

Our ref: IG/FOI/FOI.583.25

09 December 2025

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 13 November 2025, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partially holds the information that you require. For ease of reference your request is set out below, and the Health Board's response follows each question individually.

Your Freedom of Information (FOI) Request and Powys Response (Bold):

Under the Freedom of Information Act 2000, I am writing to request the following information regarding the commissioning and provision of pulmonary rehabilitation services within your organisation. Please provide responses to the following for the most recent full financial year (April 2024 – March 2025).

Q1. Who is the person responsible for commissioning pulmonary rehabilitation services within your organisation? Please include their name, job title, and contact email if available. - **The Respiratory Clinical Lead oversees the respiratory service for Powys Teaching Health Board (PTHB) which includes pulmonary rehabilitation. They can be contacted via the following email: respiratory.powys@wales.nhs.uk**

Q2. Which provider organisations are currently delivering pulmonary rehabilitation services under contract with your organisation? - **I can confirm that PTHB staff deliver our pulmonary rehabilitation programmes. A very small number of patients may have attended other pulmonary rehabilitation courses e.g in Swansea Bay University Health Board (SBUHB) as it is closer to where they live.**

Q3. How many people were referred to pulmonary rehabilitation during the most recent full financial year? - **316 referrals were received in the 2024 - 2025 financial year.**

Q4. Of those referred, how many completed a full pulmonary rehabilitation programme during the same period? - **PTHB is not able to provide this information. Completion of a pulmonary rehabilitation course varies based on individual circumstances. For example, some patients may only attend the education sessions. PTHB staff tailor the programme to each patient's needs, so there is no fixed number of sessions required for completion. As a result, we are unable to determine how many patients have completed a full pulmonary rehabilitation programme.**

Q5. For which primary conditions or diagnoses do you refer patients to pulmonary rehabilitation? - **Patients are referred for pulmonary rehabilitation with the following conditions/ diagnoses:**

- **Chronic Obstructive Pulmonary Disease (COPD)**
- **Interstitial lung disease (ILD)**
- **Bronchiectasis**
- **Asthma**

Q6. How many individuals are currently on a waiting list for pulmonary rehabilitation, and what is the average waiting time if available? - **As of 30 November 2025, there were 174 patients waiting for Pulmonary Rehabilitation. The average waiting time for patients who attended a first appointment in the 6 months May - November 2025 was 42 weeks.**

Q7. What types or formats of pulmonary rehabilitation are currently offered (for example, face-to-face, home-based, or digital such as MyCOPD)? - **Pulmonary rehabilitation is offered face to face and virtually over Microsoft Teams.**

Q8. What outcome measures are used to evaluate pulmonary rehabilitation services (e.g. CAT score, six-minute walk test)? - **The following outcome measures are used:**

- **CAT score**
- **St Georges respiratory questionnaire**
- **Shuttle walk for in person**
- **Outcome measures- goals set and repetitions for specific exercises.**

If you have queries or any concerns, contact details are given at the top of the letter. Please remember to quote the reference number above in any future communications. If you are dissatisfied with the handling or response to your request and wish to ask for a review of this, please contact us and we will arrange for this to be done.

Further information is available from the Information Commissioner's Office who can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.

Telephone: 0330 414 6421

Complaints Portal: www.ico.org.uk/foicomplaints

Web site: <https://ico.org.uk/>

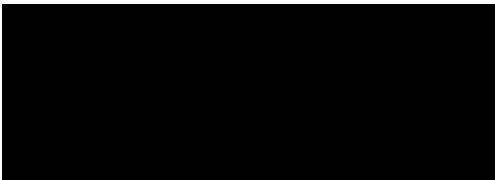
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All information supplied by the Health Board in answering a request for information (RFI) under the Freedom of Information Act 2000 will be subject to the terms of the Re-use of Public Sector Information Regulations 2015.

Under the terms of the Regulations, the Health Board will licence the re-use of any or all information supplied if being used in a form and for the purpose other than which it was originally supplied. This license for re-use will be in line with the requirements of the Regulations and the licensing terms and fees as laid down by the Office of Public Sector Information (OPSI). Most licenses will be free; however, the Health Board reserves the right, in certain circumstances to charge a fee for the re-use of some information which it deems to be of commercial value.

Further information including a sample license terms and fees can be found at [Open Government Licence](#).

Yours sincerely



Elaine Lorton
Executive Director of Primary Community Care and Mental Health

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.