>	£ 297,236.57	£ 290,664.55	8.18%	8.50%	3.29%	£ 9,561.03	
	<b>Corp Bonds</b>	£ 409,653.71	£ 351,193.11	9.89%	8.50%	4.58%	£ 16,076.09	
	<b>Accrued Interest</b>	£ -	£ 215.65	0.01%	0.00%	0.00%	£ -	
	<b>Total Fixed Interest</b>	£ 706,890.28	£ 642,073.31	18.08%	17.00%	3.99%	£ 25,637.12	
<b>UK Equities</b>	<b>UK</b>	£ 486,275.16	£ 622,327.06	17.52%	19.00%	4.11%	£ 25,566.50	
<b>Overseas Equities</b>	<b>US</b>	£ 1,035,593.30	£ 1,316,049.04	37.06%	33.01%	1.62%	£ 21,347.26	
	<b>Europe</b>	£ 166,702.73	£ 206,368.00	5.81%	6.25%	3.77%	£ 7,771.82	
	<b>Japan</b>	£ 84,438.83	£ 107,056.81	3.01%	3.34%	2.20%	£ 2,352.58	
	<b>Pacific</b>	£ 177,754.68	£ 204,976.75	5.77%	5.71%	3.83%	£ 7,852.17	
	<b>Emerging</b>	£ 38,920.70	£ 44,503.45	1.25%	1.19%	3.40%	£ 1,513.25	
	<b>Global</b>	£ -	£ -	0.00%	0.00%	0.00%	£ -	
	<b>Total Overseas</b>	£ 1,503,410.24	£ 1,878,954.05	52.91%	49.50%	2.17%	£ 40,837.08	
	<b>Alternatives</b>	<b>Property</b>	£ 80,289.03	£ 86,097.76	2.42%	3.00%	2.82%	£ 2,430.86
	<b>Absolute Return</b>	£ 66,747.89	£ 61,560.78	1.73%	6.00%	3.86%	£ 2,379.03	
	<b>Other</b>	£ 159,937.38	£ 131,149.92	3.69%	3.00%	6.72%	£ 8,817.84	
	<b>Total Alternatives</b>	£ 306,974.30	£ 278,808.46	7.85%	12.00%	4.89%	£ 13,627.73	
	<b>Total Investments</b>	£ 3,003,549.98	£ 3,422,162.88	96.36%		3.09%	£ 105,668.43	
<b>Cash</b>	<b>Cash Product</b>	£ 85,520.00	£ 85,520.00	2.41%		5.25%	£ 4,489.80	
	<b>Capital Ledger</b>	£ 14,137.12	£ 14,137.12	0.40%		0.00%	£ -	
	<b>Dividends Pending</b>	£ 6,834.94	£ 6,834.63	0.19%		0.00%	£ -	
	<b>Income Ledger</b>	£ 22,808.90	£ 22,808.90	0.64%		0.00%	£ -	
	<b>Total Cash</b>	£ 129,300.96	£ 129,300.65	3.64%	2.50%	5.25%	£ 4,489.80	
	<b>Total Fund</b>	£ 3,132,850.94	£ 3,551,463.53	100.00%				
	<b>Ex Accrued Interest</b>	£ 3,103,207.10	£ 3,521,604.35	100.00%	100.00%	3.13%	£ 110,158.23	
		<b>Monthly</b>	<b>Quarterly</b>	<b>Six Monthly</b>	<b>Annual</b>	<b>3 Yearly</b>	<b>Inception 20/02/2020</b>	
<b>Portfolio</b>		2.88%	4.04%	10.46%	11.17%	19.10%	45.41%	
<b>Benchmark</b>		3.05%	5.49%	11.44%	13.39%	22.44%	26.77%	
<b>FT All Share</b>		4.75%	3.57%	6.91%	8.43%	26.14%	20.55%	
<b>FT All Stocks</b>		1.73%	-1.62%	6.36%	-0.04%	-20.55%	-22.71%	
<b>BofE Base Rate (less 0.75%)</b>		0.37%	1.11%	2.23%	4.31%	6.02%	6.02%	
<b>Bank of England Base Rate</b>		5.25%						
<b>FTSE 100 Value</b>		7952.62						

Please note the forecast income figure shown here is based on an extrapolation of previous dividend payments. Please refer to page 8 for a more accurate forecast.

## Market Review

The first quarter of 2024 ended with a strong performance by equities but a mixed performance from bonds. In that sense, it bore resemblances to the year that had gone before but, as ever, there were distinctions which marked out 2024.

While the debate over the outlook for inflation remains in investors' minds, their attention has been drawn to the extraordinary change in the global economy and what opportunities that might provide.

### It's the economy, stupid!

"What change?" you may ask, but we have the little matter of the U.S. presidential election towards the end of this year, providing what could be a potentially significant change to the status quo.

The first quarter saw the respective candidates securing their nomination with minimal fuss, setting the stage for what will likely be a long and arduous campaign between two candidates who both bring experience, if not youthful vigour.

Historically, in America, the incumbent tends to be elected except in years following a recession. It was this that prompted Bill Clinton's political strategist to use "It's the economy, stupid" as one of his three talking points when successfully contesting the 1992 election against George H. W. Bush.

This should be good news for President Biden as the U.S. consumer has remained strong, while the housing market has stabilised, and the manufacturing sector showed signs of reaccelerating as the quarter drew to a close.

### Manufacturing labours

America's experience is not entirely typical, though. Whilst manufacturing has been depressed globally, the recovery in the U.S. has been stronger and earlier than in Europe. The European manufacturing sector has made only the weakest of recoveries so far, and the weakness goes beyond the global shift from buoyant pandemic-era spending on goods to post pandemic "revenge-spending" on services.

Until last year, the UK was thought to have been the slowest G7 economy to recover economically from the impacts of the COVID-19. But revisions have revealed that crown goes to Germany. Germany slipped into recession during 2023 and is only expected to grow very slowly during 2024.

In fact, Europe's strongest member has been losing momentum since 2017 which, amongst other things, can be ascribed to the slowdown in jobs growth. German unemployment was very high following unification, and the gradual process of normalising provided a period of impressive growth. There is less scope for German employment to rise from here without a big increase in immigration, which seems unwelcome based upon the shifting political landscape evident in German opinion polls.

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## Reflections on a recession

Before indulging in schadenfreude, it's worth remembering the UK also slipped into recession during 2023.

The generally accepted definition of a recession is two consecutive quarters of negative growth, and the UK met this test in the second half of last year – although many would consider that a real recession results from a substantial increase in unemployment. Thankfully, this has been absent, but the economy has been weak.

It's here we find the common thread linking most developed markets... economic performance has been poor, but not measured in the traditional way of rising unemployment, but rather through the lens of the rising “cost of living”, or inflation.

The UK was one of the most acute sufferers from the scourge of inflation following the pandemic. Prices rose sharply by virtue of a significant reliance on imports, including both energy and food. Domestic energy policy also played a significant role. The effect of the energy price cap meant that increases came fast, lingered, and then eventually dropped away quickly.

So, where are we now? The annual rate of inflation throughout the first quarter of 2024 was still substantially above the Bank of England's 2% target, but it did decline and should continue to do so over the coming months as the aftereffects of the jarring energy price cap fade away. According to the UK's fiscal watchdog, the Office for Budget Responsibility (OBR), inflation should dip below target in 2025.

## Workers get spring relief

The UK may also see an election in 2024. One must be held by late January 2025 and campaigning over Christmas would be, to say the least, unpopular. It's very early stages, but the polls point convincingly towards a change of government. This was the context in which the Chancellor Jeremy Hunt, unveiled his latest Spring Budget.

The event contained few surprises from an investment perspective. The most substantial measure was a 2% cut to employees' national insurance contributions which followed a similar reduction that took effect in January. This provides a welcome boost for UK employees and comes on top of the slowdown in inflation. That being said, this year's tax cuts are widely suspected of being an electoral giveaway to bolster chances of re-election, albeit one the opposition has agreed to maintain.

## The outlook for interest rates

With the run up to elections in the UK, U.S., and several European countries, and with some semblance of recovery in most Western countries' manufacturing sectors, the outlook for interest rates is hotly debated.

Early in January, investors harboured expectations that the first U.S. interest rate cuts would begin in March. Since then, a succession of better-than-expected economic data have pushed prospective interest rate cuts later into 2024. Any cuts that do take place are also anticipated to be less severe than had once been imagined. Investors now expect a fairly modest two or three quarter of a percentage point cuts in the UK, U.S., and Europe. Falling interest rates should be good news for equity markets, all else being equal.

