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# Continence Product/Appliance Formulary

The aim of this guidance is to provide information about continence related products that are used regularly and recommended by PTHB Continence Nurse Specialists.

It highlights and recommends the most cost-effective, high-quality products available to prescribe.

Further information is available in the PTHB Urinary Catheter Management Standard Operating Procedure Document available on sharepoint.

Manufacturer	Product	Size/Code	Cost (£)
<b>Intermittent Catheters</b>			
These are single use catheters. Use will vary according to individual patient need and reason for catheterisation. Contact the continence team where catheters larger than Ch18 are required and where daily use is more than 6.			
<b>Female Products</b>			
Clinimed	Curan Lady	CL08 - CL14	
Coloplast	Speedicath Compact Plus	28810-28814 (10-14)	
Wellspect	Lofric Sense	4160825-4161425 (10-14)	
<b>Male Products</b>			
BD	Ready to Use (RTU)	RTU12M - RTU16 M	
Flexicare	Wycath H20 Soft Tip (male)	W2M10- W2M16	
Coloplast	Tiemann Tip (male) <b>Specialist Nurse recommendation only</b>	28490 – 28496 (10-16)	
<b>Indwelling Catheters</b>			
These are for short (28 day) and long (12 week) use. Patients should always have 2 catheters available in their home. Biocath is first line as most compatible with human tissue but where a latex sensitivity or allergy exists a silicone catheter should be used. Silicone catheters may also be recommended by the Specialist Nurses for other clinical reasons. Discuss with Specialist Nurses for sizes above Ch18.			
Teleflex	Rusch PTFE Latex Aquaflate (28 days) (male length)	DP310112- DP310118	
Bard (BD)	Biocath hydrogel aquamatic coated Latex (female) (12 weeks)	D2268 12-22	
	Biocath hydrogel aquamatic coated Latex (male) (12 weeks)	D2264 12-26	
Clinisupplies	All Silicone (female) (12 weeks)	PCF 12F10- PCF18F10	
	All Silicone (male) (12 weeks)	PCF12M10- PCF18M10	
Coloplast	Folysil X-Tra silicone open ended (male/female use) (12 weeks) <b>Use agreed with specialist nurse</b>	AA8C-12 – AA8C18	
Teleflex	Rusch Brilliant Aquaflate 2 way all silicone Tiemann Tip (male) (12 weeks) <b>Use agreed with specialist nurse</b>	850084-000120 - 000220	
<b>Catheter Insertion/ Removal Pack</b>			
Contains the equipment needed for sterile removal of an indwelling catheter and insertion of a replacement catheter. Sterile lubricating gel and cleansing solution need to be obtained separately.			
Richardson Health care	Cath-it Insertion/Removal Kit	Small/Medium, Medium/Large, Large/XL	
Manufacturer	Product	Size/Code	Cost (£)
<b>Catheter Insertion Lubricant</b>			

Insertion lubricant is required for all urethral indwelling catheterisations and is optional for suprapubic catheter changes. For male anatomy prescribe 11mls and female anatomy 6mls. One should be prescribed for every catheterisation.  
Plain gel (without lidocaine) should be prescribed where patients have an allergy/sensitivity to lidocaine

Optimum Medical	Optilube Active	6mls/11mls
	Optilube Plain	6mls/11mls

### Catheter Fixation

A fixation device must be used for every patient with an indwelling catheter to stabilise the catheter and prevent pulling/trauma. Changed every 5-7 days.

Clinimed	Clinifix	Small (110mm x25mm)
		Large (140mm x 40mm)
Clinimed	Clinisure	Adult (60cm)
		Long (100cm)

### Catheter Valves

Used with long term catheters to maintain the function of the bladder muscle. Not suitable for all patients. Not to be used immediately after chronic retention or on patients with renal impairment. Changed every 5-7 days.

