



Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

Information Governance Team  
Monnow Ward  
Bronllys Hospital  
Bronllys  
Brecon  
Powys LD3 0LY  
Email: Powys.FOI@wales.nhs.uk  
Tel: 01686 252140/01874 442071

Our ref: IG/FOI/23.R.054

14 March 2023

Sent via email to: [REDACTED]

Dear [REDACTED],

## Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 15 February 2023 and subsequent clarification received on 13 March 2023 to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require. For ease of reference your request is set out below and our response follows:

### Your Freedom of Information (FOI) Request and PTHB Response:

I would be grateful if you could please answer the following questions with regards to both tier 3 and tier 4 weight management services within your Health Board. Please answer as many questions as you can - If a question is not relevant, please state N/A.

#### Tier 3

1. Does your Health Board offer a tier 3 weight management service (or equivalent specialist weight management service)? Is it self-commissioned? If commissioned elsewhere, where (which health board/ social care trust)? **Yes. This service is provided by Powys teaching Health Board and has been open to referrals since October 2021**

2. For how many patients is your Health Board's tier 3 weight management service (or equivalent specialist weight management service) commissioned for? **The service was set up based on an estimated level of demand of approximately 40 referrals per year – this was based on information about existing weight management services. Public Health Wales Observatory has estimated that there may be a Level 3 service demand from 10% of those people with a BMI of 40kg/m<sup>2</sup> or more. In Powys, the 2016/17 to 2018/19 figures suggest there are around 2,400**

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Tŷ Glasbury, Ysbyty Bronllys,  
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Glasbury House, Bronllys Hospital  
Brecon, Powys LD3 0LU  
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**people with a BMI of over 40kg/m<sup>2</sup> which would make for a demand of 240 people. This figure should be considered to represent the maximum need.**

3. How many patients have been referred from your Health Board to a tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months? **We received 225 referrals in the period 01/03/2022 to 28/02/2023 inclusive. This equates to approximately 180 individuals.**

4. What is the average waiting time to access your Tier 3 weight management service (or equivalent specialist weight management service) in the past 12 months? **Based on the average wait figures for the 2022 calendar year for PLWS overall, our average wait (referral to first appt) was approx. 6 weeks**

#### Tier 4

5. Does your Health Board have access to a tier 4 weight management service? If so, who Commissions it? **All Level 4 Weight Management Services are commissioned via Welsh Health Specialised Services Committee. The surgical centre is in Swansea. Bariatric surgery is not undertaken within Powys Surgical Services.**

6. How many patients have been referred to your Health Board's tier 4 weight management service (or equivalent specialist weight management service) in the past 12 months? **See above. We have not referred anyone to Level 4 as yet. The service has not been operating long enough to refer to Level 4.**

7. What is the current number of patients on a waiting list for Tier 4 weight management services in your Health Board? **See above.**

8. What is the average waiting time to access the Tier 4 weight management service? **See above.**

Should you need any further assistance, please do not hesitate to contact me at the address below.

If you are dissatisfied, with the way your request has been dealt with by PTHB, you have the right to request a review in which case you should write to:

Chief Executive  
Powys Teaching Health Board Headquarters  
Glasbury House  
Bronllys Hospital  
Bronllys  
Brecon  
Powys LD3 0LY

If you are still dissatisfied at the end of the review, you may complain to the Information Commissioner, who can be contacted at the following address:

Information Commissioner's Office - Wales

2<sup>nd</sup> Floor,

Churchill House,

Churchill Way,

Cardiff, CF10 2HH

Tel: 029 2067 8400 Fax 029 2067 8399

[www.ico.org.uk](http://www.ico.org.uk)

[twitter.com/iconews](https://twitter.com/iconews)

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi. We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.

Yours sincerely



**Claire Madsen**

**Director of Therapies & Health Sciences**