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WALES

Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

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Our ref: IG/FOI/FOI.252.26

22 July 2026

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information received on 24 June 2026. In accordance with section 1(1)(a) of the Freedom of Information Act 2000, I can confirm that Powys Teaching Health Board (PTHB) holds some of the information requested. For ease of reference, your request is set out below, with the Health Board's response provided beneath each question.

Your Freedom of Information (FOI) Request and Powys Response (Bold):

I am writing to make a request for information under the Freedom of Information Act 2000 in relation to endometriosis and adenomyosis services within your ICB. The purpose of this request is to better understand the current diagnostic pathways, service provision and support available for individuals living with these conditions. The information gathered will contribute to work focused on supporting people affected by endometriosis and adenomyosis through improved symptom monitoring, self-management and understanding of patient experiences.

I would be grateful if you could provide the following information, where held:

Please note that Powys Teaching Health Board (PTHB) is a Welsh local health board and is not an Integrated Care Board (ICB).

I can confirm that PTHB provides an endometriosis nurse-led clinic only. Due to the rural and sparsely populated nature of Powys, PTHB does not provide district general hospital services within the county. Powys residents access acute and specialist services, including consultant-led gynaecology services, through District General Hospitals provided by neighbouring health boards in Wales and neighbouring NHS Trusts in England. Surgical and medical management delivered through consultant-led gynaecology clinics, including operative procedures, is therefore not undertaken by PTHB and is provided by these neighbouring organisations.

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Q1. Please provide the number of patients recorded with a diagnosis of endometriosis within datasets available to the ICB, by financial year, for each of the last five financial years. If exact figures are not held, please provide any estimates available.

- **2022 – 16 (confirmed & suspected)**
- **2023 – 23 (confirmed & suspected)**
- **2024 - 31 (confirmed & suspected)**
- **2025 – 70 (confirmed & suspected)**
- **2026 to date - 38 (confirmed & suspected)**

Please note: these figures relate to data collected by the endometriosis nurse-led clinic and may not provide a complete or fully accurate reflection of all Powys patients with confirmed or suspected endometriosis.

Q2. Please provide the number of patients recorded with a diagnosis of adenomyosis within datasets available to the ICB, by financial year, for each of the last five financial years. If exact figures are not held, please provide any estimates available. - **Information not held. PTHB does not report on adenomyosis data, as this is not included within the service specification.**

Q3. Please provide the number of referrals for suspected endometriosis received within the ICB area, by financial year, for each of the last five financial years. – **Please see response to Q1.**

Q4. Please provide the average waiting time from referral to a first specialist gynaecology appointment for patients with suspected endometriosis during the most recent complete financial year. If available, please also provide data for the previous four financial years. – **The current waiting time for a first appointment is approximately 10 weeks.**

Q5. Please provide the average waiting time from referral to diagnostic laparoscopy for suspected endometriosis, where recorded. If this information is not held centrally, please provide any available waiting-time data relating to diagnostic investigations for suspected endometriosis. – **Not applicable. Surgical procedures are not undertaken by PTHB.**

Q6. Please provide the names of the specialist endometriosis centres and providers to which patients within the ICB area are routinely referred.

- **Cardiff and Vale University Health Board**
- **Swansea Endometriosis Centre, Swansea Bay University Health Board**
- **Worcester Acute Hospitals NHS Trust**

Q7. Please provide copies of any current care pathways, service specifications, policies or guidance documents relating to endometriosis. - **The nurse-led clinic follows the guidance listed below:**

- [Overview | Endometriosis: diagnosis and management | Guidance | NICE](#)
- [Download Guidelines & Best Practice Information | BSGE](#)

Q8. Please provide details of any digital tools, mobile applications, websites or self-management resources that are currently recommended, commissioned or signposted by the ICB for patients with endometriosis or adenomyosis. - **The following information is shared with patients through the nurse-led clinic:**

- **FOI.252.26 Attachment 1: Diet And Endometriosis**
- **FOI.252.26 Attachment 2: Endometriosis Cymru Symptom Tracker.**

Q9. Please provide details of any funding, investment programmes, service development initiatives or allocated budgets specifically intended to improve endometriosis services during each of the last three financial years. - **Not applicable.**

Q10. Please provide details of any funding, investment programmes, service development initiatives or allocated budgets specifically intended to improve adenomyosis services during each of the last three financial years. - **Not applicable.**

Q11. Please provide copies of any service reviews, audits, needs assessments, gap analyses or evaluation reports relating to endometriosis or adenomyosis that have been undertaken or commissioned within the last five years. - **Please find attached FOI.252.26 Attachment 3: Women's Health Needs Assessment. This formed part of the Women's Health Hub work undertaken in 2025.**

Q12. Please provide the number of specialist endometriosis services currently commissioned by the ICB and the nature of those services. - **None**

Q13. Please provide copies of any documents, reports, meeting minutes, audits or analyses that identify factors contributing to delays in the diagnosis of endometriosis. - **Not applicable.**

Q14. Please provide copies of any documents, reports, meeting minutes, audits or analyses relating to barriers to the timely diagnosis of endometriosis or adenomyosis. - **Not applicable.**

Q15. Please provide copies of any referral templates, referral guidance documents, triage criteria or audits relating to referrals for suspected endometriosis. - **Not applicable.**

Q16. Please provide copies of any standardised symptom assessment tools, questionnaires or patient-reported outcome measures used across commissioned services for patients with suspected endometriosis. - **Not applicable.**

Q17. Please provide copies of any patient information forms, questionnaires, checklists or guidance documents that set out the information routinely requested from patients prior to their first specialist appointment for suspected endometriosis. **Not applicable.**

If any of the information requested is not held by your ICB but is held by another organisation, I would be grateful if you could advise accordingly or transfer the request where appropriate.

If you are dissatisfied with the handling or response to your request, you have the right to ask for an internal review. Should you wish an internal review, please quote the reference number and send your correspondence to the above address.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.

Telephone: 0330 414 6421

Complaints Portal: www.ico.org.uk/foicomplaints

Web site: <https://ico.org.uk/>

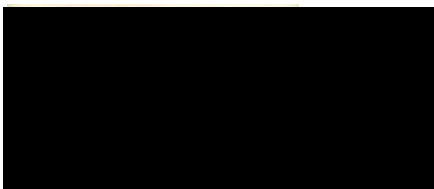
Re-use of Public Sector Information

All information supplied by the Health Board in answering a request for information (RFI) under the Freedom of Information Act 2000 will be subject to the terms of the Re-use of Public Sector Information Regulations 2015.

Under the terms of the Regulations, the Health Board will licence the re-use of any or all information supplied if being used in a form and for the purpose other than which it was originally supplied. This license for re-use will be in line with the requirements of the Regulations and the licensing terms and fees as laid down by the Office of Public Sector Information (OPSI). Most licenses will be free; however, the Health Board reserves the right, in certain circumstances to charge a fee for the re-use of some information which it deems to be of commercial value.

Further information including a sample license terms and fees can be found at Open Government Licence.

Yours sincerely



Amie Symes

Director of Midwifery, Women and Family

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.