By contrast, the Bank of Japan actually raised interest rates for the first time in seventeen years. The focus of speculation for many months, when the hike was announced, it was somewhat underwhelming. Mirroring its Western peers, Japanese interest rates were expected to be on an upward trajectory, which now seems to be getting shallower with each month that passes. As the quarter ended, Japanese interest rates were 0.1% and are expected to reach a lofty 0.25% by December, having once been forecast to hit 0.4%. These tiny moves show how long the path to Japanese interest rate normalisation will be.

## **A digital world comes into view**

Against the backdrop of petering inflation and expected interest rate cuts, the stock market performed strongly in the first quarter of the year (no doubt the reduced possibility of a deep and lasting economic recession played a part).

However, a substantial part of the gain relates to excitement over the technology sector, or more specifically, the potential rollout of artificial intelligence (AI) technologies. In the first instance, this will require a significant investment cycle in a series of semiconductors. Thereafter, there are likely to be hefty efficiency gains for successful implementers of AI processes.

We are somewhat wary of the investment merits of many AI-related themes. AI is unlikely to transform a bad business into a good business, whereas successful implementation can cement the position of a good company. However, the reliance upon data and hardware to support those implementations should boost semiconductor demand at a time when the industry is recovering from a cyclical downturn, making us optimistic about the future for the sector. A bold new technology seems likely to bring much change to the global economy. However, for the foreseeable future it will remain reliant upon old technology. This means the economy remains quite sensitive to energy costs.

## **Black gold strikes hot as temperatures flare**

Oil prices rose during the first quarter of the year, which reflected a stronger economic outlook and the determination of the Organisation of Petroleum Exporting Countries (OPEC) to keep supply tight (and support prices).

A further driver of energy prices is the threat of energy disruption. This rises with geopolitical strife in the oil exporting regions, most notably the Middle East. As the quarter went on, a steady flow of acts of terrorism and insurgency afflicted various parties, including the continued harassment of shipping through the Red Sea, a vital trade corridor leading to the Suez Canal.

Aside from energy, another dark commodity also saw gains. Cocoa prices soared during the quarter, reflecting shortages of supply. Major cocoa-producing regions in West Africa, like the Ivory Coast and Ghana, have faced severe drought conditions and record-breaking temperatures in recent years. Although temperatures change from one year to the next, the underlying trend of climate change does seem to be having an adverse effect on cocoa crop yields.

The year has therefore started with a contrast - markets reflecting both the exciting new frontier of digital potential and the concerning signs that physical commodities will experience limits to supply. This once again emphasises the need to remain vigilant to the emerging threats and opportunities for both wealth and welfare.

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## Market Movements: First Quarter of 2024

The change in the outlook for interest rates, due to the stickiness of inflation, has only resulted in long-term bond yields rising by c. 0.2%, despite a full percentage point of expected cuts erased this year. Theoretically, equities should be quite responsive to small changes in bond yields, but equities instead realised a strong quarter.

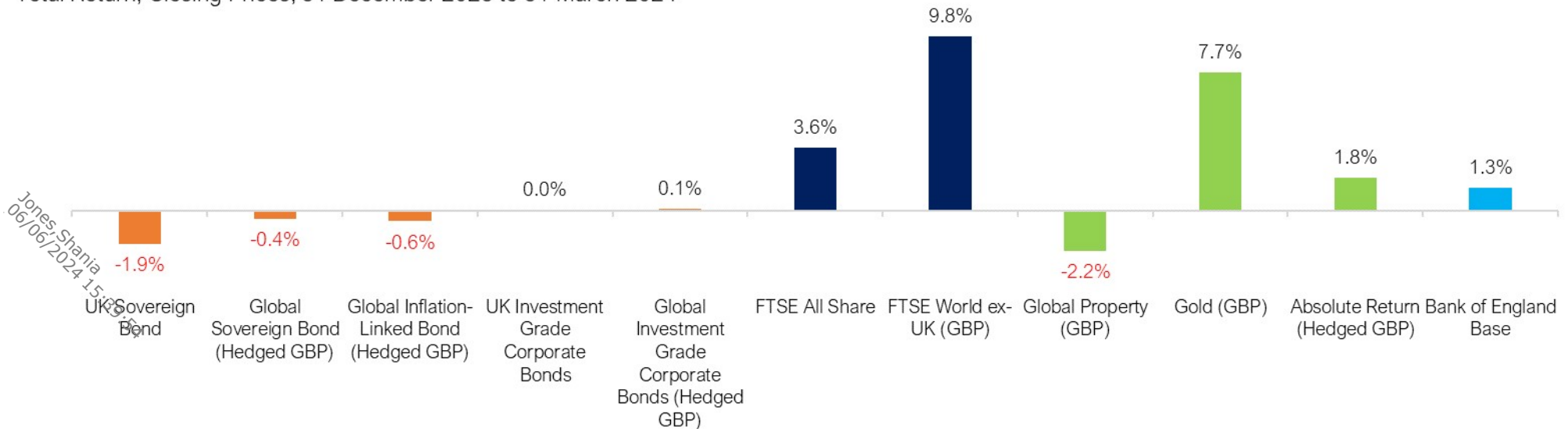
Over the quarter, bonds were relative and, in the case of government bonds, absolute laggards. UK and global sovereign bonds returned -1.9% and -0.4% respectively, and global inflation-linked bonds returned -0.6%. Those with a higher risk tolerance would have been able to escape negative returns in taking some credit risk, as UK and Global investment-grade bonds returned +0.05% and +0.10% respectively.

Equity performance was led by the S&P 500, which returned +10.6% (in USD terms) and +11.2% (in GBP terms). The Japanese TOPIX was just marginally behind the US at 11.0% in GBP terms but performed better at 18.1% in local currency terms. Elsewhere, Europe returned +6.9%, Asia Pacific +3.5%, Emerging Markets +3.4%, and the FTSE World Index returned +9.6%, all in sterling terms. The FTSE All Share was a laggard this quarter, returning +3.6%. The main drivers of broad equity performance came from the technology sector, of which the UK market is lacking in. However, equity strength was broad, and whilst materials were relative laggards (FTSE All Share Basic Materials returning -7.5%), industrials (of which the UK market is heavily exposed to) were strong performers (FTSE All Share Industrials returned +10.2%).

Looking at commodities, the strong performance over the quarter was led by energy, which returned +16.8% in GBP terms. Precious metals also performed well, noting Gold (in GBP terms) rose 7.7% over the quarter, and the spot price breaking out to a new all-time high in USD terms at \$2,232.38. Property failed to extend last quarter's return of +11.9% to return -2.2% (as measured by the Morningstar Global REITS Index). Infrastructure investment trusts also struggled, with prominent sector constituents HICL and International Public Partnerships returning -7.7% and -10.7% respectively. These trusts continue to trade on strong double-digits discounts, reflecting the wider UK investment trust sector which, as at the end of the quarter, trades at a -16.7% discount to Net Asset Value. The HFRX Absolute Return index delivered a positive return of +1.8%.

### Q1 2024 Performance of Benchmark Components

Total Return, Closing Prices, 31 December 2023 to 31 March 2024



## Market Outlook

Throughout 2023, the concerns of investors revolved around inflation and recession risks. Economies were resilient, and positive returns were witnessed across the asset classes, despite the interest hiking cycle being the fastest since 1981. Today, we believe interest rates have reached their peak levels. There is evidence that interest rates are sufficiently restrictive as inflation has subsided significantly, borrowing costs have risen, and there have been major adjustments in interest rate sensitive sectors.

Equity markets have rallied despite recent negative GDP recordings in the UK, Germany, and Japan, and with interest rates in the US at multi-decade highs. Evidently, the stock market is not the economy and high interest rates appear to have done little to dampen the enthusiasm to buy equities.

Today, it appears that the market has converged to central banks' signalling. However, the difficulty remains in the perseverance of these cuts during a period where inflation data may continue to be bumpy. In this readjustment of market expectations, bond yields have risen. However, perhaps surprisingly, equities have risen. Equities have enjoyed two very strong tailwinds.

The first is the strength of the US economy. The US recorded almost 5% growth rate in the third quarter of 2023 and a 3.3% growth rate in the fourth quarter. The US locomotive has been strong enough to offset the negative market sentiment led by technical recessions in Germany, the UK, and Japan. The US market has effectively "lifted all boats"; with a spillover effect due to valuation differentials between US equity markets and the rest of the world, where the latter has appeared relatively cheap.

The second has been the perceived revolution in AI. Whilst the 'Magnificent 7' drove markets higher in 2023, in 2024, the Magnificent 7 is being replaced by the 'Fab Five', whereby Tesla and Apple have not continued their grand 2023 performances (primarily due to concerns over their Chinese growth) whilst Alphabet, Microsoft, Amazon, Meta, and Nvidia have.

