

Our ref: IG/FOI/FOI.210.25

11 March 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information, which was received on 19 February 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

For ease of reference your request is set out below and my response follows each question individually.

Your Freedom of Information (FOI) Request and Powys Response (Bold):

I am writing to request the information under the Freedom of Information Act 2000 about psychological support for parents who have experienced pregnancy or baby loss in Powys Teaching Health Board.

Q1. Do you offer talking therapies for people following pregnancy/birth with staff trained in bereavement and grief counselling.

For both parents	For the mother or birthing person only	For the father or partner only
No	No	No

Q2. Are people who have had the following experiences able to access these services?

Experience	Both parents	Mother or birthing person only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	No	No	No
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	No	No
Stillbirth	No	No	No

Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661



Headquarters
Glasbury House, Bronllys Hospital
Brecon, Powys LD3 0LU
Tel: 01874 711661

Neonatal Death	No	No	No
Sudden Unexpected Death in Infancy (SUDI)	No	No	No

Q3. Do you offer a specialist clinical psychological support pathway through the NHS for people who have had the following experiences, with moderate to severe mental health illness?

Experience	Both parents	Mother or birthing person only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	No	No	No
Termination of Pregnancy for Fetal Anomaly (ToPFA)	No	No	No
Stillbirth	No	No	No
Neonatal Death	No	No	No
Sudden Unexpected Death in Infancy (SUDI)	No	No	No

Q4. If yes, what service do you commission?

Not Applicable.

Q5. If you do commission a specialist therapy service, how long after the experience of pregnancy and baby loss are bereaved parents able to access the service?

- Up to one Year
- Up to two Years
- Indefinitely – parents can refer themselves at any time
- Other (please state)

Not Applicable.

Q6. If you do commission a specialist therapy service, what was the average length of time bereaved parents waited to be seen by the service, following referral, in 2024 for:

- Assessment
- Therapy

Not Applicable.

Q7. If you do commission a specialist therapy service, how long are parents able to access therapies from the maternal mental health service?

- Up to 6 weeks
- Between 6 and 12 weeks
- Between 12 and 24 weeks
- Indefinitely – for as long as therapy is needed
- Other (please state)

Not Applicable.

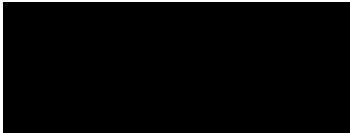
Q8. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that maybe useful in helping us to understand the services they can access in your area?

Powys Teaching Health Board (PTHB) relies on the Stillbirth and Neonatal Death charity (SANDS), District General Hospital bereavement services and perinatal mental health if the loss has led to mental health issues. Otherwise, support would be via primary mental health, 2Wish and other third sector services.

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via Powys.foi@wales.nhs.uk

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



Zoe Ashman
Interim Assistant Director, Women & Children

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.