



Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

Information Governance Team  
Monnow Ward  
Bronllys Hospital  
Bronllys  
Brecon  
Powys LD3 0LY  
Email: Powys.FOI@wales.nhs.uk  
Tel: 01686 252140/01874 442071

Our ref: IG/FOI/23.R.083

13 April 2023

Sent via email to: [REDACTED]

Dear [REDACTED],

## Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 9 March 2023 and subsequent clarification received on 13 March 2023 to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

For ease of reference your request is set out below and our response follows:

### Your Freedom of Information (FOI) Request:

Restrictive practices in mental health inpatient settings

This request is in relation to recorded instances of restrictive practices within mental health inpatient settings managed by your Local Health Board. We recognise that restrictive practices may be recorded in a number of ways. This request relates exclusively to electronically recorded instances of restrictive practices, for example, those recorded within the Datix electronic records management system.

Please could you provide me with the following information in relation to restrictive practice within mental health inpatient settings for the financial years 2017-18, 2018-19, 2019-20, 2020-21 & 2021-22:

1. The total number of recorded instances of restrictive practices.
2. The type of restrictive practice used (e.g. physical, mechanical or chemical restraint, or the isolation of a patient);
3. If physical restraint was used, was the individual restrained in a prone or supine position;
4. The reason(s) for the use of restrictive practice;
5. Where (e.g. which ward) and when the restrictive practice was used;
6. The length of the restrictive practice;
7. The known impact on the individual, including any injuries, and any risks to their physical or mental wellbeing;

Pencadlys  
Tŷ Glasbury, Ysbyty Bronllys,  
Aberhonddu, Powys LD3 0LU  
Ffôn: 01874 711661



Headquarters  
Glasbury House, Bronllys Hospital  
Brecon, Powys LD3 0LU  
Tel: 01874 711661

Rydym yn croesawu gohebiaeth Gymraeg  
Bwrdd Iechyd Addysgu Powys yw enw gweithred Bwrdd Iechyd Lleol  
Addysgu Powys



We welcome correspondence in Welsh  
Powys Teaching Health Board is the operational name of  
Powys Teaching Local Health Board

8. The protected characteristics of the individual, including age, gender, sex, disability, (broken down by impairment type, and ethnicity);
9. The outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future;
10. The individual's involvement in the review;
11. A record to confirm that the relevant family members and carers have been informed and when this happened;
12. Incidents of the use of mechanical restraint;
13. Incidents of seclusion.

Please could you provide this data in a csv or xls format.

#### Clarification:

To clarify, the request below covers both adults and children and young people within the remit of the health board.

#### Powys Response:

Q's 1 -5 & 7. I can confirm that PTHB does not hold this data. Due to the new Datix system this data has not been consistently recorded prior to 2023. To answer your question this would require a manual trawl of all incidents. We estimate that the cost of complying with your request would exceed the fees limit of £450 set by the Freedom of Information Act. We estimate that one person would need to spend 3½ working days to determine whether the Health Board holds the information, and locating, retrieving, and extracting the information. Under section 12 of the Freedom of Information Act the Health Board is therefore not obliged to comply with this part of your request.

Q6 PTHB has not recorded this system via electronic records that can be searched. Instead, any episode of restraint is documented in individual patients notes. The time to service these individual notes for the information you request would be prohibitive.

Q8 This information is not currently recorded on Datix.

Q9 After each episode of restraint, a full review of the episode of care is undertaken, and learning is taken to the Mental Health division's learning group for discussion and learning is embedded within future practice and standard operating procedures.

Q10 A one to one therapeutic conversation takes place with the patient, once this is clinically appropriate. The outcomes of this therapeutic conversation are recorded in the review of the episode of restraint.

Q11 This has not happened routinely in the past, but it has been agreed that if the patients consent going forward then an agreed family member or carer will be contacted.

Q12 The use of mechanical restraint is not supported or undertaken within PTHB.

Q13 Episodes of seclusion are seldom utilised within practice in Powys, and there are below 5 incidents of seclusion in each of the reportable years you have requested.

Should you need any further assistance, please do not hesitate to contact me at the address below.

If you are dissatisfied, with the way your request has been dealt with by PTHB, you have the right to request a review in which case you should write to:

Chief Executive  
Powys Teaching Health Board Headquarters  
Glasbury House  
Bronllys Hospital  
Bronllys  
Brecon  
Powys LD3 0LY

If you are still dissatisfied at the end of the review, you may complain to the Information Commissioner, who can be contacted at the following address:

Information Commissioner's Office - Wales  
2<sup>nd</sup> Floor,  
Churchill House,  
Churchill Way,  
Cardiff, CF10 2HH  
Tel: 029 2067 8400 Fax 029 2067 8399  
[www.ico.org.uk](http://www.ico.org.uk) [twitter.com/iconews](https://twitter.com/iconews)

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi. We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.

Yours sincerely



**Director of Operations / Community and Mental Health**