Looking forward, investors contemplate the stubbornness of inflation levels and whether the easing financial conditions will be of concern to central bankers and their task of reaching 2% inflation. Rather than rushing, central bankers may opt for a longer journey to reach target level. Labour market tightness is still present, many companies are re-writing their supply chains, geopolitical risks are rife with ongoing and potential conflicts, and 2024 is notable for elections in countries home to nearly half of the world's people, including those in the US and likely the UK.

Further, investors question whether 2% inflation can be achieved without crushing the economy. Today, it seems more likely than not that a stable inflation range can be achieved without inducing a recession (a soft landing), even if inflation doesn't reach 2% in the short-term. However, the key risk remains that either because of an external shock, a domestic political change, or a policy mistake from the Federal Reserve (being too tight for too long), that the economy could slip into a mild recession (a hard landing). Perhaps more speculatively, a third possibility exists. Given advancements in AI, productivity gains that are perceived to occur over a number of future years may occur much more quickly, resulting in a 'low landing' (i.e., growth remaining robust without a meaningful reduction in inflation).

Translating all of this into portfolios leads us to be cautiously optimistic in our outlook, and modestly more positive than in previous quarters. We have felt bond yields to be attractive, leading us to increase 'duration' in our bond exposure, and in the 'alternatives' space, increase our property weighting at the expense of absolute return. We have added modestly to equities, especially in the US, in line with positive economic news. Whilst sentiment has certainly improved, we do not want to get carried away, given the risks still present in the economy.

## Investment Philosophy

Our investment philosophy is based on the investment cycle, which looks at the interaction of growth and inflation as a proxy for economic capacity and hence provides a guide to the attractiveness of individual asset classes.

The dashboard below reflects our current positioning, which may be slightly different from the valuations where trading has taken place outwith the quarter.

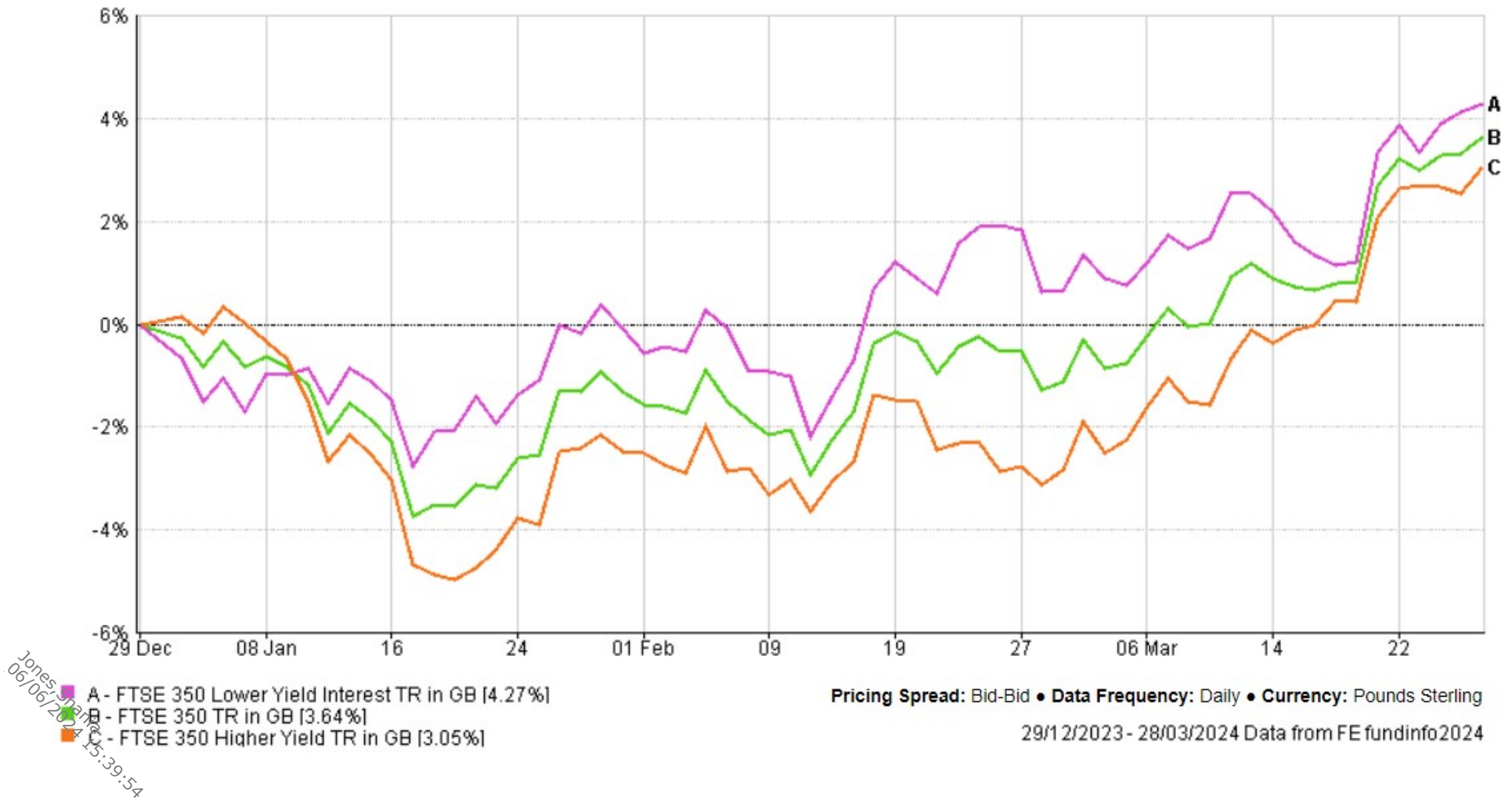
Asset Class	Very Underweight	Underweight	Neutral	Overweight	Very Overweight
<b>Bonds</b>				■	
Government Bonds				●	
Corporate Bonds		●			
<b>Equities</b>				■	
UK		●			
Overseas:				●	
North America				●	
Europe ex UK			●		
Japan			●		
Asia ex Japan			●		
Emerging Markets			●		
<b>Alternatives</b>		■			
Property			●		
Other Alternatives		●			
<b>Cash</b>			■		

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## Income

This quarter was positive for general performance in the UK. In continuation with the previous quarter, **lower yielding** companies have outperformed both **higher yielding** ones and the **general market**. The chart below covers **Q1 2024** and represents the FTSE 350 in the UK.

Over the quarter, the leading sectors within the FTSE All Share were Industrials (+10.17%), Consumer Discretionary (+4.99%) and Healthcare (+4.96%). Leading Index laggards were Basic Materials (-7.52%), Utilities (-4.13%), and Real Estate (-3.33%).



## Income Report

The income yield is to be targeted at 3% of the portfolio value at the end of the previous financial year.

	Income Received/Forecast	Income Target
Year to 31/03/24	£112,107	£99,666
Year to 31/03/25 <sup>e</sup>	£108,930	£105,648

## Activity Summary

Following the strategic changes to the benchmark highlighted in the Q4 2023 report, we increased the allocation to UK Sovereign debt by adding to the position in 4.5% September 2034 Treasury Stock. This was funded by reducing the allocation to equities which we did by trimming positions in Baillie Gifford American Fund, iShares S&P500 ETF, Vanguard S&P500 ETF and Jupiter Japan Income Fund.

Within UK equities, we rebalanced some of the individual positions to take advantage of market movements by trimming positions in Admiral, National Grid, M&G and Legal & General, and adding to positions in Ashtead, Croda and RELX.

Finally, in early April, outwith the reporting period, we also trimmed BlackRock Sterling Liquidity Fund slightly, disposed of the whole holding in Blackrock iShares Environment and Low Carbon Tilt Real Estate Index Fund, and used the proceeds to introduce a new position in Nuveen Global Real Estate Carbon Reduction Fund.

Our preference for the Nuveen fund is based upon the environmental focus of the strategy. As many global companies target lower emissions from their business operations and products, they look to improve the efficiency and quality of their real estate footprint.

We expect real estate companies who implement a carbon emissions reduction plan to benefit from superior long-term risk-adjusted returns. This is attributable to reduced future liabilities for decarbonisation, superior access and better pricing for debt and equity against peers, better pricing power for assets due to greater appeal to a broader base of tenants, and lower risk from adverse regulation. The Nuveen fund focuses on bottom-up company analysis to build a portfolio of the highest quality real estate assets.

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## The Objectives of the Trustees

The objectives are to achieve a balanced return between income and capital, adopting a medium risk approach and complying with the Trustee Investment Acts.

### Investment criteria

In managing the investments and making or varying the investments, the managers are expected to work within the following criteria:

#### *General*

**Expected return:** The Trustees recognise that the average long run (15 year) anticipated total return from a Brewin Dolphin Risk Category 6 portfolio is 7.5% per annum.

**Operational Risk:** The Charity is a going concern without input from the investment funds. The operational risk of the funds is linked to the amount of income payable to the beneficiaries. Consequently, inflation is the principal operational risk.

