

Our ref: IG/FOI/FOI.188.25

21 February 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

## **Request under the Freedom of Information Act 2000**

I write further to your request for information, which was received on 3 February 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partly holds the information that you require. For ease of reference your request is set out below and the Health Board's response follows.

### Your Freedom of Information (FOI) Request:

Subject- request for information on the provision of services for women with a diagnosis of chronic pelvic pain (CPP) in Wales.

Reason for request - This information is being collected across the UK to build a picture of the services available for women with CPP.

Q1. Does the Health board have a chronic pelvic pain clinic?

Q2. If yes- which specialities are involved? i.e. GP, radiology, gynaecology, urogynaecology, pain management, physiotherapy, gastroenterology, psychology? If no, what service/ pathway is available for women with chronic pelvic pain?

Q3. What is the current referral time for patients to access this clinic and how many patients in total are waiting to access this service?

Q4. How many patients are currently under the care of this clinic?

Q5. How many appointments per year does this clinic utilise?

### Powys Response:

Q1. I can confirm Powys Teaching Health Board (PTHB) does not have a Chronic Pelvic Pain (CPP) clinic, however PTHB does see patients with this condition

within our Physiotherapy Service and Powys Living Well Service (PLWS). PTHB also has an endometriosis nurse where we can refer patients to.

Q2. I can confirm the following specialities are involved:

- Gynaecology
- Urology
- Pain Management
- Physiotherapy
- Psychology
- Dieticians
- PLWS
- Psychosexual therapist who helps with our pelvic pain patients e.g. sexual dysfunction/ complex pelvic pain/ vulvodynia/ vaginismus/ dyspareunia patients.

Please note: Many of our consultants are commissioned from outside of the health board.

Within the Endometriosis service we do not provide a specific Chronic Pelvic Pain clinic. We see patients who have suspected or confirmed diagnosis of Endometriosis with pelvic pain, but this is an MDT approach with input from pelvic physio. For patients with Endometriosis, we can refer onto a tertiary centre for specific pelvic pain clinic. Within the service, the nurse lead supports women with suspected or confirmed Endometriosis between primary and secondary care services. We are working on creating an Endometriosis care pathway, but this has not yet been established.

Q3. I can confirm within the physiotherapy service, the approximate wait is 10-12 weeks. I can confirm the PLWS does not code for CPP and therefore I am unable to provide the current wait times and the number of patients who are currently waiting to access this service.

PTHB treat pelvic pain patients in a timely manner at Physiotherapy with a mix of virtual and Face to face appointments, however if they need ongoing consultant/ surgical care from neighbouring District General Hospital which is usually the case they can be waiting up to 18 months.

Q4 & Q5. Not applicable. PTHB does not have a CPP clinic.

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via [powys.foi@wales.nhs.uk](mailto:powys.foi@wales.nhs.uk)

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



**David Farnsworth**  
**Assistant Director, Community Services Group**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.