Clinisupplies	Prosys Catheter Valve	PCV 3942
Flexicare	E-Z Flow	00-0060

### Leg Bags

For use with catheters or urinary sheaths. Bags are used to maintain a closed system. Select the appropriate bag capacity, tubing length and opening for the patient/carer. Bags should be changed every 5-7 days. A pair of leg straps are included in each box. 750ml leg bags for immobile patients/ wheelchair users ONLY. Aim to use leg bag and night bag from same manufacturer.

Bard Ltd	Spirit Leg Bags with lever tap	350/500/750mls Short Tube (10cm) and Long Tube Available (30cm)
Clinisupplies	Prosys leg bags with lever and slide tap	350/500/750mls  Short and Long tube available
Flexicare	Flexicare leg Bag with Lever Tap	350/500/750mls Short and long tube available.  500ml 60cm adjustable length tube

Manufacturer	Product	Size/Code	Cost (£)
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### Night Bags (Single Use)

**MUST** be first line use in care homes and all non-bed bound patients to connect to the leg bag or catheter valve for overnight urine drainage to maintain a closed system. Recommended use is x1 per night. 2 litre and 3 litre capacity available. Aim to use the same manufacturer for leg bag and night bag except where the GB 3L is required.

Bard Ltd	Spirit one MT 2 litre night bag with slide drainage tap	DSP 1MT30	
Clinisupplies	Proslys 2 litres night bag with single use drainable tap	PSU2	
Flexicare	F2 EZB 2 litre drainage bag with single use snap twist-off tap at bottom of bag	00-2208C	
Great Bear Healthcare	GB5 3 litre night bag with 120cm tube, single use T-tap and safety clip	10330Y	

### Night Bags (Drainable)

**Catheter Use:** For bed bound/immobile patients. Attach direct to the catheter to maintain a closed system. A leg bag would not usually be required. **Each bag should be changed every 5-7 days.**

**Sheath Use:** Can be re-used every night for 5-7 days. Product is removed from the sheath each morning and kept on the stand for re-connection again at night. If 3L drainage is required overnight for a sheath patient then the 3L single use product should be used.

Bard Ltd	Spirit bed bags, 2 litre with 120cm tube length, lever tap, gloves and needle free sample port	DSBB2000	
Clinisupplies	Proslys sterile 2 litre night bag with 90cm inlet tube, non-return valve, sample port and lever tap	P200-LT	
Flexicare	F4 Sterile 2 litre drainage bag with 100cm inlet tube, non-return valve and tap outlet	F4L 00-1200	

### Leg Bag Sleeves

For use instead of leg straps following individual patient assessment. Ensure measurement of patient for correct fit. Can be washed. Recommend 1 pack of 4 sleeves every 4 months.

Optimum Medical	Ugo Fix Sleeve Leg Bag Holder	Small 24-39cm Medium 36-55cm Large 40-70cm XL 65-90cm XXL 75-105cm	
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### Leg Bag Straps

Straps are provided with each box of leg bags. Do NOT routinely prescribe additional.

Flexicare	Flexicare leg bag straps	Pair of straps	
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### Catheter Bag Stands

These are not available on WP10 but can be requested as a complimentary item with the patients first catheter supplies order.