**Time scale:** The Trustees consider the funds to be long-term investment funds.

**Financial Risk:** The Trustees recognise that financial assets are volatile and that their value can go down as well as up. The Brewin Risk Measure for a Brewin Dolphin Risk Category 6 portfolio falls between 9% and 15%.

**Diversification:** The Trustees recognise the need for diversification of the investments to remove stock specific risk.

#### *Specific*

**Ethical Policy:** As Corporate Trustee, Powys Teaching Health Board, in line with the ethos of promoting Patient care, will attempt to consider that all investments are ethically and environmentally sound and are not opposed to the purpose of the Charity. See Statement of Investment Policy for further details.

**Income:** Income yield is to be targeted at c. 3% per annum.

**Cashflows:** The Trustees do not anticipate any cashflow requirements in the near future.

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## Acceptable Investments

The Trustees understand the nature of the financial markets and are comfortable with investments in the following asset classes:

- Bonds (Government, corporate, domestic and overseas)
- Equities (Domestic and overseas, including the Emerging Markets)
- Cash
- Property equities or funds (no direct property investment)
- Collective Investment Schemes
  - Unit Trusts
  - OEICs
  - Investment Trusts
  - Commodity Funds
- Alternative Investments
  - Hedge Funds
  - Absolute Return Funds
  - Structured Products
  - Private Equity Funds
  - Infrastructure Funds

Others – The above assets should be considered as the principal elements of the portfolios. The Trustees welcome advice in other areas and encourage the Investment Managers to bring forward ideas with regard to other asset classes when appropriate.

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## Benchmark

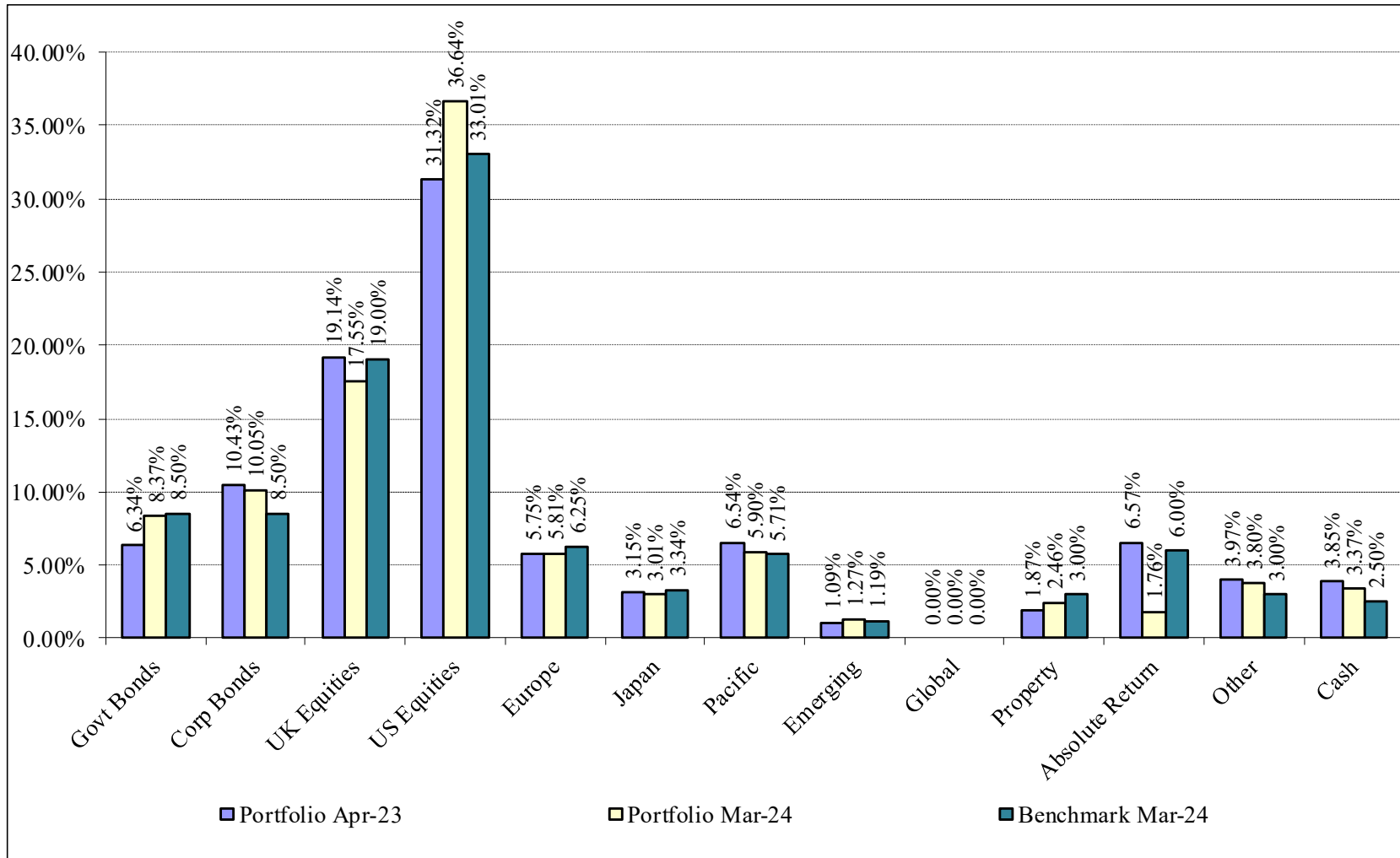
The Fund's benchmark is as follows:

	<b>Benchmark Composition</b>	<b>Portfolio</b>
<b>Bonds</b>	17.00%	18.09%
<b>UK Equities</b>	19.00%	17.53%
<b>Overseas Equities</b>	49.50%	52.93%
<b>Property</b>	3.00%	2.43%
<b>Absolute Return</b>	6.00%	1.73%
<b>Other</b>	3.00%	3.69%
<b>Cash</b>	2.50%	3.59%

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# Fund Statistics

## Asset Allocation Analysis



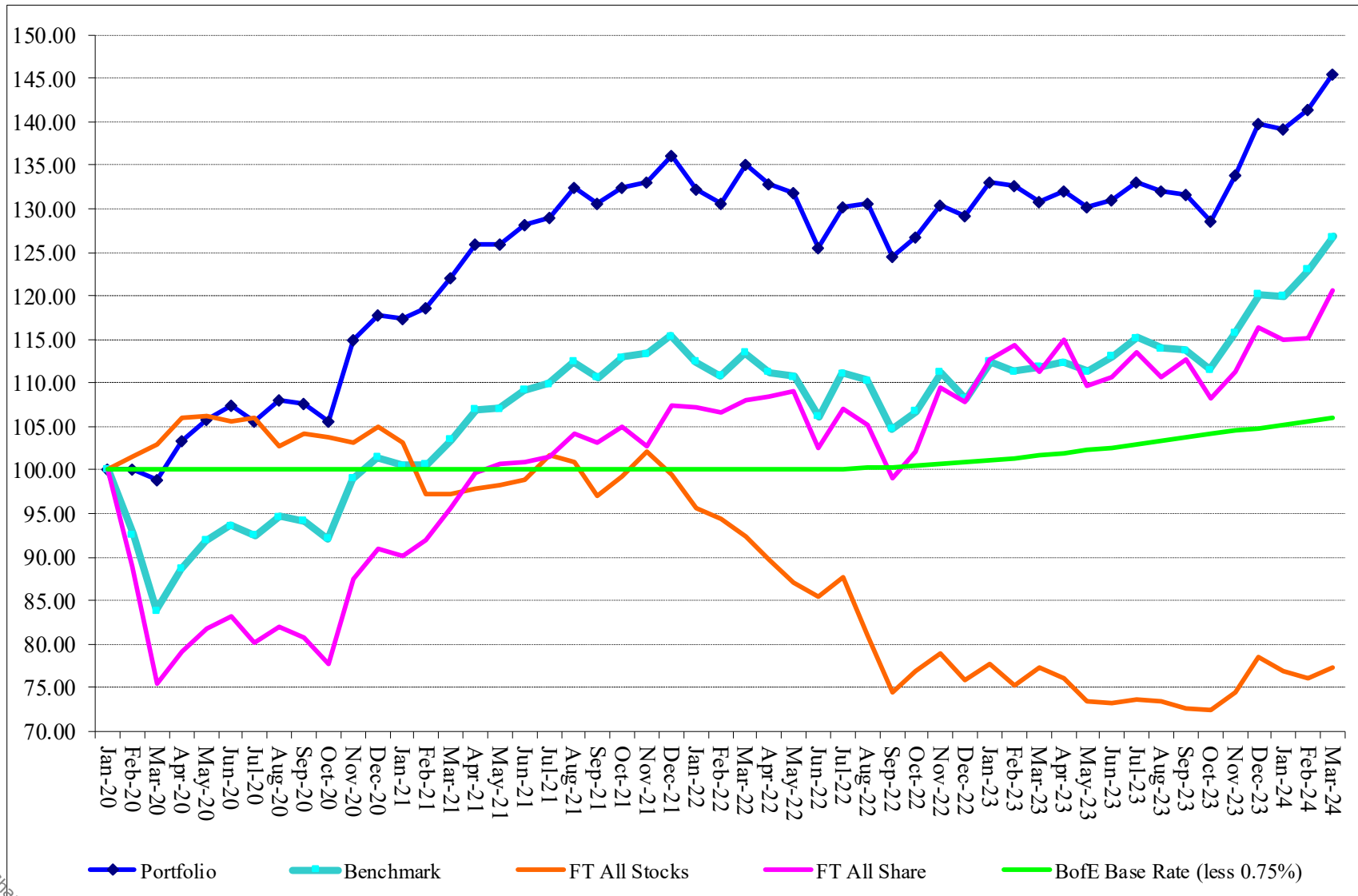
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## Asset Allocation Analysis to 28 March 2024

