



Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

Information Governance Team  
Hafren Ward  
Bronllys Hospital  
Bronllys  
Brecon  
Powys LD3 0LY  
Email: Powys.FOI@wales.nhs.uk  
Tel: 01686 252159/01874 442071

Our ref: IG/FOI/24.R.073

14 February 2024

Sent via email to: [REDACTED]

Dear [REDACTED]

## Request under the Freedom of Information Act 2000

I write further to your request for information, which was received on 6 February 2024, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

### Your Freedom of Information (FOI) Request:

Under the Freedom of Information Act, I would like to request the following:

A copy of any referral form used to refer patients to weight management programmes.

- If it is not possible to provide the full form, please provide the exact wording of any exclusion criteria i.e. any criteria/questions that would exclude someone from being referred to the programme, such as BMI, age or eating disorders.

### Powys Response:

Please find attached the referral form PTHB uses to refer patients to weight management programmes - Level 2 weight management services FOI 24.R.073 Attachment 1. Clients also have the option to self-refer. The Referral criteria is: BMI>25kg/m<sup>2</sup>.

Exclusion criteria: Active eating disorder, pregnancy, poorly controlled insulin dependent diabetes or other condition requiring specialist dietitian input.

Referrals into Level 3 services do not require a specific form but rather a letter from the GP, or other Health Care Professional (HCP) with access to the blood results outlined in the referral criteria.

Pencadlys  
Tŷ Glasbury, Ysbyty Bronllys,  
Aberhonddu, Powys LD3 0LU  
Ffôn: 01874 711661



Headquarters  
Glasbury House, Bronllys Hospital  
Brecon, Powys LD3 0LU  
Tel: 01874 711661

Rydym yn croesawu gohebiaeth Gymraeg  
Bwrdd Iechyd Addysgu Powys yw enw gweithred Bwrdd Iechyd Lleol  
Addysgu Powys



We welcome correspondence in Welsh  
Powys Teaching Health Board is the operational name of  
Powys Teaching Local Health Board


The Referral criteria for the service can be found in a previously issued FOI response - FOI.24.R.073 Attachment 2.

Please note in instances where an individual does not meet criteria for either service, an outpatient appointment with a dietitian is offered.

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via [powysfoi.foi@wales.nhs.uk](mailto:powysfoi.foi@wales.nhs.uk)

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely

A handwritten signature in black ink that reads "CMadsen". The signature is written in a cursive, slightly slanted style.

**Claire Madsen**  
**Director of Therapies & Health Sciences**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay