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Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

Information Governance Team
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Bronllys
Brecon
Powys LD3 0LY
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Tel: 01686 252159/01874 442071

Our ref: IG/FOI/23.R.453

25 January 2024

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 21 December 2023, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does not hold the information that you require.

For ease of reference your request is set out below and our response follows:

Your Freedom of Information (FOI) Request:

I am writing to you under the Freedom of Information Act 2000 to request information regarding intensive community and day patient treatment programmes for patients with eating disorders. [If this request is forwarded internally, please do not cut out the introductory wording before the questions].

A note for clinicians/services involved in responding to this request

We are conducting this survey to help us understand how widely available these forms of treatment are across the UK. The top-level findings will be published in a report, in which individual services/providers will not be named. Instead, we will report the findings in terms of the proportion of providers or areas that offer intensive community and/or day patient treatment programmes for people with eating disorders.

We recognise that eating disorder services are under extreme pressure and are facing major challenges in recruiting and retaining the staff they need. This request will form part of a wider Beat project that will aim to understand and help overcome the barriers that the NHS faces in expanding access to these innovative service models. This will include challenging policy makers and commissioners to provide the required resources.

Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661



Headquarters
Glasbury House, Bronllys Hospital
Brecon, Powys LD3 0LU
Tel: 01874 711661

Rydym yn croesawu gohebiaeth Gymraeg
Bwrdd Iechyd Addysgu Powys yw enw gweithred Bwrdd Iechyd Lleol
Addysgu Powys



We welcome correspondence in Welsh
Powys Teaching Health Board is the operational name of
Powys Teaching Local Health Board

Background

Intensive community and day patient treatment programmes offer increased contact hours for the patient compared to traditional outpatient treatment. The patient returns home at night and therefore is not an inpatient. Such treatment programmes can help minimise inpatient admissions and reduce length of stay when admission is necessary.

Day patient treatment programmes (sometimes called 'day care') tend to be run as a group programme, with patients attending the service during the day and returning home for evenings and weekends. Such programmes could potentially be delivered partially or wholly online/virtually. Some intensive community treatment programmes include home treatment, whereby a clinician visits the patient's home to support meals and snacks and offer psychosocial intervention. There are other models of intensive community treatment aside from home treatment and we are very interested in hearing about these approaches too.

Questions

1. Does the Health Board provide any intensive community and/or day patient treatment for eating disorders (or refer patients on to receive such treatment from another NHS or non-NHS provider)? This may include day patient treatment, home treatment, or other innovative model/s. We are interested in programmes for children and young people, and/or adults.

	Yes
X	No, and the Health Board has never provided such a service
	No, but the Health Board did provide such a service in the past [Please provide more information below, including what led to the closure of this service/s]

If you answered "No" to question 1 (either of the two options), that is all that is required, thank you for your response.

If you answered "Yes" to question 1, please answer the remaining questions below. If the Health Board provides more than one model of intensive community or day patient treatment and/or has separate programmes based on age or any other criteria, please provide separate answers for each treatment programme and specify which programme is being referred to. If the Health Board refers patients on to receive intensive community or day patient treatment from another NHS or non-NHS provider, please state the name of this provider, and cover this treatment programme within the answers you give to questions 2-8.

2. What model/s of intensive community or day patient treatment for eating disorders does the Health Board provide (or refer patients onto)? (Examples include day treatment or home treatment, but we are keen to hear about any other forms of intensive treatment too aside from inpatient care.) In your answer, please specify whether these are provided in-person or online/virtually.

3. What is the intensity of this/these model/s of intensive community or day patient treatment for eating disorders?

a) Please provide the information requested below. (If the Health Board provides, or refers patients onto, more than one intensive community or day patient treatment programme please provide separate answers for each):

- Number of hours per day (if applicable to model)
- Number of days per week (if applicable to model)
- Number of contacts per week and minimum duration of those contacts (if applicable to model)
- Is supervised meal support provided? (If so, for how many meals per day?)

b) Please provide any more information that we should know about regarding the intensity of treatment provided by this/these programme/s.

4. Are families or other carers engaged with (when appropriate) in the treatment provided by this/these intensive community and/or day patient treatment programme/s for eating disorders? If so, please describe or attach further information outlining this engagement.

5. Is/are the intensive community and/or day patient treatment programme/s for eating disorders time limited, or is the length of this treatment based on clinical need? If it is time limited, what is the maximum length of treatment?

6. What are the referral criteria for patients to access the intensive community and/or day patient treatment programme/s for eating disorders? In your answer, please detail any exclusion criteria (e.g., age, type of eating disorder/diagnosis, BMI, comorbidity, or otherwise).

7. What is/are the geographic catchment area/s for referrals to the intensive community and/or day patient treatment programme/s for eating disorders (including any such programmes provided outside the Health Board's usual geographic area)?

8. Please state the size of the caseload (number of accepted referrals) at the Health Board's intensive community and/or day patient treatment programme/s for eating disorders on the dates below:

- 31 March 2023
- 30 September 2023

(If the Health Board provides more than one intensive community or day patient treatment programme, please provide the size of the caseload separately for each and specify whether the programme is for over 18s or under 18s.)

9. Please tell us what the Health Board is proud of about its intensive community and/or day patient treatment programme/s for eating disorders and outline the challenges and opportunities the Health Board has experienced in providing this/these programme/s.

Powys Response:

I can confirm that PTHB has never provided any intensive community and/or day patient treatment for eating disorders. However, PTHB's Eating Disorder service provides the following objectives in line with the Welsh Government's Eating disorders service review 2018 and the Welsh Government's Eating Disorders Framework for Wales 2009. The objectives are based on the following principles: Early Detection & Intervention; Inclusivity; Person-Centred; Relationship-Based; Recovery-Focused; and Trauma-Informed using a four-tiered model of care. This service will be available to an agreed age range for the population of Powys registered with local GPs.

Objectives

1. Provision of specialist support, advice, training, and supervision to statutory and non-statutory services within Powys, across the identified health Tiers to ensure service aims are met.
2. Develop care pathways and protocols for referrals, and treatment of people presenting with specified eating disorders.
3. Ensure early identification and intervention following agreed guidelines for patients referred to services with a specified eating disorder.
4. To set up a service steering group, involving key stakeholders, to collaboratively inform and agree service provision and developments to best meet the needs of the local population in line with local and national guidance.
5. Specialist service provision providing recommended evidence-based practice for an agreed group of service users.

Powys Eating disorder service has been required to consider day care provision for one person, this was advised and funded as part of Section 117 aftercare from London eating disorder service.

Should you need any further assistance, please do not hesitate to contact me at the address below.

If you are dissatisfied, with the way your request has been dealt with by PTHB, you have the right to request a review in which case you should write to:

Chief Executive
Powys Teaching Health Board Headquarters
Glasbury House
Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY

If you are still dissatisfied at the end of the review, you may complain to the Information Commissioner, who can be contacted at the following address:

Information Commissioner's Office - Wales
2nd Floor,

Churchill House,
Churchill Way,
Cardiff, CF10 2HH

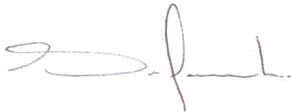
Tel: 029 2067 8400 Fax 029 2067 8399

www.ico.org.uk

twitter.com/iconews

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi. We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.

Yours sincerely



David Farnsworth
Interim Executive Director of Operations / Director of Community and
Mental Health