	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
<b>Govt Bonds</b>	6.34%	6.28%	6.52%	7.15%	7.10%	7.17%	7.20%	8.13%	8.05%	8.12%	8.61%	8.37%
<b>Corp Bonds</b>	10.43%	10.44%	10.35%	10.11%	10.17%	10.15%	10.01%	10.26%	10.26%	10.26%	10.35%	10.05%
<b>O'seas Debt</b>	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
<b>UK Equities</b>	19.14%	19.70%	19.05%	18.69%	18.09%	17.82%	18.09%	18.05%	17.95%	17.85%	17.80%	17.55%
<b>US Equities</b>	31.32%	31.19%	31.54%	31.86%	33.17%	33.25%	33.13%	33.03%	33.87%	35.54%	35.90%	36.64%
<b>Europe</b>	5.75%	5.90%	6.04%	6.36%	6.33%	6.28%	6.02%	5.61%	5.71%	5.71%	5.70%	5.81%
<b>Japan</b>	3.15%	3.10%	3.23%	3.20%	3.21%	3.13%	3.20%	3.19%	3.22%	3.18%	3.08%	3.01%
<b>Pacific</b>	6.54%	6.42%	6.42%	5.96%	6.00%	5.88%	5.99%	5.93%	5.84%	5.88%	5.75%	5.90%
<b>Emerging</b>	1.09%	1.07%	1.11%	1.27%	1.31%	1.24%	1.25%	1.27%	1.25%	1.24%	1.23%	1.27%
<b>Global</b>	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
<b>Property</b>	1.87%	1.90%	1.86%	1.87%	1.90%	1.90%	1.97%	2.40%	2.46%	2.59%	2.52%	2.46%
<b>Absolute Return</b>	6.57%	6.56%	6.61%	6.54%	6.53%	6.54%	5.98%	4.39%	3.37%	1.78%	1.79%	1.76%
<b>Other</b>	3.97%	3.96%	3.82%	3.54%	3.50%	3.50%	3.51%	3.97%	4.25%	4.23%	4.03%	3.80%
<b>Cash</b>	3.85%	3.47%	3.44%	3.45%	2.68%	3.14%	3.64%	3.76%	3.78%	3.62%	3.24%	3.37%
<b>Total</b>	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%

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# Fund Performance



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## Performance Analysis - Summary to 28 March 2024

	Monthly	Quarterly	Six Monthly	Annual	3 Yearly	Inception 20/02/2020
<b>Portfolio</b>	<b>2.88%</b>	<b>4.04%</b>	<b>10.46%</b>	<b>11.17%</b>	<b>19.10%</b>	<b>45.41%</b>
<i>Benchmark</i>	3.05%	5.49%	11.44%	13.39%	22.44%	26.77%
<b>Govt Bonds</b>	<b>1.91%</b>	<b>-0.77%</b>	<b>6.17%</b>	<b>2.36%</b>	<b>-7.32%</b>	<b>-6.91%</b>
<i>FT All Stocks</i>	1.73%	-1.62%	6.36%	-0.04%	-20.55%	-22.71%
<b>Corp Bonds</b>	<b>1.54%</b>	<b>0.56%</b>	<b>9.60%</b>	<b>6.18%</b>	<b>-6.44%</b>	<b>-1.17%</b>
<i>iBoxx UK Sterling Corp All Mats</i>	1.73%	0.20%	8.39%	7.44%	-9.17%	-8.24%
<b>UK</b>	<b>3.53%</b>	<b>2.02%</b>	<b>6.87%</b>	<b>8.09%</b>	<b>29.69%</b>	<b>96.52%</b>
<i>FT All Share</i>	4.75%	3.57%	6.91%	8.43%	26.14%	20.55%
<b>US</b>	<b>4.20%</b>	<b>9.75%</b>	<b>15.81%</b>	<b>21.64%</b>	<b>35.24%</b>	<b>68.70%</b>
<i>FT North America</i>	3.25%	11.10%	19.03%	26.80%	47.90%	67.12%
<b>Europe</b>	<b>2.98%</b>	<b>5.06%</b>	<b>13.61%</b>	<b>11.13%</b>	<b>24.31%</b>	<b>47.27%</b>
<i>FT Euro ex UK</i>	3.70%	6.85%	14.93%	13.78%	31.77%	41.66%
<b>Japan</b>	<b>3.00%</b>	<b>5.21%</b>	<b>11.40%</b>	<b>13.20%</b>	<b>12.93%</b>	<b>42.72%</b>
<i>FT Japan</i>	2.91%	10.97%	14.63%	21.65%	21.15%	39.57%
<b>Pacific</b>	<b>0.64%</b>	<b>2.04%</b>	<b>6.17%</b>	<b>7.47%</b>	<b>11.35%</b>	<b>33.47%</b>
<i>FT Pac ex Japan</i>	3.69%	3.10%	11.83%	8.78%	9.85%	33.15%
<b>Emerging</b>	<b>1.83%</b>	<b>4.66%</b>	<b>9.60%</b>	<b>8.98%</b>	<b>7.35%</b>	<b>26.85%</b>
<i>FT Emerging</i>	1.80%	3.11%	5.27%	5.93%	-1.55%	11.17%
<b>Property</b>	<b>2.60%</b>	<b>-2.38%</b>	<b>9.09%</b>	<b>6.43%</b>	<b>4.07%</b>	<b>9.43%</b>
<i>Morningstar Global REITS</i>	1.27%	-2.24%	9.36%	2.10%	6.93%	7.24%
<b>Absolute Return</b>	<b>1.19%</b>	<b>0.87%</b>	<b>6.50%</b>	<b>6.99%</b>	<b>4.68%</b>	<b>6.98%</b>
<i>HFRX Absolute Return</i>	0.64%	1.79%	3.04%	4.63%	6.20%	5.45%
<b>Other</b>	<b>0.02%</b>	<b>-8.94%</b>	<b>1.08%</b>	<b>-12.63%</b>	<b>-12.71%</b>	<b>-1.51%</b>
<b>Cash</b>	<b>0.00%</b>	<b>1.04%</b>	<b>1.90%</b>	<b>2.83%</b>	<b>3.17%</b>	<b>3.17%</b>
<i>BofE Base Rate (less 0.75%)</i>	0.37%	1.11%	2.23%	4.31%	6.02%	6.02%

From Q3 2022, we have changed the benchmark indices for the Property and Absolute Return sectors to Morningstar Global REITS and HFRX Absolute Return respectively, to reflect the underlying indices used in our performance benchmarks effective 1st January 2021. For periods extending beyond this date, the performance is based on a composite benchmark where the IA UK Direct Property and IMA Targeted Absolute Return indices are used pre-1st January 2021.

