

Our ref: IG/FOIFOI.617.25

2 February 2026

Sent via email to: [REDACTED]

Dear [REDACTED]

## Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 10 December 2025 and subsequent email received on 8 January 2026 following issue of our final response, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partially holds the information that you require. For ease of reference your request is set out below and the Health Board's response follows.

### Your Freedom of Information (FOI) Request:

I am writing to you under the Freedom of Information Act to request the following information:

Many thanks for responding to our FOI request, we are very grateful. We have two clarifying questions based on your response that your CAMHS services do not have any play therapists or play provision.

1. In Section 7, based on your response, can I assume that you are not aware of the Play Well Toolkit? (the question that says "Is this hospital or team/setting/service aware of the Play Well Toolkit? [Y/N])
2. Section 8 does not refer to play therapists or play provision and instead asks about the measurement tools used with 0-17 year olds to measure procedural anxiety, pain and emotions. Are you able to review and complete this section?

### Powys Response:

Please find our updated response below, please accept my sincere apologies for the omission in our original response.

Q1. We understand that the Play Well Toolkit has been developed and is in use in NHS England. Powys Teaching Health Board (PTHB) works with partners including Powys County Council in line with Play Wales. In Wales there is a Play

Sufficiency Assessment toolkit which provides support to local authorities in fulfilling duties under the Children and Families (Wales) Measure 2010 and requires input from Local Health Boards and others.

Q2. I can confirm that the Child and Adolescent Mental Health Service (CAMHS) use Beck Anxiety Inventory toolkit (BAI) and Generalised Anxiety Disorder (GAD7) measurement tools. Children's Nurses use numerical scales, faces scale and Face, Legs, Activity, Cry, Consolability (FLACC) to assess pain / anxiety.

If you have queries or any concerns, contact details are given at the top of the letter. Please remember to quote the reference number above in any future communications. If you are dissatisfied with the handling or response to your request and wish to ask for a review of this, please contact us and we will arrange for this to be done.

Further information is available from the Information Commissioner's Office who can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.

Telephone: 0330 414 6421

Complaints Portal: [www.ico.org.uk/foicomplaints](http://www.ico.org.uk/foicomplaints)

Web site: <https://ico.org.uk/>

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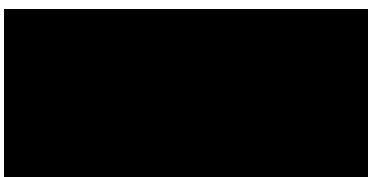
Further information including a sample license terms and fees can be found at Open Government Licence.

Yours sincerely



**Louisa Kerr**

**Assistant Director for Mental Health and Learning Disabilities**



**Amie Symes**  
**Director of Midwifery, Women and Family**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.