



Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

Information Governance Team
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Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY
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Our ref: IG/FOI/24.R.190

1 July 2024

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information, which was received on 1 May 2024, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

For ease of reference your request is set out below and my response follows.

Your Freedom of Information (FOI) Request:

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from October 2020 to April 2024.

1. The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- Patients waiting up to and including 84 days
- Patients waiting 85 days and over and up to and including 126 days
- Patients waiting 127 days and over and up to and including 182 days
- Patients waiting 183 days and over and up to and including 252 days
- Patients waiting 253 days and over and up to and including 364 days
- Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

2. Please could you also provide any known protected characteristics for the patients involved in this data. This could include age, ethnicity and gender.

Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661



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Rydym yn croesawu gohebiaeth Gymraeg
Bwrdd Iechyd Addysgu Powys yw enw gweithred Bwrdd Iechyd Lleol
Addysgu Powys



We welcome correspondence in Welsh
Powys Teaching Health Board is the operational name of
Powys Teaching Local Health Board

Powys Response:

Q1. Please see table below for Powys Teaching Health Boards (PTHB) response to your above request for the number of patients waiting to start psychological therapy between October 2020 and April 2024.

Due to low numbers involved, we have been unable to provide the information broken down as you originally requested. Where fields are marked *, PTHB are unable to provide the data as originally requested due to the low numbers (less than 5) of individuals involved. To provide this detail would breach Section 40 (2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test. The health board believes there is a potential risk of those individuals being able to be identified, when considered with other information already available within the public domain, if this was disclosed. Therefore, the data is classed as personal data as defined under the UK General Data Protection Regulation (UK GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute unfair and unlawful processing regarding Articles 5, 6, and 9 of UK GDPR.

However, under Section 16 of the FOIA under the duty of a public authority to provide advice and assistance, we have provided this data in a less identifiable format.

Psychological Therapy waiting list data as submitted to Welsh Government												
Data source: Welsh Patient Administration Service (WPAS)												
2020												
Waiting times	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Up to and including 84 days										88	89	99
85 days and over up to and including 126 days										27	16	24
127 days and over up to and including 182 days										18	20	19
183 days and over up to and including 252 days										13	*	11
253 days and over up to and including 364 days										*	*	*
365 days and over										*	*	*
2021												

Waiting times	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Up to and including 84 days	99	79	86	82	96	78	89	85	107	117	156	139
85 days and over up to and including 126 days	21	27	30	24	24	43	22	27	24	30	33	55
127 days and over up to and including 182 days	29	16	17	34	12	15	29	13	19	17	16	20
183 days and over up to and including 252 days	11	*	*	*	*	6	*	*	*	*	*	6
253 days and over up to and including 364 days	*	*	*	*	*	*	*	*	*	*	*	*
365 days and over	*	*	*	*	*	*	*	*	*	*	*	*

2022

Waiting times	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Up to and including 84 days	148	167	147	82	96	78	89	85	107	117	156	139
85 days and over up to and including 126 days	46	56	49	24	24	43	22	27	24	30	33	55
127 days and over up to and including 182 days	32	35	48	34	12	15	29	13	19	17	16	20
183 days and over up to and including 252 days	7	9	22	*	*	6	*	*	*	*	*	6
253 days and over up to and including 364 days	*	*	*	*	*	*	*	*	*	*	*	*
365 days and over	*	*	*	*	*	*	*	*	*	*	*	*

2023

Waiting times	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Up to and including 84 days	148	167	147	82	96	78	89	85	107	117	156	139
85 days and over up to and including 126 days	46	56	49	24	24	43	22	27	24	30	33	55
127 days and over up to and including 182 days	32	35	48	34	12	15	29	13	19	17	16	20
183 days and over up to and including 252 days	7	9	22	*	*	6	*	*	*	*	*	6
253 days and over up to and including 364 days	*	*	*	*	*	*	*	*	*	*	*	*
365 days and over	*	*	*	*	*	*	*	*	*	*	*	*

2024

Waiting times	Jan	Feb	Mar	** Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Up to and including 84 days	148	167	147	118								
85 days and over up to and including 126 days	46	56	49	27								
127 days and over up to and including 182 days	32	35	48	72								
183 days and over up to and including 252 days	7	9	22	51								
253 days and over up to and including 364 days	*	*	*	*								
365 days and over	*	*	*	*								

*Less than 5 recorded

**Data is provisional and has not yet been validated by the service.

Q2. Please see table below for PTHB response to providing information on protected characteristics. Please Note: We are unable to provide data prior to

May 22 due to a change in how we collected the data. The total numbers each month on the characteristics do not match those submitted to Welsh Government (WG) this is due to validation of the data sent to WG after the point at which the monthly snapshots were taken.

Psychological Therapy waiting list Characteristics at referral:												
Age:												
2022												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0 – 34 years					57	83	56	85	93	88	82	87
35 – 54 years					33	59	43	66	68	71	70	75
55+ years					40	20	32	48	55	60	62	62
2023												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0 – 34 years	87	92	95	91	68	63	60	60	71	71	79	92
35 – 54 years	80	87	85	80	78	67	60	62	81	86	89	95
55+ years	60	61	60	68	67	54	54	57	60	57	79	75
2024												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
0 – 34 years	104	112	110	112								
35 – 54 years	95	92	89	100								
55+ years	71	72	71	76								
Gender:												
	May 2022 – April 2024											
Male	1927											
Female	3308											
Intersex	15											
Ethnicity:												
	May 2022 – April 2024											
Not stated	2986											
White	2195											
Other ethnic group	69											

Under the terms of the Health Board’s Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board’s handling of your request, please contact us directly at the address below or register your complaint via powysfoi.foi@wales.nhs.uk

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner’s Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely

A handwritten signature in black ink, appearing to read 'JL Garfitt', with a stylized flourish at the end.

Joy Garfitt
Executive Director of Operations/ Director of Community & Mental Health

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.