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# Valuation Report



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## POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND

For the period from 31/12/2023 to 31/03/2024  
Generated on 03/05/2024

### PORTFOLIO INFORMATION

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Portfolio Number	POWYS0004
Service Category	Discretionary
Risk Profile	Risk Level 6
Investment Strategy	Income
PRC6 Code	651651

### CONTENTS

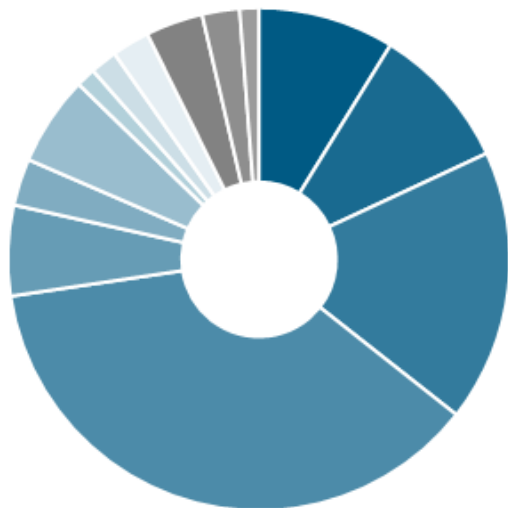
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Holding Summary
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Important Information

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# Asset Allocation

## Asset Allocation



Asset Allocation	Market Value at 31/03/2024	% of Holdings
UK Bonds	311,793.02	8.78
Overseas Bonds	330,280.29	9.30
UK Equities	622,327.06	17.52
North American Equities	1,316,049.04	37.06
European Equities	206,368.00	5.81
Japanese Equities	107,056.81	3.01
Developed Asia ex Japan Equities	204,976.75	5.77
Emerging Market Equities	44,503.45	1.25
Absolute Return	61,560.78	1.73
Property	86,097.76	2.42
Other Investments	131,149.92	3.69
Cash Product	85,520.00	2.41
Cash	43,780.65	1.23
<b>TOTAL</b>	<b>3,551,463.53</b>	<b>100.00</b>

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Valuation report for POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND  
For the period from 31/12/2023 to 31/03/2024  
All values and returns reported in British Pounds  
Valuations as at today use the previous trading day's closing prices.  
For backdated valuations prices are at the period end date.

## Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
<b>UK Bonds</b>									
<b>Government Bonds</b>									
109,540	INSIGHT INV DISCRETIONARY FDS ICVC INSIGHT INV UK GOVT ALL MATRITS BD GRS P	POWYS0004	0.8051 GBP		85,678.38	88,190.65	3,543.73	4.02	2.48
73,480 GBP	UNITED KINGDOM(GOVERNMENT OF) 4.5% GILT BDS 07/09/2034 GBP1000	POWYS0004	104.6 %	215.65	74,720.56	77,075.73	3,306.60	4.30	2.17
<b>Corporate Bond Funds</b>									
695	TWENTYFOUR INVESTMENT FUNDS CORPORATE BOND I GBP DIS	POWYS0004	85.04 GBP		72,551.79	59,102.80	2,454.00	4.15	1.66
<b>Open Ended Collectives</b>									
86,730	ROYAL LONDON BOND FUNDS II ICVC ROYAL LONDON ETHICAL BOND Z GBP DIS	POWYS0004	1.008 GBP		83,365.05	87,423.84	3,673.62	4.20	2.46
<b>Sub Total UK Bonds</b>				<b>215.65</b>	<b>316,315.78</b>	<b>311,793.02</b>	<b>12,977.95</b>	<b>4.17</b>	<b>8.78</b>
<b>Overseas Bonds</b>									
<b>Government Bonds</b>									
825	VANGUARD INVESTMENT SERIES PLC VANGUARD U S GOVT BOND IDX GBP HGD DIS	POWYS0004	86.7833 GBP		71,039.16	71,596.22	2,227.53	3.11	2.02
<b>Index Linked Bonds</b>									
2,240	XTRACKERS II GBL INFLT LKD BD UETF 3D GBP H D	POWYS0004	24.115 GBP		65,798.47	54,017.60	483.17	0.89	1.52
<b>Corporate Bond Funds</b>									
205,150.04	JANUS HENDERSON FUND MGMT UK LTD JANUS HENDERSON FIXED INTEREST MONTHLY I	POWYS0004	0.5115 GBP		132,053.36	104,934.25	4,659.08	4.44	2.95
120,435	JUPITER UNIT TRUST MANAGERS LTD JUPITER GLOBAL STRAT BOND X GBP DIS	POWYS0004	0.8281 GBP		121,683.51	99,732.22	5,289.39	5.30	2.81



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Valuation report for POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND  
For the period from 31/12/2023 to 31/03/2024  
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## Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
<b>Sub Total Overseas Bonds</b>					<b>390,574.50</b>	<b>330,280.29</b>	<b>12,659.17</b>	<b>3.83</b>	<b>9.30</b>
<b>UK Equities</b>									
<b>Oil, Gas and Coal</b>									
6,810	BP ORD USD0.25	POWYS0004	4.957 GBP		22,835.97	33,757.17	1,530.19	4.53	0.95
1,485	SHELL PLC ORD EUR0.07	POWYS0004	26.25 GBP		15,625.70	38,981.25	1,454.22	3.73	1.10
<b>Chemicals</b>									
690	CRODA INTERNATIONAL ORD GBP0.10609756	POWYS0004	49.02 GBP		31,724.80	33,823.80	752.10	2.22	0.95
<b>Industrial Metals and Mining</b>									
540	RIO TINTO ORD GBP0.10	POWYS0004	50.17 GBP		16,320.76	27,091.80	1,843.78	6.81	0.76
<b>Industrial Support Services</b>									
635	ASSTEAD GROUP ORD GBP0.10	POWYS0004	56.4 GBP		21,466.25	35,814.00	505.78	1.41	1.01
<b>Medical Equipment and Services</b>									
2,930	SMITH & NEPHEW PLC ORD USD0.20	POWYS0004	9.916 GBP		31,354.34	29,053.88	869.83	2.99	0.82
<b>Pharmaceuticals &amp; Biotechnology</b>									
294	ASTRAZENECA PLC ORD USD0.25	POWYS0004	106.78 GBP		21,393.44	31,393.32	669.73	2.13	0.88
11,790	HALEON PLC ORD GBP0.01	POWYS0004	3.331 GBP		35,726.03	39,272.49	707.40	1.80	1.11
<b>Media</b>									



**Brewin  
Dolphin**

Valuation report for POWYS TEACHING LOCAL HEALTH BOARD CHARITABLE FUND  
For the period from 31/12/2023 to 31/03/2024  
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## Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
960	RELX PLC GBP0.1444	POWYS0004	34.24 GBP		22,221.03	32,870.40	564.48	1.72	0.93
<b>Gas, Water &amp; Multiutilities</b>									
2,975	NATIONAL GRID ORD GBP0.12431289	POWYS0004	10.66 GBP		27,175.49	31,713.50	1,695.75	5.35	0.89
<b>Non-Life Insurance</b>									
1,245	ADMIRAL GROUP ORD GBP0.001	POWYS0004	28.37 GBP		26,869.54	35,320.65	1,282.35	3.63	0.99
<b>Life Insurance</b>									
14,765	LEGAL & GENERAL GROUP ORD GBP0.025	POWYS0004	2.544 GBP		28,792.46	37,562.16	3,003.20	8.00	1.06
<b>Investment Banking and Brokerage Services</b>									
13,890	M&G PLC ORD GBP0.05	POWYS0004	2.205 GBP		20,384.32	30,627.45	2,736.33	8.93	0.86
<b>Open End and Miscellaneous Investment Vehicles</b>									
11,245	ISHARES CORE FTSE100 UCITS ETF GBP DIS	POWYS0004	7.772 GBP		68,603.30	87,396.14	3,319.52	3.80	2.46
<b>Open Ended Collectives</b>									
39,100	LINK FUND SOLUTIONS LTD GRESHAM HS UK MUL CAP F INC	POWYS0004	1.33 GBP		53,959.39	52,003.00	2,216.93	4.26	1.46
26,385	PREMIER MITON INVESTMENT FUNDS 3 PREMIER MITON UK MULTI CAP INCOME B DIS	POWYS0004	1.73 GBP		41,822.34	45,646.05	2,414.91	5.29	1.29
<b>Sub Total UK Equities</b>					<b>486,275.16</b>	<b>622,327.06</b>	<b>25,566.50</b>	<b>4.11</b>	<b>17.52</b>
<b>North American Equities</b>									
<b>Open End and Miscellaneous Investment Vehicles</b>									



