Information Governance Team
Monnow Ward
Bronllys Hospital
Bronllys
Brecon
Powys LD3 0LY
Email: Powys.FOI@wales.nhs.uk
Tel:01686 252170 / 01874 442071

Our ref: IG/FOI/FOI.390.26

29 September 2026

Sent via email to: [redacted]

Dear [redacted]

**Request under the Freedom of Information Act 2000**

I write further to your request for information which was received on 09 September 2026 ,to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) partly holds the information that you require, but have applied an exemption to elements of this request.

For ease of reference your request is set out below and the Health Board's response follows each question individually.

Your Freedom of Information (FOI) Request and Powys Response (Bold):
I am writing to you under the Freedom of Information Act to request the following information:

Q1. What was the number of referrals to Perinatal Mental Health services within your health board in the last five years?
- Please break down the numbers by calendar year for 2021, 2022, 2023, 2024, 2025 and so far, if the data is available, 2026.

**The service was developed from 2022 and systems for the collection of data prevent us from providing all the information requested.**
- **2025 to 2026 - the number of referrals received was 192**
- **April to August 2026 the number of referrals received is 105.**

Q2. How many patients, who accessed Perinatal Mental Health services within your health board, were referred to a 'Mother and Baby Unit' (MBU) for treatment in the last five years?
- Please break down the number by calendar year for 2021, 2022, 2023, 2024, 2025 and so far, if the data is available, 2026.
- Please also specify the location of the 'Mother and Baby Unit' to which each of the patients were sent.

**The service was developed from 2022, and collection of data prevent us from providing all the information requested.**

- **2025 to 2026- the number of admissions to a 'Mother and Baby Unit' was Zero.**
- **2026 to date –<5, the admissions were all to Uned Gobaith, Tonna Hospital.**

**PTHB is unable to provide these exact numbers due to the low numbers of individuals involved (5 or less). PTHB believes there is a potential risk of individuals being able to be identified, when considered with other information already available within the public domain, if this was disclosed. Therefore, the data is classed as personal data as defined under the UK General Data Protection Regulation (UK GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute unfair and unlawful processing in regard to Articles 5, 6, and 9 of UK GDPR. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.**

Q3. What provision is there for patients who need access to Perinatal Mental Health services within your health board?

**Eligibility is determined by following a Single Point of Access (SPOA) pathway, our Specialist Community Perinatal Mental Health Procedure as well as the All-Wales Pathways for Perinatal Mental Health from NHS Performance and Improvement.**

**All referrals are triaged using the Colgate Model in SPOA, the triage information is formulated to decide on a category and which service to refer to, this may not be Specialist Community Perinatal Mental Health. Specific issues which may be identified may include:**

- **Depression.**
- **Anxiety disorders.**
- **Obsessive Compulsive Disorder (OCD).**
- **Post-Traumatic Stress Disorder (PTSD), relating to birth experiences.**
- **Tokophobia (severe fear of childbirth).**
- **Bipolar disorder.**
- **Postpartum psychosis.**

**Referrals for pregnant women would be sent to a variety of mental health services and Perinatal Mental Health is part of that offer.**

If you are dissatisfied with the handling or response to your request, you have the right to ask for an internal review. Should you wish an internal review, please quote the reference number and send your correspondence to the above address.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.
Telephone: 0330 414 6421
Complaints Portal: www.ico.org.uk/foicomplaints
Web site: https://ico.org.uk/

**Re-use of Public Sector Information**
All information supplied by the Health Board in answering a request for information (RFI) under the Freedom of Information Act 2000 will be subject to the terms of the Re-use of Public Sector Information Regulations 2015.

Under the terms of the Regulations, the Health Board will licence the re-use of any or all information supplied if being used in a form and for the purpose other than which it was originally supplied. This license for re-use will be in line with the requirements of the Regulations and the licensing terms and fees as laid down by the Office of Public Sector Information (OPSI). Most licenses will be free; however, the Health Board reserves the right, in certain circumstances to charge a fee for the re-use of some information which it deems to be of commercial value.

Further information including a sample license terms and fees can be found at Open Government Licence.

Yours sincerely

[redacted]

**Louisa Kerr**
**Assistant Director for Mental Health and Learning Disabilities**

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.