

Our ref: IG/FOI/FOI.045.26

16 February 2026

Sent via email to: [REDACTED]

Dear [REDACTED]

## Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 03 February 2026, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partly holds the information that you require. For ease of reference your request is set out below and the Health Board's response follows each question individually.

### Your Freedom of Information (FOI) Request and Powys response (Bold):

I am writing to request information under the Freedom of Information Act 2000. This request relates to local NHS service pressures associated with obesity and obesity-related illness. We are seeking comparable data across NHS Trusts on both access/ waiting times and hospital demand. Please provide the following information for your Trust, covering the last five financial years (2020/21 - 2024/25)

### Waiting Times and Access Indicators (Local Service Strain)

For each year listed above, please provide:

Q1. Referral-to-Treatment (RTT) elective waiting-time indicators, if held:

- Median RTT waiting time (in weeks)
- Number of patients waiting over 18 weeks (at year-end)
- Number of patients waiting over 52 weeks (at year-end)

**Please see the table below for Powys Teaching Health Boards (PTHB) response to your request. Please note: Median weeks wait is the median final Referral-to-Treatment (RTT) wait time of patients who were treated within the financial year. This is different from median wait times published by Stats Wales which represent the median wait of those still waiting at the census date and thus does not provide an accurate reflection of the final wait.**

- **2020-2021 – data is not available.**

- **2021-2022 - data is not available.**
- **2022-2023 - data is from 31 May 2022 only.**

<b>Year</b>	<b>Median RTT waiting time (weeks)</b>	<b>Number waiting over 18 weeks</b>	<b>Number waiting over 52 weeks</b>
<b>2022-2023</b>	<b>6</b>	<b>995</b>	<b>7</b>
<b>2023-2024</b>	<b>6</b>	<b>1290</b>	<b>24</b>
<b>2024-2025</b>	<b>6</b>	<b>1519</b>	<b>6</b>

Q1b. The median waiting time for outpatient appointments in the following specialities:

- Endocrinology/ Diabetes
- Cardiology
- Orthopaedics

**Please see the table below: Endocrinology/ Diabetes includes main specialty Endocrinology and Diabetes Specialist Nursing. New outpatient appointments median weeks wait is calculated from the difference between date referral received and first appointment. The clock is reset for patient cancellations and patients who did not attend the appointment.**

<b>Year</b>	<b>Endocrinology/Diabetes</b>	<b>Cardiology</b>	<b>Orthopaedics</b>
<b>2020-2021</b>	<b>0</b>	<b>3</b>	<b>18</b>
<b>2021-2022</b>	<b>0</b>	<b>5</b>	<b>14</b>
<b>2022-2023</b>	<b>0</b>	<b>5</b>	<b>12</b>
<b>2023-2024</b>	<b>0</b>	<b>7</b>	<b>13</b>
<b>2024-2025</b>	<b>0</b>	<b>8</b>	<b>13</b>

#### Obesity-Related Hospital Admissions and Demand

For each year listed above, please provide:

Q2a. The total number of inpatient admissions where obesity was recorded as:

- A primary diagnosis (ICD-10 code E66), and/or
- A secondary diagnosis

**Please see the table below:**

<b>Year</b>	<b>Primary diagnosis</b>	<b>Secondary diagnosis</b>
<b>2020-2021</b>	<b>0</b>	<b>22</b>
<b>2021-2022</b>	<b>0</b>	<b>17</b>
<b>2022-2023</b>	<b>0</b>	<b>29</b>
<b>2023-2024</b>	<b>0</b>	<b>17</b>
<b>2024-2025</b>	<b>0</b>	<b>21</b>

Q2b. The total number of admissions for the following obesity-related conditions (where obesity is a major risk factor), if available:

- Type 2 diabetes (E11)
- Coronary heart disease / myocardial infarction (I20–I25)
- Stroke (I60–I69)

Please see the table below:

Condition	Year	Primary Diagnosis	Secondary Diagnosis
Type 2 diabetes	2020-2021	8	430
	2021-2022	7	498
	2022-2023	6	460
	2023-2024	11	374
	2024-2025	12	429
Coronary heart disease / myocardial infarction	2020-2021	12	250
	2021-2022	4	324
	2022-2023	9	313
	2023-2024	4	232
	2024-2025	3	217
Stroke	2020-2021	119	109
	2021-2022	105	92
	2022-2023	107	110
	2023-2024	88	74
	2024-2025	88	107

Q2c. If held, the total number of admissions specifically linked to bariatric surgery or specialist weight-management intervention - **I can confirm that we do not provide bariatric surgery in Powys.**

If you have queries or any concerns, contact details are given at the top of the letter. Please remember to quote the reference number above in any future communications. If you are dissatisfied with the handling or response to your request and wish to ask for a review of this, please contact us and we will arrange for this to be done.

Further information is available from the Information Commissioner's Office who can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.

Telephone: 0330 414 6421

Complaints Portal: [www.ico.org.uk/foicomplaints](http://www.ico.org.uk/foicomplaints)

Web site: <https://ico.org.uk/>

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All information supplied by the Health Board in answering a request for information (RFI) under the Freedom of Information Act 2000 will be subject to the terms of the Re-use of Public Sector Information Regulations 2015.

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Further information including a sample license terms and fees can be found at [Open Government Licence](#).

Yours sincerely



**David Farnsworth**  
**Assistant Director, Community Services Group**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.