Manufacturer	Product	Size/Code	Cost (£)
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Catheter Patency Solution			
<p>Patency solution should ONLY be used after a catheter mapping exercise to determine the correct solution is prescribed. The PTHB Catheter Passport and Urinary Catheter Management Policy provides additional guidance. Seek support from the specialist nurses to avoid routine use.</p> <p>Solution G: For crushable debris            Solution R: For non-crushable debris            Saline: For blood clots and non-crystalline debris (will NOT dissolve encrustation)</p>			
1 <sup>st</sup> Line Product			
B Braun Medical	Urotainer Twin Solution G (3.23% citric acid)	2x30ml	
	Urotainer Twin Solution R (6.0% citric acid)	2x30ml	
	Urotainer NaCl ((saline 0.9%))	50ml/100ml	
2 <sup>nd</sup> Line Product			
<p><b>ONLY</b> where 1<sup>st</sup> line has proved ineffective, and agitation is required to prevent the build up of encrustation. <b>Note the prescription for patency (G&amp;R) is x2 to be administered sequentially so need to prescribe double the amount on the second line product per administration.</b></p>			
Bard Ltd	Optiflo G (3.23% citric acid)	50ml/100ml	
	Optiflo R (6.0%citric acid)	50ml/100ml	
	Optiflo S (0.9% saline)	50ml/100ml	
Urinary Sheaths			
<p>Correct measurement is essential for a secure fit. Ensure the measuring guide and manufacturer are the same. Each sheath can be used for up to 24 hours. More frequent use may indicate poor fit and a resize considering all manufacturers sizes would be indicated.</p>			
Bard Ltd	Clear Advantage Spirit Style 1 Standard Style 2 Pop-on Style 3 Wideband	24/28/32/36/40mm	
Clinimed	Clinisure Silicone Sheath Standard, Pop-on, Wideband	24/28/31/35/40mm	
Coloplast	Conveen Optima Shorter	21/25/30/35mm	
	Conveen Optima Standard	25/28/30/35/40mm	
Hollister	In view Silicone Sheath Special (shorter), Standard, Extra (extra adhesive)	25/29/32/36/41mm	
Manufacturer	Product	Size/Code	Cost (£)
Retracted Penis Pouch			

Recommended for use where a sheath is unsuitable due to penile retraction. Can be left in place for up to 72 hours

Hollister	Retracted Penis Pouch with flexextend skin barrier	9873	
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### Urinals

These are reusable urine collection devices available on prescription and supplied by Beambridge Medical.

- 1: Beambridge Funnel 6-35
- 4: Male Jug 6-50
- 4: Male Jug with Tap 6-50 T
- 6: Bridge Saddle Urinal 6-26
- 7: Bridge Urinal 6-18
- 7: Bridge Urinal with Tap 6-18 T
- 9: Lady Jug 6-45
- 11: Adult Funnel (short) 6-37



### Spillage Prevention Product

For use with urinals and acts to solidify urine to prevent spillages. **Available on WP10 via the patients GP.**

Vernacare Ltd	Vernagel sachets	6g sachet	
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### Anal Plugs

For use with faecal leakage and ONLY after advice from the specialist nurses

Renew Medical	Renew Insert	Regular/Large	
Wellspect	Navina Insert	Standard/Large	

### Faecal Collector

For use with bed bound patients with faecal incontinence of a loose/ semisolid consistency (Bristol Stool Scale types 5,6,7) Used to maintain skin integrity.

Hollister	Faecal Collector	500ml (9822) /1000ml (9821)	
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### Anal irrigation Products

Anal irrigation is taught by the specialist nurses or within secondary care. These are products that meet specific clinical needs of individual patients. ONLY a PTHB Continence Nurse Specialist or Colorectal Specialist can initiate anal irrigation.

### Guidance for patients their families and carers

- ❖ Patients or their carers should ensure that only those products which are required are requested on prescription.
- ❖ Patients should avoid stockpiling supplies of appliances or ordering prescriptions more frequently than once a month.
- ❖ In general, patients should request no more than 1-2 month's supply of appliances at any one time.
- ❖ Patients or their carers are responsible for activating their next prescription in

good time to allow for continuity of supply.

- ❖ The prescriber should be informed as soon as possible of any changes in the patient's condition which may impact on their appliance requirements

### **Guidance for Healthcare Professionals**

- ❖ Patients should be informed of all the available options with regards to where their appliance prescription can be dispensed e.g. community pharmacy, dispensing GP practice or Dispensing Appliance Contractor (DAC).
- ❖ Patients should be recommended and prescribed continence appliances in line with the current Powys Teaching Health Board formulary.
- ❖ Patients using non-formulary appliances should be encouraged to try samples of formulary products where it is clinically appropriate.
- ❖ For new patients requiring an appliance, information including full details of appliances required, the name of the specialist nurse and details of review/follow up plans should be made available to the patient's GP for entry into the patient notes.
- ❖ Changes to patient prescriptions will be updated on the prescription database after clinical reassessment and agreement with the specialist nurse/prescriber.