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Our ref: IG/FOI/FOI.403.26

19 October 2026

Sent via email to: [redacted]

Dear [redacted]

Request under the Freedom of Information Act 2000

I write further to your request for information which was received on 21 September 2026, to confirm, in accordance with S.1(1)(a) of the Freedom of Information Act 2000, that Powys Teaching Health Board (PTHB) does hold the information that you require but have applied an exemption to elements of this request. For ease of reference your request is set out below and the Health Board's response follows.

Your Freedom of Information (FOI) Request:
I am writing to you under the Freedom of Information Act to request the following information: I am requesting data regarding individuals who identify as male and have been referred to your Health Board for an eating disorder (such as Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, or Other Specified Feeding or eating disorders / OSFED).

Q1. Please provide the total number of referrals for male patients broken down into two age categories (Under 18 and 18 and over) for each of the following periods:

- Financial Year 2022/23 (1 April 2022 – 31 March 2023)
- Financial Year 2023/24 (1 April 2023 – 31 March 2024)
- Financial Year 2024/25 (1 April 2024 – 31 March 2025)
- Calendar Year 2025 (1 January 2025 – 31 December 2025)
- Calendar Year 2026 (1 January 2026 – 31 December 2026)

If fulfilling the entire request would exceed the statutory cost limit under Section 12, please prioritize providing the total referral numbers per period, regardless of age split.

Please send the data electronically in CSV or Excel format. If small-number suppression is applied for patient anonymity (e.g., masking counts under 5),

please apply standard redactions rather than withholding the entire period's dataset.

Powys Response:
Please see below table:

Period	Referrals: Under 18 (Male)	Referrals: 18 & Over (Male)
2022/2023	0	<5*
2023/2024	0	6
2024/2025	0	7
2025	0	<5*
2026	0	5

Please note that Section 40 of the Freedom of Information Act 2000 has been applied where information in the above table has been replaced with an asterisk.

PTHB is unable to provide these exact numbers due to the low numbers of individuals involved (5 or less). PTHB believes there is a potential risk of individuals being able to be identified, when considered with other information already available within the public domain, if this was disclosed. Therefore, the data is classed as personal data as defined under the UK General Data Protection Regulation (UK GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute unfair and unlawful processing in regard to Articles 5, 6, and 9 of UK GDPR. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.

If you are dissatisfied with the handling or response to your request, you have the right to ask for an internal review. Should you wish an internal review, please quote the reference number and send your correspondence to the above address.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at:

Address: Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH.
Telephone: 0330 414 6421
Complaints Portal: www.ico.org.uk/foicomplaints
Web site: https://ico.org.uk/

Re-use of Public Sector Information
All information supplied by the Health Board in answering a request for information (RFI) under the Freedom of Information Act 2000 will be subject to the terms of the Re-use of Public Sector Information Regulations 2015.

Under the terms of the Regulations, the Health Board will licence the re-use of any or all information supplied if being used in a form and for the purpose other than which it was originally supplied. This license for re-use will be in line with the requirements of the Regulations and the licensing terms and fees as laid

down by the Office of Public Sector Information (OPSI). Most licenses will be free; however, the Health Board reserves the right, in certain circumstances to charge a fee for the re-use of some information which it deems to be of commercial value.

Further information including a sample license terms and fees can be found at Open Government Licence.

Yours sincerely



Louisa Kerr
Assistant Director for Mental Health and Learning Disabilities

Rydym yn croesawu derbyn gohebiaeth yng Nghymraeg. Byddwn yn ateb y fath ohebiaeth yng Nghymraeg ac ni fydd hyn yn arwain at oedi.

We welcome receiving correspondence in Welsh. We will reply to such correspondence in Welsh and this will not lead to a delay.