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## Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
6,335	ISHARES CORE S&P 500 UCITS ETF USD (DIST)	POWYS0004	41.51625 GBP		219,766.05	263,005.44	2,978.48	1.13	7.41
3,340	VANGUARD FUNDS PLC S&P 500 UCITS ETF USD DIS	POWYS0004	79.079 GBP		176,305.94	264,123.86	2,972.33	1.13	7.44
<b>Open Ended Collectives</b>									
5,020	BAILLIE GIFFORD OSEAS GTH FDS ICVC BAILLIE GIFFORD AMERICAN FUND W1 DIS	POWYS0004	13.05 GBP		85,675.92	65,511.00	0.00	0.00	1.84
143,410	BNY MELLON INVESTMENT FUNDS BNY MELLON US EQUITY INCOME FUND F DIS	POWYS0004	1.7346 GBP		229,066.56	248,758.99	5,201.41	2.09	7.00
29,560	FIDELITY UCITS ICAV US QUALITY INCOME UCITS ETF INC USD	POWYS0004	7.95625 GBP		168,127.82	235,186.75	4,770.74	2.03	6.62
147,000	JPMORGAN FUND ICVC JPM US EQUITY INCOME C2 GBP NET DIS	POWYS0004	1.629 GBP		156,651.01	239,463.00	5,424.30	2.27	6.74
<b>Sub Total North American Equities</b>					<b>1,035,593.30</b>	<b>1,316,049.04</b>	<b>21,347.26</b>	<b>1.62</b>	<b>37.06</b>
<b>European Equities</b>									
<b>Open Ended Collectives</b>									
106,195	BLACKROCK FUND MANAGERS LTD BLACKROCK CONTINENTAL EUROPEAN INC D DIS	POWYS0004	1.943293 GBP		166,702.73	206,368.00	7,771.82	3.77	5.81
<b>Sub Total European Equities</b>					<b>166,702.73</b>	<b>206,368.00</b>	<b>7,771.82</b>	<b>3.77</b>	<b>5.81</b>
<b>Japanese Equities</b>									
<b>Open Ended Collectives</b>									
89,745	JUPITER UNIT TRUST MANAGERS LTD JUPITER JAPAN INCOME U2 GBP DIS	POWYS0004	1.1929 GBP		84,438.83	107,056.81	2,352.58	2.20	3.01
<b>Sub Total Japanese Equities</b>					<b>84,438.83</b>	<b>107,056.81</b>	<b>2,352.58</b>	<b>2.20</b>	<b>3.01</b>
<b>Developed Asia ex Japan Equities</b>									



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## Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
<b>Open Ended Collectives</b>									
174,865	BNY MELLON INVESTMENT FUNDS BNY MELLON ASIAN INCOME FUND U DIS	POWYS0004	1.1722 GBP		177,754.68	204,976.75	7,852.17	3.83	5.77
	<b>Sub Total Developed Asia ex Japan</b>				<b>177,754.68</b>	<b>204,976.75</b>	<b>7,852.17</b>	<b>3.83</b>	<b>5.77</b>
<b>Emerging Market Equities</b>									
<b>Open Ended Collectives</b>									
63,850	JPMORGAN FUND ICVC JPM EMERGING MARKETS INCOME C NET DIS	POWYS0004	0.697 GBP		38,920.70	44,503.45	1,513.25	3.40	1.25
	<b>Sub Total Emerging Market Equities</b>				<b>38,920.70</b>	<b>44,503.45</b>	<b>1,513.25</b>	<b>3.40</b>	<b>1.25</b>
<b>Absolute Return</b>									
<b>Corporate Bond Funds</b>									
35,064.871	BNY MELLON INVESTMENT FUNDS BNY MLN GBL DYNM BD NEWTON INSTL 3 DIS	POWYS0004	0.8753 GBP		34,917.39	30,692.28	1,446.50	4.71	0.86
325	MUZINICH & CO IRELAND LIMITED MUZINICH GBL TACTICAL CRED G GBP H DIS	POWYS0004	94.98 GBP		31,830.50	30,868.50	932.53	3.02	0.87
	<b>Sub Total Absolute Return</b>				<b>66,747.89</b>	<b>61,560.78</b>	<b>2,379.03</b>	<b>3.86</b>	<b>1.73</b>
<b>Property</b>									
<b>Closed Ended Collectives</b>									
54,030	BLACKROCK FUND MANAGERS LTD BR CIF ISHS ENV & LOW CAR TILT R/EST IDX	POWYS0004	1.687199 GBP		80,289.03	86,097.76	2,430.86	2.82	2.42
	<b>Sub Total Property</b>				<b>80,289.03</b>	<b>86,097.76</b>	<b>2,430.86</b>	<b>2.82</b>	<b>2.42</b>
<b>Other Investments</b>									



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## Holdings Summary

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<b>Infrastructure Inv Trust</b>									
36,245	HICL INFRASTRUCTURE PLC ORD GBP0.0001	POWYS0004	1.264 GBP		56,999.28	45,813.68	2,990.21	6.53	1.29
35,710	INTERNATIONAL PUBLIC PARTNERSHIP ORD GBP0.0001	POWYS0004	1.24 GBP		55,038.63	44,280.40	2,903.22	6.56	1.25
40,730	THE RENEWABLES INFRASTRUCTURE GRP ORD NPV	POWYS0004	1.008 GBP		47,899.47	41,055.84	2,924.41	7.12	1.16
<b>Sub Total Other Investments</b>					<b>159,937.38</b>	<b>131,149.92</b>	<b>8,817.84</b>	<b>6.72</b>	<b>3.69</b>
<b>Cash Product</b>									
<b>Cash Product</b>									
85,520	INSTITUTIONAL CASH SERIES PLC BR ICS STERLING LQDTY PREM T1 GBP DIS	POWYS0004	1 GBP		85,520.00	85,520.00	4,489.80	5.25	2.41
<b>Sub Total Cash Product</b>					<b>85,520.00</b>	<b>85,520.00</b>	<b>4,489.80</b>	<b>5.25</b>	<b>2.41</b>
<b>Cash</b>									
<b>Cash</b>									
14,137.12 GBP	Capital	POWYS0004		0.00	14,137.12	14,137.12			0.40
22,808.9 GBP	Income	POWYS0004		0.00	22,808.90	22,808.90			0.64
0 GBP	Dealing	POWYS0004		0.00	0.00	0.00			0.00
6,299.01 GBP	Dividends Pending	POWYS0004		0.00	6,299.01	6,299.01			0.18
0 SEK	Dividends Pending	POWYS0004		0.00	0.00	0.00			0.00
676.83 USD	Dividends Pending	POWYS0004		0.00	535.93	535.62			0.02



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## Holdings Summary

Quantity	Security Name	SubPortfolio ID	Price	Accrued Interest	Book Cost	Market Value	Est. Gross Income	Est. Gross Yield %	Ptf %
	<b>Sub Total Cash</b>			0.00	43,780.96	43,780.65			1.23
	<b>TOTAL IN GBP</b>			215.65	3,132,850.94	3,551,463.53	110,158.23	3.10	100.00

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06/06/2024 15:39:54



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## Transaction Details (from 01/01/2024 to 31/03/2024)

POWYS0004

Date	Transaction	Type of Order	Venue Identification	Quantity	Security Name	Price	Exchange Rate used	Commission Cost	Contract Charge	Net Amount
26/01/2024 00:00	Sell	Market Order	2. OFF-EXCHANGE TRANSACTIONS - LISTED INSTRUMENTS	7,160.00	JUPITER UNIT TRUST MANAGERS LTD JUPITER JAPAN INCOME U2 GBP DIS	1.14 GBP	N/A	0.00	0.00	8,188.18
26/01/2024 11:35	Sell	Market Order	BATS CHI-X EUROPE – BATS OFF-BOOK	1,780.00	LEGAL & GENERAL GROUP ORD GBP0.025	2.55 GBP	N/A	0.00	0.00	4,536.50
26/01/2024 11:36	Sell	Market Order	AQSE TRADING (EQUITY)	245.00	ISHARES CORE S&P 500 UCITS ETF USD (DIST)	38.23 GBP	N/A	0.00	0.00	9,365.80
26/01/2024 11:39	Sell	Market Order	BATS CHI-X EUROPE – BATS OFF-BOOK	1,520.00	NATIONAL GRID ORD GBP0.12431289	10.36 GBP	N/A	0.00	0.00	15,744.66
26/01/2024 11:41	Sell	Market Order	BATS CHI-X EUROPE – BATS OFF-BOOK	4,770.00	M&G PLC ORD GBP0.05	2.26 GBP	N/A	0.00	0.00	10,778.48
26/01/2024 11:41	Buy	Market Order	1. LONDON STOCK EXCHANGE	340.00	RELX PLC GBP0.1444	32.74 GBP	N/A	0.00	0.00	-11,131.48
26/01/2024 11:42	Sell	Market Order	1. LONDON STOCK EXCHANGE	485.00	ADMIRAL GROUP ORD GBP0.001	25.20 GBP	N/A	0.00	0.00	12,221.00



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## Transaction Details (from 01/01/2024 to 31/03/2024)

