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Bwrdd Iechyd
Addysgu Powys
Powys Teaching
Health Board

Information Governance Team
Monnow Ward
Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY

Email: Powys.FOI@wales.nhs.uk
Tel: 01686 252170 / 01874 442071

Our ref: IG/FOI/FOI.191.26

8 June 2026

Sent via email to: [REDACTED]

Dear [REDACTED]

Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 7 May 2026 and subsequent clarification received on 11 May 2026, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partly holds the information that you require. For ease of reference your request is set out below and the Health Board's response follows each question individually.

Your Freedom of Information (FOI) Request and Powys Response (Bold):

I am writing to make a request under the Freedom of Information Act 2000 for the following information regarding ADHD assessments within Powys Teaching Health Board.

Clarification Requested:

Regarding Q4 and Q8 – Please can you confirm whether you require the process to refer into our service for an ADHD assessment or do you require the process of assessing for ADHD and the steps following this, that PTHB service currently offer.

Clarification Received:

Please could we have both. The process to refer into the service for an ADHD Assessment and the process for assessing for ADHD and the steps following. Thank you

Adult ADHD Assessments

Q1. How many adults do you have waiting for an ADHD diagnosis at the moment? - **945 awaiting diagnostic assessment, with 393 referrals awaiting discussion to be accepted or declined.**

Q2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026). - **We have not finalised data for the last quarter**

Pencadlys
Tŷ Glasbury, Ysbyty Bronllys,
Aberhonddu, Powys LD3 0LU
Ffôn: 01874 711661

Headquarters
Glasbury House, Bronllys Hospital
Brecon, Powys LD3 0LU
Tel: 01874 711661

of 2025-2026. From April 2025-December 2025, there were 248 ADHD assessments completed.

Q3. If an adult was referred to you now when would you expect them to be seen? - **This currently cannot be quantified. The longest wait for an individual is currently 3 years and 3 months.**

Q4. Please describe your current Adult ADHD Assessment pathway. -**All referrals require completion of our referral form which includes reason for referral, medical history and the Autism Spectrum Rating Scales (ASRS). Due to the information required only health professionals are allowed to refer an individual.**

Once referred, the referrals are individually discussed in a Multidisciplinary Team (MDT) meeting and processed accordingly. An assessment appointment is then scheduled. Following a comprehensive assessment a diagnosis or differential diagnosis is discussed. If a diagnosis of ADHD is made, treatment options are discussed and if the individual wants and is able to receive, medication will then be prescribed. Medication is then titrated within clinics until an optimum dose is reached and once stable on medication a Shared care agreement is then established with their GP. If accepted GP will take over prescribing, but the patient remains open to us. If shared care is not possible, we will continue to prescribe. If a diagnosis of ADHD is not given, the client will be closed from the service.

Child ADHD Assessments

Q5. How many children do you have waiting for an ADHD diagnosis at the moment? – **Please note that children referred into Powys Teaching Health Board's (PTHB's) Neurodevelopmental service undergo assessment for Autistic Spectrum Disorder and ADHD as part of their neurodevelopmental assessment. At of 5 June 2026, we have 793 children awaiting a neurodevelopmental assessment.**

Q6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026). - **Between 1 April 2025 and 31 March 2026, 459 children completed a neurodevelopmental assessment.**

Q7. If a child was referred to you now when would you expect them to be seen? -**Within 104 weeks.**

Q8. Please describe your current Child ADHD Assessment pathway. - **Our service is currently in a state of transformation, with further changes expected imminently with the launch of a whole system approach, single point of access for Powys.**

At present, children are referred through a process that involves a referral form completed by both family and education if the child is in school, or by a GP and family if the child is not attending school. We are soon to introduce a Powys multi-agency single point of access for children and young people (launching July/August 2026), which will

allow schools, health professionals (with appropriate consent and family involvement), or young people and their families themselves to request early help and support for emotional and neurodevelopmental needs. Once a referral is received, needs are reviewed and recommendations for support are provided, including consideration for formal diagnostic assessment. Accepted referrals are placed on the waiting list, and formal diagnostic assessments typically commence within 104 weeks. Importantly, support measures can be accessed much sooner and are not dependent on a confirmed diagnosis.

As part of the assessment process, three months before the child is due to be seen, the service sends out screening documents to be completed, ensuring up-to-date information is gathered. This includes parent and school questionnaires, SNAP-IV ADHD screening form, and Conners if indicated. The initial assessment appointment is a patient choice meeting, where all information shared to date is discussed and any substantial changes since the referral are considered.

For ADHD assessment specifically, information is gathered from a Young Diva 5 assessment (encompassing parent consultation and child observation), as a Qb test where indicated, which is a computer-generated assessment designed to objectively measure inattentiveness and impulsivity and is just being implemented in our pathway. All of this information is considered alongside screening documents and feedback from both family and school.

If you are dissatisfied with the handling or response to your request, you have the right to ask for an internal review. Should you wish an internal review, please quote the reference number and send your correspondence to the above address.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.

Telephone: 0330 414 6421

Complaints Portal: www.ico.org.uk/foicomplaints

Web site: <https://ico.org.uk/>

Re-use of Public Sector Information

All information supplied by the Health Board in answering a request for information (RFI) under the Freedom of Information Act 2000 will be subject to the terms of the Re-use of Public Sector Information Regulations 2015.

Under the terms of the Regulations, the Health Board will licence the re-use of any or all information supplied if being used in a form and for the purpose other than which it was originally supplied. This license for re-use will be in line with the requirements of the Regulations and the licensing terms and fees as laid down by the Office of Public Sector Information (OPSI). Most licenses will be free; however, the Health Board reserves the right, in certain circumstances to

charge a fee for the re-use of some information which it deems to be of commercial value.

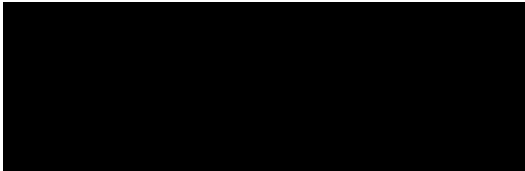
Further information including a sample license terms and fees can be found at [Open Government Licence](#).

Yours sincerely



Paul Hooton

Executive Director of Nursing, Quality, Women and Family Health



Elaine Lorton

Executive Director of Primary Community Care and Mental Health

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.