

Our ref: IG/FOI/FOI.108.24

12 December 2024

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information, which was received on 14 November 2024, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partly holds the information that you require.

For ease of reference your request is set out below and my response follows each question individually.

Your Freedom of Information (FOI) Request and Powys Response (Bold):

Please find the request below for information relating to treatment and outcomes for adult patients with eating disorders in the Powys Teaching Health Board.

1. All available treatment pathways for patients with eating disorders in the Trust's various specialist services (e.g. inpatient / day patient / community)? Please select all treatments and settings that apply:

- a. Early intervention pathway (such as FREED)
- b. Recovery focused pathway (not early intervention)
- c. Medical management or stabilisation pathway (such as MEED)
- d. Pathway for long-standing eating disorders (such as SEED)
- e. End of life pathway (such as palliative care)
- f. Any other type of treatment pathway not otherwise included
- g. No named pathway (e.g. monitoring rather than active treatment)

Suggested table to provide answers split by available pathways and available settings.

	Inpatient service	Day Patient	Outreach service	Community service	Other service
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Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661



Headquarters
Glasbury House, Bronllys Hospital
Brecon, Powys LD3 0LU
Tel: 01874 711661



		service			(please specify)
a. Early intervention pathway (such as FREED)					
b. Recovery focused pathway (not early intervention)					
c. Medical management or stabilisation pathway (such as MEED)					
d. Pathway for long standing eating disorders (such as SEED)					
e. End of life pathway (such as palliative care)					
f. Other pathway (please specify)	<p>Powys Teaching Health Board (PTHB) offer an early intervention model similar to FREED. We intend to contact new referrals on the day we receive the referral. Once we have contacted the patient, we follow the MEED guidelines to assess presenting risks and follow up as appropriate. Once presenting risks have been assessed and managed, we offer assessment within 7 days for urgent presentation and within 28 days for non-urgent. Starting treatment on the day of assessment if appropriate. This model applies to under and over 18-year-olds either via CAMHS, CMHTs or direct referrals to this team.</p>				
g. No named pathway (e.g. monitoring)					

2. The number of eating disorder patients in total on each available pathway and in each available setting so far this year and in each of the past 5 years.

I can confirm the service began collecting data in 2022, therefore data for 2019 – 2021 is not available.

- **2024 – 82 to date.**
- **2023 – 82**
- **2022- 56**

PTHB try to follow up all referrals on the day received to screen for presentation and risk, following up as appropriate across the age range.

-If you can't break the pathways down by setting, please provide the total number on each pathway across the Trust, regardless of setting.

- If you can't break the settings down by pathway, please provide the total number in each setting within the Trust, regardless of pathway.

- If possible, please give inpatient numbers separately for SEDU / acute wards / mental health wards / general wards etc.

		2024	to	2023	2022	2021	2020	2019
		date						
Early intervention pathway (such as FREED)	Total					No Disorder Specialist (EDSS) Wide	Eating Service Powys	
	Inpatient							
	Day Patient							
	Outreach							
	Community							
Recovery focused pathway (not early intervention)	Total							
	Inpatient							
	Day Patient							
	Outreach							
	Community							
Medical management or stabilisation pathway (such as MEED)	Total							
	Inpatient							
	Day Patient							
	Outreach							
	Community							
Pathway for long-standing eating disorders (such as SEED)	Total							
	Inpatient							
	Day Patient							
	Outreach							
	Community							
End of life pathway (such as palliative care)	Total							
	Inpatient							
	Day Patient							
	Outreach							
	Community							
Other pathway (please specify)	Total	As above, our pathway is early intervention, recovery focused, risk management.						
	Inpatient							
	Day Patient							
	Outreach							
	Community	82	82	56	No EDSS Service Wide	Powys		
No named pathway (e.g. monitoring)	Total							
	Inpatient							
	Day Patient							
	Outreach							
	Community							

Total in Inpatient services						
Total in Day Patient Services						
Total in Outreach services						
Total in Community Services						
Overall total eating disorders patients in trust						

3. The number of patients in total with an eating disorder that have died of any cause so far this year and in each of the past 5 years.

	2024 to date	2023	2022	2021	2020	2019
Number of deaths	0	0	0	No EDSS Powys Service wide		

4. Of the patients in question three, above, please provide the location in which the death occurred, for example, in an acute hospital, in the Specialist Eating Disorder Unit, in a palliative care setting, elsewhere in the Trust, or outside any Trust setting.

Location	2024 to date	2023	2022	2021	2020	2019
Acute Hospital						
SEDU						
Palliative care setting						
Elsewhere in Trust (please specify)						
Outside Trust						

5. Please provide a copy of your Trust's SEED (Severe and Enduring Eating disorder) pathway or similar pathway for patients with long-standing eating disorders.

We do not have a specific Severe and Enduring Eating Disorder (SEED) pathway, we also do not hold Care Co-ordination. If there were patients' under CMHT with SEED we would arrange a professionals meeting and jointly agree follow up care plan, which would include medical monitoring, potential brief Eating Disorder Unit admission, offer of evidenced based Eating Disorder interventions as appropriate.

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via powysfoi.foi@wales.nhs.uk

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's

Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.
Telephone Number: 0330 414 6421.

Yours sincerely



Louisa Kerr
Assistant Director for Mental Health and Learning Disabilities

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.