POWYS0004

Date	Transaction	Type of Order	Venue Identification	Quantity	Security Name	Price	Exchange Rate used	Commission Cost	Contract Charge	Net Amount
26/01/2024 11:44	Buy	Market Order	BATS CHI-X EUROPE – BATS OFF-BOOK	290.00	ASSTEAD GROUP ORD GBP0.10	52.71 GBP	N/A	0.00	0.00	-15,287.16
26/01/2024 11:44	Buy	Market Order	5. BLOOMBERG TRADING FACILITY LIMITED	20,090.00	UNITED KINGDOM(GOVERNMENT OF) 4.5% GILT BDS 07/09/2034 GBP1000	103.45 %	N/A	0.00	0.00	-21,148.41
26/01/2024 11:48	Buy	Market Order	1. LONDON STOCK EXCHANGE	400.00	CRODA INTERNATIONAL ORD GBP0.10609756	47.14 GBP	N/A	0.00	0.00	-18,857.00
26/01/2024 11:50	Sell	Market Order	1. LONDON STOCK EXCHANGE	115.00	VANGUARD FUNDS PLC S&P 500 UCITS ETF USD DIS	72.74 GBP	N/A	0.00	0.00	8,364.62
29/01/2024 00:00	Sell	Market Order	2. OFF-EXCHANGE TRANSACTIONS - LISTED INSTRUMENTS	445.00	BAILLIE GIFFORD OSEAS GTH FDS ICVC BAILLIE GIFFORD AMERICAN FUND W1 DIS	11.84 GBP	N/A	0.00	0.00	5,268.80
01/03/2024 00:00	Security Exchange Old Sec			222,275.00	JANUS HENDERSON FUND MGMT UK LTD JANUS HEND FXD INT MTHLY INC GQ GBP DIS		N/A	0.00	0.00	132,053.36
01/03/2024 00:00	Security Exchange New Sec			205,150.04	JANUS HENDERSON FUND MGMT UK LTD JANUS HENDERSON FIXED INTEREST MONTHLY I		N/A	0.00	0.00	-132,053.36



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## Important Information

### **Basis of Valuation**

This valuation was prepared for your information on the date shown. Please note that the values listed will not necessarily be those achieved on sale of the holdings. Valuations will be prepared, generally, on the basis of the middle market price at the close of business on the valuation date, and as supplied by external information providers. For certain securities, the price may be on a different basis, e.g. last trade or bid price. Tax information will be sent to you separately from this report on an annual basis. Where an estimated yield or income is displayed, this is forecast based on the past 12 months' dividend payments and represents the gross income received. Where we have treated a holding to be Negligible Value for CGT purposes, we have removed the stock from the portfolio. Should we receive a liquidation payment it will be credited to your account. Unless securities are held in our custody, we cannot accept any liability for error. In particular, figures included on the Performance Summary page could be inaccurate. Please ensure that the holdings shown on this valuation are correct. No liability will be accepted for errors beyond our control. Where original cost figures are not available the notation N/A may be used or a nominal sum may be inserted. This may make the total book cost figures inaccurate but will not affect the current value. Please note that the book costs used in this valuation are calculated on a 'straight line' basis with transactions pooled chronologically. This can differ considerably from the cost used for Capital Gains Tax calculations due to the complex share identification rules. If you have any queries, please consult your investment advisor before dealing.

### **Custody of Investments**

The investments listed in the valuation are held in your own name or on your behalf by and registered in the name, or held for the account of, our nominee company (which is a company in our Group and which does not itself trade). Foreign securities and certain other types of securities will be held by a sub-custodian and (save in the case of bearer securities) registered in the name of the sub-custodian's nominee. We hold and protect assets in your portfolio under the FCA custody rules. Please note that where we are showing memorandum asset entries on your valuation that you are holding with another third party and not RBC Brewin Dolphin, these are shown for your information only and these assets are not protected by RBC Brewin Dolphin under the FCA custody rules.

### **Dealing and Capital Account Statement**

The report excludes any outstanding settlements at the date of this report.

### **Privacy Notice**

The RBC Brewin Dolphin Privacy Notice has been updated to reflect recent guidance to help organisations explain how personal data is processed in a clearer way, as well as where RBC Brewin Dolphin processes personal data differently after joining the RBC group. Please read carefully the latest privacy notice at <https://www.brewin.co.uk/privacy-notice> which we may update from time to time.



### **Glossary:**

**Portfolio return** – The compound growth of the portfolio as a percentage. This includes investment income (e.g. dividends and interest) and capital appreciation/depreciation.

**Linked benchmark return** – The compound growth of the benchmark which has been agreed as matching your investment objectives.

**Net amount added/withdrawn** – The net value of all asset movements in or out of the portfolio during the period. This includes the value of stocks transferred, cash transfers, income payments and fees deducted from the account.

**Capital appreciation/depreciation** – The change in value of capital in the portfolio.

**Income received/pending** – The total of all cash income credited and the net effect of the dividend pending entries during the period.

**Dividend pending** – This represents dividends that are pending, yet to be received, but have been confirmed by the company; also known as the ex-dividend date.

**Type of Order** – this indicates if a limit was placed on the price payable for the asset or if we accepted the best price available in the market in line with our Best Execution Policy.

**Venue Identification** – shows the place where the trade took place. Whether this was on a regulated market – for example, a stock exchange – or not. Fund orders are generally dealt off-exchange as we deal directly with the Fund Provider.

**Exchange Rate used** – shows the rate to two decimal places used when the currency of the asset traded differed from the currency in which the transaction was settled.

### **Transaction Statement and Cash Movements**

If you require further information in relation to the transactions set out in the Transaction Details and Cash Movements sections then please contact your usual Investment Manager.

### **Suitability**

We regularly review the assets in your portfolio to ensure they remain suitable in achieving your investment objectives. There may be instances when the assets you hold are not aligned to our strategic asset allocation for your risk mandate. This could happen in the following instances:

- Current market conditions
- Cash / stock movements into or out of your portfolio
- Holdings where we are restricted from acting (e.g. cherished holdings, CGT constraints)
- In times of significant market risk

### **Update to our Client Terms and Conditions**

We are updating our Client Terms and Conditions and our Conflicts of Interest Policy with effect from 31 January 2024. These updates will enable us to include RBC-issued bonds and structured products within Discretionary Managed portfolios, where such products are considered suitable to meet your needs. The updated



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terms are available here: <https://www.brewin.co.uk/our-terms>. If you have any questions about the updates, please get in touch with your usual contact.

### **Estimated Prices**

Where the symbol 'e' is marked on your valuation this indicates an estimated market price. This is provided on a best effort basis using reasonable assumptions where an actual market value is unavailable. Typically instruments that do not have an actual market value are likely to be less liquid.

### **Indices data**

Please refer to the following for any FTSE information displayed in this valuation. Source: FTSE International Limited ("FTSE") © FTSE 2022. "FTSE®" is a trademark of the London Stock Exchange Group companies and is used by FTSE International Limited under licence. All rights in the FTSE indices and/or FTSE ratings vest in FTSE and/or its licensors. Neither FTSE nor its licensors accept any liability for any errors or omissions in the FTSE indices and/or FTSE ratings or underlying data and no party may rely on any FTSE indices, ratings and/or data underlying data contained in this communication. No further distribution of FTSE data is permitted without FTSE's express written consent. FTSE does not promote, sponsor or endorse the content of this communication.

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### **Asset Confirmation**

As part of our commitment to keeping you informed about your assets we will write to you once a quarter to provide details of the securities and assets held by RBC Brewin Dolphin.

This report contains a schedule for each account listed. If you transferred your portfolio to our custody recently, this statement only reflects what has been received by us on or before the end date of this valuation. Please note that we have included all assets held within group nominee companies or safe custody, including any securities that are held in ISA accounts and any foreign securities that we hold on your behalf. Where applicable the schedules also include cash held on your behalf.

In some instances, defunct or suspended stock may be included on this report. As these stocks continue to be registered as held by us, we are required to include them in this report, even if your account has been closed.



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### **General Disclosures**

All assets shown within your Holding Summary are held by RBC Brewin Dolphin on your behalf and are subject to the rules of the UK law on markets in financial instruments.

### **Client Money**

We hold and protect money in your portfolio under the FCA Client Money rules.

### **How is Your Money Protected?**

In the unlikely event that a particular bank becomes insolvent; added protection may be available through the UK's Financial Services Compensation Scheme (FSCS) for eligible deposits.

For more information about the FSCS, please see the following:

- the FSCS home page, which can be found here: <https://www.fscs.org.uk> and
- the FSCS's questions and answers page, which can be found here: <https://www.fscs.org.uk/what-we-cover>

### **What to do next?**

\* This report does not require any action on your part unless you have a query regarding the holdings or cash position. In which case please notify us in writing, to the address below, or by sending an email to [AssetConfirmation@brewin.co.uk](mailto:AssetConfirmation@brewin.co.uk). Alternatively, you can telephone 0203 201 3230 between 09:00-17:00 (GMT) Monday to Friday and speak to a member of our asset confirmation team.

- ASSET CONFIRMATION TEAM, RBC BREWIN DOLPHIN, 12 SMITHFIELD STREET, LONDON, EC1A 9BD.

\* If you have a question relating to investment decisions, and wish to request a valuation or give notification of an address change, then please contact your usual Investment Manager.

### **Interest Rate Notification**

The interest rates payable to you on uninvested credit balances have recently changed. Please visit [www.brewin.co.uk/fees-and-charges](http://www.brewin.co.uk/fees-and-charges) to view the current rates under 'Interest Rate Notifications'.