



GIG
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WALES

Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

Information Governance Team
Monnow Ward
Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY
Email: Powys.FOI@wales.nhs.uk
Tel: 01686 252159/01874 442071

Our ref: IG/FOI/23.R.332

19 October 2023

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 19 September 2023, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) holds part of the information that you require.

For ease of reference your request is set out below and our response follows:

Your Freedom of Information (FOI) Request:

This request relates to outpatient/community patients discharged by your board who were being treated for an eating disorder (primary or secondary eating disorder diagnosis; please include all eating disorders, i.e., ICD10 code F50: Eating Disorders).

1. Please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your board in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).
2. Of those, please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your board with a BMI below 15 in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).
3. Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:

Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661



Headquarters
Glasbury House, Bronllys Hospital
Brecon, Powys LD3 0LU
Tel: 01874 711661

Rydym yn croesawu gohebiaeth Gymraeg
Bwrdd Iechyd Addysgu Powys yw enw gweithredd Bwrdd Iechyd Lleol
Addysgu Powys



We welcome correspondence in Welsh
Powys Teaching Health Board is the operational name of
Powys Teaching Local Health Board

- a) The number of patients that were discharged from a) a specialist community/outpatient eating disorder service if you have one, and b) general community/outpatient care.
 - b) The number of patients that were a) aged 18 and above, and b) aged below 18.
 - c) The number of patients who had a BMI of a) 14-14.99, b) 13-13.99, c) 12-12.99 and d) <12
 - d) The exact BMI of the patient discharged with the lowest BMI
 - e) Please provide a breakdown of where patients were discharged to - i.e., inpatient setting / another NHS Trust / palliative care / no onwards care organised by the trust etc. (If data is not recorded or retrievable in this format, please provide any information you have available concerning which NHS or non-NHS treatment/service these patients were discharged to)
4. Please provide any internal board documents relating to the treatment of patients with a 'Longstanding Eating disorder' or 'Severe and Enduring Eating disorder' or 'Severe and Enduring Anorexia Nervosa' (otherwise known as 'L-ED' / 'SEED' / SE-AN) in inpatient and outpatients settings.

Clarification for Q 4 relates to documents such as guidance, policies, pathways, procedures etc. I am not asking for any documentation relating to individual patients, or staff emails etc, as I am aware they would have to be heavily redacted, exceeding the time constraints of the FOIA. Please note, only provide an answer to question 4 if doing so is possible within the time limits – please prioritise retrieving answers to q 1-3.

Please note your board may have answered a similar FOI from me on *inpatients* with eating disorders. This new request focuses on *outpatients*. Please treat this as a new request.

Powys Response:

Q1: I can confirm that PTHB does not code outpatient appointments, therefore is unable to respond to this part of your request.

Our Eating Disorder specialist service (EDSS) was only set up as a standalone service in Autumn 2021. We are therefore only able to provide information recorded by the Child and Adolescent Mental Health Service (CAMHS) and EDSS for years 2021 and 2022.

In 2021 total number of CAMHS discharges were 7
In 2022 total number of both services discharges were 26
(7 from CAMHS + 19 adults)

Q2 No patients had a BMI <15 on discharge.

Q3 N/A no discharges with a BMI <15.

Q4 We are not aware of any internal board documents re "Longstanding Eating Disorders" or 'Severe and Enduring Eating disorder' or 'Severe and Enduring Anorexia Nervosa'. PTHB follows Nice ED guidelines 2017 as well as

considering any recent research regarding these complex cases, looking to provide a Multi-Disciplinary Team approach to care and risk management.

Should you need any further assistance, please do not hesitate to contact me at the address below.

If you are dissatisfied, with the way your request has been dealt with by PTHB, you have the right to request a review in which case you should write to:

Chief Executive
Powys Teaching Health Board Headquarters
Glasbury House
Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY

If you are still dissatisfied at the end of the review, you may complain to the Information Commissioner, who can be contacted at the following address:

Information Commissioner's Office - Wales
2nd Floor,
Churchill House,
Churchill Way,
Cardiff, CF10 2HH
Tel: 029 2067 8400 Fax 029 2067 8399
www.ico.org.uk twitter.com/iconews

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi. We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.

Yours sincerely



Joy Garfitt
Director of Operations/ Director of Community & Mental Health