

Our ref: IG/FOI/FOI.451.25

02 September 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

## Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 05 August 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partly holds the information that you require but have applied an exemption to elements of this request.

For ease of reference your request is set out below and my response follows.

### Your Freedom of Information (FOI) Request and Powys Response

Q1. Who is the lead or main contact responsible for commissioning SDE for Type 1 Diabetes within your ICB? Please include name, job title, and contact email if available. - **I can confirm that responsibility lies with the Diabetes Specialist Nurse with Education Lead and the Diabetes Dietitian. They can be contacted via the following email address: [Powys.Geninfo@wales.nhs.uk](mailto:Powys.Geninfo@wales.nhs.uk) please add in for the attention of the above job roles.**

**The Health Board is withholding the name of the member of staff whose job role may fit this title. This decision has been made as it is not within the expectations of the individual that their personal data would be put into the public domain. This information is classed as personal data of third parties and is therefore being withheld in accordance with section 40 (2) of the Freedom of Information Act 2000 (the Act) by virtue of section 40 (3) (a) (i) of the Act which permits a public authority to withhold personal data other than the requester's where the disclosure would breach a Data Protection Principle.**

**The Data Protection Act 2018 (DPA) / General Data Protection Regulation (GDPR) defines personal data as data which relates to a**

**living individual who can be identified solely from that data or from that data and other information which is in the possession of the data controller**

Q2. Who is the lead or main contact responsible for commissioning SDE for Type 2 Diabetes? Please include name, job title, and contact email if available.

**There is no lead or main contact responsible for commissioning SDE for Type 2 Diabetes. It is a decision made within the work plan management depending on demand and capacity and therefore sits within the dietetic department as a whole. The department can be contacted via the following email address: [Powys.Geninfo@wales.nhs.uk](mailto:Powys.Geninfo@wales.nhs.uk) please add in for the attention of the above job roles.**

Q3. Please confirm the name(s) of the provider(s) currently delivering SDE for both Type 1 and Type 2 Diabetes and the specific course(s) they provide (e.g., DESMOND, DAFNE, or others).

- **PTHB dietitians/DSNs deliver DAFNE for type 1 diabetes**
- **PTHB dietitians deliver XPERT for type 2 diabetes.**
- **PTHB dietitians deliver DAS (Diabetes Awareness Sessions) for newly diagnosed Type 2 diabetes.**

Q4. How many people were referred for Type 2 Diabetes Structured Education (SDE) during the most recent full financial year (April 2024 – March 2025)?

**I can confirm that there were 490 referrals.**

Q5. Of those referred for Type 2 Diabetes SDE, how many completed the full course? - **DAS attendees completed: 73**

- **X-PERT attendees completed: 21**

Q6. How many individuals are currently on a waiting list for Type 2 Diabetes SDE? - **13 individuals.**

Q7. What is the current average waiting time from referral to first education session for Type 2 Diabetes SDE? - **Currently 8 weeks.**

Q8. What formats of structured education are offered (e.g., face-to-face, online live sessions, digital self-guided)?

- **Online sessions are offered for XPERT and DAS.**
- **DAFNE is formatted as a blend of digital self-guided learning and online live sessions.**

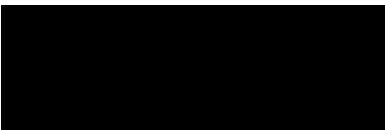
Q9. Does your ICB provide any education or support for people diagnosed with gestational diabetes? If so, please include the name(s), format(s), and provider(s) if available. - **Powys Teaching Health Board (PTHB) does not treat for gestational diabetes; patients are treated by providers outside of Powys. PTHB commissions services from several Welsh health boards and English provider organisations.**

Q10. Who is the lead contact for commissioning or overseeing gestational diabetes care and support (e.g. education, monitoring)? Please include name, job title, and contact email if available. - **Not applicable.**

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via [Powys.FOI@wales.nhs.uk](mailto:Powys.FOI@wales.nhs.uk)

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



**David Farnsworth**  
**Assistant Director, Community Services Group**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.