

### 1 Background

The manufacturer of Inadine dressings has updated the contraindications and precautions for use.

There have been no changes made to the actual product.

Changes have been made to 'instructions for use' to comply with guidance following a review.

**Inadine dressings remain a useful tool in wound management and should continue to be used where appropriate.**

### 2 Inadine dressings can be used for:

- The management of ulcerative wounds
- The management of minor burns
- The management of minor traumatic skin loss injuries
- For further info see [PTHB wound management best practice](#) guidance

### 3 Do NOT use Inadine dressings in the following

- Patients with a known iodine hypersensitivity (allergy)
- Before or after the use of radioiodine (until permanent healing)
- Patients with severe renal impairment (as per BNF guidance)
- Pregnant or breast-feeding women
- Cases of Duhring's herpetiform dermatitis (a specific, rare skin disease)

### 4 Further cautions:

Use with caution in new-born babies and infants up to the age of 6 months.

Use with caution when treating deep ulcerative wounds, burns or large injuries.

**Any iodine dressing should be used with caution in the presence of thyroid disease. Thyroid function should be monitored if large areas are being treated for a prolonged period.**



### 7 Next steps

- Discuss this 7-minute briefing with teams using Inadine dressings.
- Ensure processes are in place for using Inadine dressings in a safe manner – reviewing medical history, checking contraindications & cautions and reviewing after 7 days use.
- Report any concerns or questions about using Inadine dressings to Medicines management [info.medicinesmanagement.powys@wales.nhs.uk](mailto:info.medicinesmanagement.powys@wales.nhs.uk) or TVN team [Powys.TissueViabilityTeam@wales.nhs.uk](mailto:Powys.TissueViabilityTeam@wales.nhs.uk)
- Contact the medicine safety officer (MSO) with any queries relating to this 7-minute briefing [powys.mso@wales.nhs.uk](mailto:powys.mso@wales.nhs.uk)

### 6 How can I use Inadine dressings?

- Review the patient's medical history to check for cautions and contraindications.
- Ensure Inadine dressings are included in the wound care plan.
- Clinical supervision and review ought to be sought if using Inadine dressings for longer than 1 week, or the criteria for cautions or contraindications are met.
- Refer to TVN team if needed [Powys.TissueViabilityTeam@wales.nhs.uk](mailto:Powys.TissueViabilityTeam@wales.nhs.uk)

### 5 Can I still use Inadine dressings?

- Yes, but measures are being put in place to ensure that Inadine dressings are used correctly.
- Appropriate documentation and reviews must be recorded.
- Inadine use must be recorded on the [dressing regime](#) or [wound assessment](#) plan