



Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

Information Governance Team
Hafren Ward
Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY
Email: Powys.FOI@wales.nhs.uk
Tel: 01686 252159/01874 442071

Our ref: IG/FOI/23.R.431

8 December 2023

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 4 December 2023, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

For ease of reference your request is set out below and our response follows:

Your Freedom of Information (FOI) Request:

I am writing to you under the Freedom of Information Act 2000 to request the following information. Please could you provide answers to the questions below by email:

1. Do you have a specialist service for long Covid patients? Please name the clinic/service
2. How many patients in your local NHS area have been referred to the clinic/service to date?
3. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:
 - a) doctor
 - b) nurse
 - c) physiotherapist
 - d) occupational therapist
 - e) clinical psychologist/psychiatrist/ CBT practitioner
 - f) other, please specify
4. For any doctors employed, please specify their specialism e.g., GP, cardiologist, neurologist.

Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661



Headquarters
Glasbury House, Bronllys Hospital
Brecon, Powys LD3 0LU
Tel: 01874 711661

Rydym yn croesawu gohebiaeth Gymraeg
Bwrdd Iechyd Addysgu Powys yw enw gweithred Bwrdd Iechyd Lleol
Addysgu Powys



We welcome correspondence in Welsh
Powys Teaching Health Board is the operational name of
Powys Teaching Local Health Board

5. Does the service have the ability in-house to prescribe medications to long Covid patients?
6. If so, please list the three most common drugs prescribed for long Covid patients by the clinic.
7. Does the service have the ability to order tests and scans?
8. If so, please list the three most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic.
9. Please provide figures for how many patients referred to the clinic/service received the following type of treatment:
 - a) A wellbeing programme
 - b) physical rehabilitation
 - c) psychological support
 - d) A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
 - d) drug treatment
 - e) other, please specify
10. If not provided in-house, which of the following types of services does the clinic/service refer patients on to or recommend?
 - a) A wellbeing programme
 - b) physical rehabilitation
 - c) psychological support
 - d) A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
 - d) drug treatment
 - e) other, please specify
11. Is the clinic expected to continue running after 2025?
12. * For English ICBS only* Which NHS trust is responsible for the care of patients referred to a long Covid clinic in your area?

Powys Response:

1. I can confirm that Powys Teaching Health Board (PTHB) does have a specialist service for long Covid patients. This pathway is managed by the Powys Living Well Service.
2. I can confirm approximately 160 patients have been referred to the clinic/service.

3a. Doctor- 0.4 Full time equivalent (FTE) shared with other pathways within the Powys Living Well Service.

3b. Nurse- 1 FTE, shared with other pathways within the Powys Living Well Service.

3c. Physiotherapist- 1.8 FTE, shared with other pathways within the Powys Living Well Service.

3d. Occupational therapist – currently recruiting 1 FTE post.

3e. Clinical Psychologist/ Psychiatrist/ CBT Practitioner – 2 FTE Psychologists, 1 FTE assistant Psychologist, all shared with other pathways within the Powys Living Well Service.

3f. Other- 2.6 FTE Administrative assistance and 1.4 FTE Digital Facilitators. These are all shared within the Powys Living Well Service.

4. I can confirm our doctor's specialism is GP.

5. No, the service does not have the ability in-house to prescribe medication to long Covid patients.

6. Not applicable.

7. No, the service does not have the ability to order tests and scans. The individual's GP completes this.

8. Not applicable.

9a. A wellbeing programme- The service uses a shared decision-making approach to create a bespoke management plan for each person referred to the service. This may include a general wellbeing programme (Invest in Your Health), a symptom focused programme such as Living Well with Pain and Fatigue or individual work with members of the team.

9b. Information not available.

9c. Information not available.

9d. None.

9e. Not applicable.

10a. We can refer the local Exercise on Referral programme, Food Wise and EPP if appropriate.

10b. Disordered Breathing Programme run by Welsh National Opera.

10c. We do refer to local primary and secondary mental health services.

10d. None.

10e. Not applicable.

11. Support for Long Covid is expected to continue to be part of the services offered by Powys Living Well Service after 2025 alongside support for persistent pain, chronic fatigue, and weight management.

12. Not applicable.

Should you need any further assistance, please do not hesitate to contact me at the address below.

If you are dissatisfied, with the way your request has been dealt with by PTHB, you have the right to request a review in which case you should write to:

Chief Executive
Powys Teaching Health Board Headquarters
Glasbury House
Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY

If you are still dissatisfied at the end of the review, you may complain to the Information Commissioner, who can be contacted at the following address:

Information Commissioner's Office - Wales
2nd Floor,
Churchill House,
Churchill Way,
Cardiff, CF10 2HH
Tel: 029 2067 8400 Fax 029 2067 8399
www.ico.org.uk twitter.com/iconews

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi. We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh, and this will not lead to a delay.

Yours sincerely



Claire Madsen
Director of Therapies & Health Sciences