

Our ref: IG/FOI/FOI.350.25

01 July 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

## Request under the Freedom of Information Act 2000

I write further to your request for information, which was received on 4 June 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require. For ease of reference your request is set out below and my response follows.

### Your Freedom of Information (FOI) Request:

I am writing to request information under the Freedom of Information Act 2000. I would like to request the following data held by NHS Services within the jurisdiction of your Health Board.

Please treat each of the numbered requests below as separate FOI requests under the Act. I would be grateful if you could provide the following:

#### Q1. Gender/Sex Data for Anorexia Nervosa Admissions (2018–2025)

For each calendar year from 2018 to 2025, please provide data on hospital admissions for the treatment of anorexia nervosa, broken down as follows:

- a. By sex assigned at birth and/ or gender identity (please specify which you are reporting and include categories used, such as male, female, non-binary, other, or unknown);
- b. By monthly figures, where available;
- c. By age groups (ideally: under 15s, 15–17, 18–20, 21–23, 24–26, 27–29, 30–32, 33–35, and over 35s – but alternative breakdowns are acceptable if preferred);
- d. The names of the hospitals or services where patients received care.

## Q2. Legal Status of Admission for Anorexia Nervosa Patients (2018–2025).

For each calendar year from 2018 to 2025, please provide the number of patients admitted for anorexia nervosa treatment under the following legal statuses, broken down as follows:

- a. Whether patients were admitted voluntarily, under the Mental Health Act, or under the Mental Capacity Act (best interests decision due to lack of capacity);
- b. By monthly figures, where available;
- c. By age groups (as above);
- d. By gender/sex (as reported);
- e. With the names of the hospitals or services where care was provided.

### Additional Notes:

- If your systems record gender and sex separately, please indicate which is reported and how each is collected (e.g., self-reported, medical record, etc.).
- If any part of the data cannot be provided due to cost or time constraints under Section 12 of the Act, I would be grateful for any advice under Section 16 on how I might refine the request.
- If you anticipate that some categories may produce very low numbers, I am happy for small number suppression to be applied in line with data protection requirements.

If you require any clarification regarding this request, I am happy to be contacted via email or telephone.

### Powys Response:

Please note that Powys Teaching Health Board (PTHB) only began collecting this data in 2022. I can confirm Powys patients requiring hospitalisation for anorexia nervosa would be referred to Hospitals outside of PTHB. Eating Disorder services in PTHB are predominantly community based with outpatient appointments in our community hospitals.

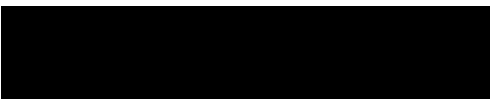
Q1a – Q2e. PTHB is unable to provide these exact numbers due to the low numbers of individuals involved (5 or less). PTHB believes there is a potential risk of individuals being able to be identified, when considered with other information already available within the public domain, if this was disclosed. Therefore, the data is classed as personal data as defined under the UK General Data Protection Regulation (UK GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute unfair and unlawful processing in regard to Articles 5, 6, and 9 of UK GDPR. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.

Please see the following link to PTHB public facing website for a list of PTHB hospitals where patients could get admitted: [All Hospitals and Centres - Powys Teaching Health Board](#)

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via [Powys.FOI@wales.nhs.uk](mailto:Powys.FOI@wales.nhs.uk)

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



**Louisa Kerr**

**Assistant Director for Mental Health and Learning Disabilities**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.