

Our ref: IG/FOI/FOI.359.25

07 July 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

## Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 10 June 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require.

For ease of reference your request is set out below and my response follows each question individually.

### Your Freedom of Information (FOI) Request:

Q1. I would like to make a freedom of information request to access your NHS trust's guideline that covers the screening and management of diabetes in pregnancy or gestational diabetes. I am interested to know in detail how your trust screens pregnant women who have a history of gestational diabetes in a previous pregnancy for gestational diabetes in their subsequent pregnancy. This would include multiple details that would be best covered by receiving the full guideline, including;

- i. Method(s) of screening for gestational diabetes in those with previous gestational diabetes (such as early capillary blood glucose monitoring, glucose tolerance tests, random blood glucose, HbA1c etc.)
- ii. Diagnostic thresholds for method of screening
- iii. Gestation that screening method occurs and whether it is repeated or continued throughout the pregnancy
- iv. Whether any treatment or specific advice is given at the start of pregnancy to mothers with a history of previous gestational diabetes prior to the results of any screening test.

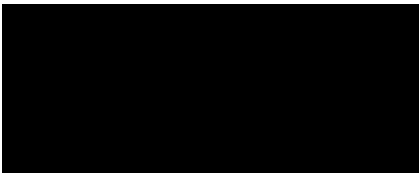
Powys Response:

Q1. Please find enclosed FOI.359.25 Attachment 1 Strategy for Screening and Management of Gestational Diabetes- All Wales Maternity and Neonatal Network Guidelines in response to your request for information.

Under the terms of the Health Board's Freedom of Information procedure, individuals seeking access to recorded information held by the Health Board are entitled to request an internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact us directly at the address below or register your complaint via [Powys.FOI@wales.nhs.uk](mailto:Powys.FOI@wales.nhs.uk)

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



**Amie Symes**  
**Director of Midwifery, Women and**  
**Family**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.