

Our ref: IG/FOI/FOI.175.25

10 February 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

## Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 16 January 2025 and an updated request received on 17 January 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

For ease of reference your request is set out below and my response follows.

### Your Freedom of Information (FOI) Request:

I am requesting information regarding the Clozapine initiation protocol within Powys Teaching Health Board, specifically in relation to the following points:

#### 1. Clozapine Titration Protocol:

Please provide a copy of or details about the current Clozapine initiation protocols used by Powys Teaching Health Board. This includes the procedures, guidelines, and any specific criteria followed for titrating Clozapine doses.

#### 2. Clozapine initiation:

How many patients with an ICD-10 diagnosis of F20 to F29 were on the caseload in 2024? How many patients were initiated on clozapine in 2024 in any setting?

#### 3. Outpatient Clozapine Initiation:

Does Powys Teaching Health Board offer Clozapine initiation in an outpatient setting? If so, how many patients were initiated via this route in 2024?

#### 4. Specialised Teams vs. CMHT Responsibilities:

Is Clozapine titration conducted by a specialised or dedicated team within Powys Teaching Health Board? Do Community Mental Health Teams (CMHTs) carry out clozapine initiation as part of their general duties? If it is done by a specialised/dedicated team, please provide further details regarding the structure of the team.

#### 5. Clozapine Titration for Under-18s:

Does Powys Teaching Health Board offer Clozapine initiation for patients under the age of 18? If so, when was this practice introduced and are there any specific guidelines for titrating Clozapine in this age group?

#### Powys Response:

Q1. Please see FOI.175.25 Attachment 1 for Powys Teaching Health Board's (PTHB) Clozapine Policy.

Q2. In the calendar year 2024, there were 32 admissions to Powys hospitals with a recorded diagnosis of F20 or F29. There were 28 unique patients admitted to Powys hospitals. Our hospital admissions are not classed as a caseload. PTHB does not hold prescription information.

Q3. I can confirm PTHB does not offer Clozapine initiation in an outpatient setting.

Q4. I can confirm that the clozapine titration is conducted in the hospital and is led by the Consultant Psychiatrist. The ward nurses administer and follow the titration process. There is no specialist team to initiate this medication, this forms part of the day to day running of the team.

Q5. PTHB does not offer Clozapine initiation for patients under the age of 18.

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via [Powys.FOI@wales.nhs.uk](mailto:Powys.FOI@wales.nhs.uk)

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



**Louisa Kerr**  
**Assistant Director for Mental Health and Learning Disabilities**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.