

Our ref: IG/FOI/FOI.608.25

17 December 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 01 December 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

For ease of reference your request is set out below, and the Health Board's response follows.

Your Freedom of Information (FOI) Request:

I am writing to you under the Freedom of Information Act to request the following information:

Q1. I would be grateful if you could provide copies of any internal guidelines, protocols, policies or standard operating procedures that relate specifically to mealtime/ dining room support in the treatment of eating disorders within your services. This includes, but is not limited to, documents that cover:

- expectations and roles of staff during mealtimes
- levels of supervision and support before, during and after meals or snacks
- management of meal-related distress, behaviours or incidents
- use of any structured mealtime programmes or approaches
- Nasogastric feeding or the use of oral nutrition supplements

Q2. If different guidelines are used in different settings, please provide all relevant documents. For example, where your organisation has separate or adapted guidance for:

- inpatient wards
- day-hospital or day-programme services
- intensive outpatient / intensive community treatment
- outpatient or community services

Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661



Headquarters
Glasbury House, Bronllys Hospital
Brecon, Powys LD3 0LU
Tel: 01874 711661

Q3. Similarly, I would also be grateful if you could provide all protocol versions, if different protocols apply to different age groups, including:

- adult eating disorder services
- CAMHS / children and young people's eating disorder services
- all-age or transition services, if applicable

If your organisation does not have written mealtime support guidelines, please kindly let me know.

Powys Response:

Q1 - Q3. Please see FOI.608.25 Attachment 1 for Meal Support Do's and Don'ts and Meal Support Guidelines. These are the guidelines developed by the Eating Disorder service for staff to implement in both inpatient and community settings covering all patients.

If you have queries or any concerns, contact details are given at the top of the letter. Please remember to quote the reference number above in any future communications. If you are dissatisfied with the handling or response to your request and wish to ask for a review of this, please contact us and we will arrange for this to be done.

Further information is available from the Information Commissioner's Office who can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.

Telephone: 0330 414 6421

Complaints Portal: www.ico.org.uk/foicomplaints

Web site: <https://ico.org.uk/>

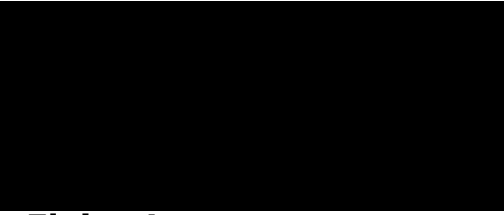
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Further information including a sample license terms and fees can be found at Open Government Licence.

Yours sincerely



Elaine Lorton

Executive Director of Primary Community Care and Mental Health

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.