



Bwrdd Iechyd  
Addysgu Powys  
Powys Teaching  
Health Board

Information Governance Team  
Hafren Ward  
Bronllys Hospital  
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Brecon  
Powys LD3 0LY  
Email: Powys.FOI@wales.nhs.uk  
Tel: 01686 252159/01874 442071

Our ref: IG/FOI/24.R.252

8 July 2024

Sent via email to: [REDACTED]

Dear [REDACTED]

**Request under the Freedom of Information Act 2000**

I write further to your request for information, which was received on 20 June 2024, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partly holds the information that you require.

For ease of reference your request is set out below and my response follows.

Your Freedom of Information (FOI) Request:

Please find below a freedom of information request relating to local policies and guidelines for the treatment of obesity.

|  |                                |
|--|--------------------------------|
| Question 1: Does Powys Teaching Health Board have any local guidelines or policies for the treatment of obesity? | Yes/No                         |
|  | If Yes, please provide a copy. |

|  |                                |
|--|--------------------------------|
| Question 2: Does Powys Teaching Health Board have referral pathways for Tier 3 or Tier 4 weight management services? | Yes/No                         |
|  | If Yes, please provide a copy. |

Powys Response:

|             |  |
|-------------|--|
| Question 1: | No<br>Powys Teaching Health Board (PTHB) uses the guidance in the "Healthy Weight, Healthy Wales" national strategy ( <a href="https://www.gov.wales/healthy-weight-strategy-healthy-weight-healthy-wales">https://www.gov.wales/healthy-weight-strategy-healthy-weight-healthy-wales</a> ) and relevant NICE guidelines to inform service delivery. I can confirm we do not have local guidelines or policies outside of these. |
|-------------|--|

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|             |  |
|-------------|--|
| Question 2: | Yes  |
|             | PTHB has a single point of access for all weight management services (tiers 2-4) – Please see FOI 24.R.252 attached for a copy of the guidance for accessing these services. |

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via [powysfoi.foi@wales.nhs.uk](mailto:powysfoi.foi@wales.nhs.uk)

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



**Claire Madsen**  
**Executive Director of Allied Health Professionals, Health Sciences and Digital**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.